

ADOLESCENT MEDICINE

* Minor Consent Laws:

www.guttmacher.org/statecenter/spibs/spib_OMCL.pdf



* Parent of Teens Resource:

parentingteensresourcenetwork.org

* Sports Medicine:

http://www.fairview.org/healthlibrary/content/sma_index.htm



MINORS MAY CONSENT TO ...

	CONTRACEPTION	STI	PRENATAL
MD	All*	All*	All*
VA	All	All	All
DC	All	All	All

* means that physicians may, but are not required to, inform the minor's parents.
The Adol Clinic uses 14 yrs as a rule of thumb

GENERAL PEDIATRICS: Steroids on Formulary

Steroids on Formulary at WR-B (Jan 2014)

Potency Group	Generic Name	Percentage Strength	Brand Name (Alt Brand Name)	Size
Class I	Augmented Betamethasone Dipropionate	0.05% lotion	Diprolene	30 ml
	Clobetasol Propionate	0.05% ointment	Temovate (Cormax)	15 g, 30 g
	Clobetasol Propionate	0.05% cream	Temovate-E (Cormax)	15 ml, 30 ml, 45 ml
	Clobetasol Propionate	0.05% solution	Temovate Scalp (Cormax)	25 ml, 30 ml
	Flurandrenolide	4mcg/cm tape	Cordran	200 cm
Class II	Augmented Betamethasone Dipropionate	0.05% cream	Diprolene AF	15 g
	Betamethasone Dipropionate	0.05% ointment	Diprosone	15 g
	Fluocinonide	0.05% cream	Lidex	15 g, 60 g
	Fluocinonide	0.05% gel	Lidex	15 g, 60 g
	Fluocinonide	0.05% ointment	Lidex	15 g, 60 g
Class III	Fluocinonide	0.05% solution	Lidex	60 ml
	Amcinonide	0.1% cream	Cyclocort	15 g, 60 g
	Betamethasone Dipropionate	0.05% lotion	Diprosone	60 ml
	Fluocinonide Emollient	0.05% cream	Lidex-E	15 g, 60 g
	Hydrocortisone Valerate	0.2% ointment	Westcort	15 g, 60 g
Class IV	Triamcinolone Acetonide	0.1% ointment	Kenalog	15 g, 80 g, 454 g
	Triamcinolone Acetonide	0.2% aerosol	Kenalog	63 g
	Betamethasone Valerate	0.1% cream	Valisone	15 g
	Betamethasone Valerate	0.1% lotion	Valisone	60 ml
	Desonide	0.05% ointment	Tridesilon (DesOwen)	15 g, 60 g
Class V	Flurandrenolide	0.05% lotion	Cordran	60 ml
	Hydrocortisone Valerate	0.2% cream	Westcort	15 g, 60 g
	Triamcinolone Acetonide	0.1% cream	Kenalog (Aristocort EQ)	15 g, 80 g, 454 g
	Triamcinolone Acetonide	0.025% ointment	Kenalog	15 g
	Desonide ☺	0.05% cream	Tridesilon (DesOwen)	15 g, 60 g
Class VI	Fluocinolone Acetonide	0.01% oil	Dermasmooth (Capex)	120 ml
	Triamcinolone Acetonide	0.025% cream	Kenalog	15 g, 80 g
	Hydrocortisone	2.5% cream	(Hytone)	28 g
	Hydrocortisone (OTC) ☺	1% cream		30 g
		0.5% cream		30 g
Class VII		1% lotion		118 ml
		1% ointment		30 g

☺ Safe for facial use

GENERAL PEDIATRICS: ADHD Medications

NAME	DOSAGE	STARTING DOSE	FDA MAX/ DAY	OFF-LABEL MAX/DAY	DURATION OF EFFECT
Adderall	5, 7.5, 10, 12.5, 15, 20, 30 mg tabs 1 mg/mL soln	3-5yr: 2.5 mg qd >6yr: 5mg qd-bid	40 mg	>50kg: 60 mg	4-8 hrs
Dexedrine/ Dextrostat	5, 10 mg tab	3-5yr: 2.5 mg qd	40 mg	>50 kg: 60 mg	4-5 hrs
Adderall XR	5, 10, 15, 20, 25, 30 mg caps	>6 yr: 10 mg qd	40 mg	>50 kg: 60 mg	8-12 hrs
Dexedrine Spansule	5, 10, 15 mg caps	>6 yr: 5 mg qd-bid	40 mg	>50 kg: 60 mg	8-10 hrs
Vyvanse	20, 30, 40, 50, 60, 70 mg tabs	20-30 mg qd	70 mg	Unknown	12-14 hrs
Focalin	2.5, 5, 10 mg tabs	2.5 mg bid	20 mg	50 mg	4 hrs
Ritalin/Methylin	5, 10, 20 mg tabs	5 mg bid to tid	60 mg	>50 kg: 100 mg	3-4 hrs
Metadate ER	10, 20 mg tabs	10 mg qAM	60 mg	>50 kg: 100 mg	4-8 hrs
Metadate CD	10, 20, 30, 40, 50, 60 mg caps	20 mg qAM	60 mg	>50 kg: 100 mg	4-10 hrs, bimodal
Ritalin LA	10, 20, 30 40 mg caps	20 mg qAM	60 mg	> 50 kg: 100 mg	4-10 hrs, bimodal
Concerta	18, 27, 36, 54 mg tabs	18 mg qAM	72 mg	108 mg	8-12 hrs
Daytrana	10, 15, 20, 30 mg transdermal patch	10 mg patch qd	30 mg	Unknown	9-12 hrs
Focalin XR	5, 10, 15, 20 mg caps	5 mg qAM	30 mg	50 mg	12 hrs, bi- modal
Quillivant XR	25 mg/5 mL soln	20 mg	60 mg	60 mg	Peaks @ 5 hrs
Atomoxetine/ Strattera	10, 18, 25, 40, 60, 80 mg caps	< 70 kg: 0.5 mg/kg/ day for 4 days, then 1 mg/kg/day, then 1.2 mg/kg/day in qd or bid doses	Lesser of 1.4 mf/kg/day or 100 mg	Lesser of 1.8 mg/ kg or 100 mg	6-8 hrs
Clonidine	0.1, 0.2, 0.3 mg tabs, patch	<45 kg: 0.05 mg qhs >45 kg: 0.1 mg qhs	27-40.5 kg: 0.2 mg 40.5-45 kg: 0.3 mg >45 kg: 0.4 mg		Peaks in 3-5 hrs, t 1/2 12 -16 hrs
Guanfacine Intuniv	1, 2 mg tabs 1, 2, 3, 4 mg tabs	< 45 kg: 0.5 mg qhs >45 kg: 1 mg qhs	27-40.5 kg: 2 mg 40.5-45 kg: 3 mg >45 kg: 4 mg		Peaks 5 hours, t 1/2 16-18 hrs