# Epidemic models 1

Ben Bolker

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#### motivation

• P & I data from Philadelphia 1918 flu:

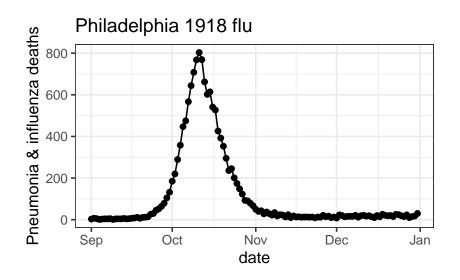


Figure 1: Phila. 1918 flu data

what do we want to figure out?

what shall we assume?

- classify individuals as *S*, *I* (**compartmental** model; **microparasite** or intensity-independent)
- disease is transmitted from *S* to *I*
- $S \rightarrow I$  instantaneously (zero latent period, no E)
- population is homogeneous (no heterogeneity in susceptibility, infectiousness, contact)
- fixed population size (birth = migration = 'natural' death = o)
- transmission rate is time-invariant

• assumption 2 is OK (Pasteur, Koch's postulates ...)

- all the rest are approximations start simple!
- parsimony

- robustness?
- applicability/estimation?

Levins (1966) (also Orzack and Sober (1993), Levins (1993), Weisberg (2007))

exponential growth

- one variable (=1D model)
- how does disease spread? → equation

what variables should we use?

- time (*t*)
- state variable: incidence, prevalence, death rate, death toll (= cumulative death?)
- deaths loosely connected to transmission

but deaths are observed!

when are deaths a good proxy for incidence?

- infection -> death time is fixed
- homogeneity? (might not matters?)
- mortality curve is shifted epidemic

(COVID context ... we observe case reports, number of tests, hospitalizations, and deaths)

- incidence: number of infections per unit time (rate or flow)
- prevalence: number of currently infected people (quantity or stock)

prevalence is closer to the mechanism

model components:

- *I*(*t*) (state variable: prevalence)
- *I*(0) (initial conditions)
- $\beta$  (parameter) = avg contacts per susceptible per infective per unit time

$$I(t + \Delta t) \approx I(t) + \beta I(t) \Delta t$$

Take  $\lim \Delta t \to 0$  (and solve):

$$\frac{dI}{dt} = \beta I \to I(t) = I(0)exp(\beta t)$$

model criticism

- Ignored discrete nature of individuals
- Ignored time-varying  $\beta$  (e.g. **diurnal** fluctuations)
- Ignored finite infectious periods (recovery/death)

Next: What if we make infectious periods finite? (i.e., including recovery (clearance) or death

$$dI/dt = \beta I - \gamma I$$

mean infectious period

$$I(t) = I(0) \exp(-\gamma t)$$
 proportion uninfected =  $\exp(-\gamma t)$  proportion infected =  $1 - \exp(-\gamma t) (= \text{CDF} := C(t))$  
$$\text{PDF} := C'(t) = \gamma \exp(-\gamma t)$$
 substitute  $x = \gamma t \quad \rightarrow \quad dx = \gamma \, dt$  
$$\text{mean} = E[t] = \int t \exp(-\gamma t) \, dt = \int x \exp(-x) \, dx/\gamma = 1/\gamma$$

dimensional analysis

rates and characteristic times/scales

- is *I* a proportion or a density or a number . . . ?
- what are the units of  $\beta$ ,  $\gamma$ ?

nondimensionalization

- standardize any values that can be eliminated without loss of (mathematical) generality
- what can we do here?
- $\gamma = 1$
- I? (depends on how we have defined it initially)  $\rightarrow I/N$

# compare with data???

# Original scale:

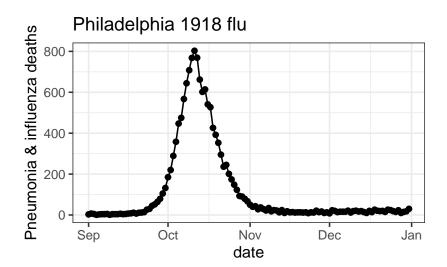


Figure 2: Philadelphia P&I

# Log scale:

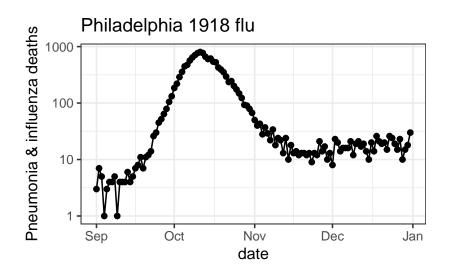


Figure 3: Philadelphia P&I, log scale

- Fit a straight line through the straight part of the curve
- slope is  $\beta N$
- "intercept" is log(I(0)) (zero is defined in a tricky way)

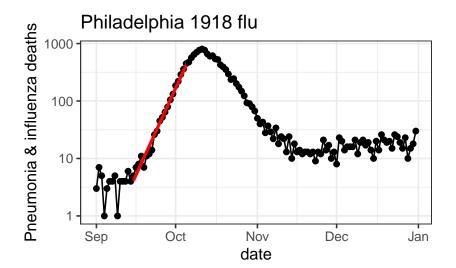
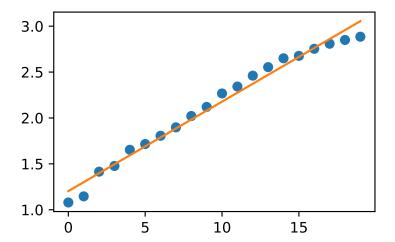


Figure 4: log-scale flu with regression

```
import pandas as pd
import numpy as np
import matplotlib.pyplot as plt
from sklearn.linear_model import LinearRegression
dd = pd.read_csv("data/pim_us_phila_city_1918_dy.csv")
## plt.plot(dd.pim)
## plt.plot(np.log10(dd.pim))
t = np.arange(20)
lw = np.log10(dd.pim)[20:40]
plt.plot(t,lw,'o')
## https://docs.scipy.org/doc/scipy/reference/generated/scipy.linalg.lstsq.html
## https://scikit-learn.org/stable/modules/generated/sklearn.linear_model.LinearRegression.html
ta = t.reshape(-1,1) ## make this into a column vector
reg = LinearRegression().fit(ta,lw)
plt.plot(t,reg.intercept_+reg.coef_[0]*t)
```



#### model assessment

• math is super-easy!

• clear, testable predictions

• parameter estimation is easy

• only consistent over a short time window

- small *t*: arbitrarily close to zero

- large *t*: ridiculous

# Simple (SI) epidemic

• what are we missing?

• depletion of susceptibles

• let's take a step back and ignore death & recovery for now

$$dS/dt = -\beta SI$$
$$dI/dt = \beta SI$$

This looks 2D **but** what if we assume S+I=N is constant? Then S=N-I

$$dI/dt = \beta(N-I)I$$

How do we solve this? Partial fractions

$$\frac{dI}{\beta(N-I)I} = dt$$

$$dI\left(\frac{A}{N-I} + \frac{B}{I}\right) = dI \cdot \frac{A+B(N-I)}{I(N-I)}$$

$$A = B; \quad B = 1/N$$

$$\frac{1}{\beta N}(-\log(N-I) + \log(I)) \Big|_{I(0)}^{I} = t - t_0$$

$$(-\log(N-I) + \log(I)) \Big|_{I(0)}^{I} = (\beta N)(t - t_0) \quad (\text{set } t_0 = 0)$$

$$\log\left(\frac{I}{N-I}\right) - \log\left(\frac{I(0)}{N-I(0)}\right) = \beta Nt$$

$$\log\left(\frac{I}{N-I}\right) = \beta Nt + -\log\left(\frac{I(0)}{N-I(0)}\right)$$

$$\frac{I}{N-I} = \exp(\beta Nt) \frac{I(0)}{N-I(0)} \equiv Q$$

$$I = Q(N-I)$$

$$I(t)(1+Q) = QN$$

$$I(t) = \frac{QN}{1+Q} = \frac{N}{1+\frac{1}{Q}}$$

$$= \frac{N}{1+\left(\frac{N-I(0)}{I(0)}\right)} \exp(-\beta Nt)$$

?? 
$$\equiv I(0) \exp(\beta Nt)/(1 + (I0/N)(\exp(\beta Nt) - 1))$$
 ??

## Qualitative analysis

- $I \ll N$ ? exponential growth
- per capita growth rate  $((dI/dt)/I = d(\log(I))/dt)$  decreases monotonically with increasing I
- asymptotic behaviour? equilibria? periodic orbits?
- periodic orbits impossible in 1D (uniqueness of flows)

#### equilibrium analysis

- I = 0, disease free equilibrium (DFE)
- I = N, endemic equilibrium (EE)

Stability? (Assume 
$$\beta > 0$$
)

- local asymptotic stability
- global asymptotic stability (Lyapunov functions)

(Comparison to metapop, logistic growth model)

SIR model

Basic SIR model

put the pieces together

$$\frac{dS}{dt} = -\beta SI$$

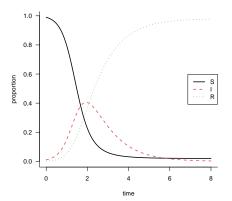
$$\frac{dI}{dt} = \beta SI - \gamma I$$

$$\frac{dR}{dt} = \gamma I$$

- really 2D (because S + I + R = N)
- rescale to N = 1 (S, I, R as proportions)

Numerical solution (R version):

```
## define gradient function
SIRgrad <- function(t, y, parms) {</pre>
    g <- with(as.list(c(y,parms)), {</pre>
        c(-beta*S*I, beta*S*I-gamma*I, gamma*I)
    })
    return(list(g))
}
library(deSolve)
## initial conditions and parameters
y0 < -c(S=0.99, I=0.01, R=0)
p0 <- c(beta=4, gamma=1)</pre>
tvec < seq(0,8,length=101)
## solve (LSODA by default)
sir_R <- ode(y=y0, times=tvec, parms=p0, func=SIRgrad)</pre>
## plot
par(las=1,bty="l") ## cosmetic
matplot(tvec, sir_R[,-1],
        type="l", lwd=2, ## solid lines, thicker
        xlab="time",ylab="proportion")
legend("right", names(y0), col=1:3, lty=1:3, lwd=2)
```



#### Figure 5: SIR model (R)

# Phase plane plot

```
par(las=1,bty="l") ## cosmetic
plot(I~S, type="l", data=as.data.frame(sir_R))
with(as.data.frame(sir_R), points(S,I, cex=0.75,pch=16))
```

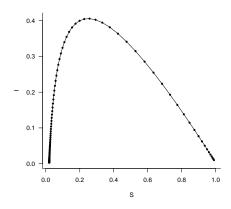


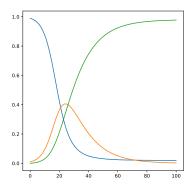
Figure 6: SIR phase plane (R)

# Solve using Python

```
import numpy as np
import scipy.integrate
def SIR_grad(x,t,params):
   """basic gradient definitions for SIR model"""
   beta,gamma = params ## unpack parameters
   S,I,R = x
                          ## unpack state variables
   return(np.array([-beta*S*I, beta*S*I-gamma*I, gamma*I]))
t_{\text{vec}} = \text{np.linspace}(0,8,101)
params = (4,1) ## extra parameters (beta, gamma)
y0 = (0.99, 0.01, 0)
SIR_sol1 = scipy.integrate.odeint(SIR_grad,
                                   y0=y0,
```

## https://community.rstudio.com/t/how-to-display-the-plot-in-the-python-chunk/22039/3

import matplotlib.pyplot as plt fig, ax = plt.subplots() ax.plot(SIR\_sol1); plt.show()



# dimensional analysis

- initial growth rate (time<sup>-1</sup>)  $\beta \gamma$
- mean infectious period  $1/\gamma$  (time)
- basic reproduction number  $\mathcal{R}_0 = \beta/\gamma$

initial growth rate

$$\frac{dI}{dt} = \beta S - \gamma I$$

$$= (\beta S - \gamma)I$$

$$\approx (\beta - \gamma)I \quad \text{near } DFE$$

or calculate **Jacobian**  $(\partial X_i/\partial X_j)$ :

$$\left(\begin{array}{ccc}
-\beta I & -\beta S & 0 \\
\beta I & \beta S - \gamma & 0 \\
0 & \gamma & 0
\end{array}\right)$$

Evaluate at DFE  $(\{1,0,0\})$ :

$$\left(\begin{array}{ccc}
0 & -\beta & 0 \\
0 & \beta - \gamma & 0 \\
0 & \gamma & 0
\end{array}\right)$$

Eigenvalues of this are pretty boring! But useful approach.

Per capita rates

In general we can express per capita gradients in X as gradients of log(X):

$$\frac{dX}{dt} = Xf(X, Y, Z, \dots)$$

$$\frac{\frac{dX}{dt}}{X} = f(X, Y, Z, \dots)$$

$$\frac{d\log(X)}{dt} = f(X, Y, Z, \dots)$$

Another way to see that  $\beta - \gamma$  is the slope on the log scale.

Stability of DFE

- $\beta > \gamma \ (r > 0)$
- $\beta/\gamma > 1 \ (\mathcal{R}_0 > 1)$

Local asymptotic stability or

- $\frac{dI}{dt} = \beta SI \gamma I$
- non-dimensionalize:  $\gamma = 1$ ,  $\beta = \mathcal{R}_0$
- $\frac{dI}{dt} = (\mathcal{R}_0 S 1)I$   $\frac{d \log I}{dt} = \mathcal{R}_0 S 1$

Since  $S \leq 1$ ,  $\mathcal{R}_0 < 1 \rightarrow \text{deriv of log } I$  is always negative (don't really need the last step)

Automated analysis

```
library(phaseR)
```

```
## phaseR: Phase plane analysis of one- and two-dimensional autonomous ODE systems
## -----
## v.2.1: For an overview of the package's functionality enter: ?phaseR
##
## For news on the latest updates enter: news(package = "phaseR")
par(las=1,bty="l",xaxs="i",yaxs="i") ## cosmetic
SIRgrad_2d <- function(t, y, parms) {</pre>
   g <- with(as.list(c(y,parms)), {</pre>
       c(-beta*S*I, beta*S*I-gamma*I)
   })
   return(list(q))
```

```
}
## plot(0:1,0:1,type="n",xlab="S",ylab="I")
f1 <- flowField(SIRgrad_2d,</pre>
           xlim=c(0,1),
           ylim=c(0,1),
           parameters=p0,
           state.names=c("S","I"),
           add=FALSE)
n1 <- nullclines(SIRgrad,</pre>
                   xlim=c(0,1),
                   ylim=c(0,1),
                   parameters=p0,
                   state.names=c("S","I"))
t1 <- trajectory(SIRgrad_2d,parameters=p0,</pre>
            state.names=c("S","I"),
            ## n=10,
            y0=y0[1:2],
            tlim=c(0,5))
   1.0
   8.0
   0.6
   0.4
   0.2
                                                             S nultolines
   0.0
                                                             I nullclines
                    0.2
        0.0
                               0.4
                                           0.6
                                                      0.8
                                                                  1.0
                                      S
```

```
Figure 7: phase plane analysis in R
```

```
phasePlaneAnalysis(SIRgrad_2d,xlim=c(0,1),
                   parameters=p0,
```

```
state.names=c("S","I"),
ylim=c(0,1))
```

Solution

- can't get analytical solution for S(t), I(t)
- **but**: we can solve for I(S):

$$\begin{split} \frac{dI}{dS} &= \frac{dI/dt}{dS/dt} = -1 + \frac{1}{\mathcal{R}_0 S} \\ \int_{I(0)}^{I} (t) \, dI &= \int_{S(0)}^{S(t)} \left( -1 + \frac{1}{\mathcal{R}_0 S} \right) \, dS \\ I - I(0) &= -(S - S(0)) + \frac{1}{\mathcal{R}_0} \log(S/S(0)) \\ I + S - (I(0) + S(0)) &= \frac{1}{\mathcal{R}_0} \log(S/S(0)) \end{split}$$

Final size calculations

•  $t \to \infty$ :

$$(I_{\infty} + S_{\infty}) - (I(0) + S(0)) = \frac{1}{\mathcal{R}_0} \log S_{\infty} / S(0)$$

- newly invading pathogen:  $S \approx 1$ ,  $I(0) \ll 1 \ (\approx 0)$ ,  $I_{\infty} \to 0$
- in the limit  $I(0) \rightarrow 0$ :

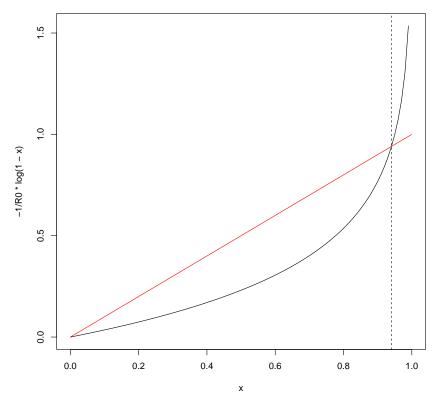
$$S_{\infty}) - 1 = \frac{1}{\mathcal{R}_0} \log S_{\infty}$$

- "final size"  $Z = 1 S_{\infty}$
- $-Z = \frac{1}{\mathcal{R}_0} \log(1 Z)$

## Lambert W functions

- How do we solve this?
- Newton's method (or whatever)
- *Lambert W* (Corless et al. 1996): solves  $W \exp(W) = Z$

```
import sympy as sym
z, R = sym.symbols('z R')
sym.solve(sym.Eq(z,-1/R*sym.log(1-z)),z)
## [(R + LambertW(-R*exp(-R)))/R]
finalsize <- function(R0) {</pre>
    1+1/R0*lambertW(-R0*exp(-R0))
}
```



# Epidemic threshold

Assuming vaccination (or other perfect prophylaxis [protection]) at rate p

$$R_0 = 1 - 1/p$$

speed-based intervention:

$$\beta SI - (\gamma + \phi)I < 0$$
 
$$I(\beta - \gamma - \phi) < 0$$
 
$$\phi > (\beta - \gamma) = r$$

Comparing Epidemic threshold vs. final size

```
library(emdbook)
finalsize <- function(R0) {</pre>
```

```
1+1/R0*lambertW(-R0*exp(-R0))
}
par(las=1,bty="l")
curve(finalsize(x),from=1,to=10,xlab=expression(R[0]),
      ylab="proportion")
curve(1-1/x, add=TRUE, col=2)
legend("bottomright",
       c("final size","herd immunity threshold"),
       col=1:2, lty=1)
```

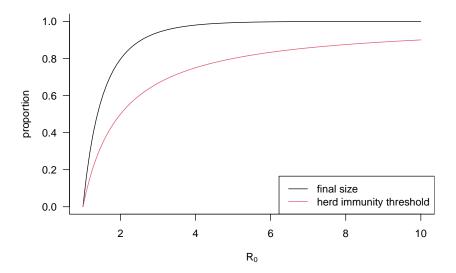


Figure 8: final size vs herd immunity

#### Estimating R from data

• Euler-Lotka equation

$$I(t) = \int_0^t I(t - \tau)K(\tau) d\tau$$

$$I(0) \exp(rt) = \int_0^t I(0) \exp(r(t - \tau))K(\tau) d\tau$$

$$1 = \int_0^t \exp(-r\tau)K(\tau) d\tau$$

$$1 = \int_0^t \exp(-r\tau)\mathcal{R}_0 g(\tau) d\tau$$

$$\frac{1}{\mathcal{R}_0} = \int_0^t \exp(-r\tau)g(\tau) d\tau$$

# SIRS/SIR with vital dynamics

• models of endemic disease

- e.g. "childhood diseases" (measles, mumps, rubella, pertussis, polio, chickenpox, ...)
  - directly transmitted, acute, immunizing
- SIRS model
- SIR model with vital dynamics

$$\frac{dS}{dt} = \mu N - \beta/NSI - \mu S$$

$$\frac{dI}{dt} = \beta/NSI - \gamma I - \mu I$$

$$\frac{dR}{dt} = \gamma I - \mu R$$

- Balanced population (birth rate =  $\mu N$ ). Can consider more complex demography but often don't need to
  - disease-induced death rates low relative to natural mortality
  - demographic time scales much longer than epidemic time scales
- Scaling  $\beta/N$  is much easier for dealing with applications/real data, scaling N = 1 is easier for doing math
- $\mathcal{R}_0$  is  $\beta/(\mu+\gamma)$  ( $\approx \beta/\gamma$  for most human diseases)

Most of the following is taken from Brauer, Castillo-Chavez, and Feng (2019)

$$S^* = \frac{\mu + \gamma}{\beta} = 1/\mathcal{R}_0$$
 (this is **very general**)  
 $I^* = \frac{\mu}{\mu + \gamma} - \frac{\mu}{\beta} = \frac{\mu}{\beta}(\mathcal{R}_0 - 1)$ 

- at equilibrium the force of infection is  $\beta I^*$ , so the average age at **infection** is  $A = 1/(\beta I^*)$
- average lifespan is  $L = 1/\mu$
- $L/A = \beta I^*/\mu = \mathcal{R}_0 1$ 
  - another way to estimate  $\mathcal{R}_0!$  (also,  $S^* = 1/\mathcal{R}_0$ )
  - tells us something about risk by age, effects of vaccination

Jacobian at EE:

$$\left(\begin{array}{cc}
-\mu\mathcal{R}_0 & -(\mu+\gamma) \\
\mu(\mathcal{R}_0-1) & 0
\end{array}\right)$$

Trace =  $-\mu \mathcal{R}_0$ , Det =  $\mu(\mu + \gamma)(\mathcal{R}_0 - 1)$ 

$$\begin{split} \lambda &= (1/2) \left( -\mu \mathcal{R}_0 \pm \sqrt{\mu^2 \mathcal{R}_0^2 - 4\mu (\mathcal{R}_0 - 1)(\mu + \gamma)} \right) \\ &\approx (1/2) \left( -\mu \mathcal{R}_0 \pm \sqrt{-4\mu (\mathcal{R}_0 - 1)\gamma} \right) \\ &= (1/2) - \mu \mathcal{R}_0 \pm i \sqrt{(1/L)(L/A)(1\gamma)} \end{split}$$

- So the imaginary part is  $\sqrt{A\tau}$  where  $\tau$  is the length of the infective period.
- e.g. for measles  $A \approx 70 \text{yr}$ ,  $\tau \approx 1/26$ , epidemic interval is about 2.76 years.

2\*pi\*sqrt(5/26)

## [1] 2.755359

• **Damping factor**: amplitude decreases by a factor  $\exp(-\mu R_0 T/2)$ per cycle

#### Stochasticity

- Reed-Frost model
  - household infection model: fixed (small) population, discrete infection generations
  - start with index cases
  - then ...
- Gillespie algorithm
- stochastic ODEs

#### References

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