# Weekly Carfilzomib, Cyclophosphamide and Dexamethasone (wCCd) in Newly Diagnosed Multiple Myeloma Patients: A Phase I-II Study

#### **Abstract 175**

Palumbo A, Rossi D, Bringhen S, Larocca A, Gentilini F, De Paoli L, Omedé P, Ballanti S, Cavallo F, Passera R, Liberati AM, Boccadoro M, Gaidano G, Sonneveld P, Corradini P



## Rationale

	Bortezomib Twice Weekly	Bortezomib Once Weekly	P value
CR	35%	30%	.27
PR	32%	30%	.66
PFS @ 3 years	47%	50%	1.00
OS @ 3 years	89%	88%	.54
Hematologic AEs	45%	44%	.83
Nonhematologic AEs	<b>51%</b>	35%	.003
PNP	28%	8%	<.001
Gastrointestinal AEs	11%	6%	.08
Median dose intensity	59%	84%	<.001
Median delivered dose - mg/m <sup>2</sup>	39.4	40.1	
Dose reduction	41%	17%	<.001
Discontinuation	15%	5%	<.001

CR, complete response; PR, partial response; PFS, progression-free survival; OS, overall survival; AE, adverse event; PNP, peripheral neuropathy

Bringhen S, et al. *Blood*. 2010;116(23):4745-4753.

# **Key Objectives**

#### Primary:

- Phase I: maximum tolerated dose (MTD) of weekly carfilzomib
- Phase II: response rate

#### Secondary:

- Safety
- Progression-free survival (PFS)
- Time to progression (TTP)
- Duration of response (DOR)
- Time to next therapy (TTNT)
- Outcome in subgroups with different prognosis according to: β2-microglobulin, C-reactive protein (CRP), FISH, gene expression profile
- PFS and OS of maintenance

# **Patient Eligibility**

#### Key inclusion criteria:

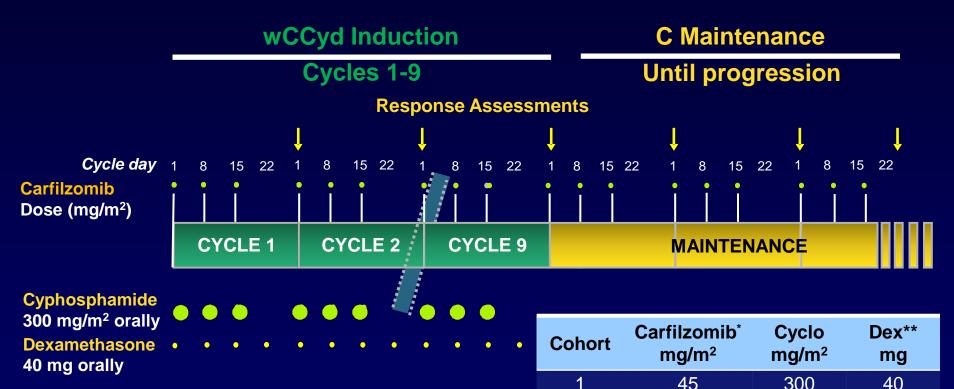
- Symptomatic newly diagnosed MM
- ≥65-years-of-age or ineligible for autologous stem cell transplantation
- Measurable disease (≥0.5 g/dL of M-protein or urine lightchain excretion of >200 mg/24 hours)
- ECOG 0-2
- Adequate hepatic function (ALT ≤3.5 times the upper limit of normal and serum direct bilirubin ≤2 mg/dL)
- Creatinine clearance (CrCl) ≥15 mL/min

#### Key exclusion criteria:

- Prior systemic MM therapy
- Relapsed or refractory MM
- History of severe heart disease
- Uncontrolled hypertension or congestive heart failure (CHF)

# **Study Design**

Phase I/II - Multicenter (8 centers)



56

70

3

300

300

40

40

wCCyd, weekly carfilzomib-cyclophosphamide-dexamethasone; C maintenance, carfilzomib maintenance.

<sup>\*</sup>All patients received 20 mg/m<sup>2</sup> carfilzomib on D1 of cycle 1; subsequent doses were escalated to the indicated levels \*\*or 20 mg of dexamethasone on days 1,2,8,9,15,16,22,23.

#### **Enrollment**

- From April 2013 to data cutoff (September 2014), 30 patients have been enrolled
- Phase I (April 2013 and October 2013)
  - 12 patients
  - Carfilzomib dose cohorts:

	45 mg/m <sup>2</sup>	56 mg/m²	70 mg/m <sup>2</sup>
No. of patients	3	6	3
DLT	0	1	0
Type of DLT	-	Creatinine increase	-

MTD: 70 mg/m²

- Phase II
- Stage I (November 2013 June 2014): 16 patients
   Stage II (July 2014 ongoing): 2 patients
- 21 patients treated at the MTD
  - 3 from dose escalation, 18 from phase II

# **Patient Characteristics**

	Phase I, n = 12	Phase II, n = 18	Total, N = 30
Median age, years (range)	73 (65–79)	74 (64–79)	74 (64–79)
Age ≥75 years, n (%)	4 (33)	5 (28)	9 (30)
Male, n (%)	5 (42)	8 (44)	13 (43)
ISS stage at diagnosis, n (%)			
1	4 (33)	8 (44)	12 (40)
II	4 (33)	3 (17)	7 (23)
III	4 (33)	7 (39)	11 (37)
Unfavorable profile*, n (%)	3/9 (40)	4/12 (33)	7/21 (33)
del 17	3 (33)	4 (33)	7 (33)
t(4;14)	0	0	0
t(14;16)	1 (11)	0	1 (5)
Creatinine clearance, n (%)			
>60 mL/min	7 (58)	14 (78)	21 (70)
30-60 mL/min	4 (33)	3 (17)	7 (23)
<30 mL/min	1 (9)	1 (5)	2 (7)

<sup>\*</sup>Unfavorable profile was assessed by FISH and included del 17, t(4;14) or t(14;16). ISS, International Staging System

# **Treatment Exposure**

	Phase I, n = 12	MTD, n = 21	Total, N = 30
Median cycles of wCCyd received, n (range)	9 (1–9)	4 (1–9)	8 (1–9)
Patients treated with cycles of CCyd, n (%)			
≥4	11 (92)	11 (52)	23 (77)
≥8	10 (83)	7 (33)	15 (50)
Patients started maintenance, n (%)	9 (75)	3 (14)	10 (33)
Median relative dose intensity*, %			
Carfilzomib	100	100	100
Cyclophosphamide	100	100	100
Dexamethasone	85	92	96
Patients remaining on treatment,† n (%)	8 (67)	17 (81)	24 (80)
Reasons for going off treatment, n (%)			
Adverse events	2 (17)	2 (9)	3 (10)
Progressive disease	1 (8)	1 (5)	2 (7)
Other	1 (8)	1 (5)	2 (7)

<sup>\*</sup>Dose taken/dose prescribed. †At data cut-off of September 30, 2014.

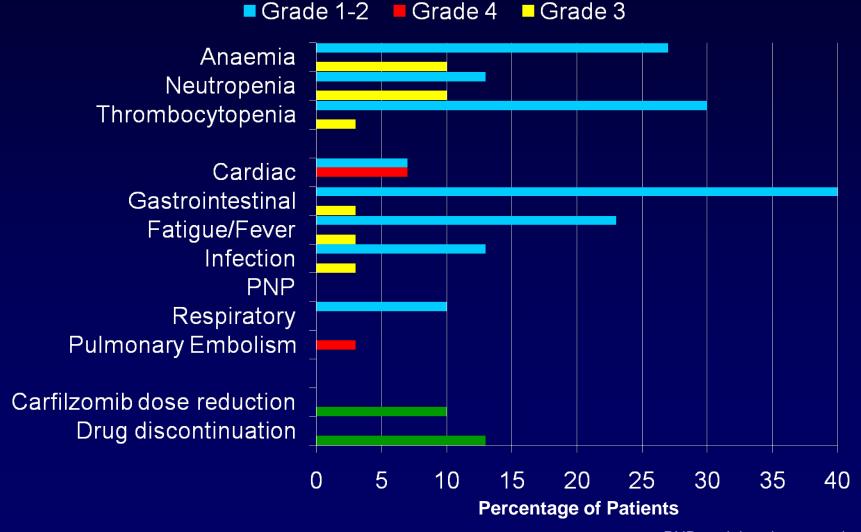
wCCyd, weekly carfilzomib-cyclophosphamide-dexamethasone

# **Summary of Safety Profile**

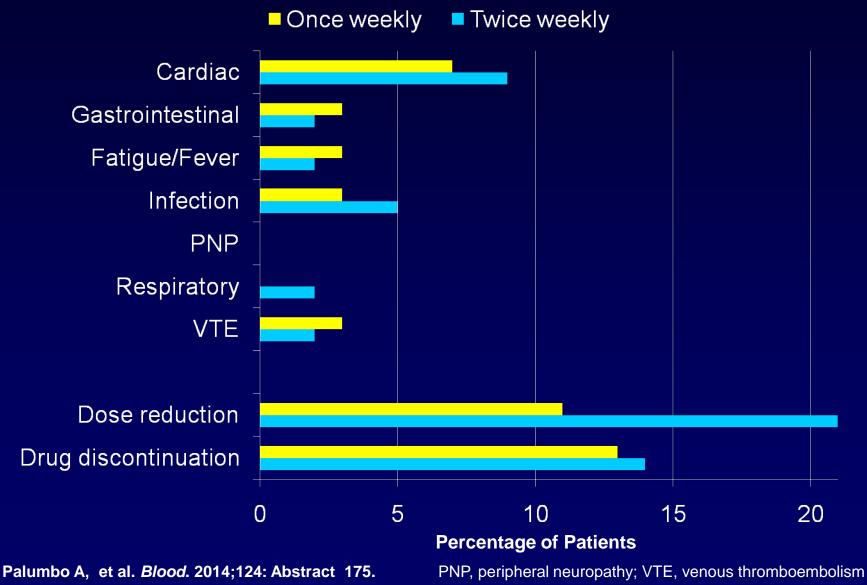
AE, n (%)	Phase I N = 12	MTD N = 21	Total N = 30
Any serious AE* (SAE)	1 (8)	4 (19)	5 (17)
Any drug-related SAE†	1 (8)	4 (19)	4 (13)
Dose reduction due to AE	3 (25)	0	3 (10)
On-study death	0	1 (5)	1 (3)

AE, adverse event. \*AEs graded using NCI-CTCAE v4.02. †Drug-related defined as related to any drug in the combination

# Adverse Events – All Grades, All Patients



# Adverse Events – Grade 3-4 Weekly vs Twice Weekly



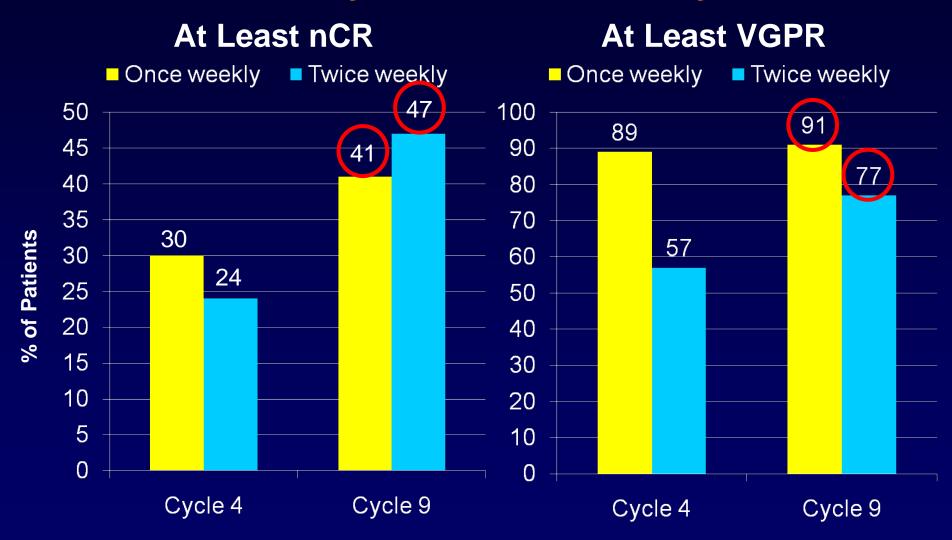
## **Preliminary Response Data**

- 28 of 30 patients were evaluable for response (2 patients not evaluable for response due to early discontinuation [pulmonary edema] and 1<sup>st</sup> cycle ongoing)
- Median time to first response (≥PR) was 1 month
- Median duration of response not reached

	Phase I n = 12	MTD n = 19	Total N = 28
Median cycles received, n (range)	9 (1–9)	4 (1–9)	8 (1–9)
ORR (≥PR), n (%)	11 (92)	15 (79)	24 (86)
≥VGPR, n (%)	9 (75)	11 (58)	18 (64)
sCR + CR + nCR, n (%)	4 (33)	4 (21)	7(25)

PR, partial response; ORR, overall response rate; VGPR, very good partial response; CR, complete response; sCR, stringent complete response; nCR, near complete response; MTD, maximum tolerated dose.

# Response Rate By Treatment Duration Weekly vs Twice Weekly



## Conclusions

	CCyd once weekly	CCyd twice weekly
≥ nCR*	41%	47%
PR*	99%	91%
Grade 3-4 hematologic	23%	27%
Grade 3-4 nonhematologic	30%	29%
Median delivered carfilzomib dose, mg*	3534	2904
Dose reduction	10%	21%
Discontinuation	13%	14%

<sup>\*</sup> After 9 cycles of Ccyd

CCyd, carfilzomib-cyclophosphamide-dexamethasone; PR, partial response; nCR, near complete response; PFS, progression-free survival.