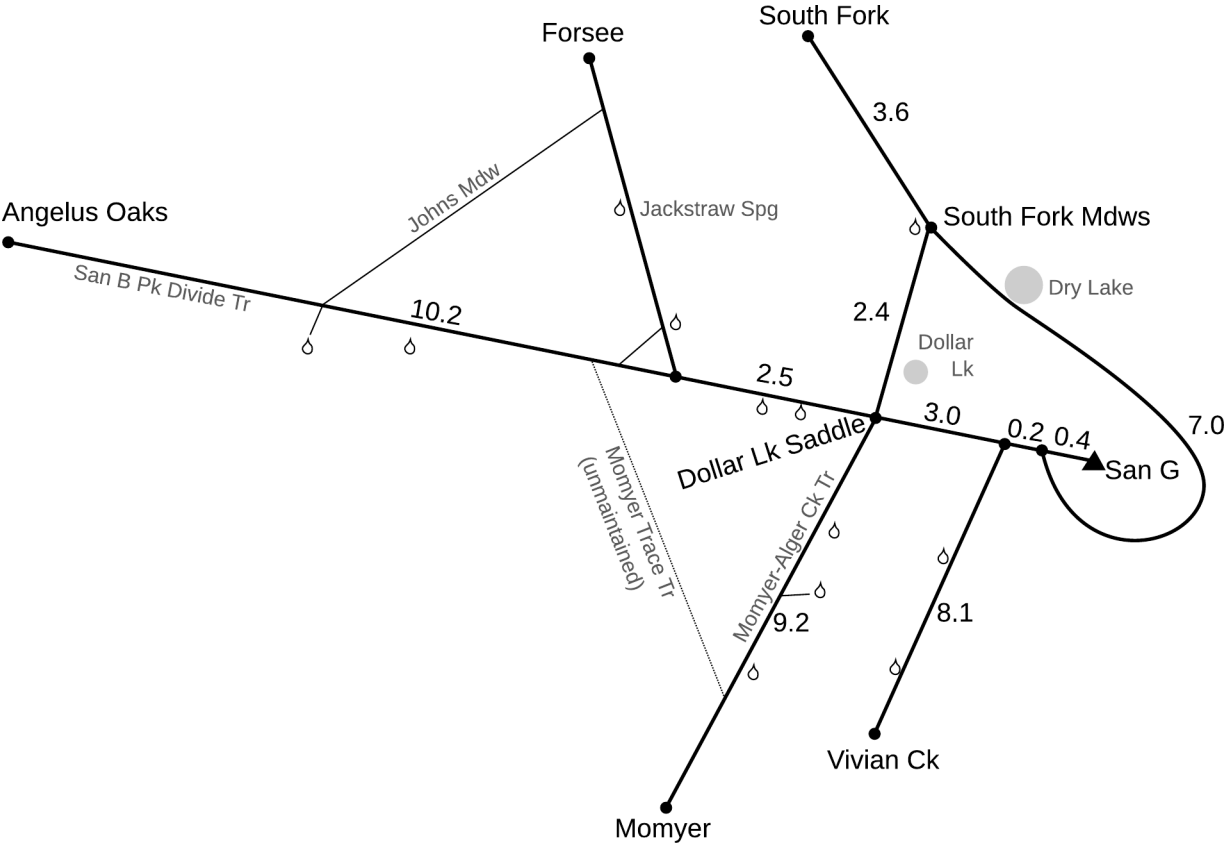


# Summary of the trail system of the San Geronio Wilderness



The water drop symbol indicates a water source. Some of these may not run year-round or in dry years.

<i>trailhead</i>	<i>miles to the summit (round trip)</i>	<i>climb factor*</i>	<i>elevation of trailhead (ft)</i>
Vivian Creek	17.1	25%	6120
South Fork via Dollar Lake	19.2	17%	6880
South Fork via Dry Lake	21.2	15%	"
Forsee	24.0**	20%	6920
Momyer	25.4	24%	5531
Angelus Oaks	32.5	17%	5800

\* The climb factor is an estimate of the additional calories you burn in order to do this route, versus if the route was flat. It's a more meaningful figure than elevation gain, because for out-and-back or loop routes that aren't extremely steep, the energy conserved on downhill comes close to canceling out the extra energy expended on climbing. For more info about how the climb factors were calculated, and how to calculate a climb factor from a GPS track, see [github.com/bcrowell/kcals](https://github.com/bcrowell/kcals). The elevation gain for these routes varies from 4500 to 7500'. \*\* Other sources estimate this at over 30 miles. I don't know the reason for the discrepancy.

For more detailed information about trails, water sources, and camping, see [sgwa.org](https://sgwa.org). This schematic is only for use as an overview for planning trips. Don't use it as a substitute for a real map. USGS topo maps are available for free from [store.usgs.gov/map-locator](https://store.usgs.gov/map-locator).