

Example 1. $11 + 12 + 13 + 14 + 15 + 16 + 17 + 18 + 19 + 20 = 31 \times 5 = 155$

Example 2. $1 + 3 + 5 + \cdots + 95 + 97 + 99 = 100 \times 25 = 2500$