If you've set server auditing to shutdown on failure,e.g.,

ALTER SERVER AUDIT auditname WITH (ON_FAILURE=SHUTDOWN)

If there is a failure you will may need to reset it from a command line while the server is in single user mode

locate sqlservr.exe for the correct instance

You probably don't want to put it in the path then

sqlservr /c /m"SQLCMD" -- sqlcmd MUST BE IN UPPERCASE

In a second command session

c:>sqlcmd

It will connect to the correct server instance

1> select @@servername

2>go

1>use master

2>go

To find the name of a sql server server audit

select name from sys.server_audits

1>alter server audit auditname with (state=off)

2>go

1>alter server audit auditname with (on_failure=continue)

2>go

1> alter server audit auditname with (state=on)

2>go

Then do a ctrl /c in the other ` server process console and answer Y to shutdown the server

Restart SQL Server normally