

# Fitness

Rows	Name	Sex	Age	Weight	Oxy	Runtime	RunPulse	RstPulse	MaxPulse
1	Donna	F	42	68.15	59.57	8.17	166	40	172
2	Gracie	F	38	81.87	60.06	8.63	170	48	186
3	Luanne	F	43	85.84	54.30	8.65	156	45	168
4	Mimi	F	50	70.87	54.63	8.92	146	48	155
5	Chris	M	49	81.42	49.16	8.95	180	44	185
6	Allen	M	38	89.02	49.87	9.22	178	55	180
7	Nancy	F	49	76.32	48.67	9.40	186	56	188
8	Patty	F	52	76.32	45.44	9.63	164	48	166
9	Suzanne	F	57	59.08	50.55	9.93	148	49	155
10	Teresa	F	51	77.91	46.67	10.00	162	48	168
11	Bob	M	40	75.07	45.31	10.07	185	62	185
12	Harriett	F	49	73.37	50.39	10.08	168	67	168
13	Jane	F	44	73.03	50.54	10.13	168	45	168
14	Harold	M	48	91.63	46.77	10.25	162	48	164
15	Sammy	M	54	83.12	51.85	10.33	166	50	170
16	Buffy	F	52	73.71	45.79	10.47	186	59	188
17	Trent	M	52	82.78	47.47	10.50	170	53	172
18	Jackie	F	47	79.15	47.27	10.60	162	47	164
19	Ralph	M	43	81.19	49.09	10.85	162	64	170
20	Jack	M	51	69.63	40.84	10.95	168	57	172
21	Annie	F	51	67.25	45.12	11.08	172	48	172
22	Kate	F	45	66.45	44.75	11.12	176	51	176
23	Carl	M	54	79.38	46.08	11.17	156	62	165
24	Don	M	44	89.47	44.61	11.37	178	62	182
25	Effie	F	48	61.24	47.92	11.50	170	52	176
26	George	M	47	77.45	44.81	11.63	176	58	176
27	Iris	F	40	75.98	45.68	11.95	176	70	180
28	Mark	M	57	73.37	39.41	12.63	174	58	176
29	Steve	M	54	91.63	39.20	12.88	168	44	172
30	Vaughn	M	44	81.42	39.44	13.08	174	63	176
31	William	M	45	87.66	37.39	14.03	186	56	192

## Model Specification

Select Columns

Name  
Sex  
Age  
Weight  
Oxy  
Runtime  
RunPulse  
RstPulse  
MaxPulse

Pick Role Variables

Y

Oxy  
*optional*

Weight

*optional Numeri*

Freq

*optional Numeri*

By

*optional*

Construct Model Effects

Add
Cross
Nest
Macros
Degree 
Attributes
No Intercept

Age  
Weight  
Runtime  
RunPulse  
RstPulse  
MaxPulse

Personality: 

Help
Run Model
Remove

Personality should say "Stepwise"

## Stepwise Fit

Response: Oxy

### Stepwise Regression Control

Prob to Enter  Enter All

Prob to Leave  Remove All

Direction:

Go Stop Step Make Model

### Current Estimates

	SSE	DFE	MSE	RSquare	RSquare Adj	Cp	AIC
	851.38154	30	28.379385	0.0000	0.0000	128.27696	104.6991
Lock Entered	Parameter	Estimate	nDF	SS	F Ratio	Prob>F	
	Intercept	47.3758065	1	0	0.000	1.0000	
	Age	0	1	82.74954	3.122	0.0878	
	Weight	0	1	22.55181	0.789	0.3817	
	Runtime	0	1	632.9001	84.008	0.0000	
	RunPulse	0	1	134.8447	5.457	0.0266	
	RstPulse	0	1	135.7828	5.503	0.0260	
	MaxPulse	0	1	47.71646	1.722	0.1997	

Click on red down arrow and select "All Possible Models"

Stepwise Fit

Response: Oxy

Stepwise Regression Control

Prob to Enter 0.250  
Prob to Leave 0.100  
Direction: Forward

Enter All  
Remove All

Go Stop Step Make Model

Current Estimates

	SSE	DFE	MSE	RSquare	RSquare Adj	Cp	AICc
	851.38154	30	28.379385	0.0000	0.0000	128.27696	195.1018
Lock	Entered	Parameter	Estimate	nDF	SS	"F Ratio"	"Prob>F"
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Intercept	47.3758065	1	0	0.000	1
<input type="checkbox"/>	<input type="checkbox"/>	Age	0	1	82.74954	3.122	0.08776
<input type="checkbox"/>	<input type="checkbox"/>	Weight	0	1	22.55181	0.789	0.38169
<input type="checkbox"/>	<input type="checkbox"/>	Runtime	0	1	632.9001	84.008	4.6e-10
<input type="checkbox"/>	<input type="checkbox"/>	RunPulse	0	1	134.8447	5.457	0.0266
<input type="checkbox"/>	<input type="checkbox"/>	RstPulse	0	1	135.7828	5.503	0.02604
<input type="checkbox"/>	<input type="checkbox"/>	MaxPulse	0	1	47.71646	1.722	0.19975

Step History

Step	Parameter	Action	"Sig Prob"	Seq SS	RSquare	Cp	p
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All Possible Models

Ordered up to best 15 models up to 6 terms per model.

Model	Number	RSquare	RMSE	AICc	Cp
Runtime	1	0.7434	2.7448	155.397	13.3604
RstPulse	1	0.1595	4.9675	192.176	105.1936
RunPulse	1	0.1584	4.9707	192.217	105.3669
Age	1	0.0972	5.1483	194.392	114.9905
MaxPulse	1	0.0560	5.2643	195.774	121.4622
Weight	1	0.0265	5.3461	196.730	126.1109
Age, Runtime	2	0.7648	2.6744	155.349	11.9964
Runtime, RunPulse	2	0.7614	2.6934	155.787	12.5225
Runtime, MaxPulse	2	0.7452	2.7833	157.824	15.0709
Weight, Runtime	2	0.7449	2.7849	157.858	15.1159
Runtime, RstPulse	2	0.7435	2.7925	158.028	15.3364
Age, RunPulse	2	0.3711	4.3730	185.836	73.9150
Age, RstPulse	2	0.3011	4.6099	189.106	84.9205
RunPulse, MaxPulse	2	0.2894	4.6483	189.620	86.7579
Age, MaxPulse	2	0.2591	4.7464	190.916	91.5288
RunPulse, RstPulse	2	0.2350	4.8229	191.906	95.3120
Weight, RstPulse	2	0.1806	4.9915	194.037	103.8717
RstPulse, MaxPulse	2	0.1740	5.0114	194.284	104.9046
Weight, RunPulse	2	0.1669	5.0332	194.553	106.0345
Age, Weight	2	0.1572	5.0623	194.911	107.5560
Weight, MaxPulse	2	0.0675	5.3248	198.045	121.6583
Runtime, RunPulse, MaxPulse	3	0.8100	2.4478	151.592	6.8844
Age, Runtime, RunPulse	3	0.8096	2.4503	151.656	6.9454
Age, Runtime, MaxPulse	3	0.7814	2.6253	155.934	11.3770
Age, Weight, Runtime	3	0.7717	2.6832	157.286	12.9094
Age, Runtime, RstPulse	3	0.7677	2.7064	157.819	13.5326
Runtime, RunPulse, RstPulse	3	0.7619	2.7401	158.586	14.4479
Weight, Runtime, RunPulse	3	0.7618	2.7405	158.595	14.4588
Weight, Runtime, MaxPulse	3	0.7462	2.8292	160.571	16.9240
Runtime, RstPulse, MaxPulse	3	0.7452	2.8344	160.684	17.0699
Weight, Runtime, RstPulse	3	0.7451	2.8350	160.698	17.0881
Age, RunPulse, RstPulse	3	0.4597	4.1277	183.990	61.9809
Age, RunPulse, MaxPulse	3	0.4175	4.2856	186.318	68.6087
Age, Weight, RunPulse	3	0.4057	4.3288	186.939	70.4627
Age, RstPulse, MaxPulse	3	0.3860	4.4001	187.952	73.5664
Age, Weight, RstPulse	3	0.3593	4.4947	189.271	77.7621
Age, Runtime, RunPulse, MaxPulse	4	0.8354	2.3214	150.237	4.8838
Weight, Runtime, RunPulse, MaxPulse	4	0.8158	2.4556	153.721	7.9627
Age, Weight, Runtime, RunPulse	4	0.8153	2.4596	153.821	8.0562
Runtime, RunPulse, RstPulse, MaxPulse	4	0.8104	2.4917	154.625	8.8196
Age, Runtime, RunPulse, RstPulse	4	0.8101	2.4940	154.682	8.8747
Age, Weight, Runtime, MaxPulse	4	0.7862	2.6456	158.342	12.6185
Age, Runtime, RstPulse, MaxPulse	4	0.7829	2.6661	158.819	13.1392
Age, Weight, Runtime, RstPulse	4	0.7757	2.7100	159.833	14.2741
Weight, Runtime, RunPulse, RstPulse	4	0.7623	2.7902	161.640	16.3922
Weight, Runtime, RstPulse, MaxPulse	4	0.7462	2.8830	163.668	18.9203
Age, Weight, RunPulse, RstPulse	4	0.4979	4.0548	184.815	57.9672
Age, RunPulse, RstPulse, MaxPulse	4	0.4960	4.0626	184.934	58.2709
Age, Weight, RunPulse, MaxPulse	4	0.4684	4.1720	186.583	62.6012
Age, Weight, RstPulse, MaxPulse	4	0.4235	4.3448	189.098	69.6684
Weight, RunPulse, RstPulse, MaxPulse	4	0.3858	4.4847	191.063	75.6000
Age, Weight, Runtime, RunPulse, MaxPulse	5	0.8468	2.2838	151.377	5.0873
Age, Runtime, RunPulse, RstPulse, MaxPulse	5	0.8356	2.3664	153.579	6.8607
Age, Weight, Runtime, RunPulse, RstPulse	5	0.8162	2.5022	157.039	9.9147
Weight, Runtime, RunPulse, RstPulse, MaxPulse	5	0.8161	2.5027	157.051	9.9259
Age, Weight, Runtime, RstPulse, MaxPulse	5	0.7885	2.6836	161.380	14.2606
Age, Weight, RunPulse, RstPulse, MaxPulse	5	0.5491	3.9188	184.854	51.9220
Age, Weight, Runtime, RunPulse, RstPulse, MaxPulse	6	0.8474	2.3266	154.940	7.0000

NOTE: To obtain the Cp column, click on right mouse button while cursor is positioned somewhere in the columns of this table and select "columns", then "Cp".

