

# Clinical Question

## Efficacy of Global Assessments

“In adults with ESRD, do global assessment scores predict mortality?”

**P** Adult with ESRD

**I** Global assessments

**C** [Control]

**O** Prediction of mortality

# Global Assessments

- # Stanford Integrated Psychosocial Assessment for Transplant (SIPAT)
- Stanford University Medical Center  
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- Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Patient's MR#: \_\_\_\_\_ Total Score: \_\_\_\_\_  
SIPAT Examiner: \_\_\_\_\_
- ## A. PATIENT'S READINESS LEVEL
- ### I. Knowledge & Understanding of Medical Illness Process (that caused specific organ failure)
- 0) **Excellent Understanding:** Patient & support system are fully aware of the cause(s) of illness leading to organ failure and need for transplantation. Both patient and support system demonstrate a high degree of self-directed learning.
  - 1) **Good Understanding:** Patient & support system are mostly aware of the cause(s) of the illness process and contribution to current health status.
  - 2) **Moderate Understanding:** Patient has modest knowledge despite teaching/material provided – **Or –** A patient who just found out about his/her condition and has not received transplant-related education.
  - 3) **Limited Understanding:** Patient has only rudimentary knowledge despite of years of illness and/or extensive teaching by providers.
  - 4) **Poor Understanding:** Extreme denial or indifference is evident.
- ### II. Knowledge & Understanding of the Process of Transplantation
- 0) **Excellent Understanding:** High degree of self-directed learning and excellent knowledge of treatment risks & benefits.
  - 1) **Good Understanding:** Patient & support have studied & understood provided literature.
  - 2) **Moderate Understanding:** Patient has modest knowledge despite teaching/material provided – **Or –** A patient who just found out about his/her condition and has not received transplant-related education.
  - 3) **Limited Understanding:** Patient only has only rudimentary knowledge despite of intensive teaching by providers.
  - 4) **Poor Understanding:** Extreme denial or indifference evident.
- ### III. Willingness/Desire for Treatment (Transplant)
- 0) **Excellent:** Patient is highly motivated and proactively involved in his/her medical care.
  - 1) **Good:** Patient expresses interest and is actively involved in his/her care
  - 2) **Moderate:** Patient appears ambivalent; only passively involved in process; actions are only acceptable at best. – **Or –** A patient who just found out about his/her condition and has not received transplant-related education.
  - 3) **Limited: Patient who has limited involvement in his/her care.** Family member or medical team appears more interested in the transplant process than patient.
  - 4) **Poor:** Family member or MD pushing patient to participate in the transplantation evaluation process; the patient is uninterested or mostly unengaged.