

# Day 3, Session 1: Installing R and RStudio

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R is a free software package that can be used for data analysis, graphics, and programming.

# Why R?

R has many advantages, including:

- Free!
- Active group of contributors (anyone!)
- Flexible

However, this comes with some challenges:

- Sometimes packages don't do what they say they do...
  - ...but you can trust basically anything written by the R Core Team, the [RStudio Team](#), [Hadley Wickham](#), or [Yihui Xie](#)



# Why RStudio?

# Why two programs?

R is a programming software, prepackaged with a graphical user interface (GUI). However, R programs can be executed from the command line without an interactive interface.

RStudio is a GUI, and is a helpful tool for working in R. Using RStudio makes it easier to:

- write R scripts to save your work, along with comments for what your code does
- write reports with code embedded (using Rmarkdown)
- organize your data analysis workflow (e.g., reading in data, access help files)

## Why two programs?

At the end of the day: you are executing commands/programs in R, but using RStudio as an intuitive interface to the software (much like your operating system is a GUI to the machine language that your computer understands).

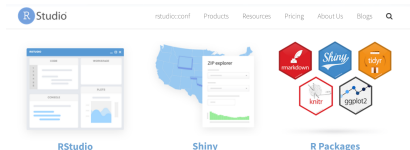
# Installing R

1. Go to <https://cran.r-project.org/>
2. Choose the correct link under [Download and Install R](#)
  - Windows users, select [install R for the first time](#)
  - Mac users, click the [R-\[replace with most recent version number\].pkg](#) link and install
  - Linux users, I assume you know what you are doing



# Installing RStudio

1. Go to <https://www.rstudio.com/>
2. Scroll down until you see the headers for **RStudio**, **Shiny**, and **R Packages** (see figure)
3. Click [Download](#)
4. Click the green download button in the column for RStudio Desktop
5. Choose the correct installer for your operating system and click the link



# R and Windows

# R and Mac/Linux