What dose and schedule of trastuzumab would you select for a patient with metastatic HER2-positive disease who has been in remission on maintenance intravenous trastuzumab for one year?

- 1. Continue three weekly intravenous trastuzumab
- 2. Change to three weekly subcutaneous trastuzumab at the next appointment
- 3. Change to three weekly subcutaneous trastuzumab when the disease progresses
- 4. Discontinue all trastuzumab until disease progresses

What dose and schedule of trastuzumab would you select for a patient with metastatic HER2-positive disease who has been in remission on maintenance intravenous trastuzumab for one year?

- 1. Continue three weekly intravenous trastuzumab 38.5%
- 2. Change to three weekly subcutaneous trastuzumab at the next appointment

42.3%

- 3. Change to three weekly subcutaneous trastuzumab when the disease progresses
  9.6%
- 4. Discontinue all trastuzumab until disease progresses 9.6%

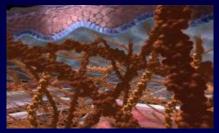
# Consideration of Patient Preference in Selecting Anti-HER2 Therapy

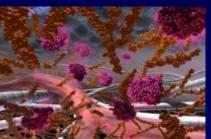
David Miles, MD, FRCP
Mount Vernon Cancer Centre
United Kingdom



# Development of a SC Formulation of Trastuzumab

SC administration of trastuzumab has been made possible by the use of recombinant human hyaluronidase as an excipient







- SC administration of large volumes is restricted by the structure and physiology of the SC layer
  - Contains a matrix of hyaluronan fibers and collagen fibers, which limits SC administration to <1 mL</li>
- Hyaluronan is broken down by the naturally occurring enzyme, hyaluronidase, on a daily basis
- Recombinant human hyaluronidase (rHuPH20) causes temporary and local degradation of hyaluronan
  - Results in a temporary increase in the local SC dispersion area, enabling large volumes of fluids to be administered

#### Recombinant Human Hyaluronidase (rHuPH20)

Mechanism of action enables injection of larger volumes

Bolus injection of 10 mL 10% IgG solution

Without rHuPH20

Before infusion Immediately post-infusion

post illusion

+ 2000 U/mL rHuPH20

Before infusion

Immediately post-infusion





IgG, immunoglobulin; U, units Images show left and right arms of subject 106 in the HALO-104-103 study

Halozyme Therapeutics, data on file

#### HannaH: Noninferiority of SC vs IV Trastuzumab Demonstrated

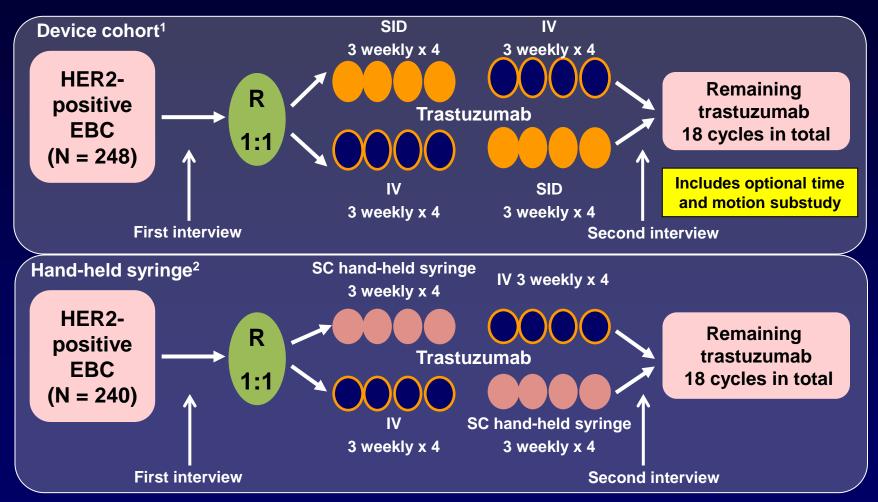
	Trastuzumab IV N = 235	Trastuzumab SC N = 234
Primary endpoint: Observed C <sub>trough</sub> pre-dose	cycle 8	
Geometric mean (µg/mL)	51.8	69.0
Geometric mean ratio (90% CI)	1.33 (1.24; 1.44)	
	Non-inferiority of SC vs IV dem 90% CI > pre-specified no	

	Trastuzumab IV N = 263	Trastuzumab SC N = 260
Primary endpoint: pCR in the breast	107 (40.7%)	118 (45.4%)
Difference in pCR rates (95% CI)	4.7% (-4.0%; 13.4%)	
	Non-inferiority of SC vs IV demonstrated as lower bound of 95% CI > prespecified noninferiority margin -12.5%	

#### **SC Trastuzumab**

- 600 mg/5 mL fixed dose
- Includes 10,000 U recombinant hyaluronidase as an excipient
- European Medicines Agency approval for early and metastatic breast cancer as an alternate to IV infusion based on results of the pivotal phase III HannaH study
- Trastuzumab SC could potentially improve patient convenience/compliance (injection time less than 5 minutes; important in long-term trastuzumab therapy) and reduce the use of hospital resources

# **PrefHer Trial Design**



SID, single-use injection device; EBC, early breast cancer

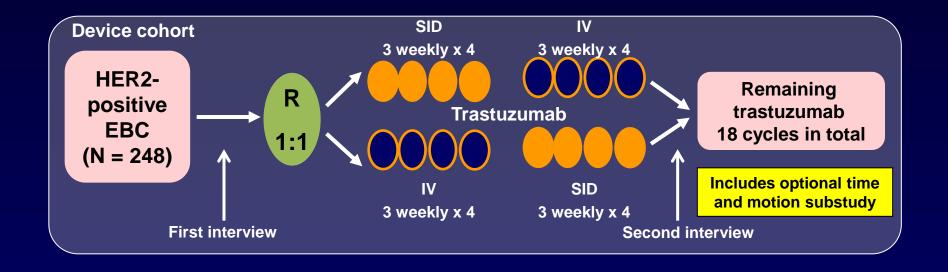
1. Pivot X, et al. Lancet Oncol. 2013;14(10):962-970. 2. Pivot X, et al. Cancer Res. 2013;73(24 Suppl): Abstract P4-12-11.

# **Study Endpoints**

- Primary endpoint: Patient preference for the SC or IV route of trastuzumab administration
  - Assessed by study-specific patient interviews in the evaluable intention-to-treat (ITT) population
- Secondary endpoints: Included patient safety and tolerability and healthcare professional satisfaction
- Exploratory endpoints: Included factors that influenced patients' preferences
- A time and motion pharmacoeconomic substudy (Cohort

   will assess medical care utilization, including collection
   of time of administration and resource data, at selected
   sites in both cohorts

## **Cohort 1**







### **Patient Preferences for SC Trastuzumab**

	Preference for SC trastuzumab
Patients receiving IV trastuzumab by cannula (n = 129)	94.6% (95% CI, 89.1-97.8)
Patients receiving IV trastuzumab by venous access device (n = 103)	87.4% (95% CI, 79.4-93.1)

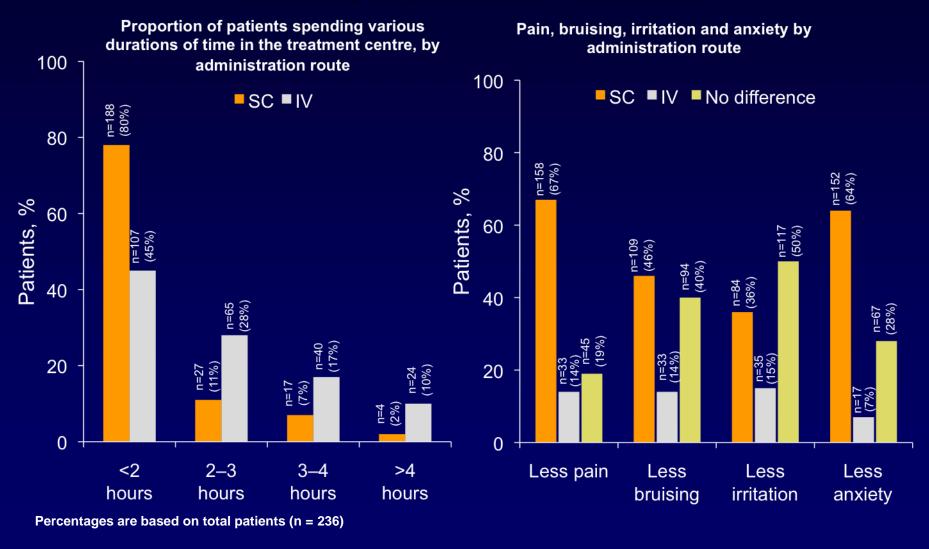
#### **Primary Reasons for Patients' Preferences**

Reason category	Total, n*
SC preference, n = 216	
Time saving	195
Less pain/discomfort	88
Convenience to patient	35
Ease of administration	33
Problems with IV	25
Less stress/anxiety	15
Other	6
IV preference, n = 16	
Fewer perceived reactions	11
(less pain, bruising, irritation, etc)	
Other	5
Environment/staff	2
Perceived efficacy	1
Ecological considerations	1
No preference, n = 4	

<sup>\*</sup>Some patients gave >1 reason for preference

#### Main Reasons for SC Preference

(Exploratory analysis, evaluable ITT population)



Fallowfield L, et al. Eur J Cancer. 2013;49(Suppl 3): Abstract P719.

#### Strength of Patients' Preferences

#### Overall preference for trastuzumab SC

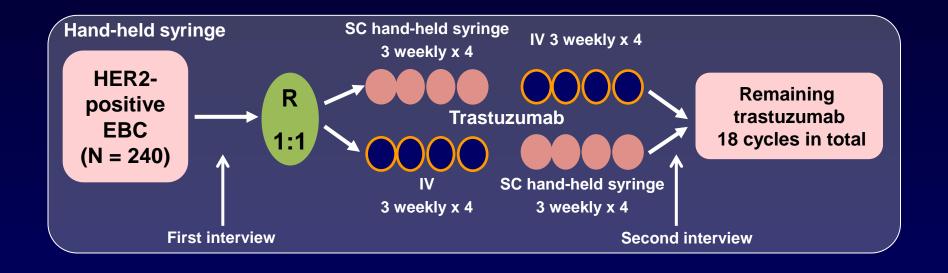
Strength of preference, n (%)	Trastuzumab SC	Trastuzumab IV
"Very Strong"	159 (67.4%)	8 (3.4%)
"Fairly Strong"	45 (19.1%)	3 (1.3%)
"Not Very Strong"	12 (5.1%)	5 (2.1%)

 None of the potentially influencing factors impacted the primary endpoint results

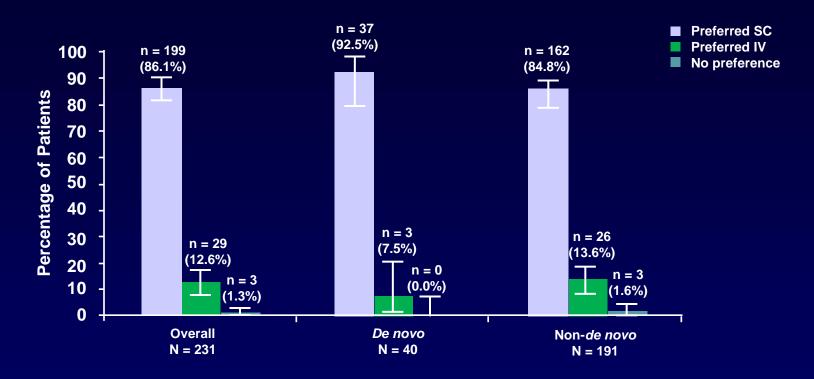
# Healthcare Professionals Satisfaction

 Healthcare professionals (n = 103) were more satisfied with trastuzumab SC (73.8%, 95% CI 64.2% to 82.0%) compared with IV (1.9%). The remaining 24.3% did not indicate a preference.

#### Cohort 2



#### Patients' Preferences



Results were similar in each study arm:

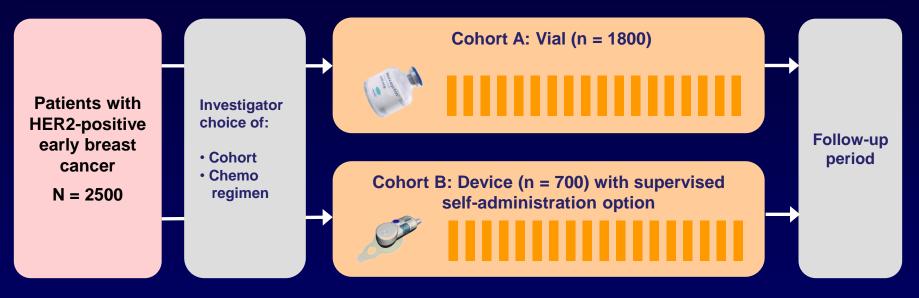
- •Handheld syringe  $\rightarrow$  IV arm: 83.9% preferred SC, 13.6% preferred IV, and 2.5% had no preference
- •IV → handheld syringe arm: 88.5% preferred SC and 11.5% preferred IV

# Strength of Patients' Preferences

Strength of Preference, n (%)	Trastuzumab SC	Trastuzumab IV
"Very Strong"	144 (62.3%)	16 (6.9%)
"Fairly Strong"	36 (15.6%)	7 (3.0%)
"Not Very Strong"	19 (8.2%)	6 (2.6%)

# SafeHer Trial Design

Global safety study of trastuzumab subcutaneous for 1 year (administered using a syringe, needle, and manual injection or a single-use injection system) in patients with HER2-positive EBC



- Primary objectives
  - Safety and tolerability
- Secondary objectives
  - Disease-free survival; overall survival
  - Self-administration: patient satisfaction (SID cohort)
- Exploratory analysis
  - Immunogenicity

#### Conclusions

- Most patients in both cohorts of the PrefHer study had a strong or very strong preference for SC compared with IV trastuzumab
  - Saved time both in terms of time in center and time in chemo chair
  - Less pain / discomfort / side effects than IV administration
- There was a high level of healthcare professional satisfaction with SC trastuzumab
- The SafeHer global safety study is ongoing
- The option of SC trastuzumab should be discussed with patients





Answering Clinically Relevant Questions

