

Athletic Club: Frequently Asked Questions

We've compiled a list of frequently asked questions to help you get the most out of your membership. If you have a question that is not answered here, please don't hesitate to contact our member services team.

Membership

How do I join the Athletic Club? Joining is easy! You can sign up at the front desk, or you can start the process online. You will need to complete a membership application and pay the initiation fee and your first month's dues.

Can I freeze my membership? Yes, we understand that life can be unpredictable. You can freeze your membership for up to three months in a calendar year for a nominal fee. Please contact our member services team for more information.

Guests

Can I bring a guest to the club? Absolutely! We love it when our members share their experience with friends and family. Each member is allowed to bring one guest per visit for a small fee. All guests must sign a liability waiver upon entry.

Classes and Programs

How do I sign up for classes? You can reserve your spot in our group fitness classes up to 48 hours in advance through our mobile app or online member portal. For specialty classes and programs, you can register at the front desk.

What is your class cancellation policy? We understand that plans can change. If you need to cancel your reservation for a class, please do so at least two hours in advance to avoid a cancellation fee. This allows us to open up the spot to another member.

General Information

What are your hours of operation? We are open Monday through Friday from 5:00 AM to 10:00 PM, and on Saturday and Sunday from 7:00 AM to 8:00 PM.

Is there parking available? Yes, we have a large, well-lit parking lot with ample parking for our members.