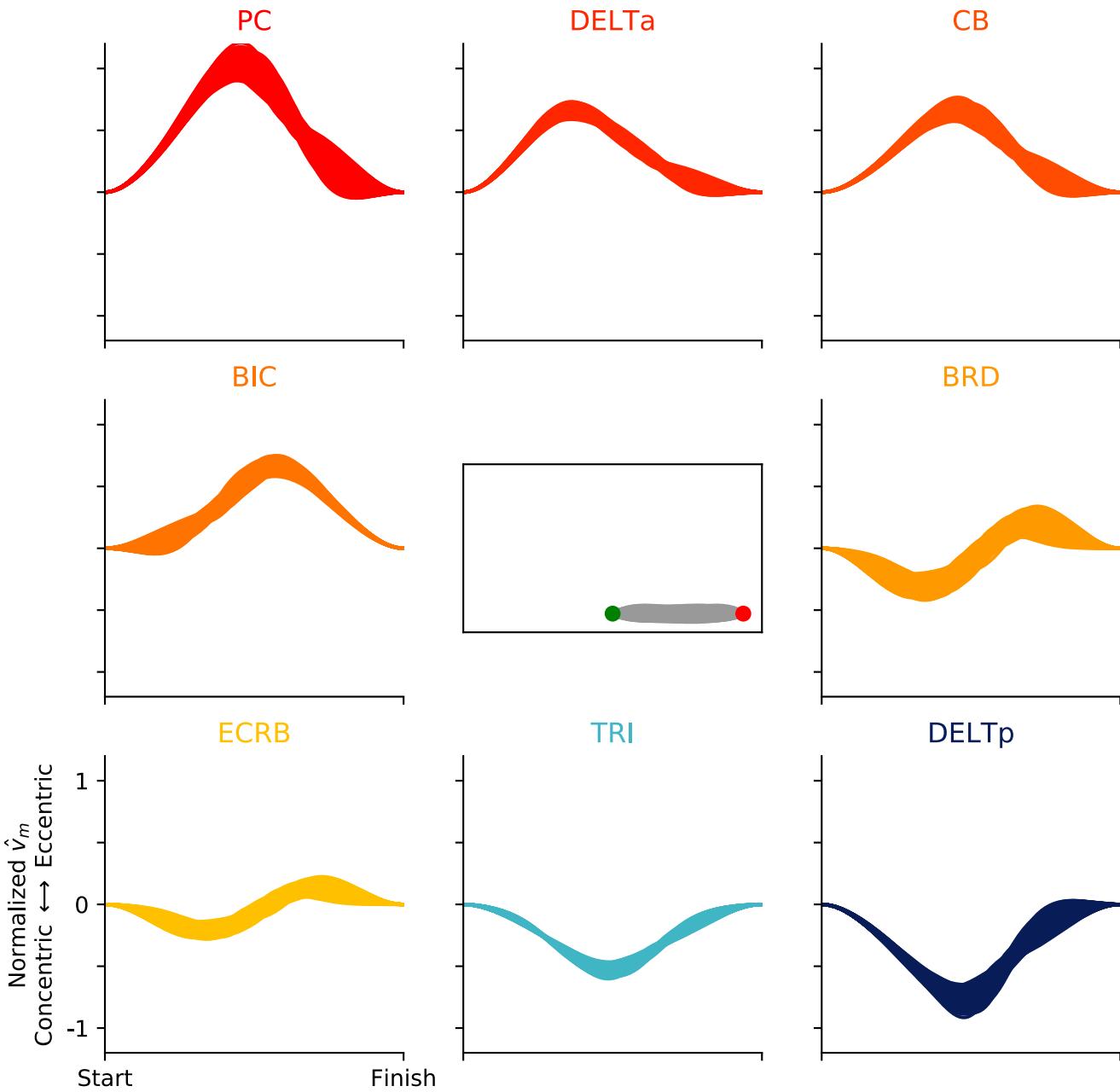
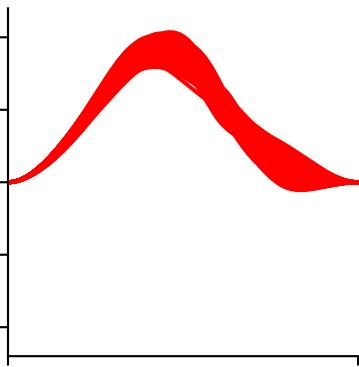


Fixed Initial Position  
Movement Duration : 1 sec

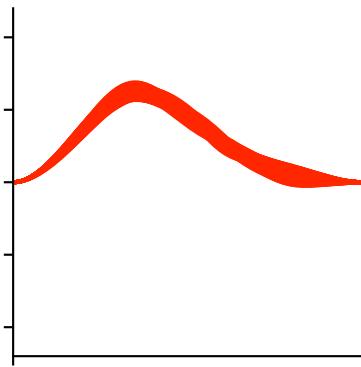


Fixed Initial Position  
Movement Duration : 1 sec

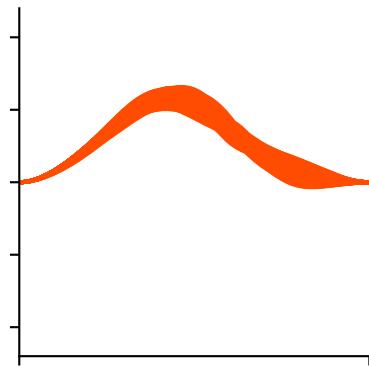
PC



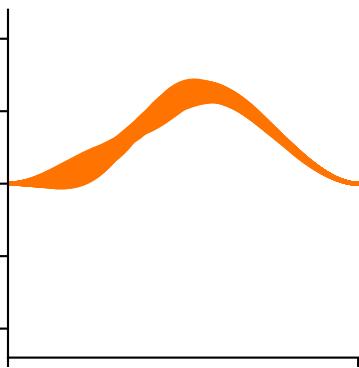
DELTa



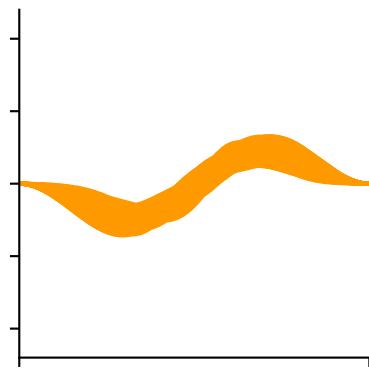
CB



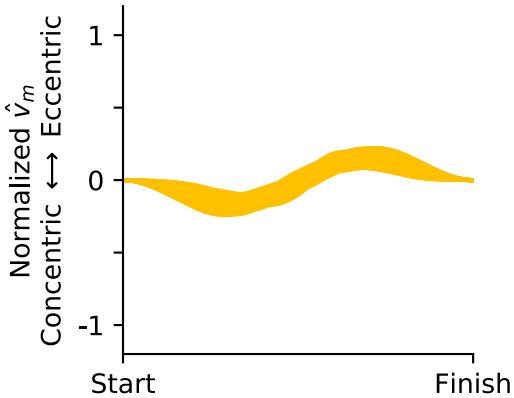
BIC



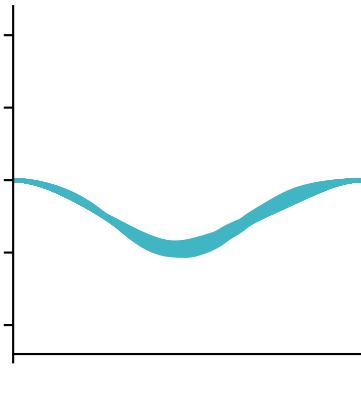
BRD



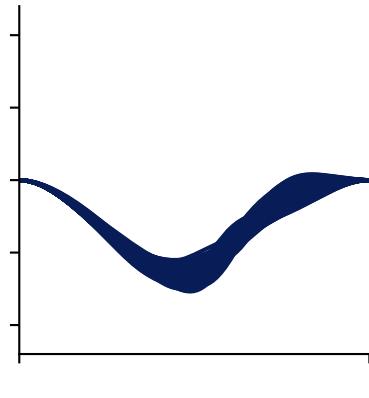
ECRB



TRI



DELTp

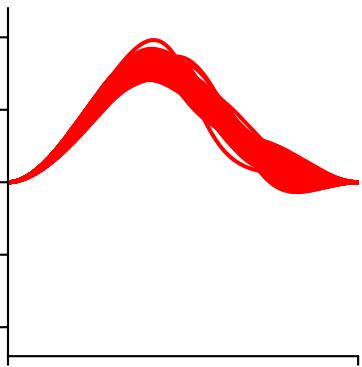


Normalized  $\hat{V}_m$  → Eccentric

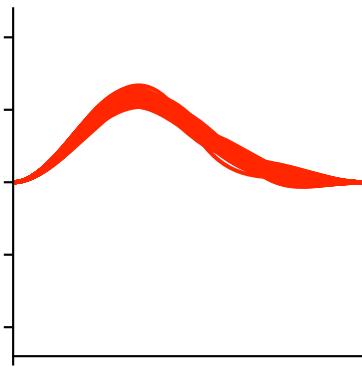
Concentric ← Eccentric

Fixed Initial Position  
Movement Duration : 1 sec

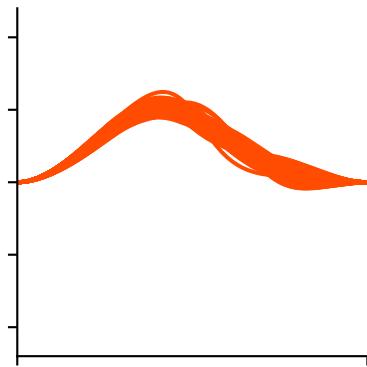
PC



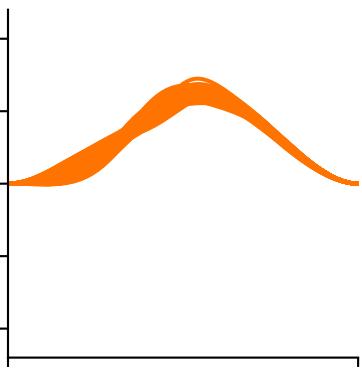
DELTa



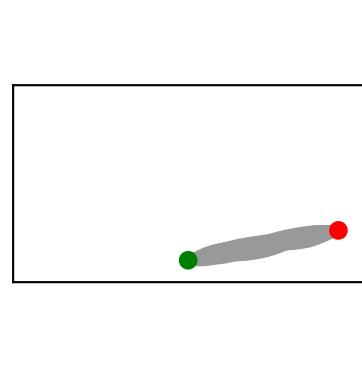
CB



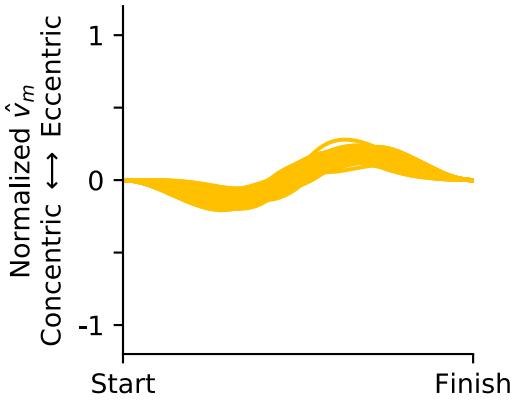
BIC



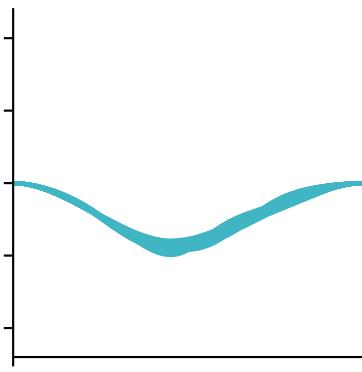
BRD



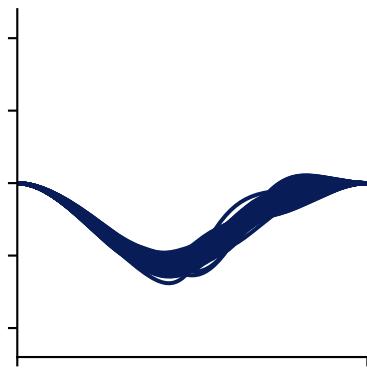
ECRB



TRI



DELTp



Normalized  $\hat{V}_m$  → Eccentric

1

0

-1

Start

Finish

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$  → Eccentric

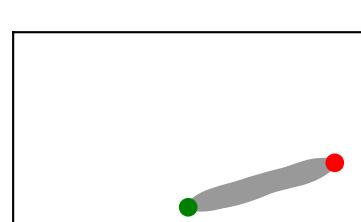
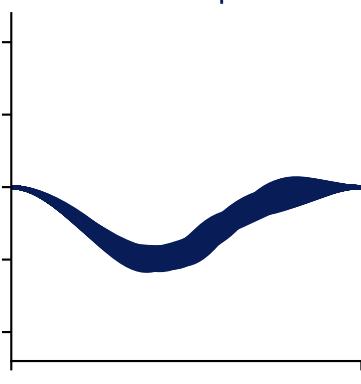
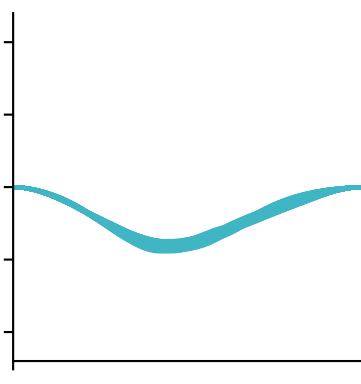
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

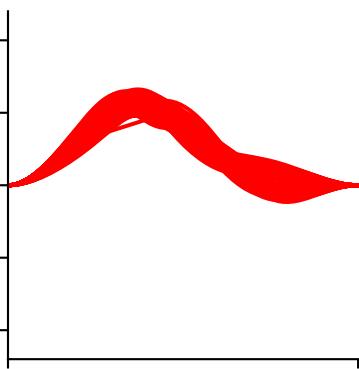
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Start

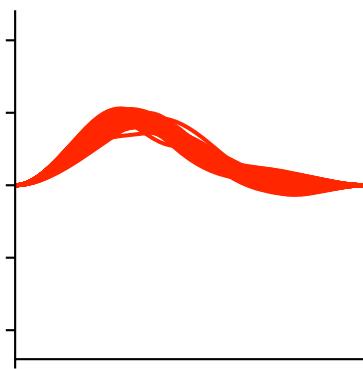
Finish

Fixed Initial Position  
Movement Duration : 1 sec

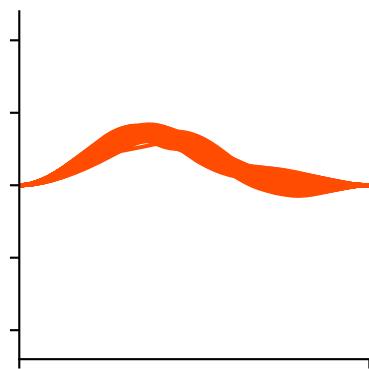
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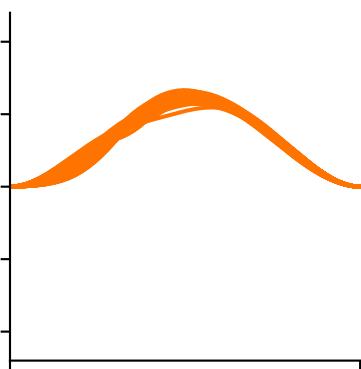
DELTa



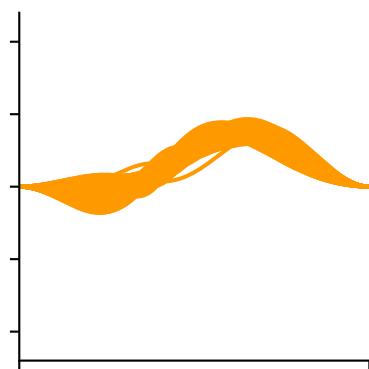
CB



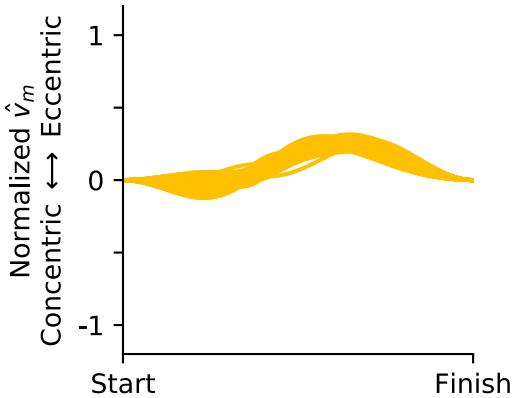
BIC



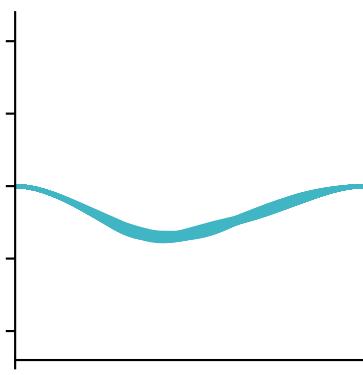
BRD



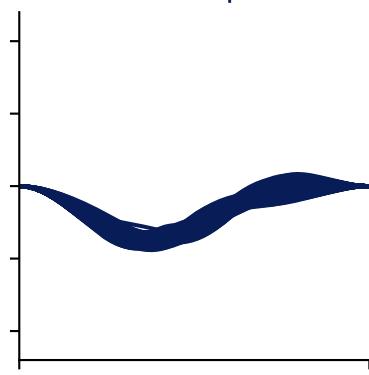
ECRB



TRI



DELTp



Normalized  $\dot{V}_m$  → Eccentric

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

0

Start

Finish

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

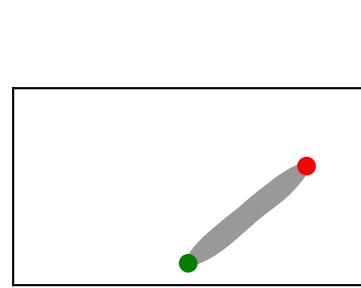
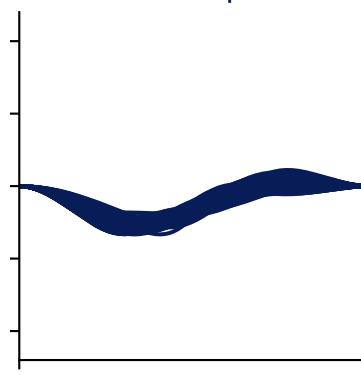
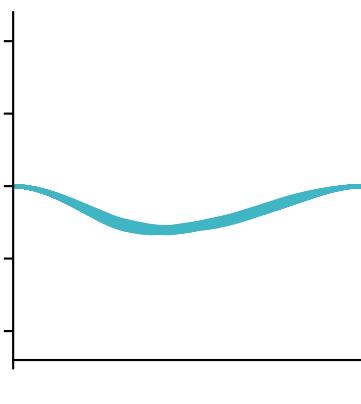
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

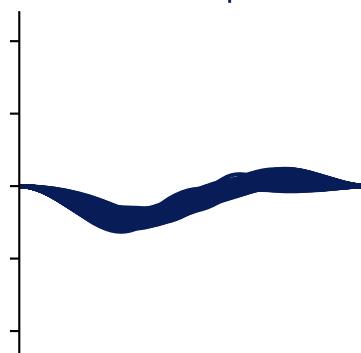
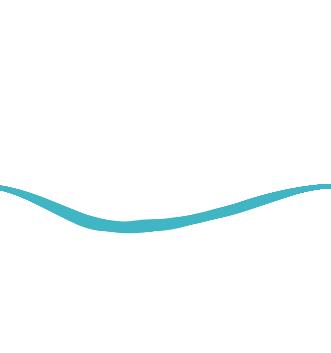
1

0

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Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

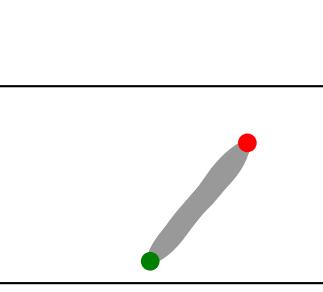
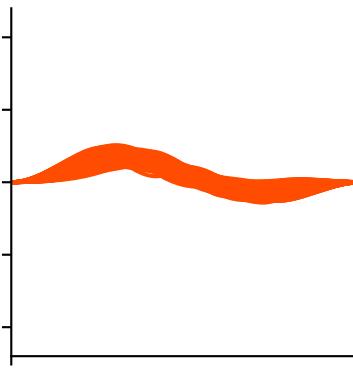
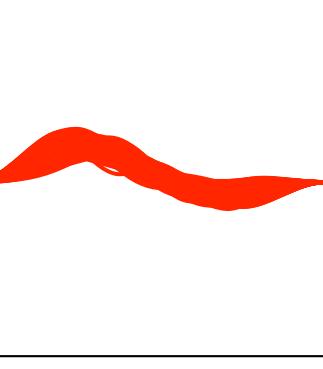
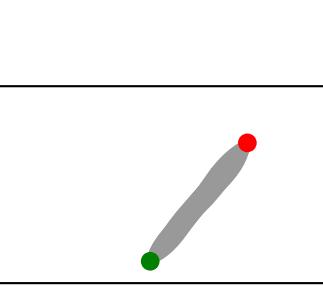
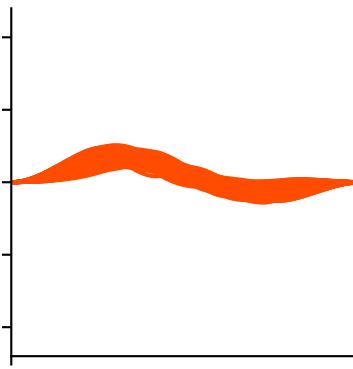
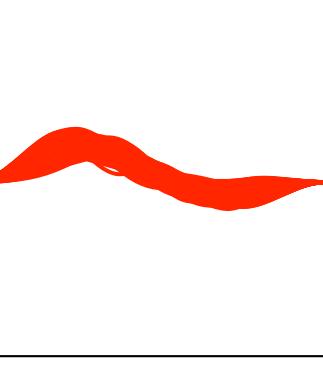
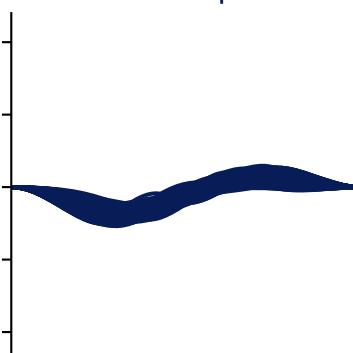
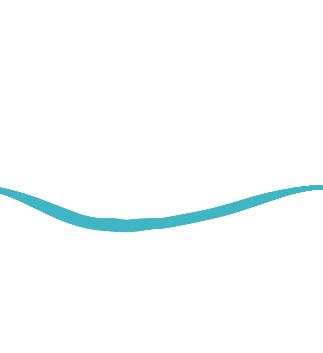
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

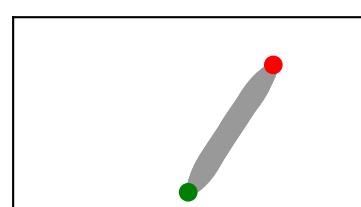
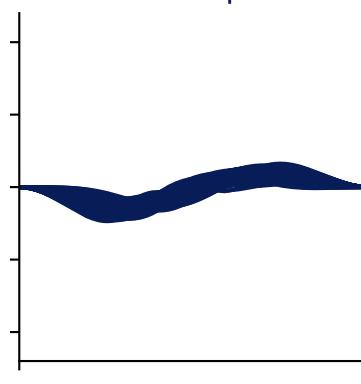
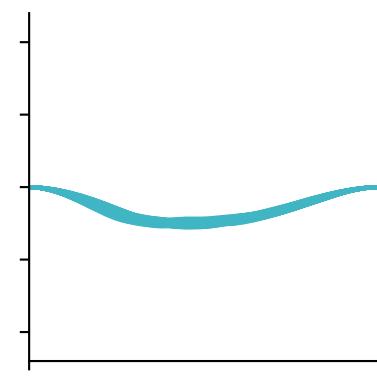
1

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-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

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BIC

BRD

ECRB

TRI

DELTp

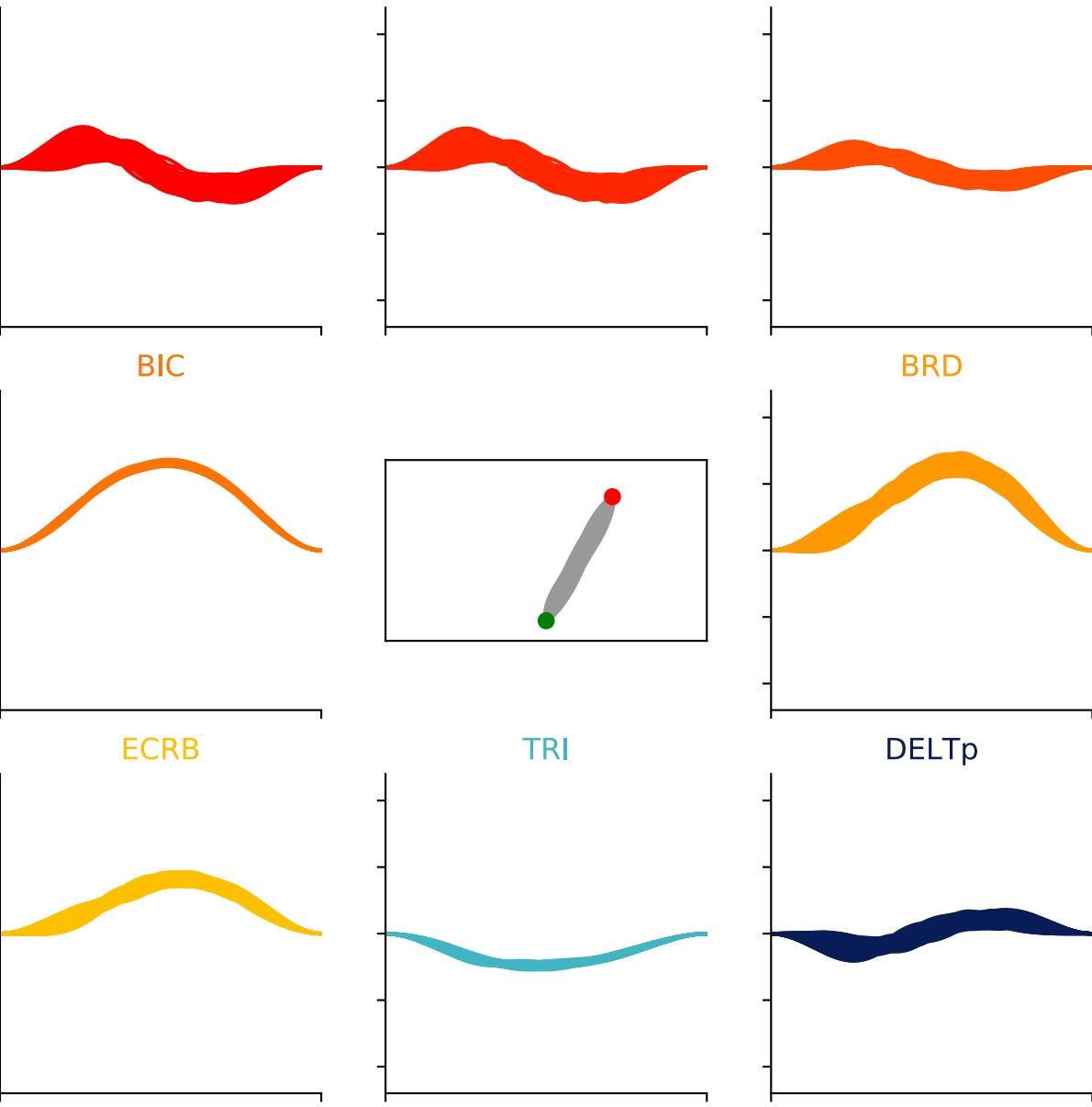
Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

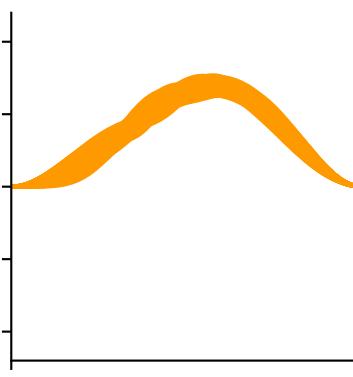
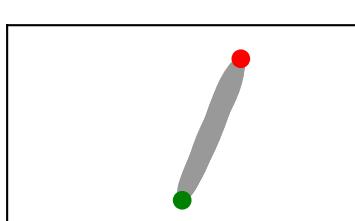
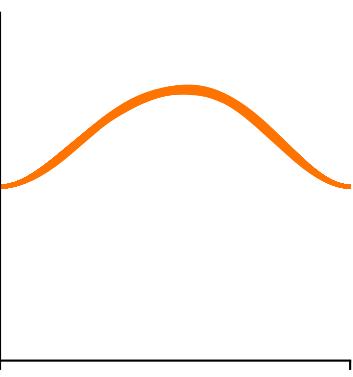
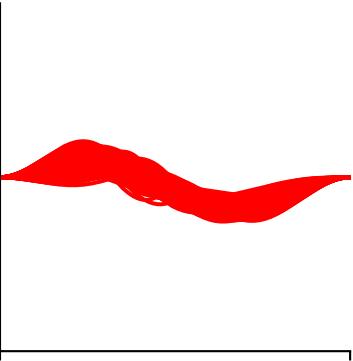
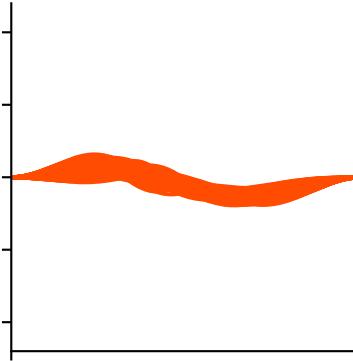
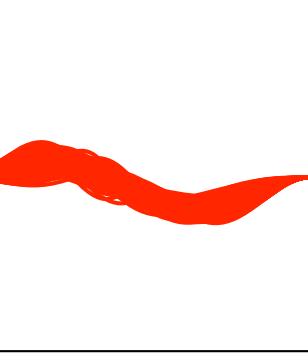
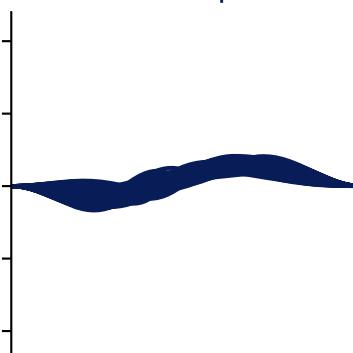
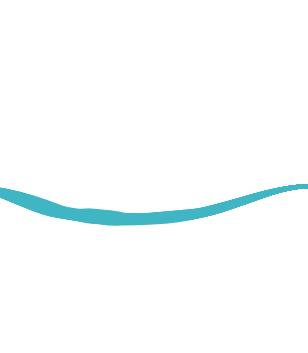
Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

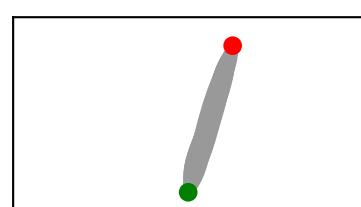
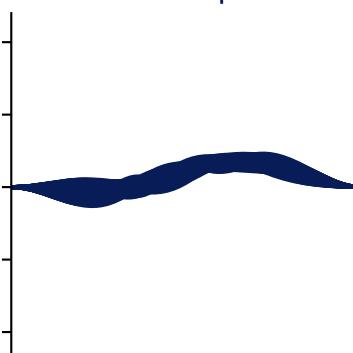
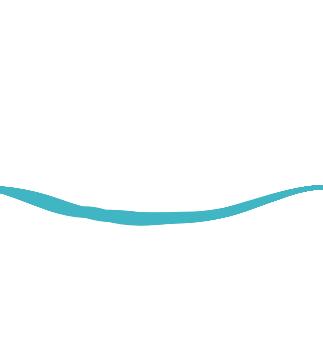
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

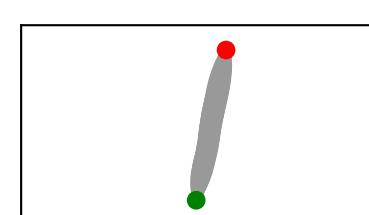
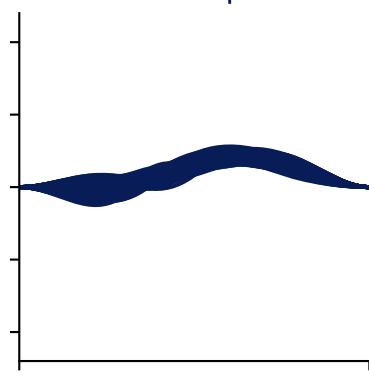
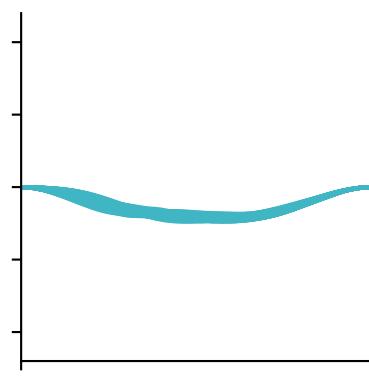
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

0

-1

Start

Finish

Start

Start

Start

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

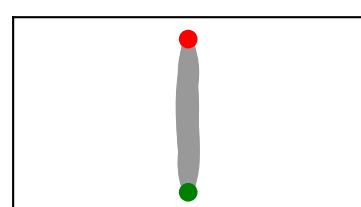
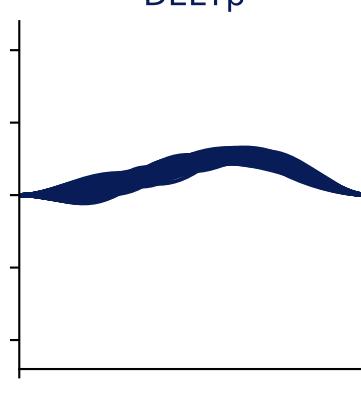
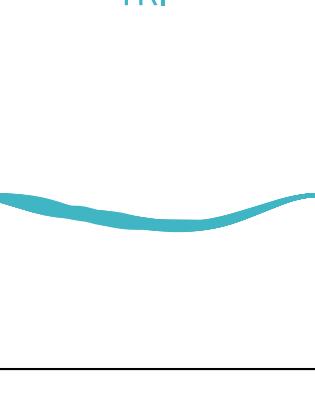
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

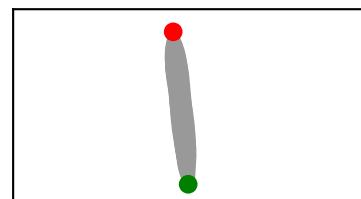
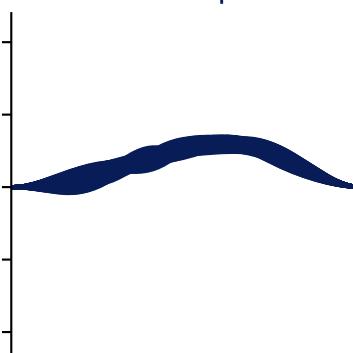
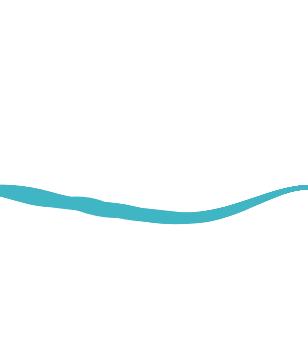
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

0

-1

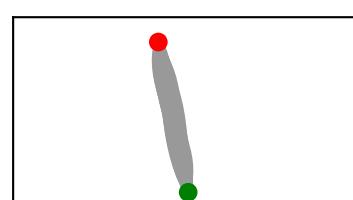
Start

Finish

Start Finish

Start Finish

Start Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

1

0

Start

Finish

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

1

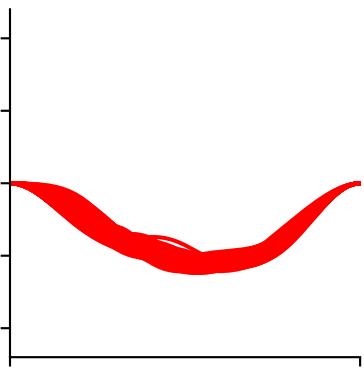
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Start

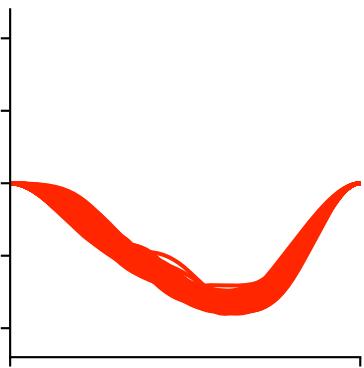
Finish

Fixed Initial Position  
Movement Duration : 1 sec

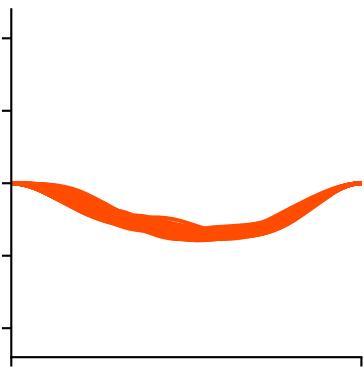
PC



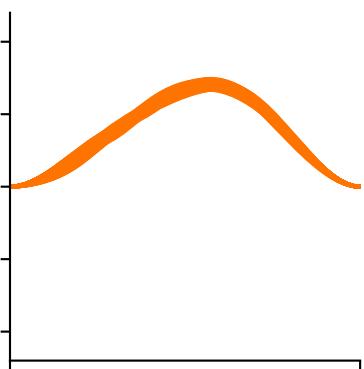
DELTa



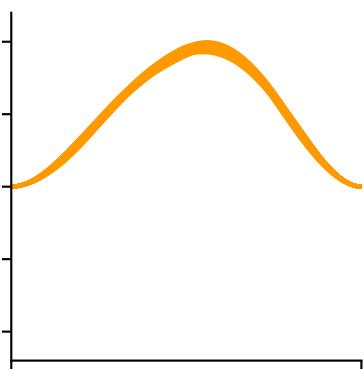
CB



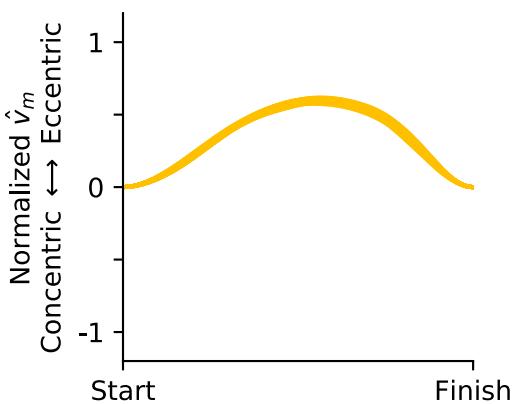
BIC



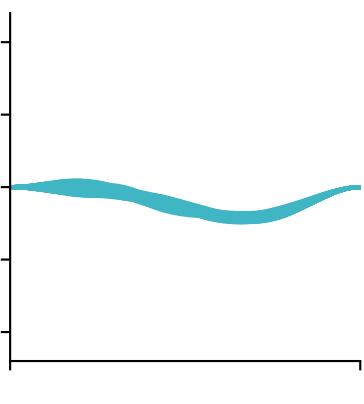
BRD



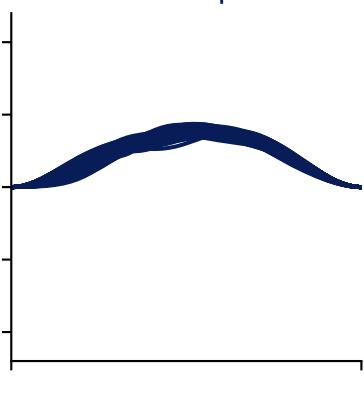
ECRB



TRI



DELTp



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

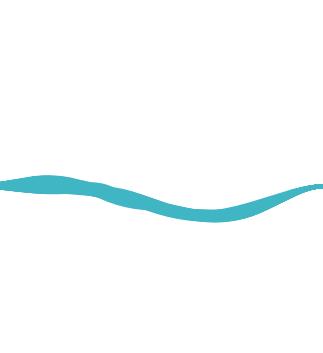
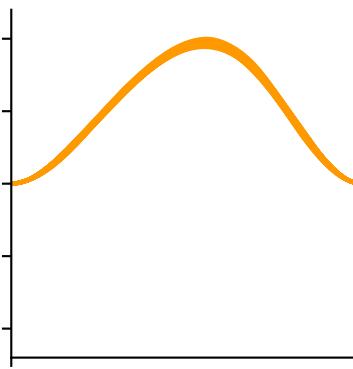
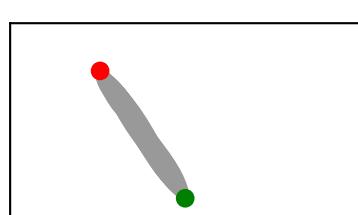
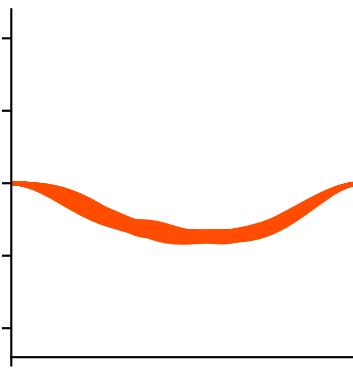
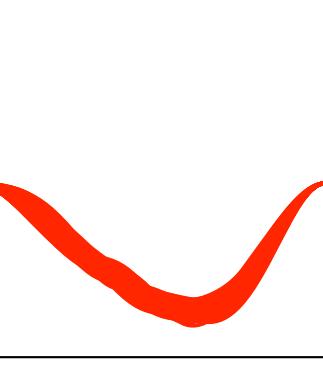
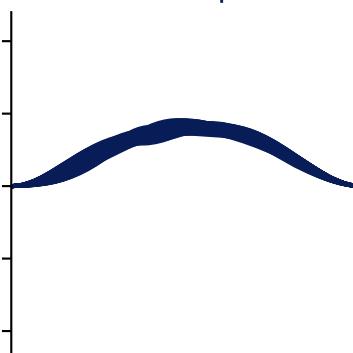
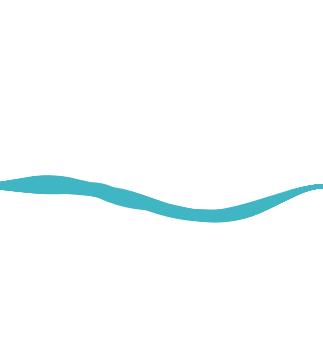
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

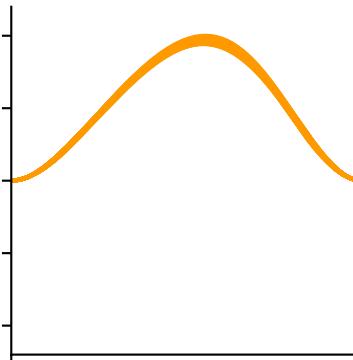
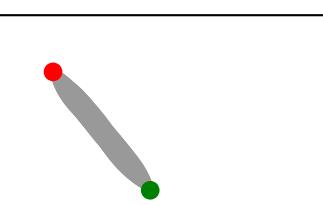
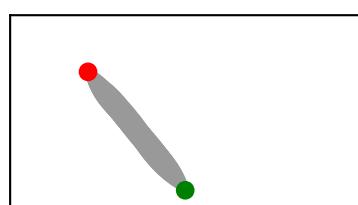
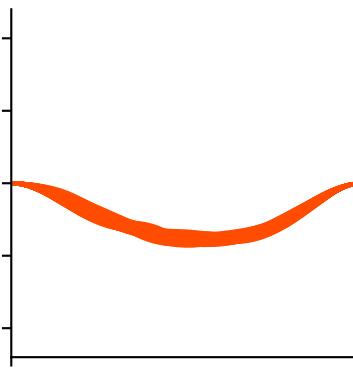
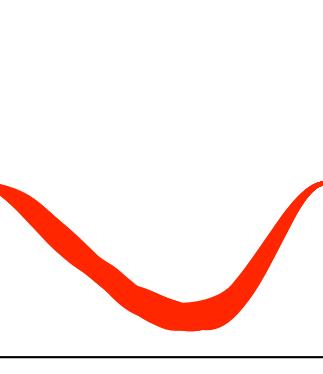
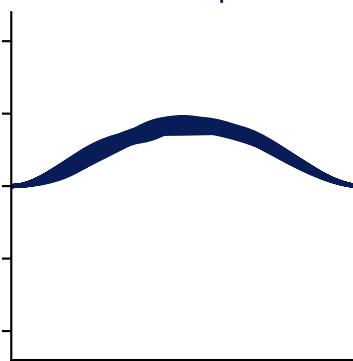
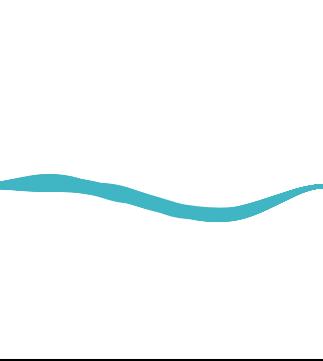
1

0

-1

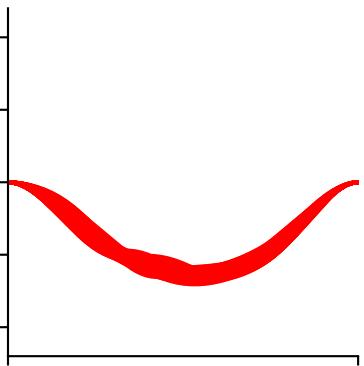
Start

Finish

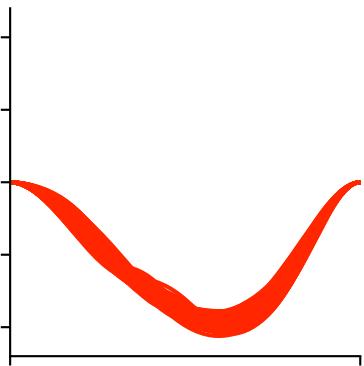


Fixed Initial Position  
Movement Duration : 1 sec

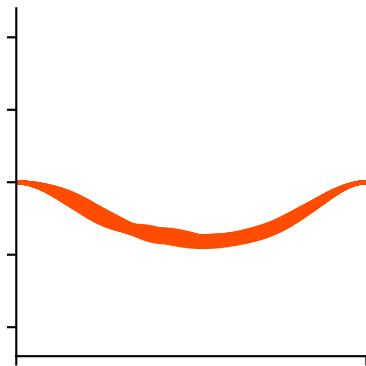
PC



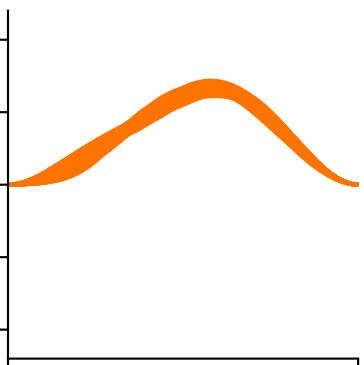
DELTa



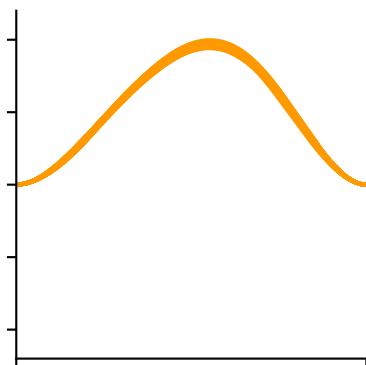
CB



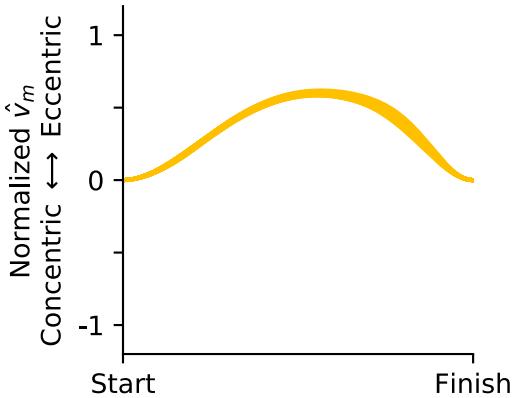
BIC



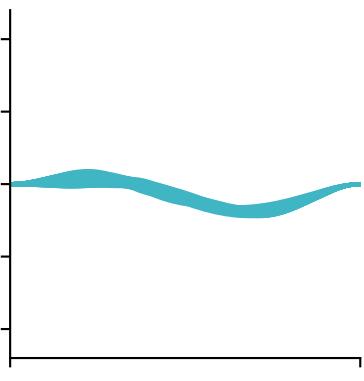
BRD



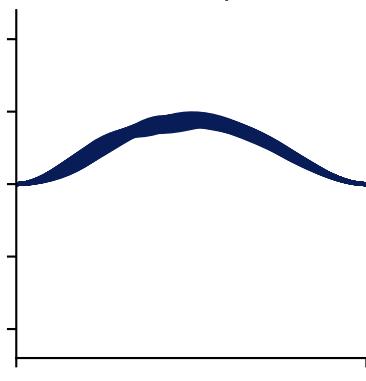
ECRB



TRI

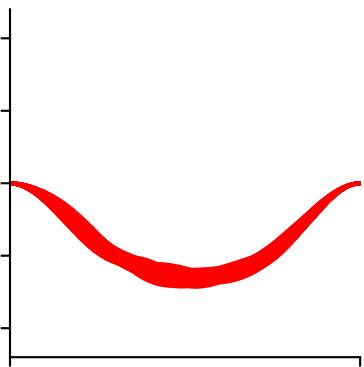


DELTp

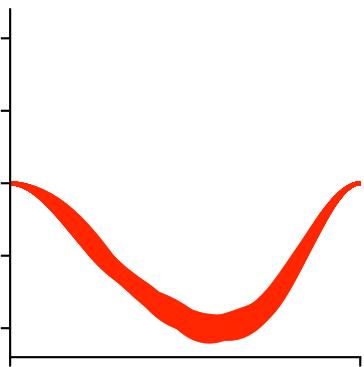


Fixed Initial Position  
Movement Duration : 1 sec

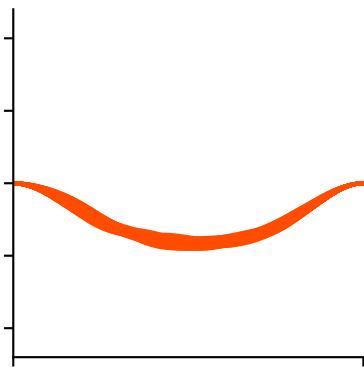
PC



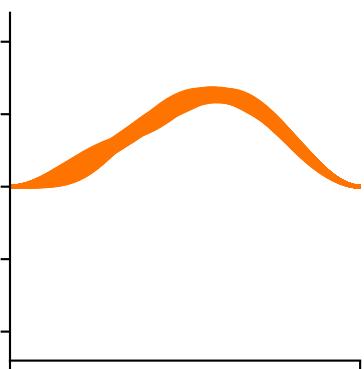
DELTa



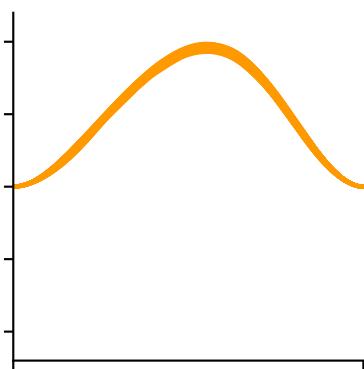
CB



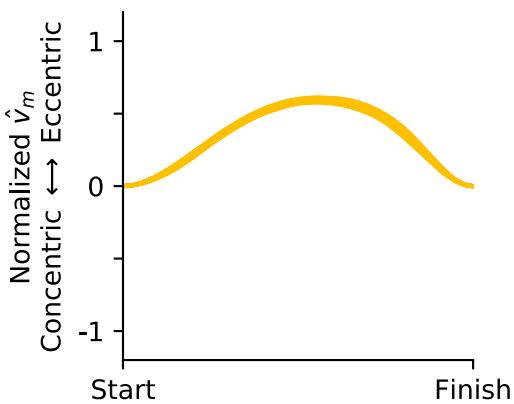
BIC



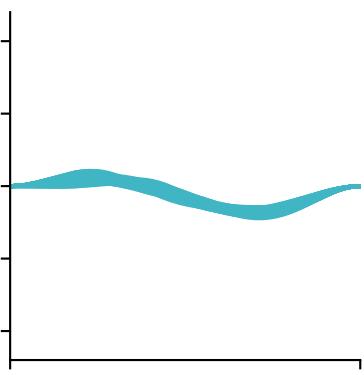
BRD



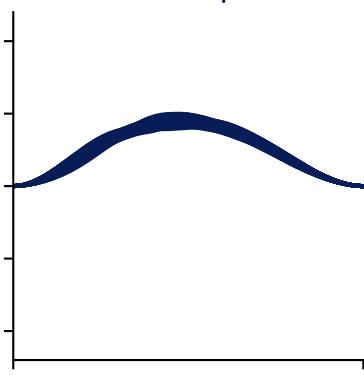
ECRB



TRI

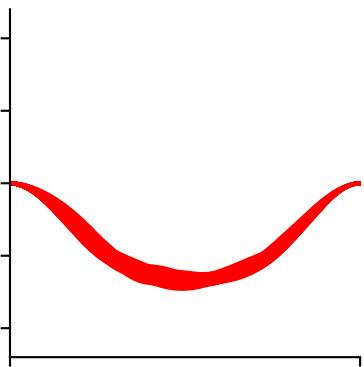


DELTp

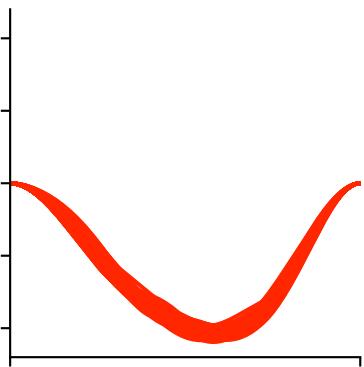


Fixed Initial Position  
Movement Duration : 1 sec

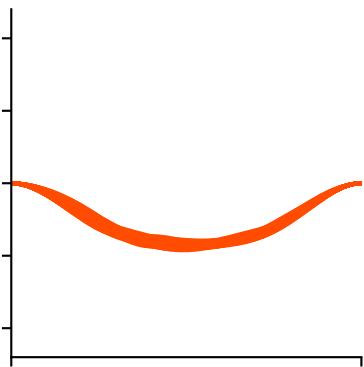
PC



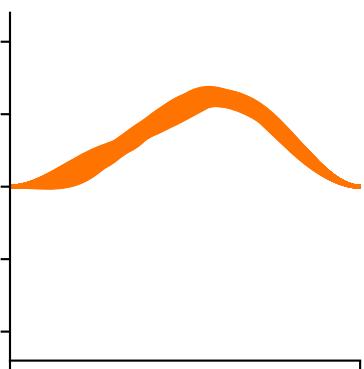
DELTa



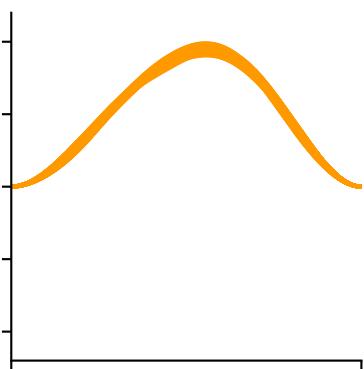
CB



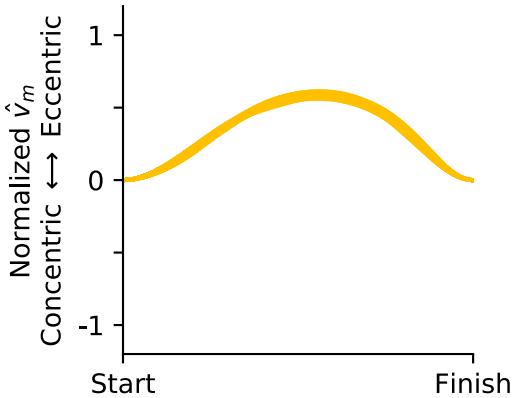
BIC



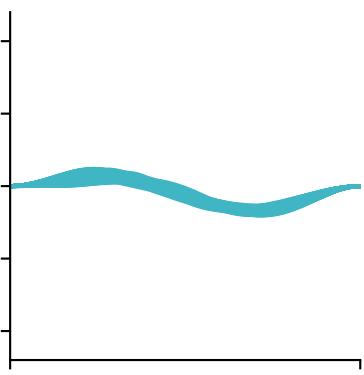
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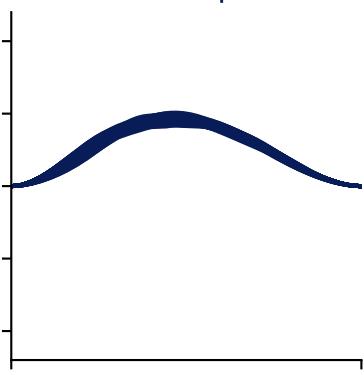
ECRB



TRI

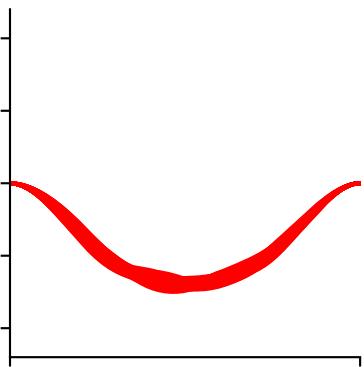


DELTp

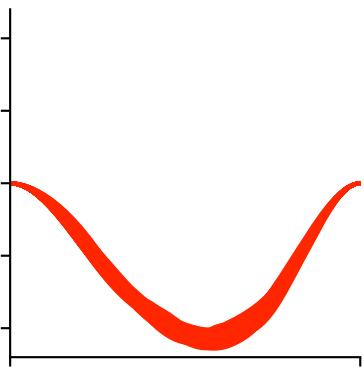


Fixed Initial Position  
Movement Duration : 1 sec

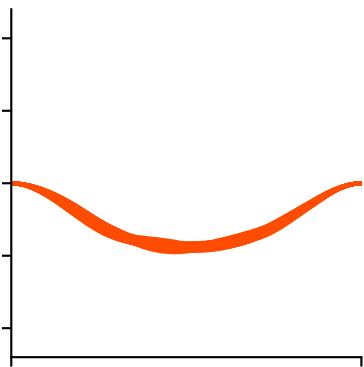
PC



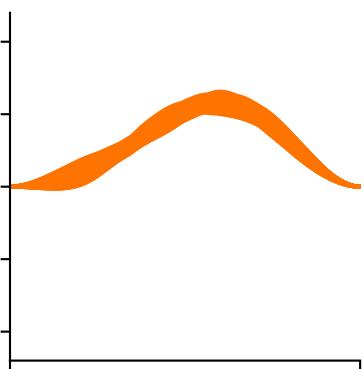
DELTa



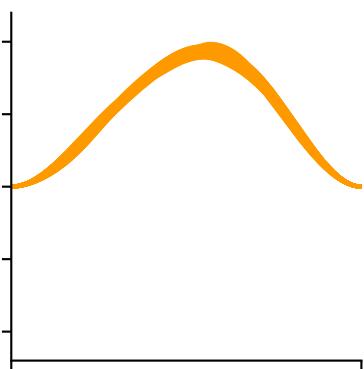
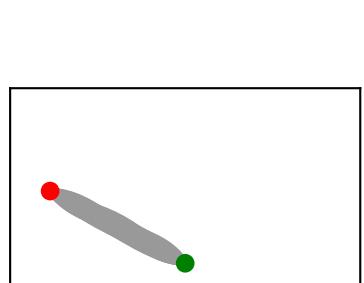
CB



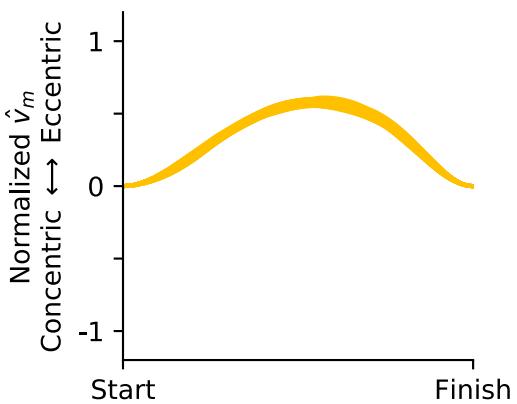
BIC



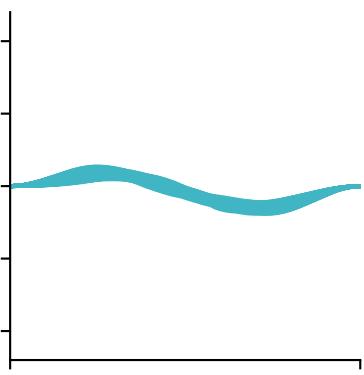
BRD



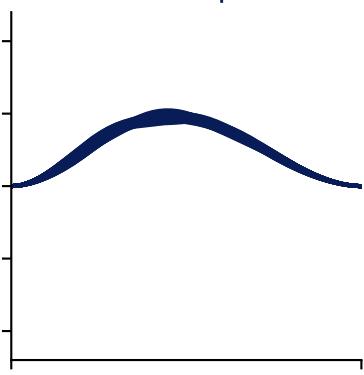
ECRB



TRI

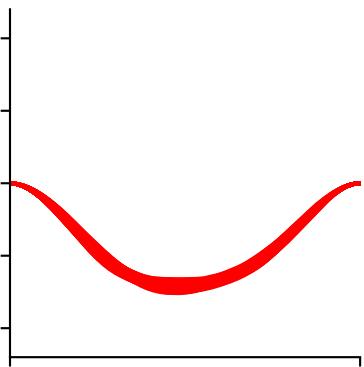


DELTp

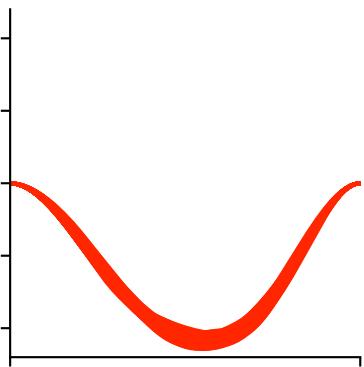


Fixed Initial Position  
Movement Duration : 1 sec

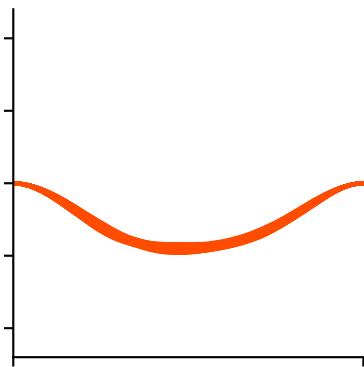
PC



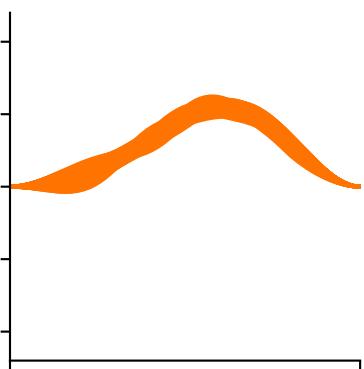
DELTa



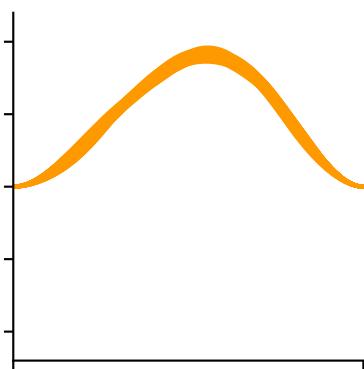
CB



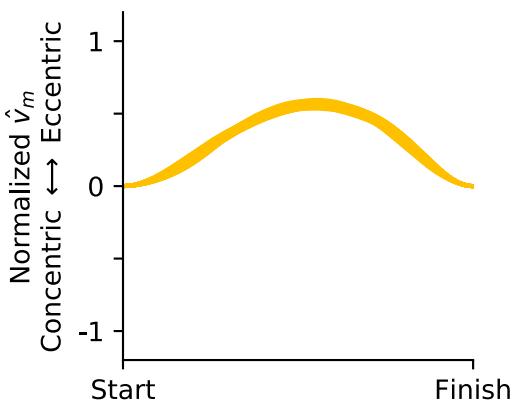
BIC



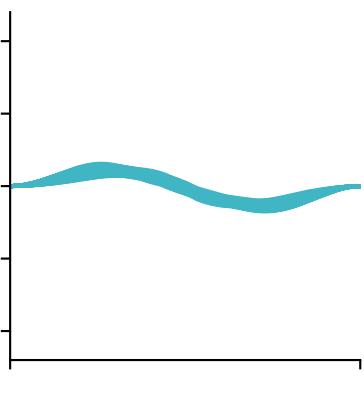
BRD



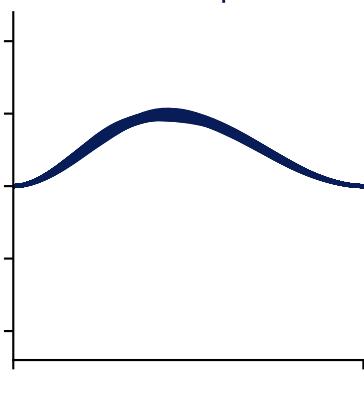
ECRB



TRI



DELTp



Normalized  $\hat{V}_m$  → Eccentric

1

0

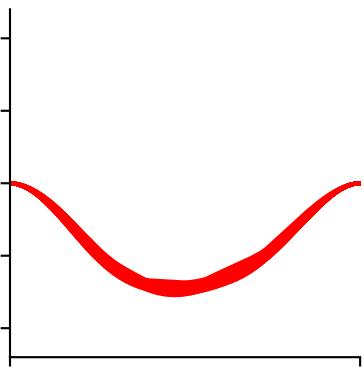
-1

Start

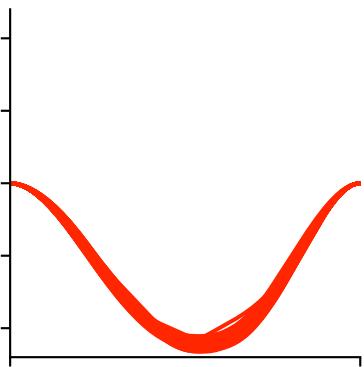
Finish

Fixed Initial Position  
Movement Duration : 1 sec

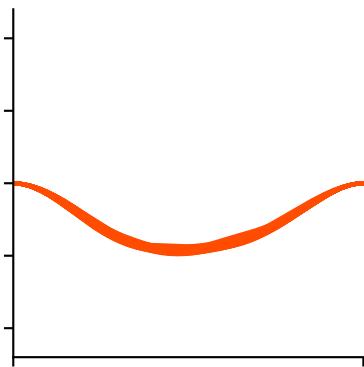
PC



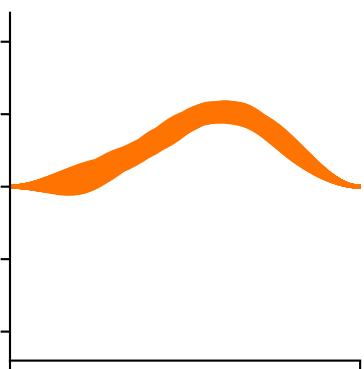
DELTa



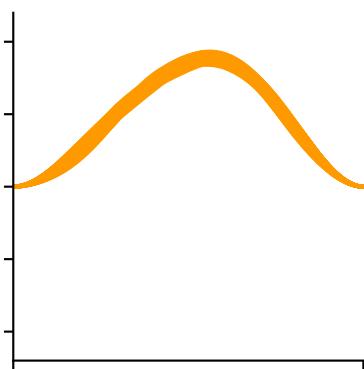
CB



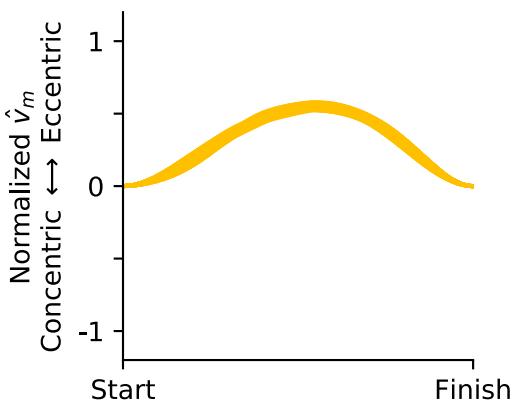
BIC



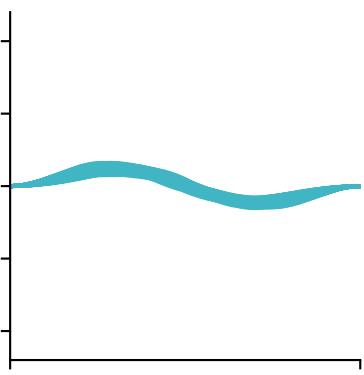
BRD



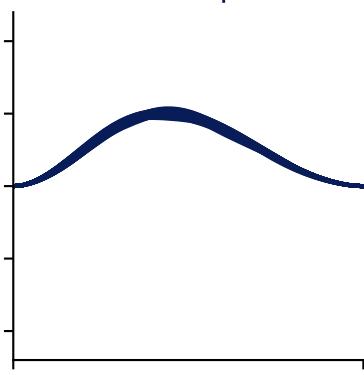
ECRB



TRI



DELTp



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

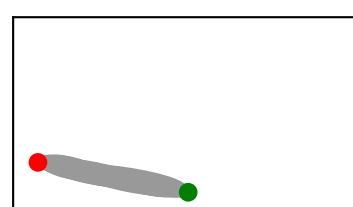
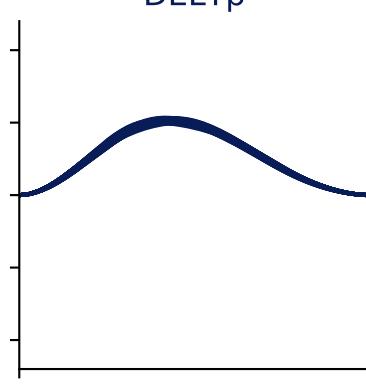
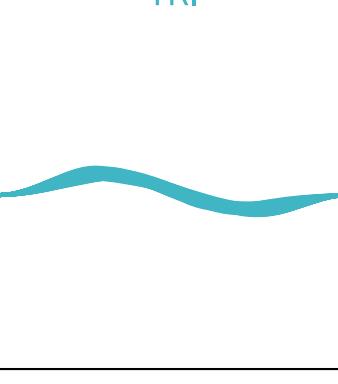
1

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-1

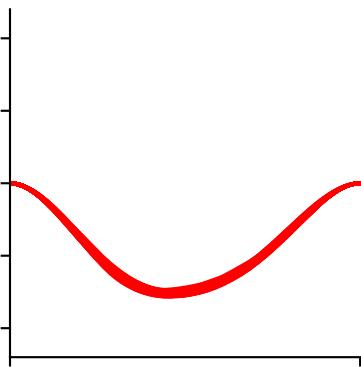
Start

Finish

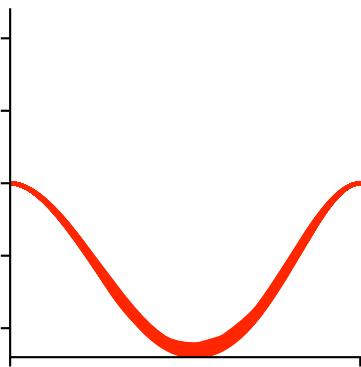


Fixed Initial Position  
Movement Duration : 1 sec

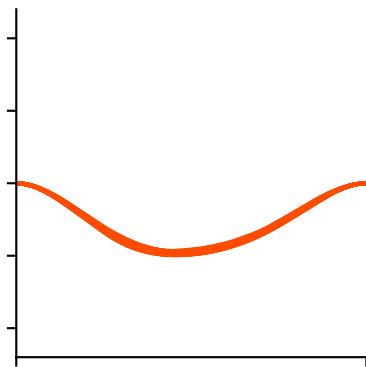
PC



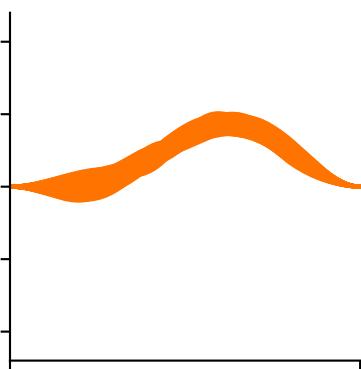
DELTa



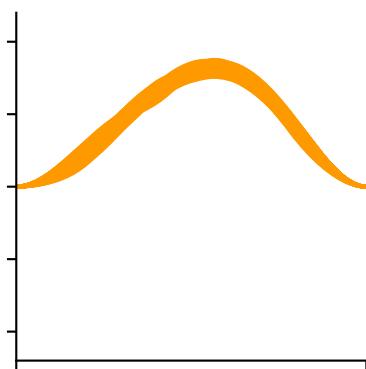
CB



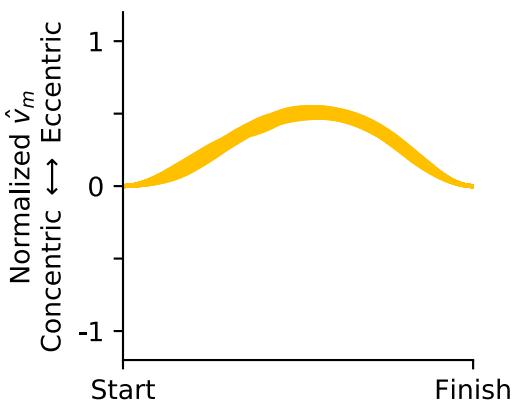
BIC



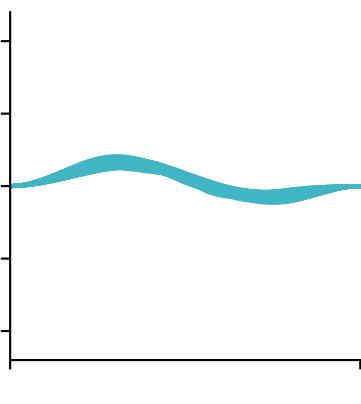
BRD



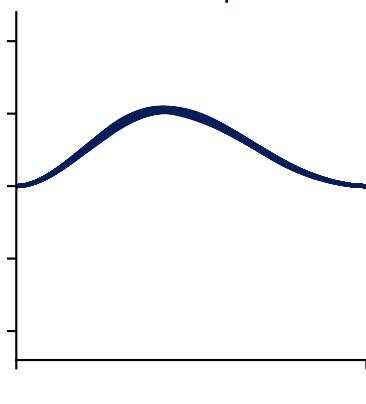
ECRB



TRI



DELTp



Normalized  $\hat{V}_m$  → Eccentric

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

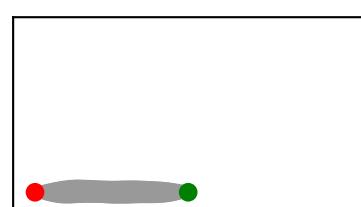
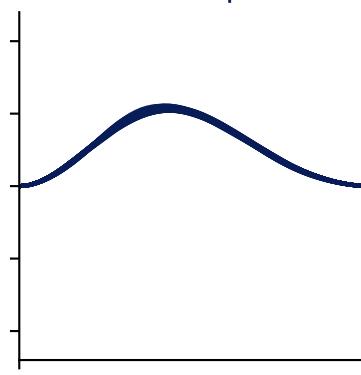
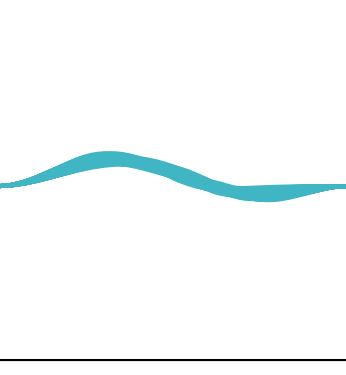
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

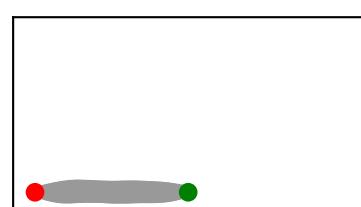
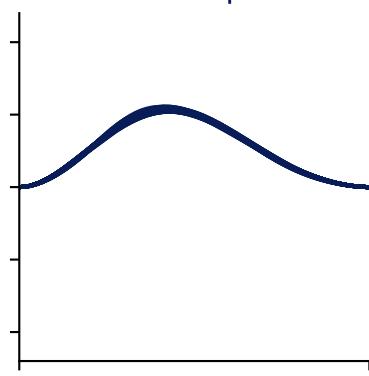
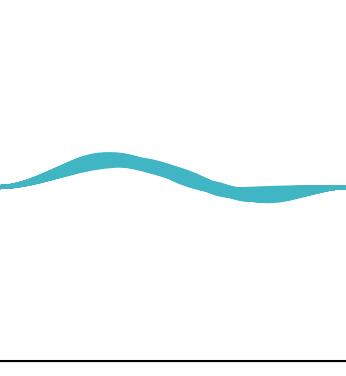
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

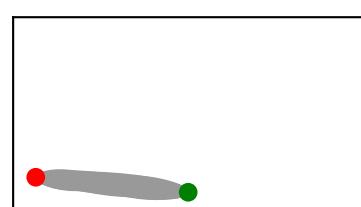
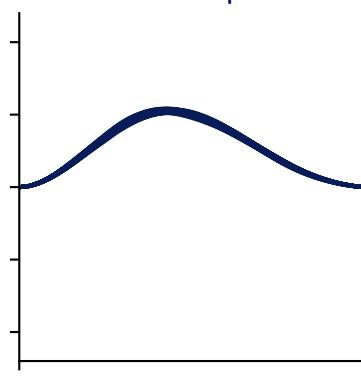
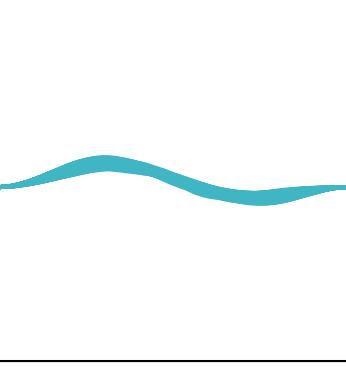
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

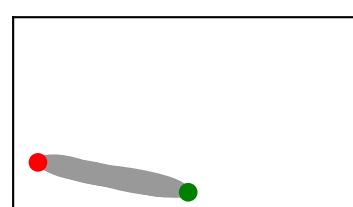
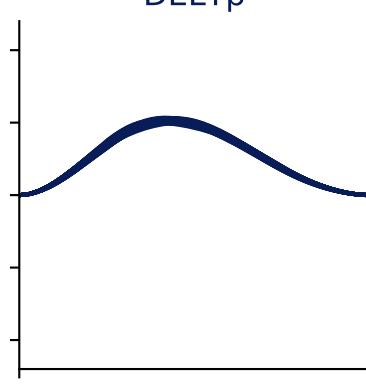
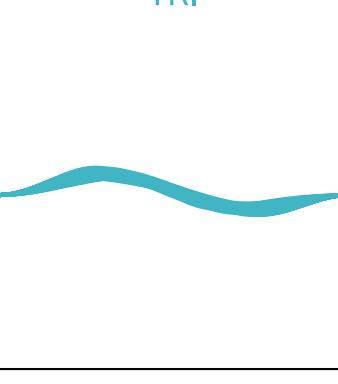
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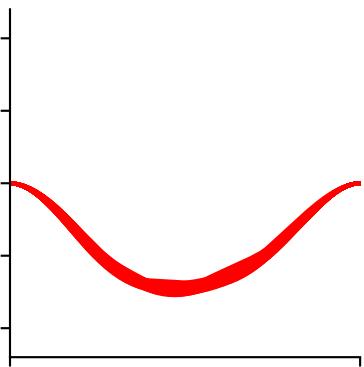
Start

Finish

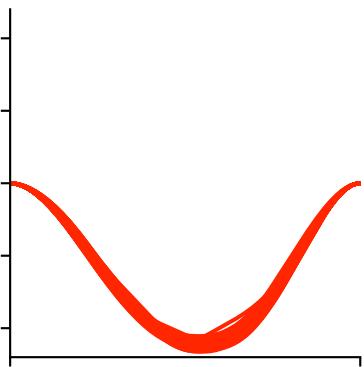


Fixed Initial Position  
Movement Duration : 1 sec

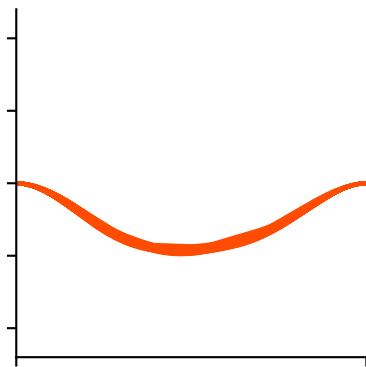
PC



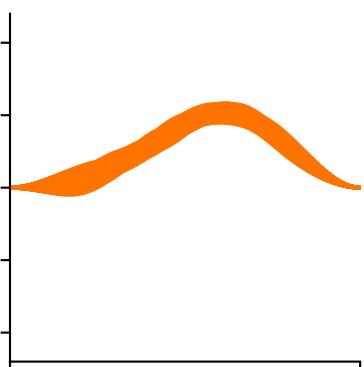
DELTa



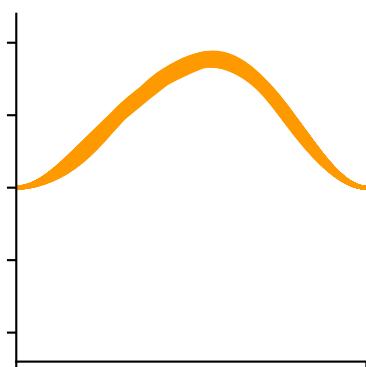
CB



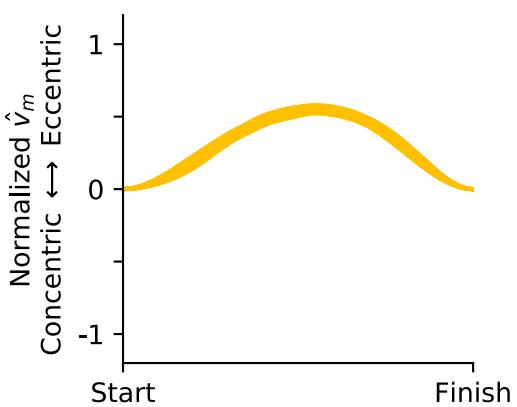
BIC



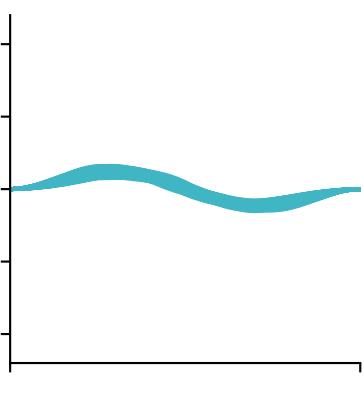
BRD



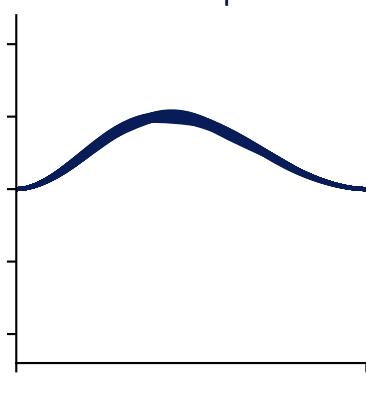
ECRB



TRI

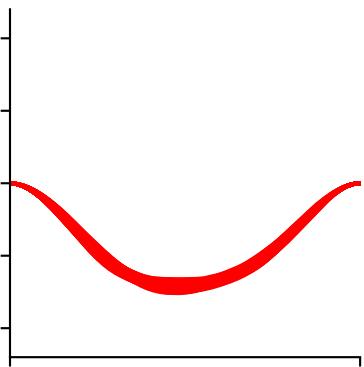


DELTp

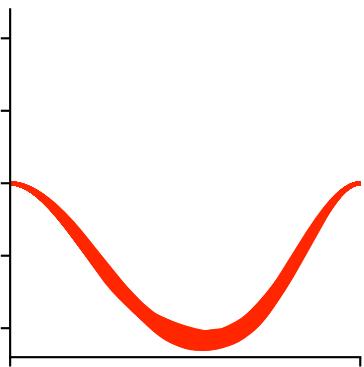


Fixed Initial Position  
Movement Duration : 1 sec

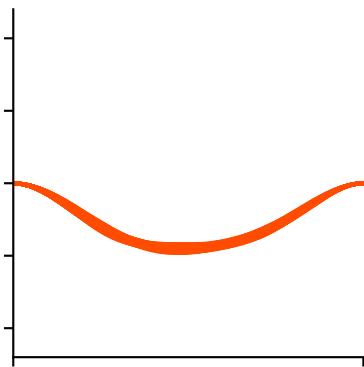
PC



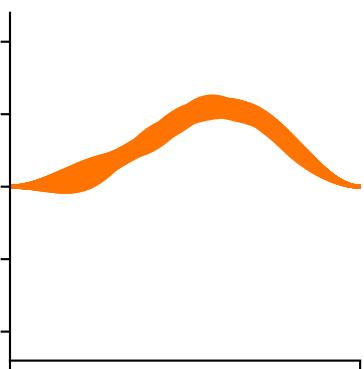
DELTa



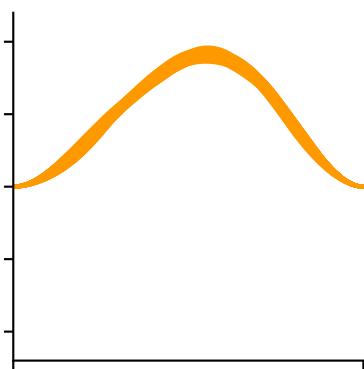
CB



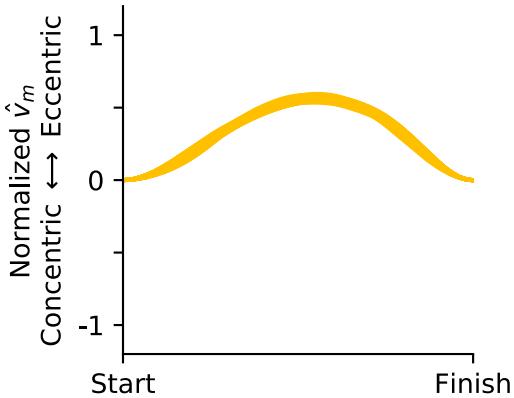
BIC



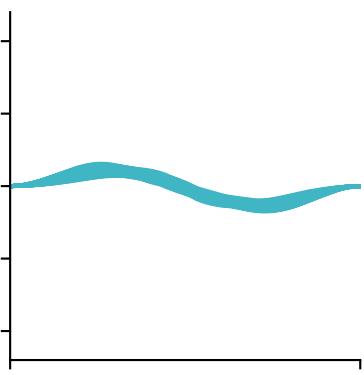
BRD



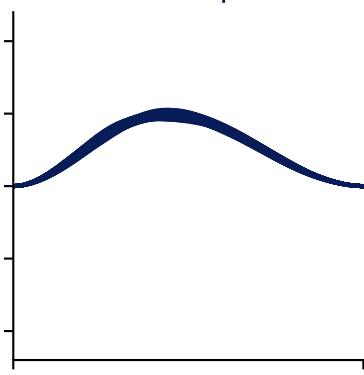
ECRB



TRI



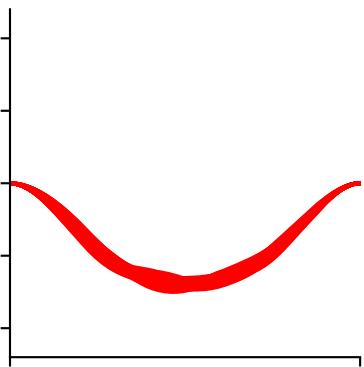
DELTp



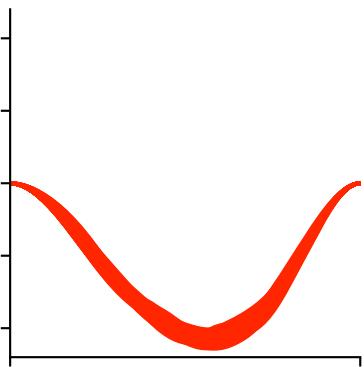
Normalized  $\hat{V}_m$  → Eccentric

Fixed Initial Position  
Movement Duration : 1 sec

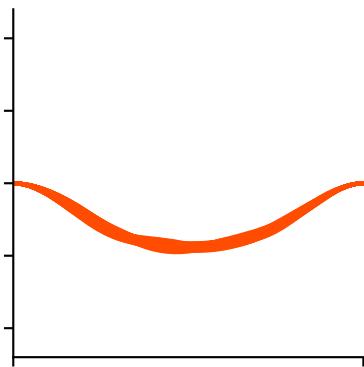
PC



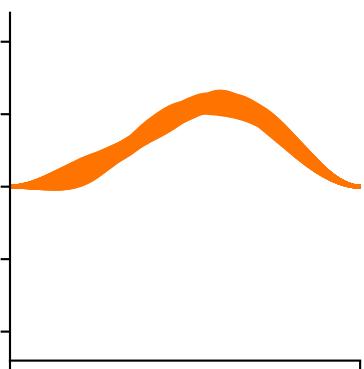
DELTa



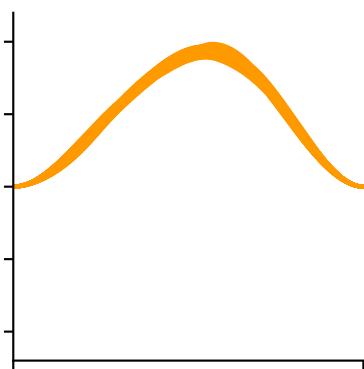
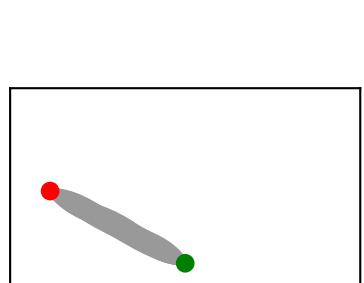
CB



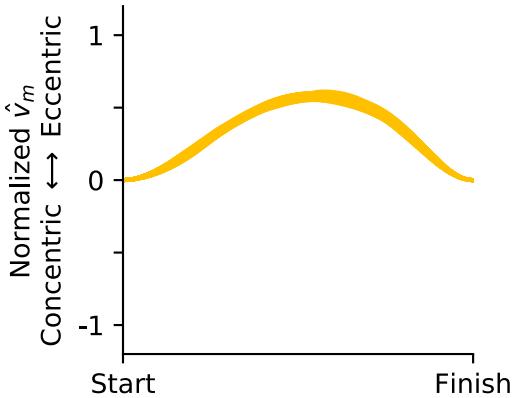
BIC



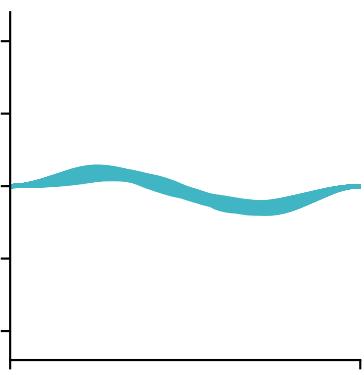
BRD



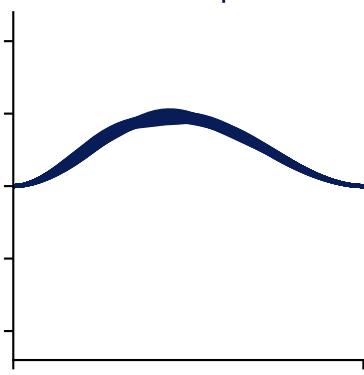
ECRB



TRI

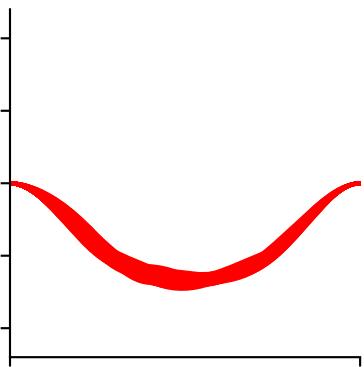


DELTp

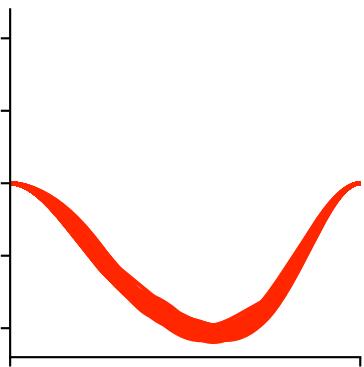


Fixed Initial Position  
Movement Duration : 1 sec

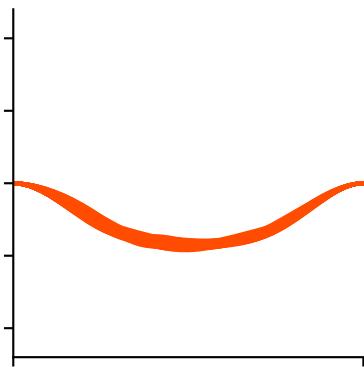
PC



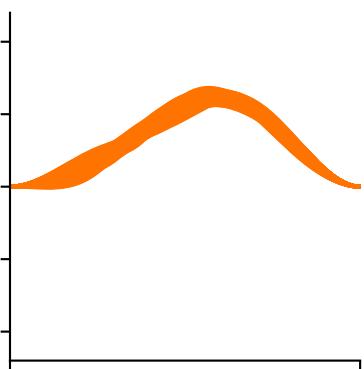
DELTa



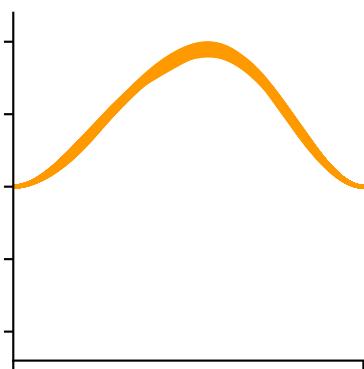
CB



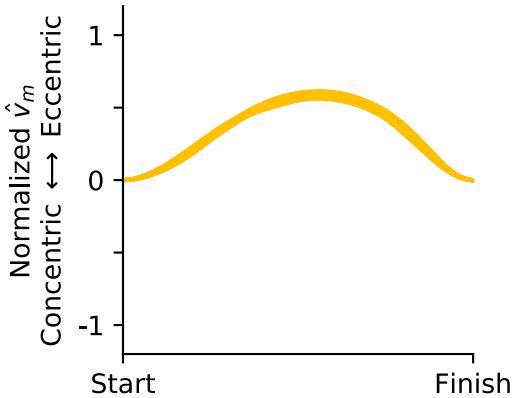
BIC



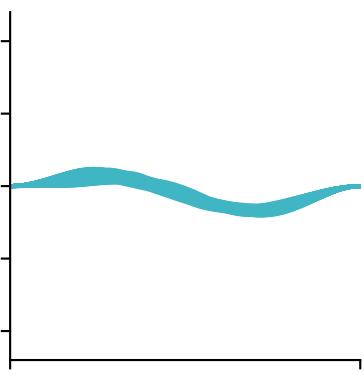
BRD



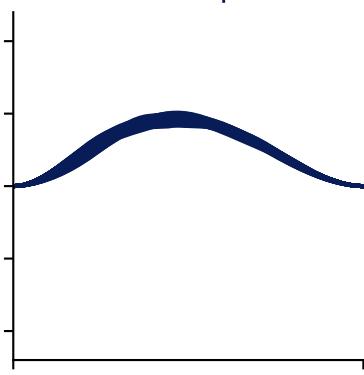
ECRB



TRI

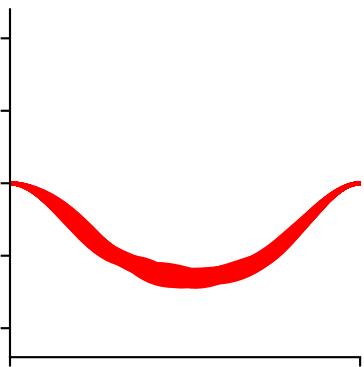


DELTp

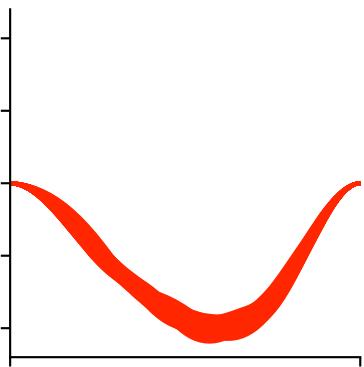


Fixed Initial Position  
Movement Duration : 1 sec

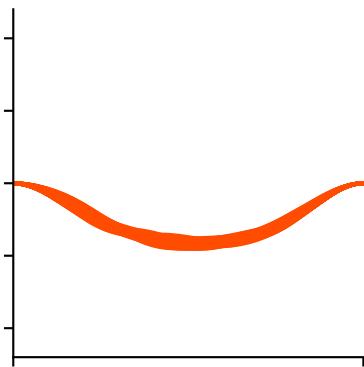
PC



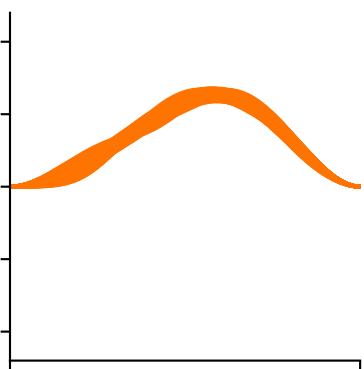
DELTa



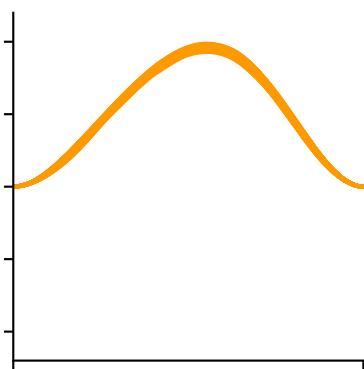
CB



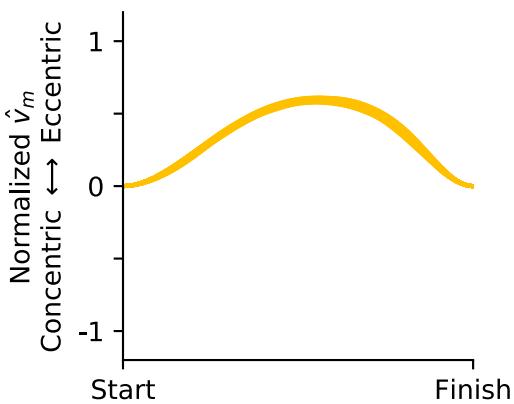
BIC



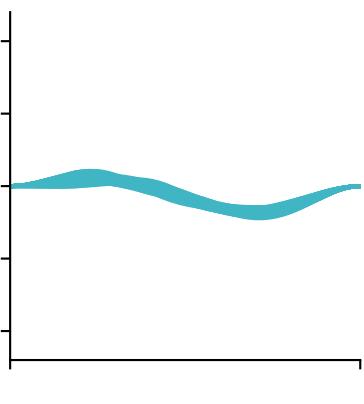
BRD



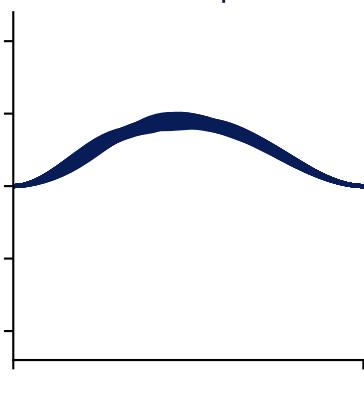
ECRB



TRI



DELTp



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

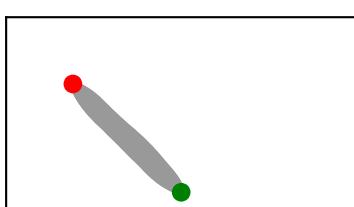
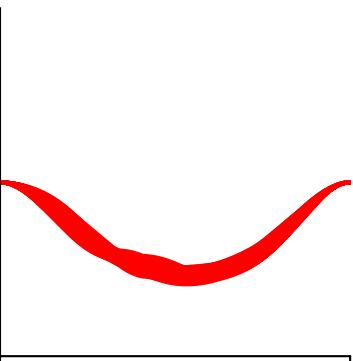
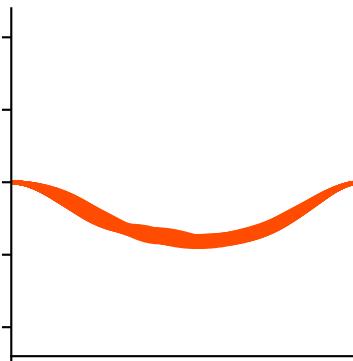
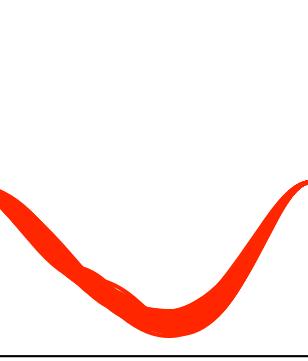
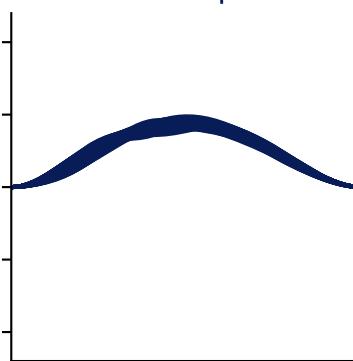
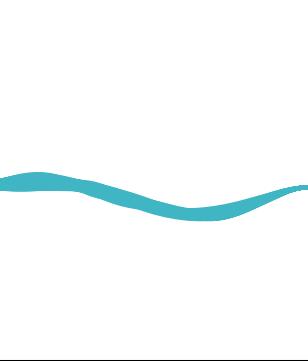
1

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Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

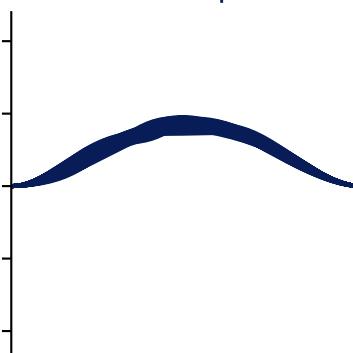
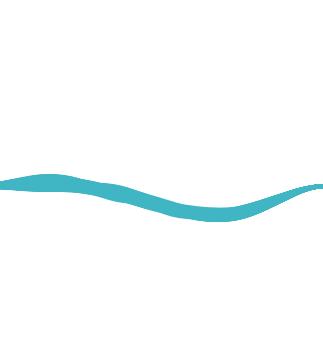
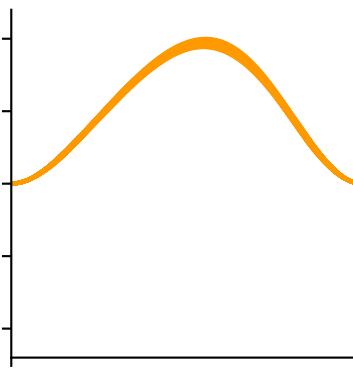
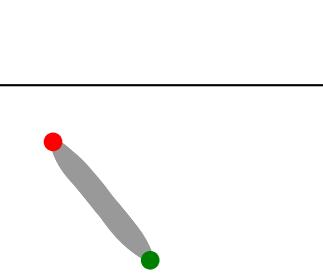
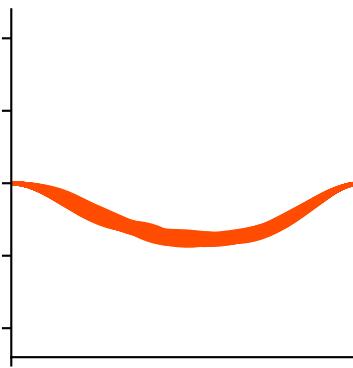
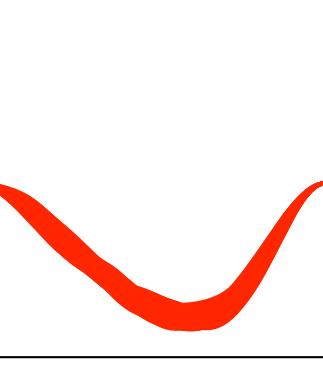
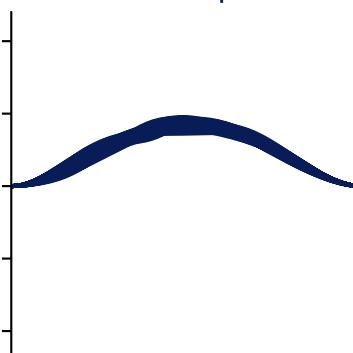
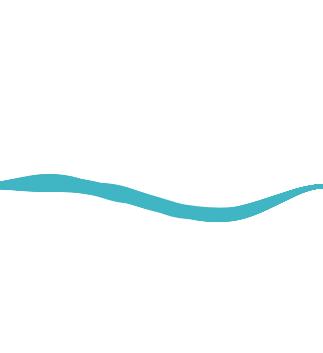
1

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-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

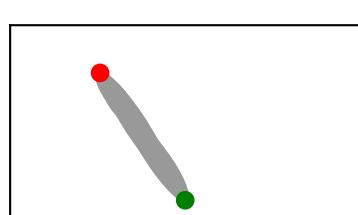
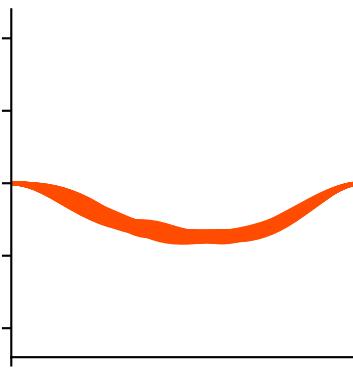
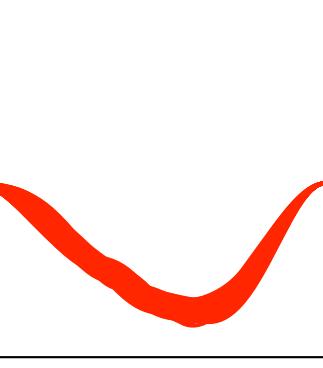
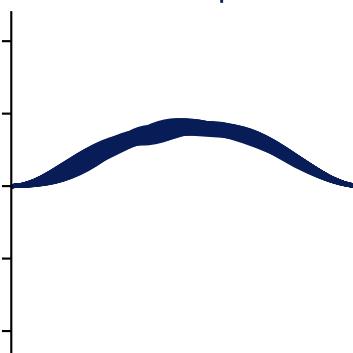
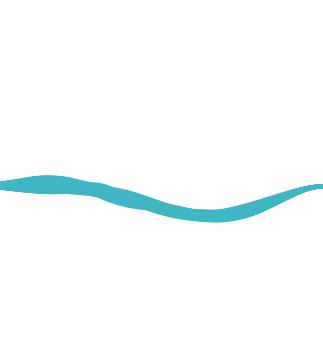
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

0

Start

Finish

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

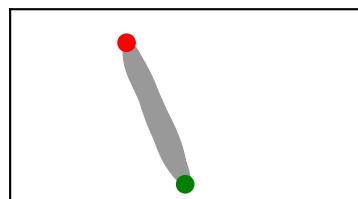
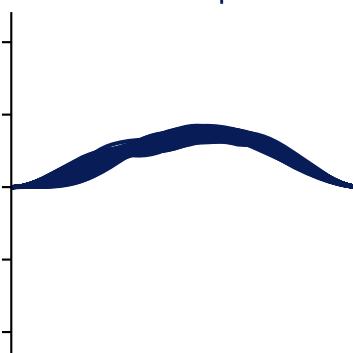
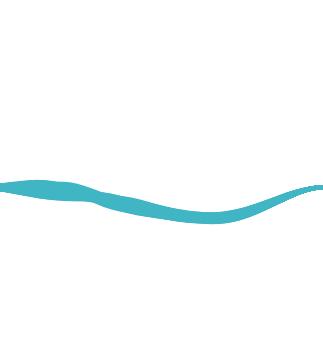
1

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-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

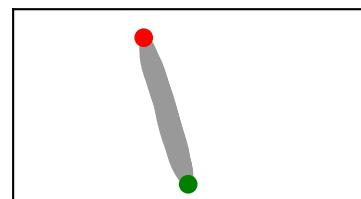
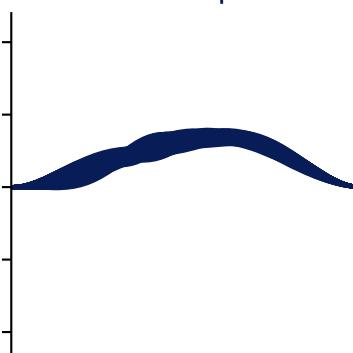
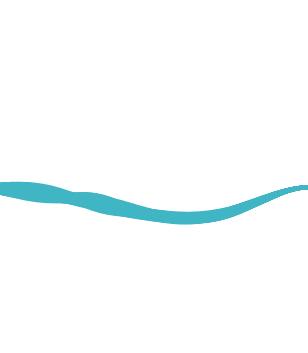
1

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-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

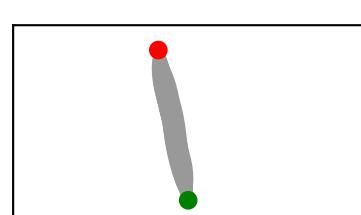
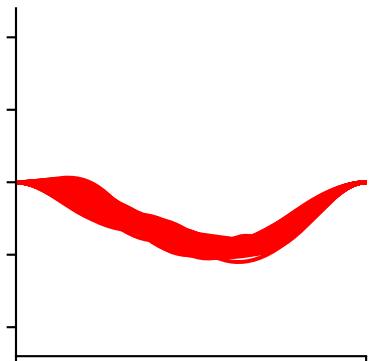
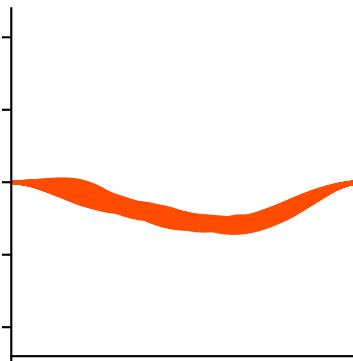
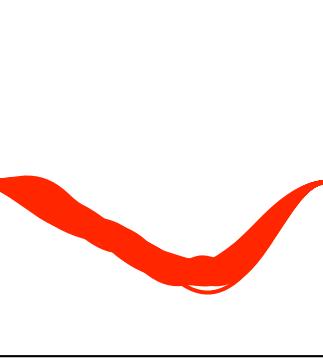
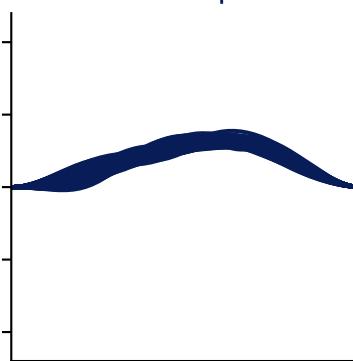
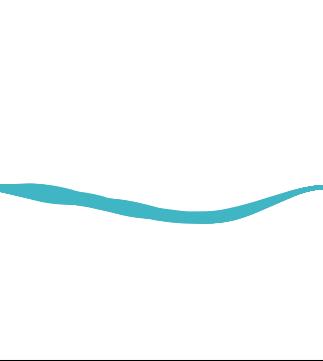
1

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-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

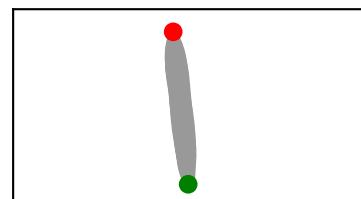
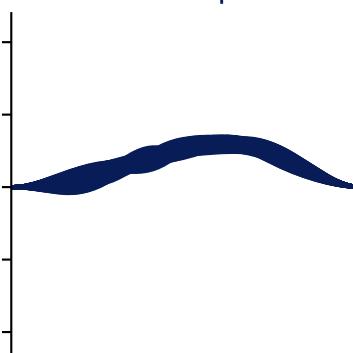
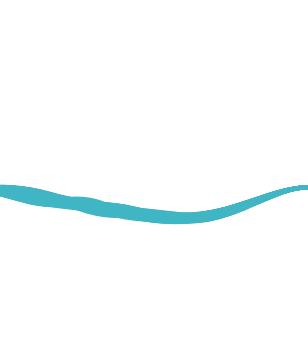
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

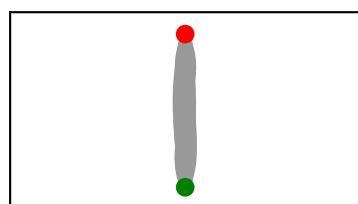
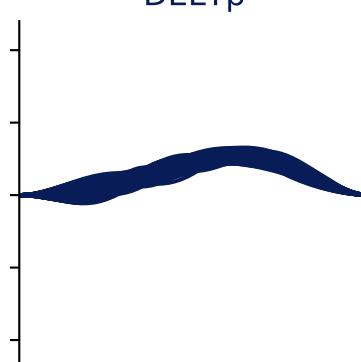
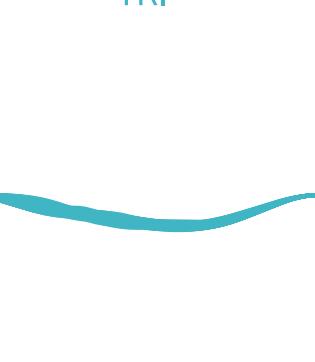
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0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

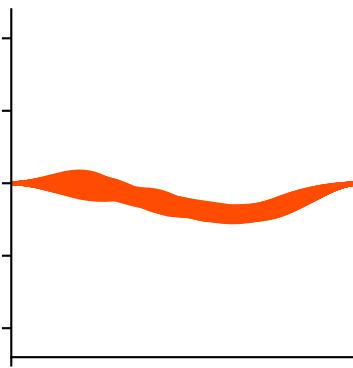
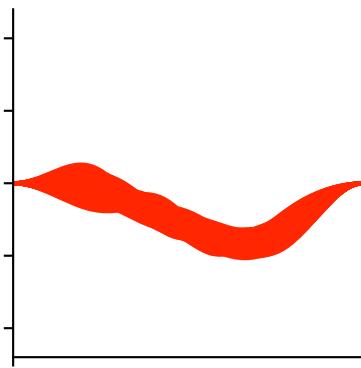
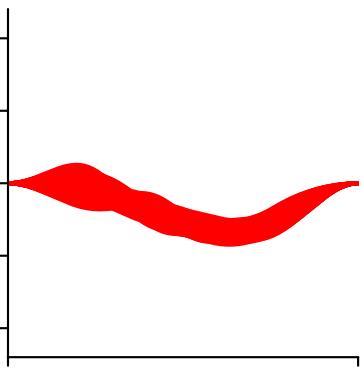
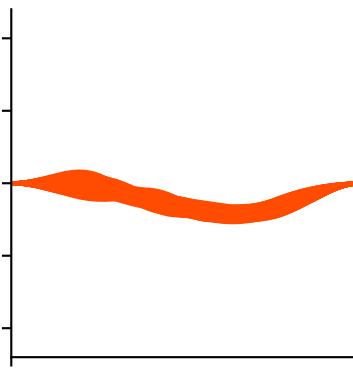
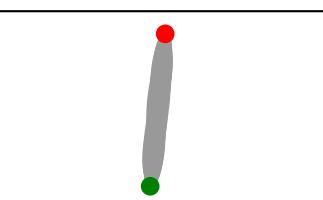
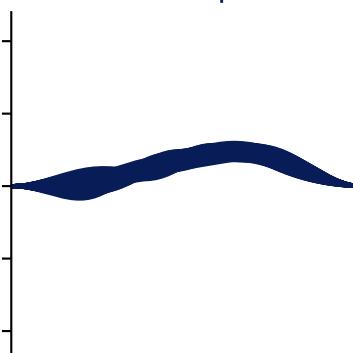
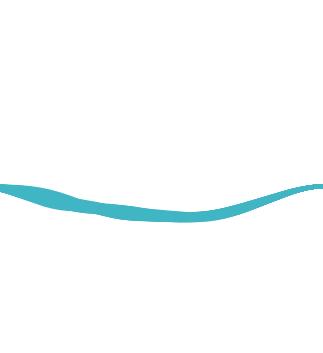
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

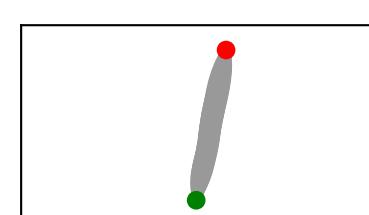
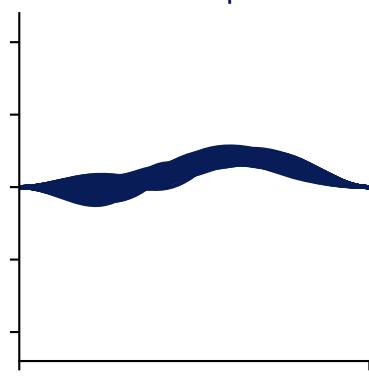
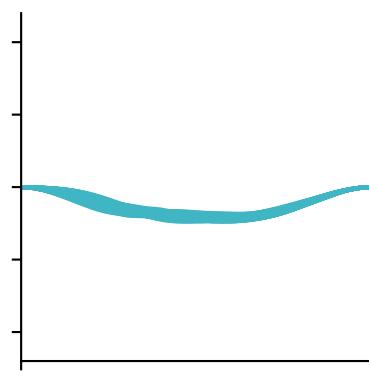
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

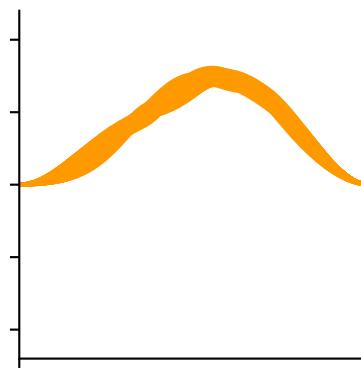
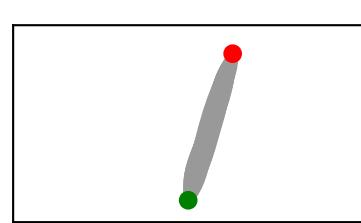
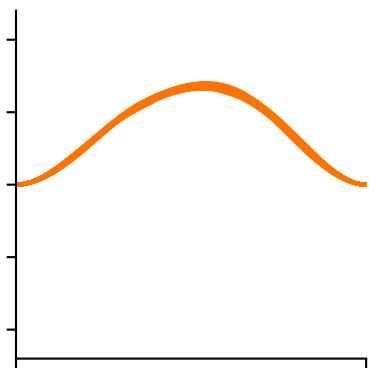
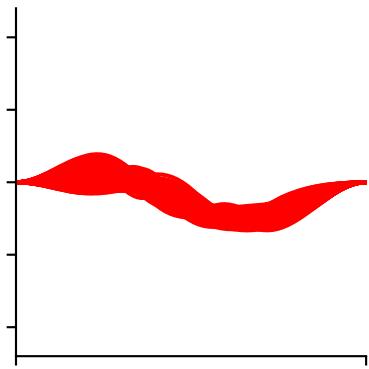
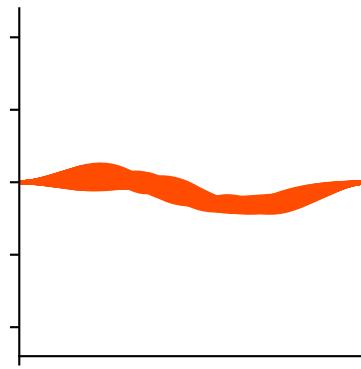
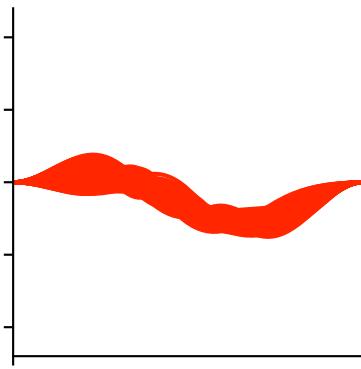
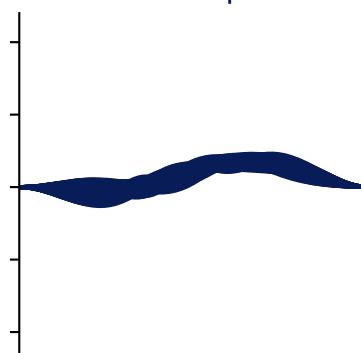
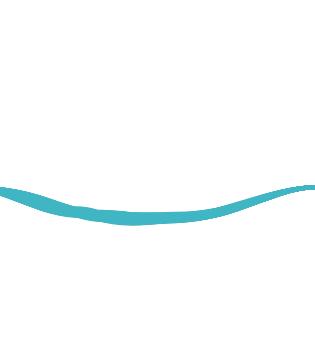
1

0

Start

Finish

-1



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

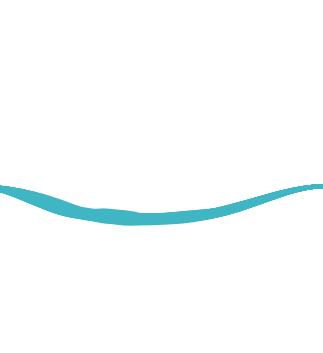
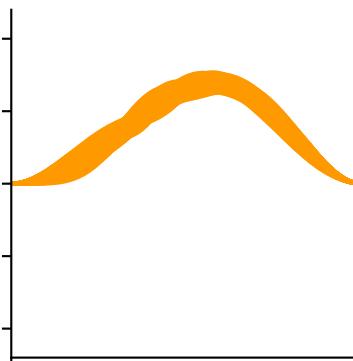
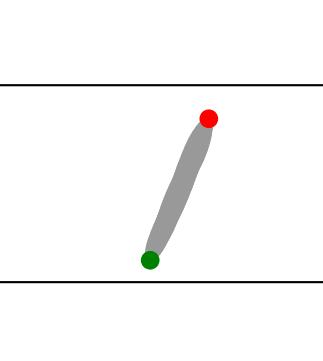
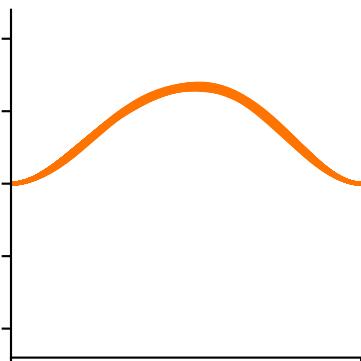
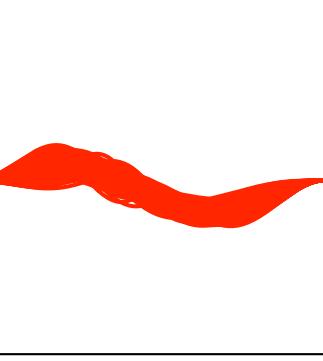
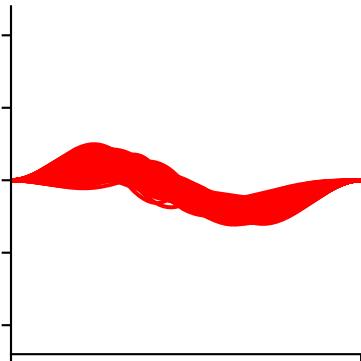
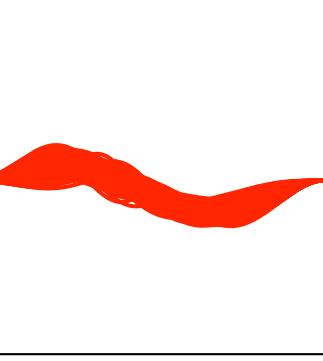
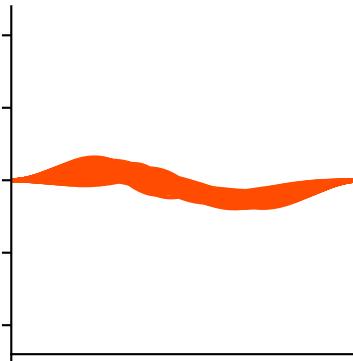
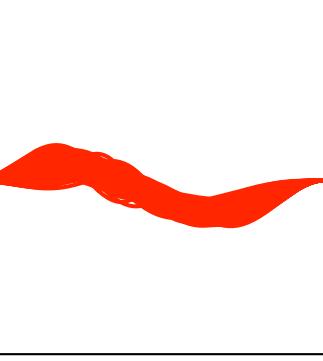
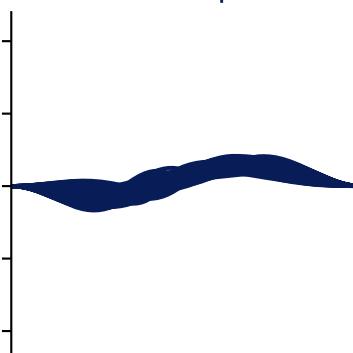
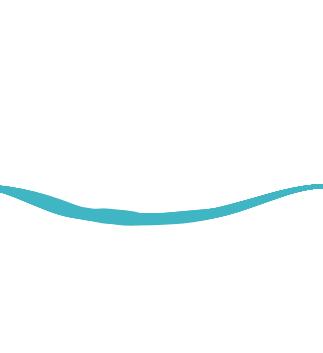
Normalized  $\hat{V}_m$   
Concentric  $\leftrightarrow$  Eccentric

1

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

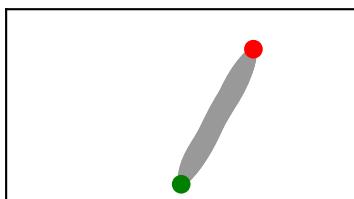
Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\hat{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

0

-1

Start

Finish

Start

Start

Start

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

0

Start

Finish

-1

Time

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

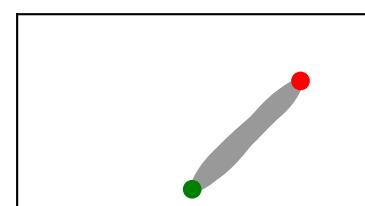
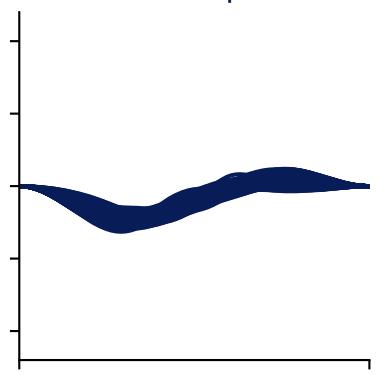
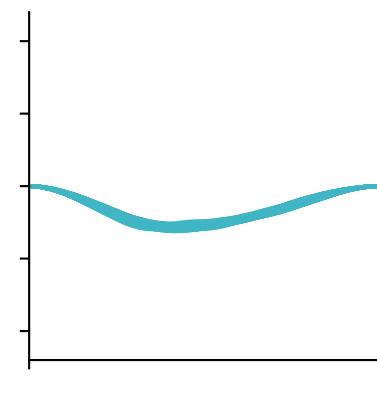
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

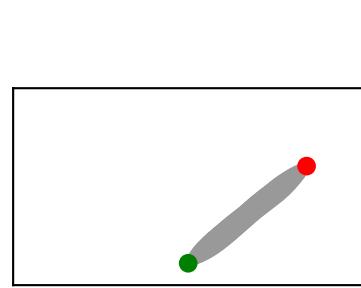
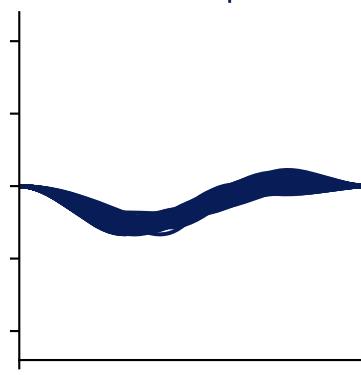
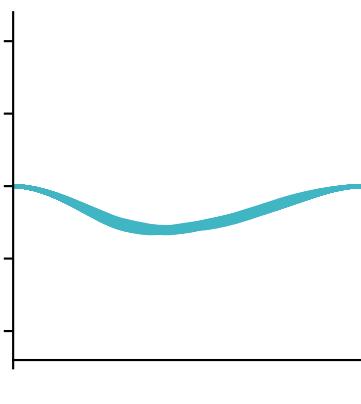
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

1

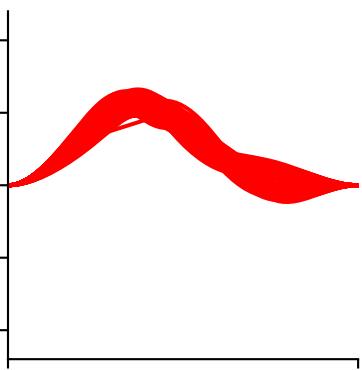
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Start

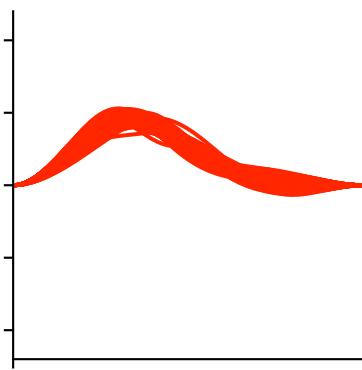
Finish

Fixed Initial Position  
Movement Duration : 1 sec

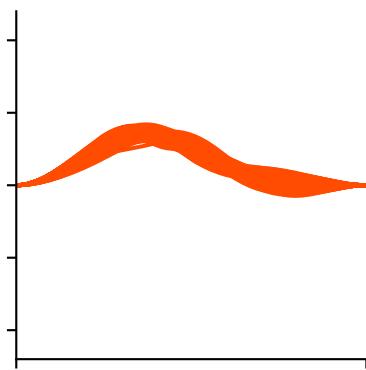
PC



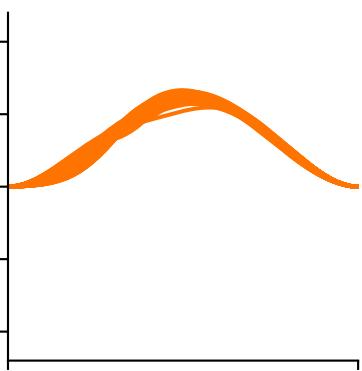
DELTa



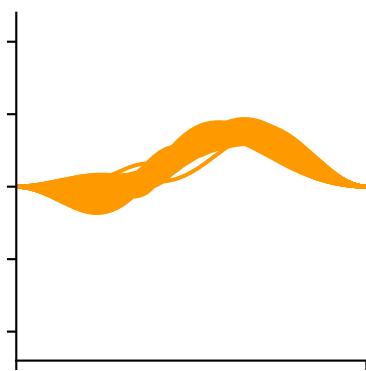
CB



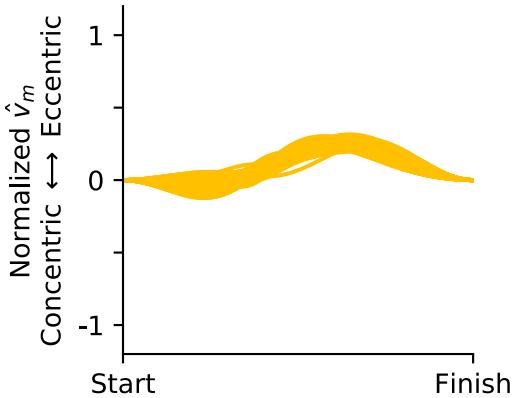
BIC



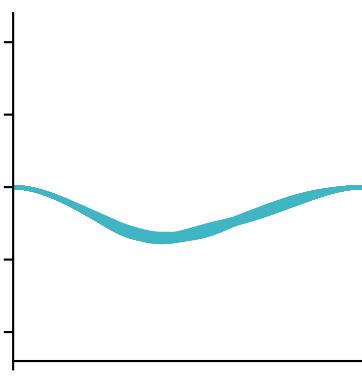
BRD



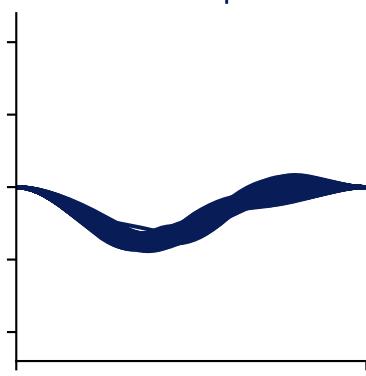
ECRB



TRI



DELTp



Normalized  $\dot{V}_m$  → Eccentric

Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

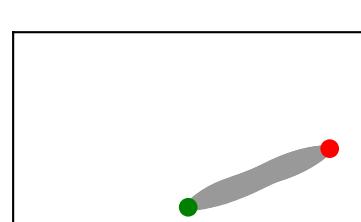
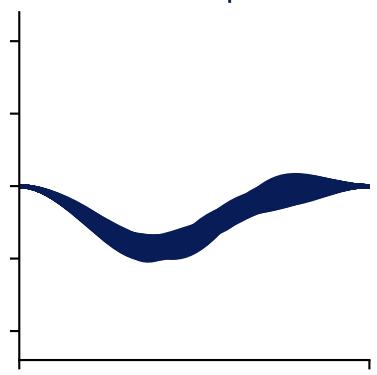
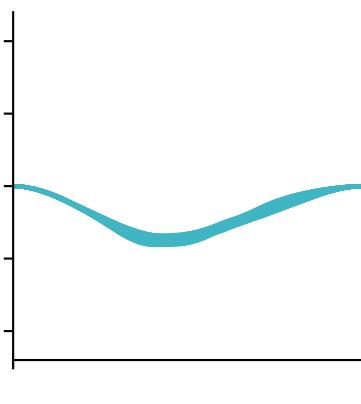
1

0

-1

Start

Finish



Fixed Initial Position  
Movement Duration : 1 sec

PC

DELTa

CB

BIC

BRD

ECRB

TRI

DELTp

Normalized  $\dot{V}_m$   
Concentric  $\rightarrow$  Eccentric

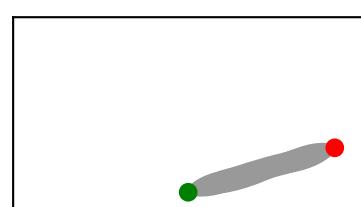
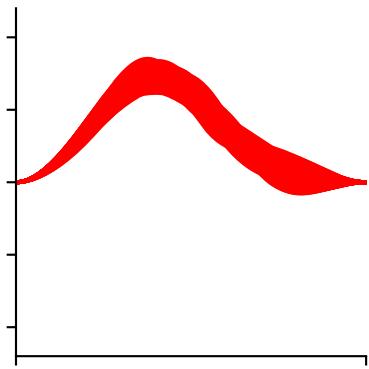
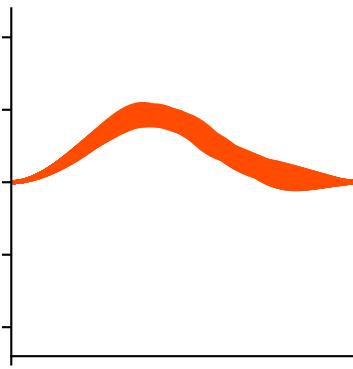
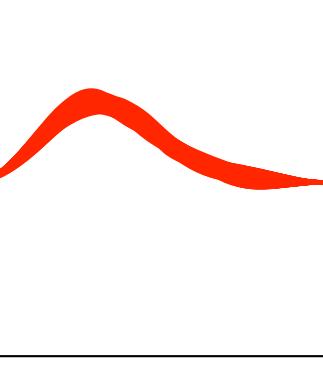
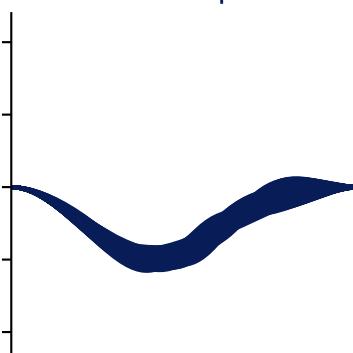
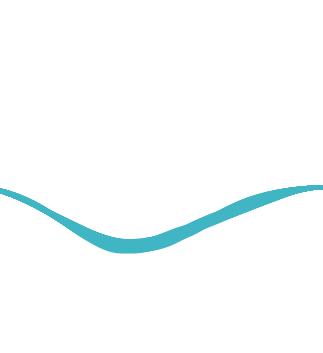
1

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-1

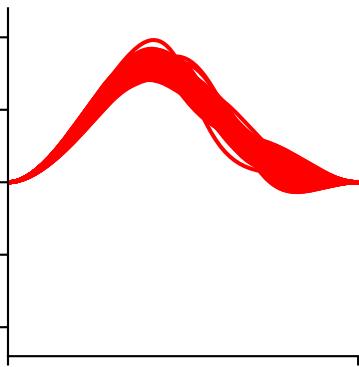
Start

Finish

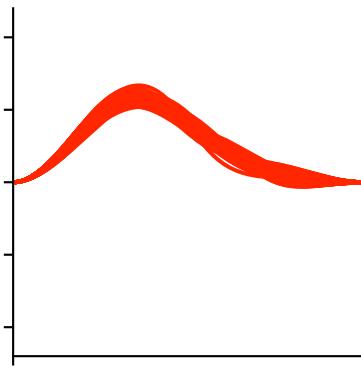


Fixed Initial Position  
Movement Duration : 1 sec

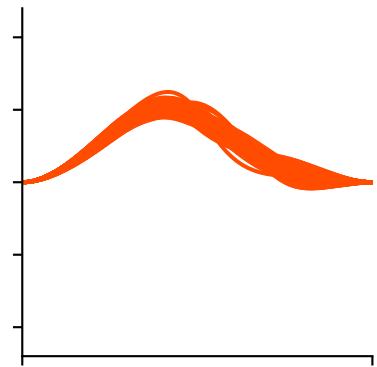
PC



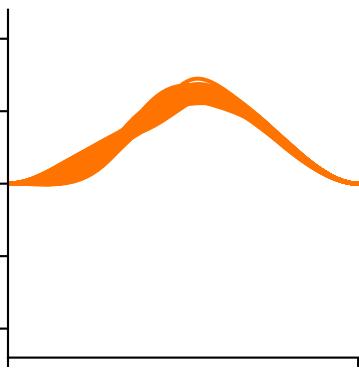
DELTa



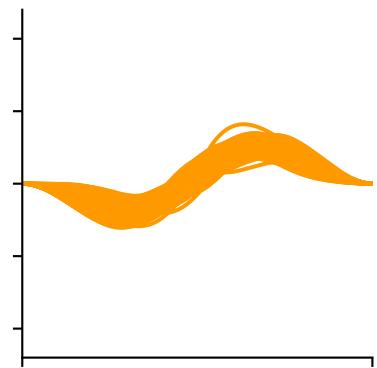
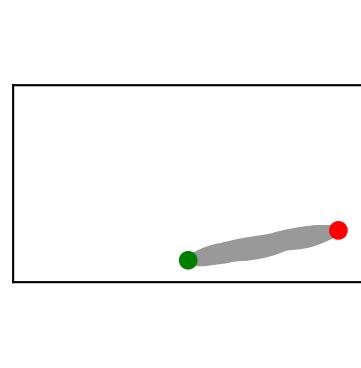
CB



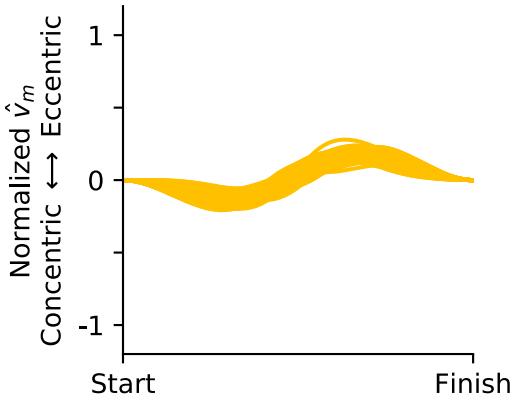
BIC



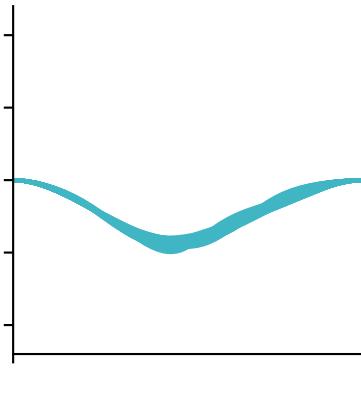
BRD



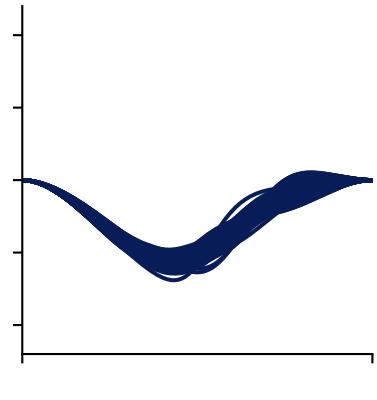
ECRB



TRI



DELTp



Normalized  $\hat{V}_m$  → Eccentric

1

0

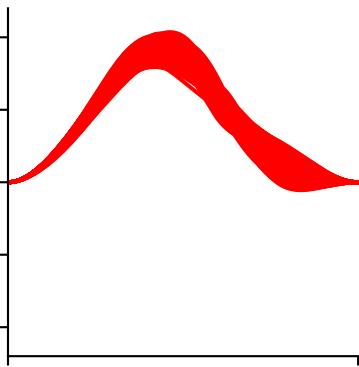
-1

Start

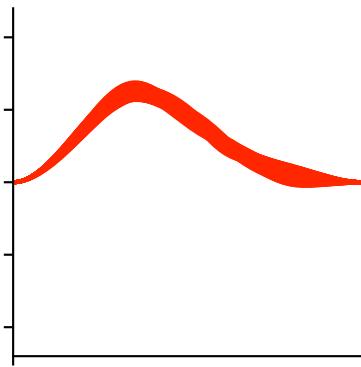
Finish

Fixed Initial Position  
Movement Duration : 1 sec

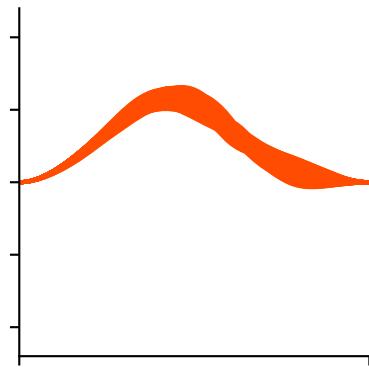
PC



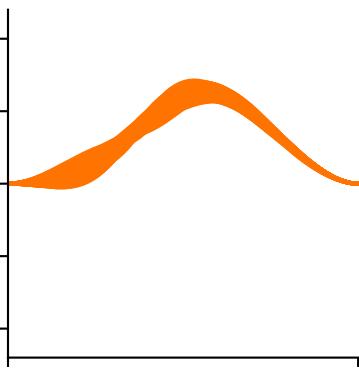
DELTa



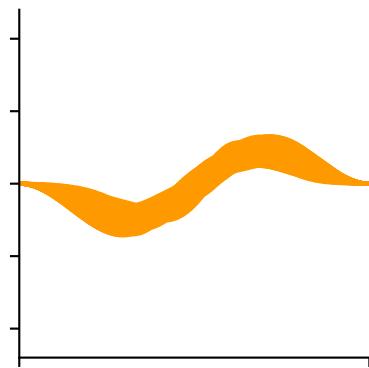
CB



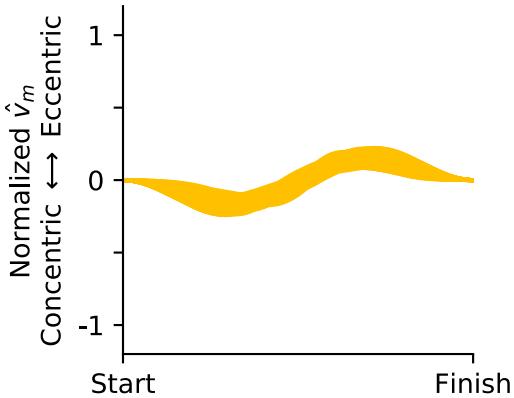
BIC



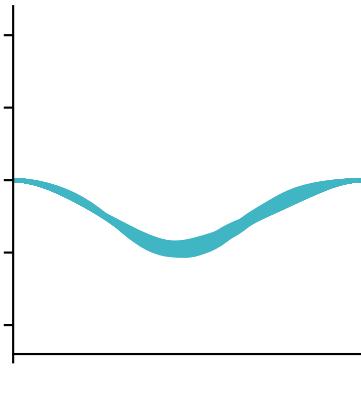
BRD



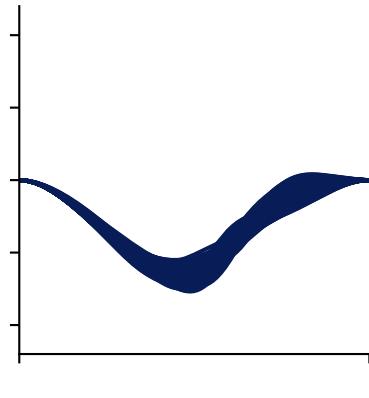
ECRB



TRI



DELTp



Normalized  $\hat{V}_m$  → Eccentric

Concentric ← Eccentric

Fixed Initial Position  
Movement Duration : 1 sec

