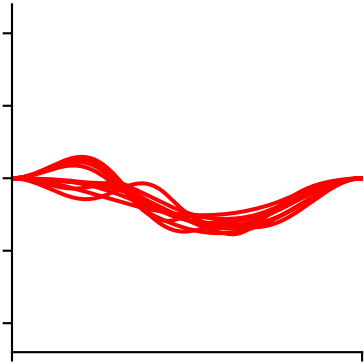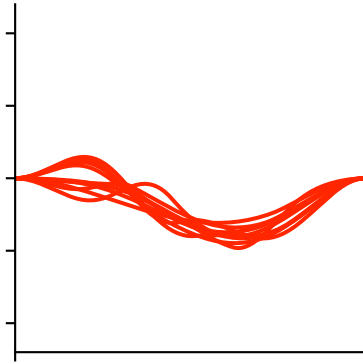# Fixed Final Position
Movement Duration : 1 sec
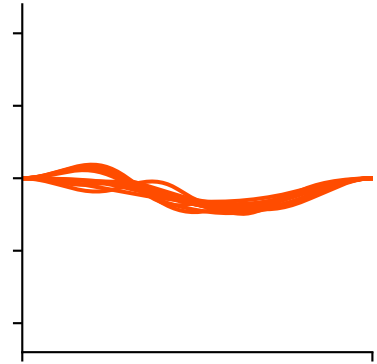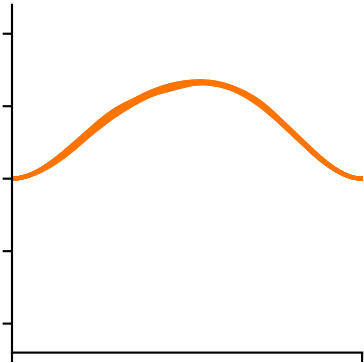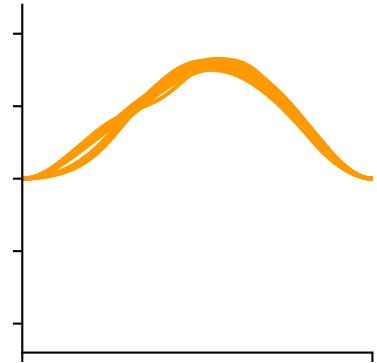

PC

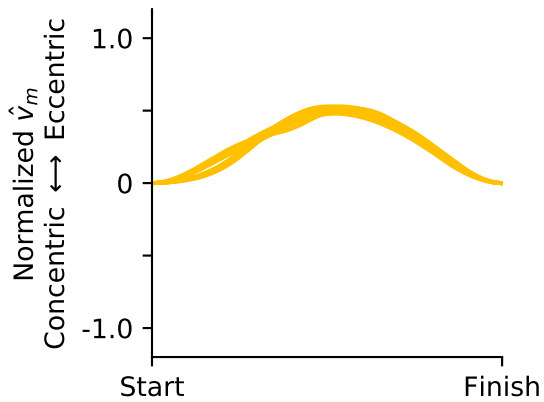DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized $\hat{v}_m$
Concentric ⟷ Eccentric

1.0

0

-1.0

Start

Finish