### Introduction

Welcome! Whether you have just crossed over with your son from Cub Scouts or just joined Boy Scouts, we appreciate your enthusiasm and encourage your participation in the troop. The three aims of Boy Scouting are character development, citizenship training, and mental and physical fitness. To accomplish these aims, Scouting employs eight methods: the ideals, the patrol method, the outdoors, advancement, association with adults, personal growth, leadership development, and the uniform. We encourage you to take the Boy Scout training offered on-line and by the District to find out what we are trying to accomplish and how you can help.

One of the major differences between Cub Scouts and Boy Scouts is the very important method, leadership development. In order to teach leadership, you have to let the boys lead. In fact, one of the more vigorous debates you can have in Scouting is over the feasibility of a boy-led troop. Some adult leaders will argue that while a boy-led troop is the BSA ideal, it's not possible in their particular troop for any or all of the following reasons: the boys are too young, too lazy, too irresponsible, or just not interested. A boy-led troop is more work for the adult leadership, and therein is the problem, and our need for your cooperation and help. It is so much easier for the adults to just take charge themselves than to teach the necessary leadership skills to the boys.

All Scoutmasters and Assistant Scoutmasters are taught the basics of a boy-led troop and patrol in Scoutmaster Specifics. However putting that training into practice is often difficult without a mentor in the troop. This guide will hopefully bridge the gap between theory and practice. It covers some of the common pitfalls and offers suggestions for getting a working boy-led troop. The importance of a boy-led troop and patrol is emphasized in two chapters of the Scoutmaster's Handbook; chapter 3 "The Boy-Led Troop" starts with this strong statement:

"Empowering boys to be leaders is the core of Scouting. Scouts learn by doing, and what they do is lead their patrols and their troop. The boys themselves develop a troop program, then take responsibility for figuring out how they will achieve the goals. One of our most important challenges is to train boy leaders to run the troop by providing direction, coaching and support. The boys will make mistakes now and then and will rely upon the adult leaders to guide them. But only through real hands-on experience as leaders can boys learn to lead."

As mentioned before, perhaps the most common reason for the existence of adult-led troops is that it is easier for the experienced adult leaders to run things; teaching leadership to boys is not easy. A second common reason is that the adult leaders may be afraid of failure; they want a smooth running troop. A boy-led project will occasionally falter, and adults may feel it necessary to take over to ensure success. A third is that the troop may have adult leaders that do not delegate well, and do not wish to give up control. In fact, many consider that the main barriers to a boy-led troop come from the attitudes within the adult leadership.

## Adult-led symptoms and impacts

#### Adults loudly asserting authority

Adults yelling at the boys in front of the troop is one characteristic of an adult-led troop where the adults have not transferred authority to the youth. Yelling at the boys has a toxic effect on the supportive atmosphere we want to nurture in a troop. Scouting is a put-down free zone. We use the Scout hand sign as a silent way to bring the troop to order for this very reason.

Also, the boys never learn to lead if the adults dominate. The only time an adult should step in is if there is an immediate safety threat. Otherwise, there is time to work through the youth leadership chain of command. The only way for boys to learn leadership is to actually hand them the reins of power, with plenty of instruction of course.

### Adults jumping in with more enthusiasm than patience

Volunteers who take charge are usually a good thing except when they preempt the boys' responsibilities. It is hard to wait for a boy to do something that you could do better in much less time. However if you do something for someone, they will not learn the skill. Adults already know how; boys still need to learn. Scout meetings and outings should provide a hassle-free environment in which to learn leadership.

#### Adults operating in Cub Pack mode

Parents crossing over with their boys can often feel more comfortable modifying slightly the structure they know from Cub Scouts than to adopt the changes demanded by a boy-led Boy Scout program. They continue the parent-child authority structure and don't hand power over to the boys. This leads to an extension of the parent-child relationship into the teen years when the youth should be transitioning to independence.

#### Adults enabling codependency

Parents of scouting age boys are often comfortable with the roles they have established with their young children. They organize the program and the boys follow along. But the boys remain in a dependent role. Very young Scouts may be comfortable with a dependent role for a while. Adults feel useful and boys don't have to put out much effort. The troop operates like an adult-run outing club. But as the boys grow older, their lack of control of the program begins to chafe.

### Adults contributing to older boy attrition

Boys can stay dependents only so long before they rebel from imposed adult authority. Adults giving the boys more control over outings can help solve an older boy attrition problem. Venture patrols or similar older boy patrols allow them to plan high adventure outings that increase retention.

Scouting trains boys in life skills. Removing "boy-led" from the program removes an extremely important aspect of Scouting: leadership and teamwork. Boys need to practice team leadership in the safe environment that Scouting provides. Without this practice, they are less prepared to enter the workforce, where mistakes have significant consequences.

# Role of the Adult Leaders in a Boy-led Troop

#### Follow the lead of the Scoutmaster

Just as the Scouts need to know that their SPL is in charge, the adults need to know that the Scoutmaster is in charge! Scouts will follow the example of the adults, good or bad. Please criticize only when you can give a suggestion to correct the problem, otherwise it is nothing more than whining. This is crucial for the adults to follow as well as the Scouts.

#### Train patrol leader and assistant

This is especially necessary if the troop does not participate in district or council youth training. The boys need to know what is expected of them. Often a troop will do BSA's **Troop Leadership Training** (BSA publication #34306A) which has four sections. First is a section on how the Scoutmaster should train the senior patrol leader. Then Scoutmaster and the senior patrol leader jointly train the rest of the boy leadership in three modules:

Module One - Introduction to Troop Leadership (Know). The boy-led troop and boy-led patrol chapters in the Scoutmaster Handbook is discussed. The troop organization and overview of each position is next.

Module Two - How to Do Your Job (Be). The Scoutmaster shares his vision of success. This is followed by a discussion of the teaching EDGE (Explain, Demonstrate, Guide, and Enable) as the method used for teaching skills. Finally a troop progress discussion is held using the Start, Stop, Continue assessment tool.

Module Three - What is Expected of me (Do). This section focusses first on the position descriptions and expectations. The Scoutmaster then leads a discussion on servant leadership. It closes with defining success in your position and a Scoutmaster conference.

#### Mentor the patrol leader and assistant

Leadership mentoring must continue beyond the initial training. An important rule to remember is to praise publicly and criticize privately. It is best to start with simple leadership tasks first, so the boys are not set up to fail. An adult should always meet with the Patrol Leader before the activity to go over preparation. The youth leadership should be able to rely on the adults to provide the skills and resources for them to succeed. The Senior Patrol Leader Handbook and the Patrol Leader Handbook are excellent resources. Robert Baden-Powell in the Scoutmaster Handbook said, "Training boy leaders to run their troop is the Scoutmaster's most important job."

#### Back up youth authority

Your youth leaders will have to learn how to deal with problem people (SPL Handbook p. 95-96). Managing conflict is an extremely valuable skill for both youth and adults to master, that is why it is included in both National Youth Leadership Training and Wood Badge. If the Patrol Leader can't resolve the issue then it goes to the Assistant Senior Patrol Leader and the Senior Patrol Leader. In a well-run boy-led troop, if

# Transitioning to a Boy-Led Troop

#### Get adult buy-in first

The cooperation of the adults can make or break the troop. The scoutmaster needs to have all the adults on board with what he is trying to accomplish. The safe, nurturing environment that the Scouting hopes will be established in a troop can be ruined by one cranky adult. One take-charge adult can strip the boy leadership of the opportunity to lead. Basically, the boys can't lead if the adults are treating them as if they have no power. Even if your Senior Patrol Leader is fully trained, he cannot be effective with the boys unless he is empowered by the adult leadership. Any leader who is denied any actual power is set up to be ignored and eventually fail.

#### Train the adult leadership

Adults need to see the "big picture" of Scouting and there is no better way to do this than by taking more training. Your troop level adult leader training can be as simple as a small group working through the Scoutmaster Handbook. A simple start, stop, continue assessment can compare the troop to the ideals set in the Scoutmaster Handbook. If it has been a while since your adult leaders have taken **New Leader Essentials** and **Scoutmaster Specifics**, maybe it would be a good for them to sit through this one day training again. Also our Council does the **University of Scouting Arts** annually that covers many areas of Scouting. By far the best Scout training available is **Wood Badge**, which merges some of the best corporate leadership training with Scouting. If possible the Scoutmaster should be Wood Badge trained.

#### Train the boy leadership

This can be as simple as BSA's Troop Level Training. One of the best boy leader training is NYLT, **National Youth Leadership Training**. It is essentially a Wood Badge course for youth. If possible your Senior Patrol Leader should be NYLT trained. However you do training, realize that youth leader training is a continual process. Often they will not succeed the first time they try to lead. The adult leadership may need to continually encourage and remind them until good leadership habits form. This continuing training may take quite a while, so the adult leader must have patience with the process.

#### Get the adults out of the Patrol Leader's Council

"Patrol leaders' council, not the adult leaders, is responsible for planning troop activities." - Fast Start: Boy Scouting. The PLC, Patrol Leader's Council, is run by the Senior Patrol Leader and not the adult leadership. If your PLC has kibitzing adults, try to have a separate meeting for them at the same time, so that the boys can lead their own meeting independent of adult interference. If there are behavior problems, the presence of just one or two adult leaders should be enough to remind the boys that their Senior Patrol Leader is in charge, and is backed up by the adult leadership. In a nutshell, the only adult that should attend the PLC is the Scoutmaster or his designate!

#### Check that the boy leaders are prepared.

It is very important that your Senior Patrol Leader make up an agenda for each activity. The Scoutmaster should meet before the PLC and the troop meeting to go over the agenda and make sure the youth leaders are prepared. The Scoutmaster handbook

Leadership Tips to Get You Started (excerpted from SPL Handbook page 20-21)

**Keep your word**. Don't make promises you can't keep.

Be fair to all. A good leader shows no favorites.

**Communicate**. A good leader knows how to get and give information so that everyone understands.

**Be flexible**. Meetings, campouts, and other patrol events will not always go as planned.

**Be organized**. Time spent preparing for troop meetings and events will be repaid many times over.

**Delegate**. Among the greatest strengths of a good leader is the willingness to empower others to accomplish all they can.

**Set the example.** Whatever you do, Scouts in the troop are likely to do the same.

**Be consistent.** When the troop members know what to expect from you, they will be more likely to respond positively to your leadership.

Give Praise. Offer honest complements whenever you can.

**Ask for help.** Do not be embarrassed to draw on the many resources available to you.

**Criticize in private.** Pull the Scout aside and quietly explain what he is doing wrong. Add a suggestion on how it should have been done correctly.

**Have Fun.** Most of all, have fun learning to be a leader. Your joy and enthusiasm will spread to other Scouts and will help energize the troop.

#### Use Scenarios

First aid courses like Wilderness First Responder spend a lot of time in running scenarios in addition to lectures. Boy Scouts uses scenarios to teach youth protection. This is primarily because people learn by doing. Leadership can also be taught that way. The **National Advanced Youth Leadership Experience** at Philmont uses scenarios like search and rescue to teach leadership. Closer to home, the SPL Handbook has five example scenarios (page 90-91) but any seasoned adult leader probably has many more real-life examples to use. Consider taking time with your boy leadership to work through known challenges, so that they will feel prepared if a similar situation arises. Discussing alternatives ahead of time with an adult leader will help build a youth's confidence that their responses would be correct. Scenarios can also allow the Scoutmaster to train the adult leadership in the proper responses to boy-led challenges.

### Conclusion

Like many things, working on a functional boy-led troop is a journey to be enjoyed and not necessarily a destination that will be achieved. Troop turnover guarantees that it will always be a work in progress. Working toward a boy-led troop will give you a platform to teach leadership and the satisfaction of watching boys mature into good leaders.

# Lessons and Suggestions on Boy-Run troops

(Excerpts from "Boy Run Troops Part II" by Barry Runnels, edited by Chuck Boblitz)

Lessons and Suggestions on Boy-Run troops <a href="http://bsaroundtable.org/boyruntroop.html">http://bsaroundtable.org/boyruntroop.html</a>

While scouting is for boys, it is under the guidance of adults. The adult's control 100% of the direction of the Troop, and it is their responsibility to develop a boy-run program. This may seem complicated but it really isn't. **Guidance**, **Vigilance** from a distance, **Patience**, **Understanding** the boys point of view, **Trust** in your skills as a trained leader, **Trust** in the Boy Scout program as it was designed by the BSA, and **Trust** in the boys themselves, are the 7 keys for adults helping to foster a Boy Run Troop.

Here are some habits that help a troop grow towards a boy run program.

- No matter what his age or experience; the SPL runs the troop meetings. Adults should, ideally, be outside the room. Several times adults of new troops have told me they will wait until the scouts are mature enough to take responsibility to run meetings before they let the SPL plan and run it. But all scouts to some degree can run a meeting. The sooner your program starts developing the habits of a boy run program, the faster everyone learns how to make changes towards a boy run program.
- It's not the job of the adults to take the responsibility for the scouts, but to guide the scouts in their responsibilities. The more the adults take responsibility for troop management, the harder it becomes for them to hand that responsibility back to the scouts, and it takes all that much longer for the scouts become accustomed to shouldering this responsibility.
- The PLC and SM must look at troop activities, situations, and meetings and ask, "If the adults weren't here, could this part of the program still run with only the scouts?". When you say no, it's time for the SM to work with the PLC to develop habits that would bring the troop to that point. It's a slow process--solid boy-run programs take months and years to develop, not days or weeks.
- The SPL runs the Troop, so there is no reason for an adult to assume the role for any reason. Any concerns by adults should be addressed through the SM and SPL. Adults are allowed to guide, to suggest, to coach-but not to do scouts' jobs for them. It's very difficult for adults to keep from helping scouts (out of a sincere desire to be helpful and friendly).
- All behaviors, good and bad, are the scout's responsibility. Most boy-run programs have very few behavior problems where adults need to get involved. That's because each scout is held responsible by all the other scouts. Until safety becomes an issue, the PLC should be held responsible for taking

ture Treks. An inexperienced adult often thinks he knows more than the inexperienced boys do.

- A troop focuses on advancement, to the exclusion of other elements of the program. Adults are afraid to fail, afraid to get hurt. They are also protective by nature against their children's suffering. Because of these reasons, adults sometimes tend to push advancement within a troop program, because it's safe. Earning patches is a relatively low-risk way to achieve self-confidence and stature. But without real challenges and real risk of failure, awards lose their meaning.
- A troop focuses on outings, to the exclusion of advancement and leader-ship. Here too, adults are afraid to fail, afraid to get hurt. They are also protective by nature against their children's suffering the loss of FUN time. Because of these reasons, adults sometimes tend to push for outings only within a troop program, because it's fun. Having the adults Plan and execute the outings is a relatively low-risk way to achieve full control by the adults since they become the center of attention for all of the fun stuff. This is great for Adult Egos but not the Boys Egos. Without the true challenge presented by having the boys plan and execute the events, and the real risk of failure, troop outings lose their meaning. When the scouts are not provided the opportunity to plan and work their own advancement trail with guidance from troop members and adult Scouters, the feelings of achievement, and success are lost too.

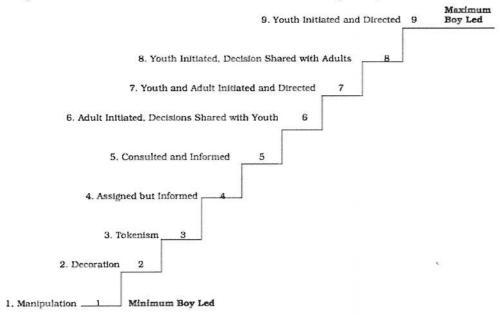
#### Watch for these other signs of adults taking over the program:

Who sets the time to wake up or lights out, adults or scouts? Who picks the places to set up the tents, tarps and eating area? Who sets up the times to eat, and program activities? Who loads the Troop trailer, and who says when it's time to go? Who counts the scouts in the cars to make sure everyone is there? Who decides what kind of camping gear the troop should buy? Who decides when it's time to go home from the campout?

Having a boy-run program is simply giving boys trust to manage their activities and actions in the troop. Imagine everything you the scouts to do without them standing in the room. That could be as little as just saying the pledge of allegiance, or as much as letting the SPL run the whole Troop meeting. Imagine a circle defining that area of trust. That circle is your boy run program. The area outside the circle is the area where the scouts grow in their struggle, and we adults grow in our trust that the scouts can manage their actions without our guidance.

That circle is worth little if its limits never expand or grow. We adults must push the limits of the circle so the boys grow in their ability to manage life's skills. This takes courage from the scouts, to keep trying and learn from new experiences. It also takes courage from the adults to let the scouts go beyond

### Boy-Led Model Handout from Col. Red Dog Maynard



#### **Degrees of Participation**

- 8. Youth Initiated, Shared
- 7. Youth and Adult
- 6. Adult Initiated, Shared
- Consulted and Informed
- 4. Assigned but Informed
- 3. Tokenism
- 2. Decoration
- 1. Manipulation

- 9. Youth Initiated and Directed →Designed and run by youth and decisions made by youth.
  - →Designed and run by youth Decisions with Adults who share decisions with adults.
  - →Designed and run by youth and Initiated and Directed adults in full partnership.
  - →Designed and run by adults Decisions with Youth who share decisions with youth.
  - →Designed and run by adults who consult with youth. Youth make recommendations that are considered by adults.
  - →Youth do not initiate, but understand and have some sense of ownership.
  - →Symbolic representation by few. May not have genuine voice. May be asked to speak for the group they represent.
  - →Adults use youth to promote or support a cause without informing youth. Youth are not involved in design or decisions.
  - →Youth involvement used by adults to communicate adults' messages.