Effects of Regorafenib Therapy on Health-Related Quality of Life in Patients With Metastatic Colorectal Cancer in the Phase III CONCUR Trial

Abstract 697

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Background

- Regorafenib (REG) is an oral multikinase inhibitor that blocks the activity of multiple protein kinases that are involved in the regulation of angoigenesis, oncogenesis, and the tumor microenvironment
- Two phase III trials have shown that regorafenib significantly improves overall survival (OS) versus placebo (PBO) in patients with mCRC whose disease had progressed on standard treatments
 - CONCUR: HR 0.55 (95% CI 0.40-0.77; $P = .0002^{1}$
 - CORRECT: HR 0.77 (95% CI 0.64-0.94; P = .0052)²
- The objective of this current study is to report the effects of regorafenib on health-related quality of life (HRQoL) in patients enrolled in the CONCUR trial

Trial Design

Asian patients with mCRC who progressed after standard therapies 25 centers: Mainland China, Hong Kong, South Korea, Taiwan, Vietnam

R 2:1 Regorafenib (160 mg daily)
3 weeks on/1 week off
(4-week cycle)
N = 136

Stratification

- Metastases: Single vs multiple
- Time from mCRC diagnosis:>18 months vs <18 months

Placebo N = 68

Primary endpoint: OS
Secondary endpoints:
Progression-free survival (PFS),
response rate, disease control rate (DCR)

All patients received BSC Treat until progression, unacceptable toxicity, or withdrawal

Key Inclusion Criteria

- Pathologically proven mCRC
- Measurable or nonmeasurable disease (RECIST v1.1)
- Failed ≥2 prior CRC treatment regimens, which included a fluoropyrimidine, oxaliplatin, and irinotecan
- Progression during or within 3 months after the last approved standard therapy or during or within 6 months of completing adjuvant oxaliplatin-based therapy
- Prior anti-VEGF or anti-EGFR targeted therapy allowed, but not mandatory
- ECOG performance status 0 or 1

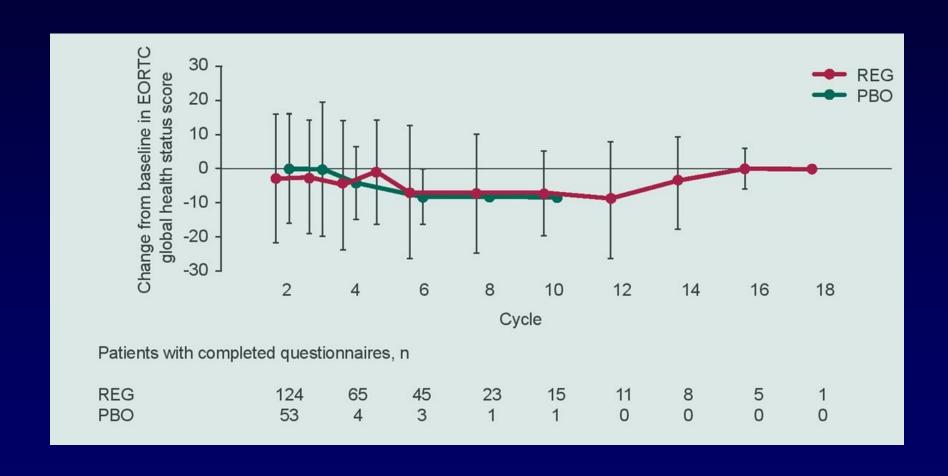
HRQoL Assessment

- HRQoL was assessed in all 204 patients in prespecified analyses using the European Organization for Research and Treatment of Cancer Quality of Life Questionnaire (EORTC QLQ-C30) and the Euro-QoL five dimension questionnaire (EQ-5D) index and visual analog scale (VAS)
- HRQoL outcomes were expressed as least squares mean (LSM) time-adjusted area under the curve (AUC) to allow descriptive evaluation of HRQoL for both REG and PBO groups across the entire treatment period
 - Longitudinal change from baseline in scores on individual domains were also compared using descriptive statistics
- For both domains, higher scores represent better quality of life; a change in score of 10 points was considered the minimal clinically important difference

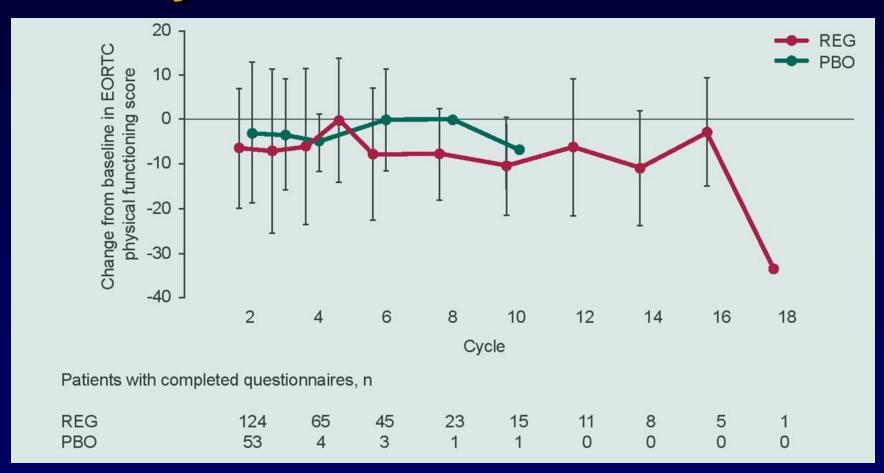
LSM Time-Adjusted AUC of HRQoL Scales

LSM Time-Adjusted AUC (95% CI)	Reg (n = 131)	PBO (n = 63)
EORTC QLQ-C30 global health status	60.76 (58.81 to 62.71)	61.16 (58.48 to 63.83)
Difference from placebo	-0.40 (-3.53 to 2.72)	
EQ-5D index	0.70 (0.67 to 0.73)	0.74 (0.70 to 0.78)
Difference from placebo	-0.03 (-0.08 to 0.01)	
EQ-5D VAS	69.28 (67.48 to 71.08)	70.46 (68.01 to 72.91)
Difference from placebo	-1.18 (-4.01 to 1.66)	

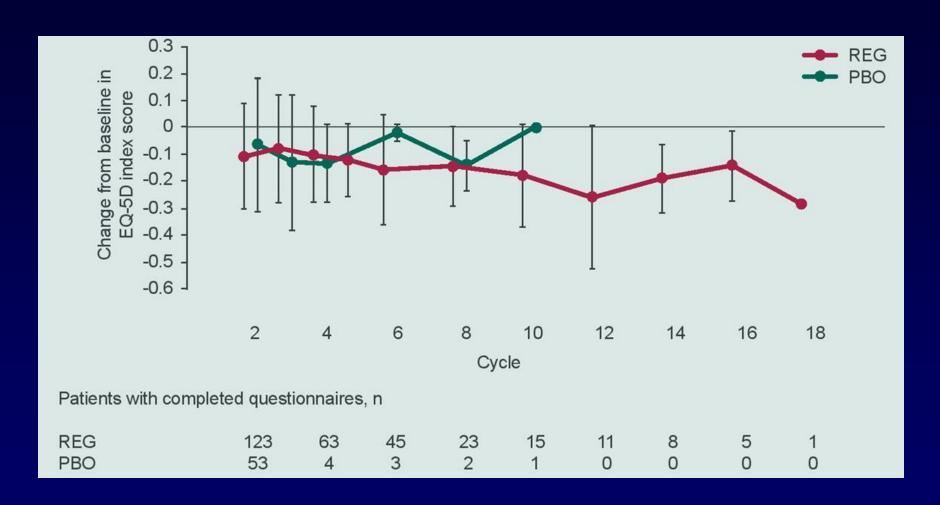
EORTC QLQ-C30 Global Health Status



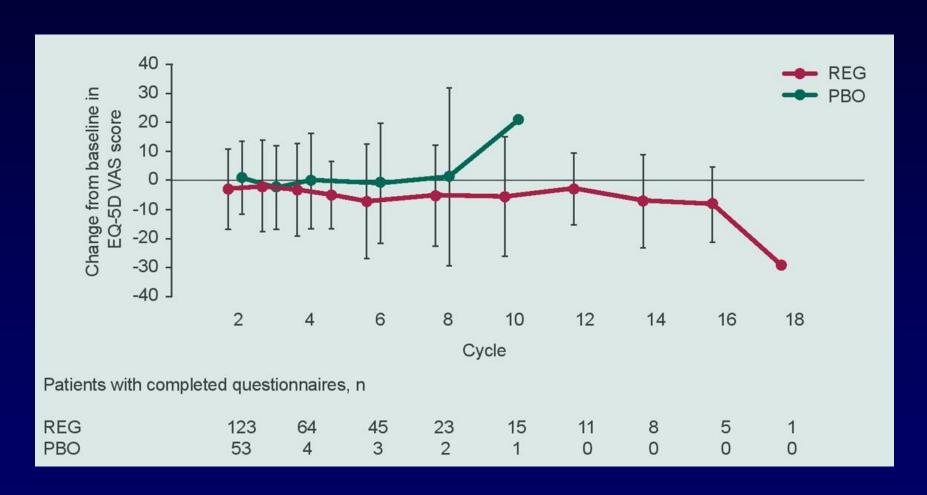
EORTC QLQ-C30 Physical Function Scores



EQ-5D Index



EQ-5D VAS Scores



Conclusions

- HRQoL did not appear to differ in REG-treated patients compared with PBO recipients, as assessed by LSM time-adjusted AUC of EORTC global health status scores and EQ-5D index and VAS scores
- Longitudinal changes from baseline in EORTC QLQ-C30 global health status and physical functioning scores and EQ-5D index and VAS scores appeared generally similar in the REG and PBO groups
 - EORTC QLQ-C30 global health status and physical functioning appeared to be reduced from baseline in both the REG and PBO groups
- These findings indicate that REG significantly prolongs survival while maintaining comparable HRQoL versus PBO in Asian patients with mCRC, consistent with findings from the global CORRECT trial