contrast values

-1	-0.3	-0.1	+0.1	+0.3	+1
6.7	6.0	5.4	5.4	6.0	6.7
6.3	5.6	5.0	5.0	5.6	6.3
4.4	3.9	3.5	3.5	3.9	4.4
4.1	3.6	3.2	3.2	3.6	4.1