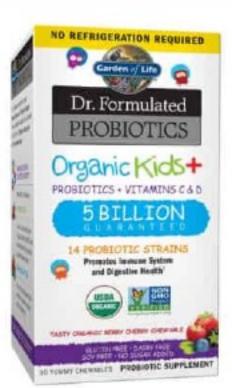
Probiotics

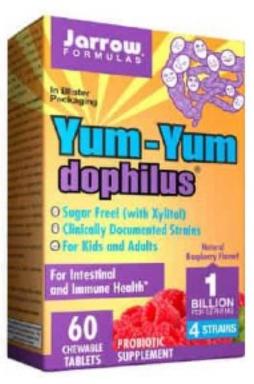
- "Live microorganisms which when administered in adequate amounts confer a health benefit on the host" [1]
- Generally unknown mechanisms, vary by preparation, species
- Common uses [2]: antibioticassociated diarrhea, traveler's diarrhea, BV, infectious mastitis, hypercholesterolemia
- Common adverse effects [2]: Gl complaints, rash

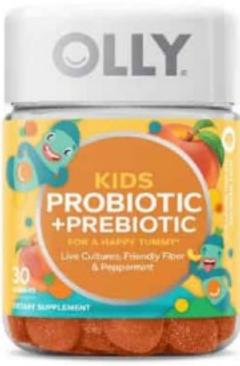












Case 1

Initial Presentation

- Jeff Dinir is a 10 month old uncircumcised male who presents to the primary care office for follow up after hospitalization for a UTI.
- He had a normal renal/bladder ultrasound and was started on a course of cefdinir.
- Jeff's father mentions loose stools and asks whether he should be giving Jeff probiotics.

