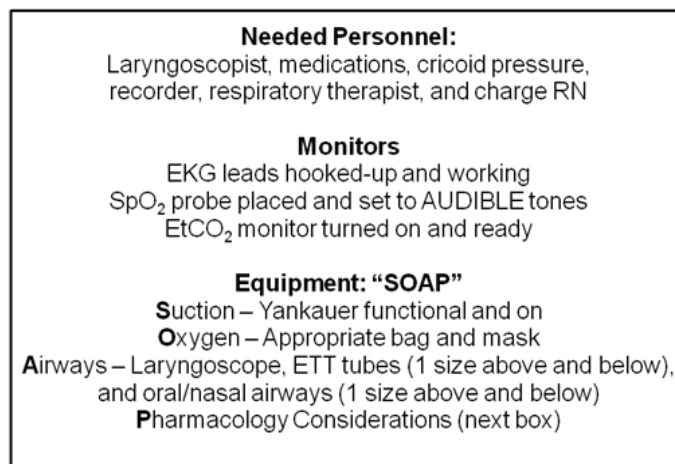
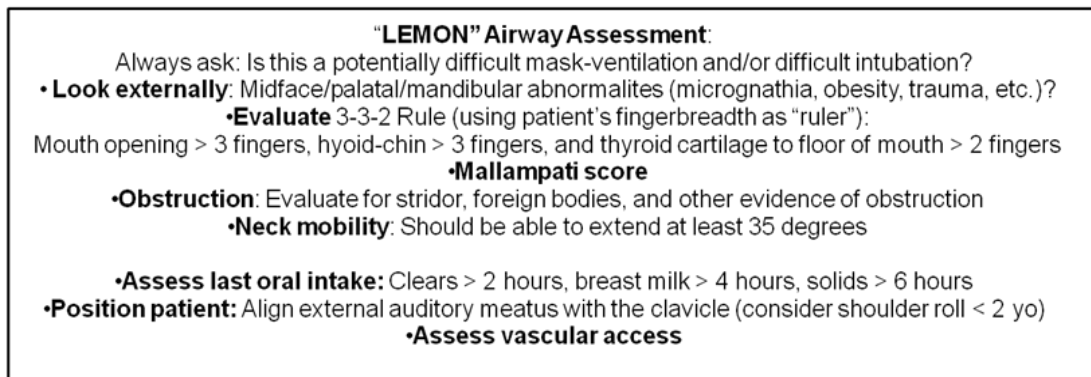
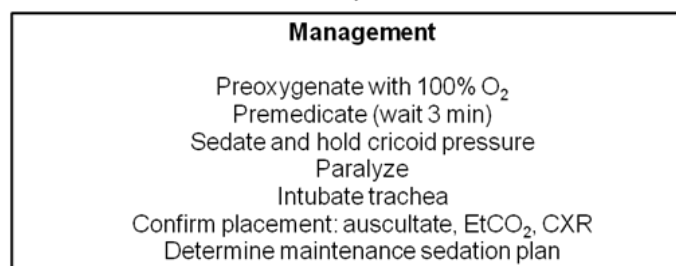


# PICU

## INTUBATION MANAGEMENT ALGORITHM



Medications (see RSI section above)	
<b>Premedications:</b>	
Atropine: All < 5 yo & if using ketamine or succinylcholine	Lidocaine: All patients with increased ICP or head injury
<b>Sedatives/hypnotics:</b> Normotensive : Thiopental, midazolam, etomidate, or propofol Status asthmaticus: Ketamine ± midazolam	
<u>Hypotension</u> Mild: Etomidate, ketamine, or midazolam Severe: Etomidate, ketamine, or none	<u>Head injury</u> Normal BP: Thiopental, propofol, or etomidate Low BP: Etomidate or low-dose thiopental



# PICU

Age (regardless of wt)	Laryngoscope	ETT Size = (Age/4) + 4
Term newborn	Miller 0-1	3.0 cuffed, 3.5 uncuffed
6 months – 1 year	Miller 1	3.5 cuffed, 4.0 uncuffed
1 – 2 years	Miller 1, Mac 1	4.0 cuffed, 4.5 uncuffed
2 – 4 years	Miller 2, Mac 2	4.0 cuffed, 4.5 uncuffed
4 – 6 years	Miller 2, Mac 2	4.5 cuffed, 5.0 uncuffed
6 – 8 years	Miller 2, Mac 2	5.0 cuffed, 5.5 uncuffed
8 – 12 years	Miller 2-3, Mac 2-3	6.0 cuffed, 7.0 uncuffed
12 years and up	Miller 3, Mac 3	7.0 cuffed, 8.0 uncuffed

## RAPID SEQUENCE INTUBATION

<b>ADJUNCTS</b>	
<b>Atropine</b>	0.01 - 0.02 mg/kg/dose IV/IO for < 5 yo to blunt vagal reflex. -Min dose 0.1 mg, max dose child 0.5 mg, max dose adolescent 1 mg
<b>Lidocaine</b>	1 mg/kg/dose IV/IO for patients at risk for increased ICP.

<b>INDUCTION</b>	
<b>Etomidate</b>	0.3 mg/kg/dose IV/IO
<b>Fentanyl</b>	2 - 4 mcg/kg/dose IV/IO/IM
<b>Ketamine</b>	1 - 2 mg/kg/dose IV/IO; 2-4 mg/kg/dose IM.
<b>Midazolam</b>	0.1 - 0.3 mg/kg/dose IV/IO (max 4 mg)
<b>Propofol</b>	2 mg/kg/dose IV/IO
<b>Thiopental</b>	4 - 7 mg/kg/dose IV/IO if normotensive 2 - 4 mg/kg/dose IV/IO if hypotensive

<b>PARALYTICS – Intubation</b>	
<b>Rocuronium</b>	0.6 - 1.2 mg/kg/dose IV/IO
<b>Succinylcholine</b>	1 - 2 mg/kg/dose IV/IO; 2 - 4 mg/kg/dose IM. (Premedicate with atropine for < 5 yo)
<b>Vecuronium</b>	0.1-0.2 mg/kg/dose IV/IO

<b>PARALYTICS – Maintenance</b>	
<b>Cisatracurium</b>	0.1 - 0.2 mg/kg/hr IV/IO
<b>Pancuronium</b>	0.1 mg/kg/hr IV/IO
<b>Vecuronium</b>	0.1 mg/kg/hr IV/IO

# PICU

## STARTING POINTS FOR RESPIRATORY SUPPORT

\*Adjust settings based on clinical status & pre-existing cardiorespiratory disease\*

### Pediatric—Initial Ventilator Settings

Mode: SIMV PC/PS

PEEP: 5      PS: 10 + 5 (i.e. 15)      PIP: 20

FiO<sub>2</sub>: 100% → Wean to at least 40% as soon as possible

Goal Tidal Volumes 6-8 ml/kg.

End Tidal CO<sub>2</sub>: Goal depends on condition.

Normal Lungs Goal of 35-45

ALI/ARDS: Permissive Hypercapnea

Vent Parameter	Definition	Starting Setting
Tidal Volume ( $V_t$ )	Volume given with each mandatory breath	6-10ml/kg, if very stiff lungs (poor compliance) aim lower = 4-6ml/kg
Pressure control (PC)	Inspiratory pressure over PEEP, this is not PIP (PIP=PC+PEEP)	Usually around 14-20cmH <sub>2</sub> O, look for good chest rise and $V_t$
Pressure support (PS)	Support given by the vent for each spontaneous breath	Usually 10cmH <sub>2</sub> O for OETT, lower for tracheostomy
Positive end-expiratory pressure (PEEP)	Pressure left in the circuit at the end of each breath, used to maintain FRC	5cmH <sub>2</sub> O for normal lungs, higher in atelectasis. If >10, paralysis is recommended to avoid a PTX.
Respiratory Rate	# of mandatory breaths/min	Age appropriate
Inspiratory time ( $I_t$ )	Amount of time over which the vent will deliver the set $V_t$ or PC **Remember $I_t$ determines $E_t$ .	Newborn to 1yo: 0.50 – 0.70 s >1 yo: 0.60 – 1 second. $E_t = (60/RR) - I_t$ **
FiO <sub>2</sub>	Fraction of inspired air that is O <sub>2</sub>	Titrate as soon as possible to <60%
Mean Airway Pressure	Not Set → measured by ventilator	Physiologic MAP 8-16cmH <sub>2</sub> O
Peak inspiratory pressure (PIP)	PEEP + PC, not set-just observed	Goal < 30 cmH <sub>2</sub> O to avoid barotrauma

### Pediatric BiPAP:

Rate: Age appropriate

IPAP: 10      EPAP: 5      FiO<sub>2</sub>: 100% → Wean to 40%

### CPAP:

PEEP: Minimum of 5      FiO<sub>2</sub>: 100% → Wean to 40%

### HFNC:

Infant/Child Cartridge: Set Flow and FiO<sub>2</sub>. Max of 8 LPM

Adult Cartridge: Flow can exceed 8 LPM

# PICU

## Glasgow Coma Scale

Activity	Infant	Child/Adult	Score
<b>Eye Opening</b>	Spontaneous	Spontaneous	4
	To speech	To speech	3
	To pain only	To pain only	2
	No response	No response	1
<b>Best Verbal Response</b>	Coos and babbles	Oriented, appropriate	5
	Irritable cries	Confused	4
	Cries to pain	Inappropriate words	3
	Moans to pain	Incomprehensible sounds	2
	No response	No response	1
<b>Best Motor Response</b>	Moves spontaneously & purposefully	Obeys commands	6
	Withdraws to touch	Localizes painful stimulus	5
	Withdraws to pain	Withdraws to pain	4
	Abnormal flexion posture to pain	Flexion response to pain	3
	Abnormal extension posture to pain	Extension response to pain	2
	No response	No response	1

ACUTE PAIN MANAGEMENT			
ANALGESICS			
<b>Acetaminophen</b>	10 – 15 mg/kg/dose (max 1000 mg) PO/PR q 4 – 6 hours PRN Max 90 mg/kg/day up to 4000 mg/day		
<b>Ibuprofen</b>	10 mg/kg/dose PO q 4 – 6 hours PRN (max dose 40 mg/kg/day)		
<b>Ketorolac</b>	0.5 mg/kg/dose IV/IM (max 30 mg) q 6 hours x 72 hours (do not exceed 5 days)		
<b>Trisalicylate</b>	7.5 – 15 mg/kg/dose (max 1.5 g) PO q 6 – 8 hours PRN		
<b>NARCOTICS</b>	Morphine 0.1 mg = Methadone 0.1 mg = Hydromorphone 0.02 mg = Fentanyl 0.001 mg		
<b>Fentanyl</b>	0.5 – 2 mcg/kg/dose IV/IO q 1 - 2 hours PRN		
<b>Hydromorphone</b>	0.015 mg/kg/dose IV/IO q 4 – 6 hours PRN		
<b>Morphine</b>	0.05 – 0.1 mg/kg/dose IV/IO q 2 hours PRN		
<b>Oxycodone</b>	0.05 – 0.15 mg/kg/dose (max 5 mg) PO q 4 – 6 hours PRN		
<b>Patient-Controlled Analgesia (PCA)*</b>	<b>Bolus</b>	<b>Basal</b>	<b>Max Dose</b> (recommended: 0 – 5 doses / hour)
<b>Fentanyl</b>	0.25 – 1 mcg/kg/dose	0.25 – 1 mcg/kg/hour	3 doses / hour; lock out q 10 min
<b>Hydromorphone</b>	0.003 – 0.006 mg/kg/dose	0.003 – 0.006 mg/kg/hour	5 doses / hour; lock out q 7 – 15 min
<b>Morphine</b>	0.01 – 0.03 mg/kg/dose	0.01 – 0.03 mg/kg/hour	5 doses / hour; lock out q 7 – 15 min

\*Child should be ≥ 5 yo and able to understand the PCA concept. Start low and titrate to effect. Use of basal may improve overall analgesia steady-state to include sleep pattern. Consider naloxone infusion for side effect alleviation (below).

SEDATIVES (MAINTENANCE)		
NARCOTICS	Infusion (Titrate as necessary)	
Fentanyl	1 – 6 mcg/kg/hour IV	
Hydromorphone	0.010 – 0.015 mg/kg/hour IV	
Morphine	0.06 – 0.2 mg/kg/hour IV	
Remifentanyl	Load: 0.5 – 1 mcg/kg/dose IV x 1; Infusion: 0.05 – 0.5 mcg/kg/min IV	
Naloxone	Anti-pruritic dosing: 0.25 – 1 mcg/kg/hour IV	
OTHER	Load / PRN	Infusion (Titrate as necessary)
Dexmedetomidine	Load: 0.5 mcg/kg/dose IV x 1	0.2 – 1 mcg/kg/hour IV
Ketamine	0.5 – 2 mg/kg/dose IV q 1 – 2 hours	0.5 – 2 mg/kg/hour IV
Midazolam	0.05 – 0.1 mg/kg/dose IV q 1 – 2 hours	0.05 – 0.1 mg/kg/hour IV
Pentobarbital	1 – 3 mg/kg/dose IV or 2 – 6 mg/kg/dose PO/PR/IM q 2 – 4 hours (max 150 mg)	1-2 mg/kg/hour IV
ADJUNCTS		
Clonidine	5 mcg/kg/day topical patch (in 50 mcg intervals up to 300 mcg patch) Consider enteral load: 2.5 mcg/kg/dose PO q 12 hours x 4 doses	
Diphenhydramine	0.5 – 1 mg/kg/dose (max 50 mg) IV/PO q 6 hours	
Lorazepam	0.05 – 0.1 mg/kg/dose IV/PO q 4 – 8 hours PRN	
Methadone	0.1 mg/kg/dose IV/PO q 4 hours x 3 doses, then q 6 – 12 hours (max dose 10 mg)	

# RENAL

## ACUTE MANAGEMENT OF HYPERKALEMIA

Immediately discontinue all potassium-containing IV fluids, including parenteral nutrition



Hyperventilate patient, if intubated



**Calcium Chloride (10%)** 20 mg/kg/dose (0.2 mL/kg/dose) IV/IO (max 2000 mg), via central line  
**OR**  
**Calcium Gluconate (10%)** 100 mg/kg/dose (1 mL/kg/dose) IV/IO (max 2000 mg)



**Sodium bicarbonate (8.4%)** 1 mEq/kg/dose (1 mL/kg/dose) IV/IO



**Dextrose** 0.5 g/kg/dose IV/IO  
followed by  
**Insulin** 0.1 units/kg/dose IV/IO



**Albuterol** 5 mg INH x 1



**Consider dialysis**

For non-urgent hyperkalemia:  
Consider **Kayexalate** 1 g/kg/dose PO q 6 hours (usual max 15 g)  
Or 1 g/kg/dose PR q 2 – 6 hours (usual max 30 – 50 g)

# RENAL

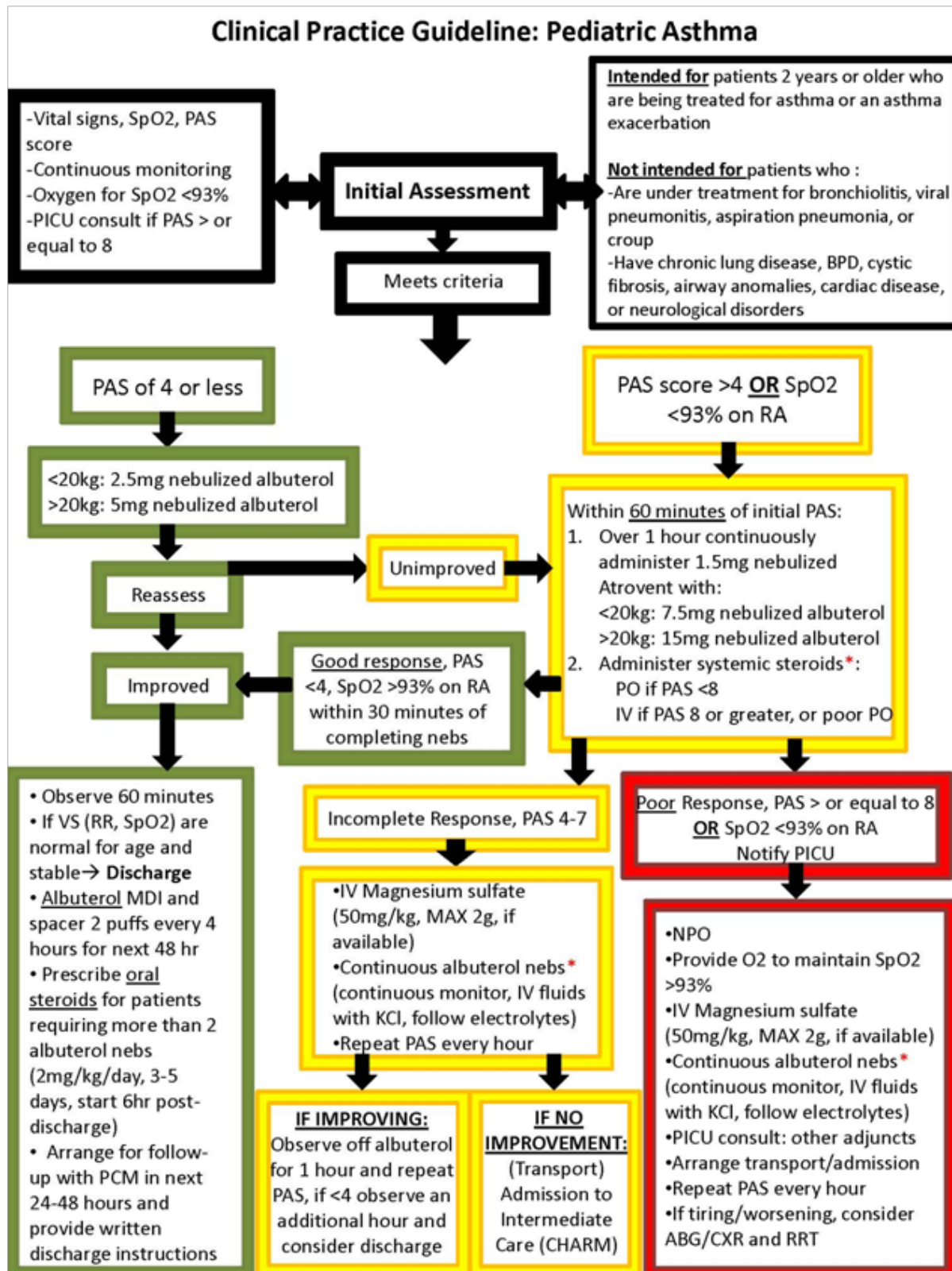
## Other Electrolyte Abnormalities

Abnormality	Differential Dx	Symptoms	Treatment
Hyponatremia (Na<130)	SIADH, CSW, Free water <u>intox</u> , iatrogenic, CAH, diuretics, hepatic or cardiac failure	Lethargy, seizures, coma from cerebral edema	3%NS in mL (if symptomatic) = $0.6 \cdot \text{wt} \cdot (\text{Na}_{\text{normal}} - \text{Na}_{\text{actual}})$
Hypernatremia (Na>145)	DI, dehydration, iatrogenic, free water loss from skin, drugs	Seizures, renal failure, lethargy and coma	Free water deficit (mL) = $[(\text{Na}_{\text{actual}} - \text{Na}_{\text{normal}}) - 1] \cdot 1000 \cdot 0.6 \cdot \text{wt}$
Hypocalcemia (Ca<4.5)	Hypoparathyroidism, multiple <u>pRBC tx</u> , diet, alkalosis, CRRT, <u>Lasix</u> , malabsorption, hyperphosphatemia, hyperlipidemia	<u>Paresthesias</u> , bronchospasm, apnea, seizures, prolonged QT, Rickets, <u>Chvostek</u> sign (facial spasm), Trousseau sign (carpopedal spasm)	Calcium supplementation, need to replete magnesium as well
Hypercalcemia (Ca>10)	Iatrogenic, dietary intake, increased renal absorption or bone destruction, malignancy, Williams syndrome, salicylate ingestion, familial, acidosis	Poor feeding, emesis, FTT, confusion, psychosis, weakness, short QT, renal failure, Nephrogenic DI, Calcinosis	Hydration (IVF at 2-3x maint), low dose loop diuretics; Calcitonin and bisphosphates if severe; CRRT
Hypokalemia (K<3)	Diet, medications, alkalosis, diarrhea, Adrenal-cortical excess, Bartter syndrome	Arrhythmias (PACs, PVCs), mild muscle weakness	<u>KCl</u> supplementation <u>KPhos</u> is poor K supplier
Hyperkalemia (K>6)	Renal failure, acute acidosis, tumor lysis, rhabdomyolysis, <u>pRBCs tx</u> , medications, adrenal insufficiency	Fatal arrhythmias, fatigue, mm weakness, disorientation, palpitations, <u>paresthesias</u>	<u>CaCl</u> , Bicarb ( $\text{NaHCO}_3$ ), insulin/glucose, <u>kayexalate</u> (C BIG K mnemonic) also albuterol, Lasix, +/-CRRT
Hypomagnesemia (Mg<2)	Diarrhea, iatrogenic, diet, insulin for DKA, massive RBC <u>tx</u> , CPB, burns	Symptoms <u>usu</u> from resultant $\downarrow$ Ca: mm weakness, tetany, seizures, hypokalemia	Magnesium <u>supplementation</u>
<u>Hypermagnesemia</u> (Mg>4)	Diet, iatrogenic, massive cellular release	Mm weakness, <u>resp</u> depression, prolonged QT and PR	Hydration and loop diuretic if causing arrhythmias, CRRT if in renal failure
Hypophosphatemia ( <u>Phos</u> <1.5)	$\downarrow$ intake or absorption, $\uparrow$ bone formation, re-feeding syndrome	ATP depletion = hemolysis, WBC failure, plat dysfunction, mm atrophy and weakness, respiratory failure	Phosphate supplementation with <u>KPhos</u> or <u>NaPhos</u>
Hyperphosphatemia ( <u>Phos</u> >9.5)	$\uparrow$ intake or $\downarrow$ renal excretion	Refractory hypocalcemia	Hydration, stop <u>Phos</u> sources; Phosphate binders



# PULMONOLOGY

## WRNMMC Asthma Clinical Practice Guideline



\***Prednisone:** 2mg/kg po to MAX of 80mg  
**Methylprednisolone:** 2mg/kg IV to MAX of 80mg  
**Dexamethasone:** 6mg po for 7-10kg 10mg po for 10-20kg;  
 16mg po for 20-30kg

\***Continuous Albuterol:** 5mg/hr for 5-10kg  
 10mg/hr for 10-20kg  
 15mg/hr for 20-30kg

# PULMONOLOGY

## WRNMMC Asthma Clinical Practice Guideline

**Admit Criteria:** Unable to wean Albuterol to every 4 hours or SpO<sub>2</sub> less than 93% on room air

### PICU

- Requires terbutaline infusion
- Requires continuous nebs
- Consideration for Heliox
- Change in mental status
- Impending respiratory failure
- Noninvasive ventilation required

### General Ward

- Albuterol no more than every 2 hours
- Normal mental status

### Pediatric Asthma Score

Characteristic	0	1	2
<b>Respiratory Rate<sup>1</sup></b>			
1 -3 years	≤ 34	35 – 39	≥ 40
4 – 5 years	≤ 30	31 – 35	≥ 36
6 – 12 years	≤ 26	27 – 30	≥ 31
> 12 years	≤ 23	24 – 27	≥ 28
<b>O<sub>2</sub> Saturation<sup>2</sup></b>	> 93% on RA	89 – 93% on RA	≤ 88% on RA
<b>Auscultation</b>	Normal BS	Expiratory Wheezes	Insp and Exp Wheezes to Diminished BS
<b>Retractions<sup>3</sup></b>	≤ 1 accessory muscle	2 accessory muscles	≥ 3 accessory muscles
<b>Dyspnea</b>	Speaks full sentences, playful, <u>and</u> good oral intake	Speaks partial sentences, short cry, <u>or</u> poor oral intake	Speaks short phrases, grunting, <u>or</u> unable to PO

<sup>1</sup>Respiratory rate must be obtained over a 30-second time period and then multiplied by 2.

<sup>2</sup>O<sub>2</sub> requirement must be obtained after the patient has been on room air for 2 minutes.

<sup>3</sup>Accessory muscle use includes the following:

- 1) Nasal flaring
- 2) Supra-sternal muscle group use
- 3) Intra-costal muscle group use
- 4) Sub-sternal muscle group use

Weaning Guidelines:

Wean from cont. nebs → q2 if score ≤ 4

Wean from q2 → q4 if score ≤ 1

Discharge if score on q4 ≤ 1

If asthma score ≥ 5 and patient is on q2 nebs, increase to continuous nebs

If asthma score ≥ 2 and patient is on q4 nebs, increase to q2 nebs

# EMERGENCY FORMULARY

## RESUSCITATION

<b>Adenosine</b>	0.1 mg/kg/dose (max 6mg) rapid bolus IV/IO. If no effect, repeat 0.2 mg/kg/dose, (max 12mg rapid IV/IO).
<b>Amiodarone</b>	5 mg/kg/dose IV/IO bolus (max 300mg) if pulseless arrest. If pulse present, give over 20-60 minutes Repeat to daily max 5 mg/kg (or 2.2g).
<b>Atropine</b>	0.02 mg/kg/dose IV/IO or 0.04 - 0.06 mg/kg/dose ETT. Min dose 0.1 mg, max dose child= 0.5 mg, max dose adolescent 1 mg. Repeat q 5 min to max total dose= 1 mg child, 2 mg adolescent.
<b>Calcium Chloride (10%)</b>	20 mg/kg/dose (0.2 mL/kg/dose) IV/IO slow push during arrest (max 2000 mg)
<b>Calcium Gluconate (10%)</b>	100 mg/kg/dose (1 mL/kg/dose) IV/IO slow push during arrest (max 2000 mg)
<b>Dextrose</b>	0.5 to 1 g/kg/dose IV/IO - D10 5-10 mL/kg for < 2 mo - D25 2-4 mL/kg for 2 mo to 2 yrs - D50 1-2 mL/kg for > 2 yrs
<b>Epinephrine</b>	<u>Pulseless Arrest, Bradycardia (w/symptoms):</u> 0.01 mg/kg/dose (0.1 mL/kg/dose) 1:10,000 IV/IO q 3 to 5 minutes (max 1 mg; 10 mL) 0.1 mg/kg/dose (0.1 mL/kg/dose) 1:1,000 ETT q 3 to 5 minutes. <u>Anaphylaxis:</u> 0.01 mg/kg/dose (0.01 mL/kg/dose) 1:1,000 IM (max 0.5 mg) Auto-injector 0.3 mg/dose (wt ≥ 30 kg) or Auto-Jr. 0.15 mg/dose (wt 10-30kg)
<b>Insulin (HyperK+)</b>	0.1 units/kg/dose IV/IO, following 0.5 g/kg/dose of dextrose
<b>Magnesium sulfate</b>	25 – 50 mg/kg/dose IV/IO bolus (pulseless VT) or over 10 to 20 minutes (VT with pulses)
<b>Sodium bicarb 8.4%</b>	1 mEq/kg/dose (1 mL/kg/dose) IV/IO; dilute 1:1 with sterile water for neonates.
<b>Vasopressin</b>	0.5 units/kg/dose (max 40 units) IV/IO. Push for pulseless arrest.

# EMERGENCY FORMULARY

## CARDIOVERSION / DEFIBRILLATION

<b>SVT or VT w/ pulse</b>	<u>CARDIOVERT</u> : 0.5 – 1 joules/kg synchronized x 1; if no response, 1-2 joules/kg synchronized.
<b>VF or Pulseless VT</b>	<u>DEFIBRILLATE</u> : 2 joules/kg x 1, 4 joules/kg x 2; adult: monophasic 360 joules, biphasic 200 joules.

## REVERSAL

<b>Naloxone</b>	<u>Respiratory depression</u> 0.001 mg/kg/dose IV/IO/IM/SQ every 1-2 minutes until respirations adequate <u>Respiratory arrest / full reversal</u> 0.1 mg/kg/dose IV/IO/IM/SQ (max 2 mg/dose)
<b>Flumazenil</b>	0.01 mg/kg/dose (max dose 0.2mg) IV/IO Repeat q1 min to max total dose 0.05 mg/kg/dose or 1 mg as necessary.

## POST-RESUSCITATION

<b>DOBUTamine</b>	2 – 20 mcg/kg/min IV/IO
<b>DOPamine</b>	2 – 20 mcg/kg/min IV/IO
<b>Epinephrine</b>	0.03 – 1 mcg/kg/min IV/IO
<b>Milrinone</b>	<u>Loading dose</u> : 50 mcg/kg/dose IV/IO over 5 min <u>Infusion</u> : 0.25 – 1 mcg/kg/min IV/IO
<b>Norepinephrine</b>	0.05 – 1 mcg/kg/min IV/IO
<b>Phenylephrine</b>	0.1 – 4 mcg/kg/min IV/IO
<b>Vasopressin (Pressor)</b>	0.3 – 2 milliunits/kg/MIN (18 – 120 milliunits/kg/HOUR) IV/IO

## MISCELLANEOUS

<b>Albumin</b>	0.5 g/kg/dose (5%: 10 mL/kg; 25% : 2 mL/kg)
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# EMERGENCY FORMULARY

## ANTI-HYPERTENSIVES

<b>Esmolol</b>	<u>Load</u> : 500 mcg/kg IV x 1 <u>Infusion</u> : 25 – 300 mcg/kg/min IV, repeat load PRN
<b>Hydralazine</b>	0.1 – 0.5 mg/kg/dose (max 20 mg) IV/IM q 4 – 6 hours PRN
<b>Labetolol</b>	0.25 – 1 mg/kg/dose (usual max 20 mg) IV q 10 min PRN <u>Infusion</u> : 0.25 – 1 mg/kg/hour IV
<b>NICARDipine</b>	0.5 – 5 mcg/kg/min IV
<b>NitroPRUSSIDE</b>	0.5 – 10 mcg/kg/min IV; monitor CN and thiocyanate for > 4 mcg/kg/min.

*Aim for a 10% drop in BP during a hypertensive crisis—no more than that!*

## DIURETICS

<b>Bumetanide</b>	<u>≤ 6 mo</u> : 0.01 – 0.05 mg/kg/dose (max 1 mg) IV/PO daily <u>&gt; 6 mo</u> : 0.02 – 0.1 mg/kg/dose (max 10 mg) IV/PO daily <u>Adult</u> : 2 mg IV/PO daily - BID
<b>Chlorothiazide</b>	10 – 20 mg/kg/dose IV/PO q 12 hr (max IV 500 mg/dose; max PO 188 mg/dose for < 2 y; max PO 1000 mg/dose >2 y)
<b>Furosemide</b>	1 – 2 mg/kg/dose IV/PO q 6 – 24 hours (usual starting max 20 mg) <u>Infusion</u> : 0.05 – 0.3 mg/kg/hour
<b>Spirolactone</b>	1 mg/kg/dose (max 100 mg) PO q 12 hrs

# EMERGENCY FORMULARY

## ENDOCRINE

<b>Vasopressin (DI)</b>	0.5 – 3 milliunits/kg/HOUR; titrate to maintain UOP < 2 ml/kg/hour.
<b>STEROIDS</b>	Dexamethasone 1 mg = Methylprednisolone 5 mg = Hydrocortisone 20 mg
<b>Dexamethasone</b>	<u>Airway edema</u> : 0.1 – 0.6 mg/kg/dose (max 10 mg) IV q6h x 4 – 6 doses. <u>Croup</u> : 0.6 mg/kg IM/PO x 1
<b>Methylpred-nisolone</b>	<u>Loading dose for asthma</u> : 2 mg/kg/dose IV x 1 <u>Maintenance</u> : 0.5 – 1 mg/kg/dose (usual max 60 mg) IV q 6 – 12 hours
<b>Hydrocortisone</b>	<u>Stress Dose</u> : 50 mg/m <sup>2</sup> /dose (max 100 mg) IV x 1, then 25 mg/m <sup>2</sup> /dose (usual max 75 mg) IV q 6 hours. <u>Maintenance dose</u> : 5 mg/m <sup>2</sup> /dose (usual max 10 mg) IV q 8 hours.

## RESPIRATORY

<b>Albuterol</b>	2.5 mg/dose in 3 mL NS nebulized; may repeat q 20 minutes x 3 or . . . <u>Continuous</u> : 0.5 mg/kg/hr (max 20 mg/h) * <u>&lt; 7.5 kg</u> : 2.5 mg/hour INH * <u>7.5 – 14.9 kg</u> : 5 mg/hour INH * <u>15 – 29.9 kg</u> : 10 mg/hour INH * <u>&gt; 30 kg</u> : 20 mg/hour INH
<b>Epinephrine</b>	0.01 mg/kg (0.01 mL/kg) 1:1,000 SQ/IM (max 0.5 mg)
<b>Ipratropium</b>	0.25 – 0.5 mg/dose INH q 4-6 hours
<b>Magnesium sulfate</b>	75 mg/kg/dose IV x 1 over 15 – 20 minutes (max 2000 mg); monitor for <sup>-</sup> BP
<b>Terbutaline</b>	<u>Load</u> : 10 mcg/kg/dose IV x1 over 30min <u>Infusion</u> : 0.4 – 6 mcg/kg/min IV.

# EMERGENCY FORMULARY

## SEIZURE

<b>Diazepam</b>	0.2 mg/kg/dose IV/IO q15 – 30 min PRN <u>&lt; 5 yo</u> : 0.5 mg/kg/dose PR q2hr PRN <u>6 – 11 yo</u> : 0.3 mg/kg/dose PR q2hr PRN <u>≥ 12 yo</u> : 0.2 mg/kg/dose PR q2hr PRN
<b>Fosphenytoin</b>	<u>Load</u> : 20 mg PE/kg/dose IV x 1 <u>Maintenance</u> : 2 mg PE/kg/dose IV q8hrs
<b>Lorazepam</b>	0.05 – 0.1 mg/kg/dose (usual max 4 mg) q 15 min PRN.
<b>Phenobarbital</b>	<u>Load</u> : 20 mg/kg/dose IV x 1 <u>Maintenance</u> : 2.5 mg/kg/dose IV/PO q12h

## CEREBRAL EDEMA

<b>Hypertonic saline (2 or 3% NaCl)</b>	3 mL/kg IV over 30 minutes <u>Note</u> : 1 mL/kg of 3% NaCl will increase serum sodium ~ 1 mEq/L
<b>Mannitol</b>	0.25 grams/kg/dose IV over 20 – 30 minutes PRN x 1

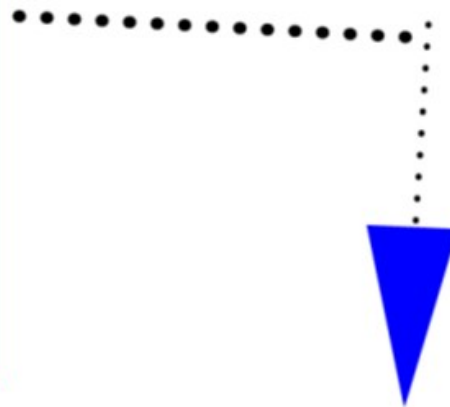
Pediatric Parameters & Equipment												
Age	Birth	3mo	6mo	1 yr	2 yr	3 yr	4 yr	6 yr	8 yr	12 yr	14 yr	
Wt (kg)	3.5	6	8	10	12	14	16	20	25	40	50	
~BSA (m <sup>2</sup> )	0.24	0.34	0.42	0.49	0.56	0.62	0.68	0.79	0.92	1.3	1.5	
HR	80-190	80-160	80-160	80-160	80-130	80-130	80-120	75-115	70-110	65-110	60-105	
RR	30-50	24-38	24-38	22-30	22-30	22-30	20-24	20-24	18-24	16-22	14-20	
SBP*	60-90	70-110	70-110	70-110	74-110	76-110	78-115	82-115	86-120	94-125	98-130	
DBP	35-60	40-60	40-60	40-60	45-60	50-65	50-70	55-75	60-80	60-80	65-85	
BP Cuff	Neo	Infant	Small Child	Small Child	Child	Child	Child	S. Adult	S. Adult	Adult	Adult	
BVM	Infant	Infant	Child	Child	Child	Child	Child	Child	Child/Adult	Adult	Adult	
Oral Airway	Infant 50mm	Small 60mm	Small 60mm	Small 60mm	Child 70mm	Child 70mm	Med 80mm	Med 90mm	Med 90mm	Large 100mm	Large 100mm	
ETT Blade	#0-1	#1	#1	#1	#2	#2	#2	#2	#2-3	#3	#3	
ETT Size**	2.5-3.5	3.5-4.0	3.5-4.0	4.0-4.5	4.0-4.5	4.5-5.0	4.5-5.0	5.0-5.5	5.5-6.5	6.0-7.0	7.0-8.0	
Suction Cath	6 Fr	8-10 Fr	8-10 Fr	8-10 Fr	10 Fr	10 Fr	10 Fr	10 Fr	10 Fr	12 Fr	14 Fr	
NGT	5-8 Fr	5-8 Fr	8-10 Fr	8-10 Fr	10 Fr	10 Fr	10-12 Fr	12-14 Fr	14 Fr	14-18 Fr	14-18 Fr	
Foley	6 Fr	8 Fr	8 Fr	8 Fr	8 Fr	8 Fr	8 Fr	10 Fr	12 Fr	14 Fr	14 Fr	
IV Access	22-24g	22-24g	20-24g	20-24g	18-22g	18-22g	18-22g	18-20g	18-20g	16-20g	16-20g	
Central Line	4 Fr 8cm	4 Fr 9cm	4 Fr 12cm	5 Fr 8cm	5 Fr 8cm	5 Fr 12cm	5 Fr 12cm	5 Fr 15cm	5 Fr 15cm	7 Fr 15cm	7 Fr 15cm	

\*Hypotension = Systolic BP ≤ 70 + (2 × age in years over 1 year); < 1 mo SBP ≤ 60; 1 mo – 1yr SBP ≤ 70

\*\*ETT Size = [Age (years) + 16] / 4; Use cuffed tube for ≥ 6.0; ETT Depth = 3 × ETT I.D. or (age in years/2) + 12



# PEDIATRIC RAPID RESPONSE TEAM



## WHEN to call the Rapid Response Team:

AGE	Abnormal Heart Rate (Beats/Minute)	Abnormal Resp Rate (Breaths/min)	Abnormal Systolic BP (mm Hg)
Neonate (<28d.o.)	<80 or >200	<20 or >70	<60
Infant (1mo-12mo)	<80 or >190	<20 or >65	<65
Toddler (1-2 yrs)	<65 or >180	<16 or >60	<70
Pre-school (2-6 yrs)	<60 or >170	<10 or >50	<75
School age (7-11 yrs)	<50 or >160	<10 or >40	<80
Adolescent (>12yrs)	<40 or >140	<10 or >35	<85

- O2 sat < 90 despite supplemental O2, (unless well documented baseline saturation i.e. cyanotic heart disease)
- Worrisome changes in heart rate, blood pressure, respiratory rate or work of breathing.
- Worrisome change in mental status (ex. Unexplained agitation or Depressed LOC)
- Staff member or patient's family concerned about patient's deteriorating status.
- Patient being considered for CHARM status independent of vital sign changes or the above criteria.

## HOW to call the Rapid Response Team:

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