1 BAD

$$\lim_{x \to 0} f(f(f(x))) = f\left(f\left(\lim_{x \to 0} f(x)\right)\right)$$

$$= \sqrt{\sqrt{\frac{\sqrt{1+0}}{\text{Because } f(x) \text{ is continuous}}}}$$

2 GOOD

$$\lim_{x \to 0} f(f(f(x))) = f\left(f\left(\lim_{x \to 0} f(x)\right)\right)$$

$$= \sqrt{\sqrt{\sqrt{1+0}}}$$
because $f(x)$ is continuous

Some text following this two-line displayed equation.