In the command line, navigate to the appropriate folder. Then open VS Code using "code"." to ensure that all the files you want are still there. Then, in the command line, enter:

```
git status \rightarrow tells you what branch you're in
```

To create and move to the feature branch in which you'll do your work, enter:

```
git checkout -b feature/insert-branch-name-here
```

It's a good idea to enter another <code>git status</code> to make sure that you're now in the feature branch and not the main. Next, you need to stage your changes. This is like selecting the text you want to copy before you paste. To stage all changes, enter:

```
git add -A
```

Next, to commit all of those changes you just staged, enter:

```
git commit -m "insert specific and descriptive commit message here"
```

After you've committed, check to make sure that your local branch is in sync with the most current main branch. To do this, enter:

```
git pull origin main
```

Last, push your committed changes to the repo by entering:

```
git push origin feature/insert-branch-name-here
```