

Case 2

Initial Presentation

- Jo Biotic is a 6 month old female presenting for a wellness visit with her mother. She has been developing normally.
- Her mother is a strong proponent of natural medicine and regularly takes probiotics herself.
- She asks if she can start Jo on probiotic-supplemented formula to reduce her risk of infections.



Clinical Question

Efficacy of Probiotics

“In 6 month old infants, does probiotic-supplemented formula reduce the risk of URI compared to formula alone?”

P

6 month old infants

I

Probiotic-supplemented
formula

C

Control formula

O

URI