

CAMP

COACHES

DETAILS

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## DATES & PRICES

# CAL SWIM CAMP



30 REVIEWS

**SECURE YOUR SPOT NOW! LIMITED AVAILABILITY FOR THIS 2024 SWIM CAMP!**



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AQUATIC-   SWIM-   WATER-   AQUATIC-   AQUATIC-   AQUATIC-   SWIM-   AQUATIC-  
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PAGES/CAL= SWIMMING-AQUATIC- SWIMMING-2023-4-ING- SWIM- SWIM- SWIM-

Olympic Coach, David Marsh, this summer 2024 and learn from the Best at the

BANK OF AMERICA OFFERING 2006 ISSUANCE OF BANK OF AMERICA TECHNOLOGICAL CAPITAL

~~SIGN.JPG) (CA.JPG) CAMPUS FACILITY IPONES.JPG)~~  
~~n the beautiful campus of the University of California, Berkeley.~~

POOL.JPG) FINALE.JPG)

12-18-

## Camper's wind train

Campers will train at the brand new Legends Aquatics Center, which is one of the finest outdoor facilities in the United States. The main entrance to Legends Aquatic Center is on Bancroft Ave, one block down from Spieker Pool and RSF. Parking is available in the RSF Garage located on Bancroft or metered street parking.

*All Cal Sports Camps are open to any and all entrants. For your safety and benefit, we recommend you choose a camp that fits your level of development. All events are subject to change based on NCAA restrictions. Due to high demand and limited capacity, prices are subject to increase as camp exceeds 25%/50%/75% capacity.*

- For competitive swimmers ages 9-17
- Camp emphasis on technique and drill instruction covering all four strokes, starts and turns.
- 10:1 camper to staff ratio and 24 hour supervision
- Every camper receives a camp t-shirt and swim cap
- [View More Details >](#)

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## CAMP COACHES



CAMP DIRECTOR

### DAVID MARSH

Internationally renowned swimming coach David Marsh is an associate head coach of both the men's and women's programs at Cal.

[VIEW DAVID MARSH'S BIO >](#)



CO-DIRECTOR

### KRISTIN MARSH

Kristin Marsh swam for Cal in the late 80's and has coached numerous clubs and high school student athletes over the last 30 years. Kristin was awarded the North Carolina High School (All Divisions) Coach of the Year in 2017. Kristin founded the Pine Lake Preparatory swim teams and quickly won 3 consecutive 1A-2A State NC championships.

[VIEW KRISTIN MARSH'S BIO >](#)

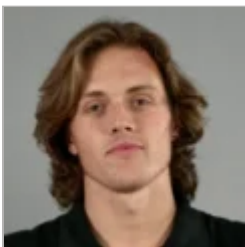


HEAD COACH

### DAVID DURDEN

California men's swimming & diving has established itself as the premier collegiate and post-graduate program in the country under the guidance of head coach David Durden, who will enter his 16th season at the helm in 2022-23. Durden is also currently serving as Cal's Acting Director of Swimming & Diving, overseeing both the men's and women's programs.

[VIEW DAVID DURDEN'S BIO >](#)



ASSISTANT COACH

### NOAH YANCHULIS

Noah Yanchulis joined the Cal Berkeley coaching staff in June 2023 and will serve as an assistant coach for both the men's and women's programs .

[VIEW NOAH'S BIO >](#)

## SECURE YOUR SPOT!

**Please note: Camp sessions SOLD OUT in 2023.** You can expect a high demand on these first-come-first-serve camper spots, so please be sure to register early. This summer, Cal is offering four sessions of day camp (9:00am-3:00pm) for ages 9-17.

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## 2024 OVERVIEW

- **Dates:** June 1-2 (Sat-Sun), June 24-27 (Mon-Thurs), July 1-3 (Mon-Wed) & August 24-25 (Sat-Sun)
- **Registration Deadlines:** Session II (June 24-27) - Monday, June 10th | Session III (July 1-3) - Monday, June 17th | Session IV (Aug 24-25) - Monday, August 12th
- **Age Group:** 9-17
- **Gender:** Coed
- **Camp Type:** Day Camp
- **Schedule:** 9:00am-3:00pm each day
- **Check-In:** 8:30am each day
- **Lunch:** Lunch is not provided. Please bring a packed lunch.
- **Program:** The Stroke Technique program is designed for athletes who are competitive swimmers and provide them with a better understanding of swimming fundamentals. Stroke refinement along with constructive feedback will be the focus of the camp and allows each participant to gain a greater knowledge of proper stroke mechanics and ways to improve themselves individually. Session 1 (June 1-2) will be lead by Tom Shields with an underwater focus - Drawing from his 25 years of experience and 18 American Records, Tom specializes in underwater instruction, while bolstering this education with deep elite performative understanding of all major strokes, having international medals and national titles in Back, Fly, and Free.

**PLEASE NOTE:** Participants are expected to have competitive swim knowledge. These camps DO NOT teach participants how to swim. Enrollment will be limited to ensure that individuals will receive special attention and maximize their participation. For your safety and benefit, we recommend all participants have competitive swimming experience (E.G. U.S.S. Age Group, National Qualifiers, High School Swimmers, or Summer League Swimmers) with all four competitive strokes: Fly, Back, Breast and Freestyle.

## CAMP ADDRESS

### Legends Aquatic Center

2214 Bancroft Way  
 Berkeley, CA 94704

### Click Here

(<https://www.google.com/maps/place/Legends+Aquatic+Center/@37.867841,-122.267234,995m/data=!3m2!1e3!4b1!4m122.2650453!16s%2Fg%2F11c60c7dky?authuser=0>) for Directions

Parking is available at the **Legends Aquatic Center** parking lot as well as metered street parking on Durant Ave. Please be aware of parking restrictions.

- Check-in 8:30am at **Legends Aquatic Center**

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## **DATES & PRICES**

### **Check-out**

- Check-out will be at 3:00pm each day. There will be a brief closing ceremony at 2:30pm on the last day of camp. ALL CAMPERs must depart immediately following the closing ceremony.

There is no supervision before or after camp hours so please make arrangements to drop off and pick up your child on time.

## **MEALS**

Lunch is NOT provided each day. Please bring a healthy lunch and snacks each day.

## **WHAT'S INCLUDED IN THE FEE?**

- **Instruction:** Morning and afternoon training sessions
- **Supervision:** Campers are supervised by staff during camp hours.
- **Camp T-shirt & Prizes:** Campers will receive a Cal Camp t-shirt and prizes.

## **INSTRUCTION, EQUIPMENT & FACILITY**

- **Ratio:** 1:10 staff-to-camper ratio
- **Groupings:** Campers are grouped by age, ability, and experience.
- **Equipment Needed:** Please bring your water swimsuit, swim cap, goggles and towel(s)
- **Facility:** Legends Aquatic Center
- **Medical Protocol:** Most camps have an athletic trainer on-site to help with illness or injury. In case of an emergency, campers will be transported to the nearest hospital.

## **PREPARE FOR CAMP: COMPLETE YOUR PRE-CAMP CHECKLIST**

To view your customer account, complete your mandatory forms, pay balance dues, and review important camp information, visit [Pre-Camp Checklist \(https://www.ussportscamps.com/pre-camp-checklist\)](https://www.ussportscamps.com/pre-camp-checklist). All necessary camp information is on this page. If there are any imperative changes prior to camp start, registered campers will be notified via email and this webpage will be updated!

## **CHECKLIST OF THINGS TO BRING**

Below is a suggested list of clothes, equipment, and personal items. US Sports Camps is NOT responsible for lost or stolen articles or money.

### **Items:**

- Warm jacket and sweats (for possible fog during morning training sessions)

- Backpack

- Swimsuit

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- Swim Cap

**DATES & PRICES**

- Googles

- Towel

- Hat or Visor

- Sandals/ Flip Flops

- Water Bottle

- Sunscreen

- Healthy Lunch and Snacks each day

- Fins

- University of California Release Form (forms completed online do not need to be printed and turned in at camp)

- Signed Heath & Release forms and waivers (forms completed online do not need to be printed and turned in at camp)

## TRANSPORTATION

Transportation is not provided. Campers are responsible for getting to and from camp on their own. There is no supervision before or after camp hours so please make arrangements to pick up your child on time.

## COMPANY POLICIES

For information regarding our cancellation policy and all other company policies, please visit [USSC Policies](https://www.ussportscamps.com/company-policies).  
(<https://www.ussportscamps.com/company-policies>).

**SHOW LESS CAMP DETAILS**

## CAMP LODGING - NO HOUSING PROVIDED

### RESIDENCE INN BY MARRIOTT BERKELEY

2121 Center St

Berkeley, CA 94704

Website: [marriott.com/hotels/travel/oakrr-residence-inn-berkeley/](http://marriott.com/hotels/travel/oakrr-residence-inn-berkeley/)

Main: 510-982-2100

### THE CLAREMONT HOTEL

41 Tunnel Rd

Berkeley, CA 94705



Website: <http://www.ussportscamps.com/>  
Main: 510-845-3000

### HOTEL DURANT

2600 Durant Ave

Berkeley, CA 94704

Website: [hoteldurantberkeley.com/1-800-238-7268](http://hoteldurantberkeley.com/1-800-238-7268)

Hotel Main: 510-845-8981

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### DOUBLE TREE BY HILTON HOTEL BERKELEY MARINA

200 Marina Boulevard

Berkeley, CA 94710

Website: [doubletree3.hilton.com/1-855-845-6550](http://doubletree3.hilton.com/1-855-845-6550)

Hotel Main: 510-548-7920

## TRANSPORTATION

The camp is not allowed to offer any transportation to and from camps. The airport closest to the Berkeley campus is Oakland International Airport; San Francisco International Airport is also within a reasonable distance. Campers are responsible for their own transportation to and from camp.

## SAMPLE DAILY SCHEDULE

9:00 AM	Pool Session 1
11:30 AM	Lunch
12:30 PM	Discussion/Stretching
1:00 PM	Dry-Land Training
1:30 PM	Pool Session 2
3:00 PM	Campers Depart



## LEGENDS AQUATICS CENTER

UC Berkeley's Legends Aquatics Center, is the newest and one of the finest outdoor facilities in the United States. The main entrance to Legends Aquatic Center is on Bancroft Ave, one block down from Spieker Pool and RSF. Parking is available in the RSF Garage located on Bancroft or metered street parking.

## CAMP REVIEWS

OVERALL AVERAGE RATING 5.00 / 5 STARS

June 24, 2023: My kids were taught by great swimming instructors who were friendly and motivating

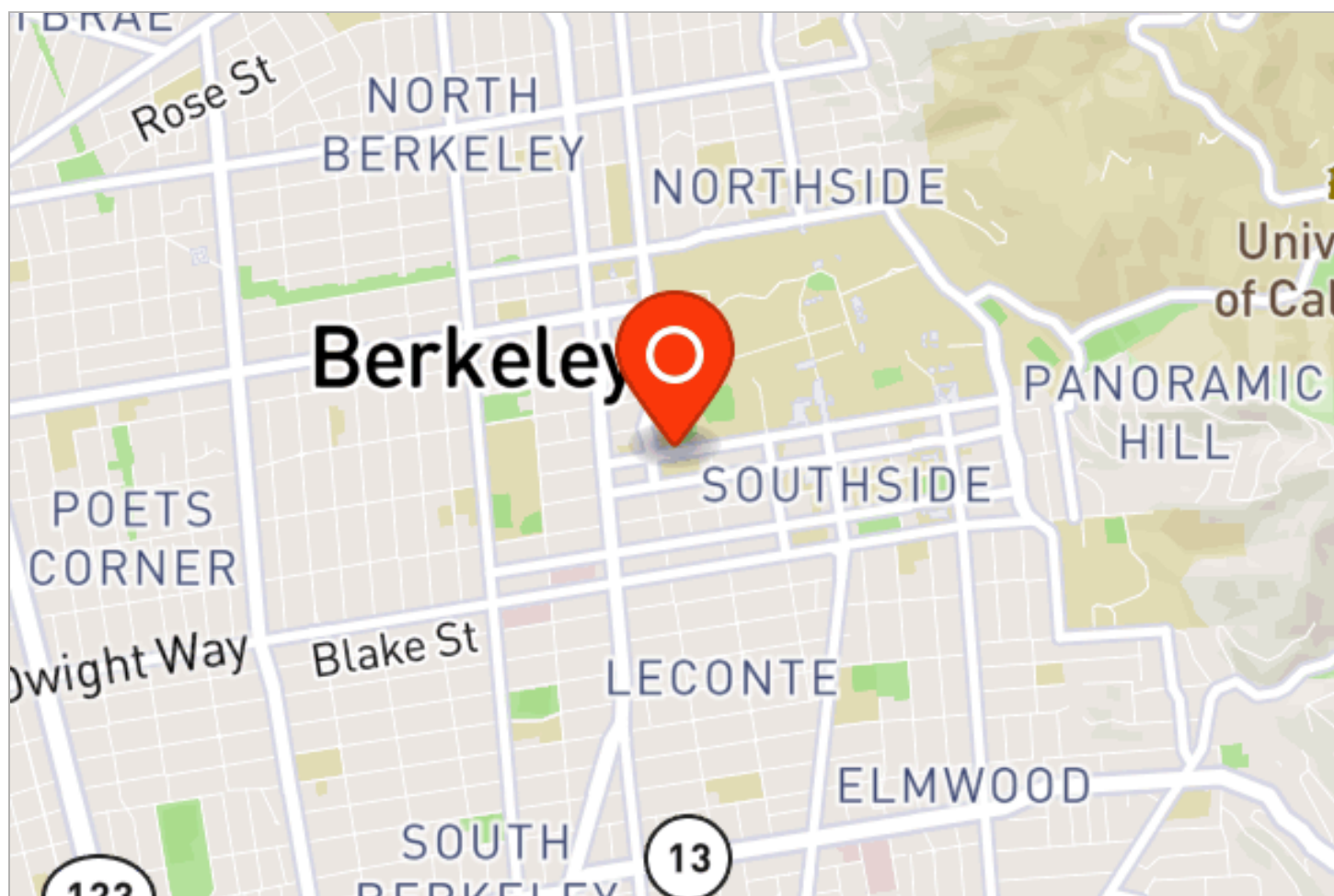
— Anonymous

June 24, 2023: Learning from amazing Coaches and Olympians

— Anonymous



— Anonymous

**CAMP****COACHES****DETAILS****REVIEWS****DATES & PRICES****SEE MORE REVIEWS****JOIN CAMP EMAIL LIST > (/DOWNLOADS/33089/)****CAL SWIM CAMP (37.8678368;-122.2650453)****David Marsh, Camp Director**

Legends Aquatics Center

2214 Bancroft Way

Berkeley, California 94720

Questions? Call **1-800-645-3226 (TEL:1-800-645-3226)**

Hours: 8:00am-5:00pm PST



## SECURE YOUR SPOT – CAMPS SELL OUT!

Last year over 650 Sports Camps sold out leaving 7,000+ campers on the waitlist. Due to high demand, early registration for our first-come-first-serve camps is strongly recommended.

### DATES & PRICES

## CAMP DATES & PRICES



**JUN. 24 - JUN. 27, 2024**

### **CAL SWIM CAMP**

ADD TO CART

**PROGRAMS:** Complete Stroke Technique (CAL)

**AGE GROUP:** 9 - 17

**GENDER:** Co-Ed

Camp runs Monday-Thursday. Please Note: Last year's camps sessions SOLD OUT at this location.

**DAY 9:00AM-3:00PM** \$650.00 USD

**AVAILABILITY:** Yes

*\* Pricing is subject to change based on availability. Enroll today to secure current rates.*

**JUL. 1 - JUL. 3, 2024**

### **CAL SWIM CAMP**

ADD TO CART

**PROGRAMS:** Complete Stroke Technique (CAL)

**AGE GROUP:** 9 - 17

**GENDER:** Co-Ed

Camp runs Monday-Wednesday. Please Note: Last year camps sessions SOLD OUT at this location.

**DAY 9:00AM-3:00PM** \$565.00 USD

*\* Pricing is subject to change based on availability. Enroll today to secure current rates.*

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### DATES & PRICES

**AUG. 24 - AUG. 25, 2024**

### **CAL SWIM CAMP**

ADD TO CART

**PROGRAMS:** Complete Stroke Technique (CAL)

**AGE GROUP:** 9 - 17

**GENDER:** Co-Ed

Camp runs Saturday & Sunday. Please Note: Last year camps sessions SOLD OUT at this location.

**DAY 9:00AM-3:00PM** \$395.00 USD

**AVAILABILITY:** Less than 10 spaces

*\* Pricing is subject to change based on availability. Enroll today to secure current rates.*

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Questions? **Call us! 1-800-645-3226**

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