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★ Modal ★

Choose Your Diet
Plan : values = Atkins, Classic, or MCT

Enter ~~Eator~~ Daily Caloric Requirement : value = #

Atkins, Classic, or MCT Oil
[Name of Diet Plan]

Individualized
pie chart:
based on
Diet chosen +
Daily Calorie
Requirement

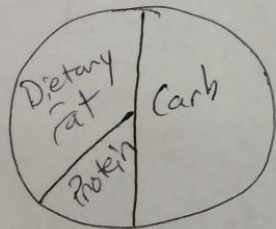[✓] Carbohydrate [✓] Protein [✓] Dietary Fat

[✓] MCT Oil

All values are numbers
(grams of each)

Epilepsy Diet Tracker

Background Info / Statement

Typical American Diet

Info

Atkins (induction phase)

[pie chart]   Info

Classic Keto   4:1

[pie chart]   Info

MCT Keto diet

[pie chart]   Info

Footer