

2nd TERMINAL EXAMINATION - 2077

Name of the student: Anuj Sapkota Class: 8

Section: Gyalica Roll No: 6 Subject: HPE Date: 14/9/2077

Symbol No.: _____ Symbol No. In words: _____

To be filled by Examiner: _____

Obtained Marks: _____ Marks in words: _____

Date: _____ Examiner: _____

Start from here:

1.

→ Circulatory system is a group of heart, blood vessels and blood cells which is responsible for the circulation of blood in the body.

2.

→

Bio-degradable
waste

Non-degradable
waste

- They are the wastes like vegetable peels, agricultural stakes, dung, etc. ^{which} can be converted into compost manure.

- They are the wastes like plastic, wrappers, etc. which can't be converted into compost but can be ~~reuse~~ reused, recycled.

- They are natural wastes.

- They are man-made wastes.



3. → Rickets is the disease which is caused due to deficiency of Vitamin D.

→ Its symptoms are;

- Bow leg deformity
- Delay in blood clotting.

4. →

- i) RBC : To transport oxygen ~~in the~~ ^{body} in blood throughout the
- ii) WBC : To protect the body ~~and to fight~~ ^{from} infections.

5.

→ The effects of noise pollution are;

- People may be stressed due to noise pollution.
- It may elevate blood pressure and disturb sleep.
- It results in headache, nausea and lack of concentration.
- It ~~has~~ may also result in loss of hearing capacity and permanent deafness, too.

6. → The ~~best~~ ^{safest} method of water purification is boiling method.

→ The full form of SODIS method is Solar Disinfection method.

7.) → Physical exercise is the activity which is done to be healthy and which involves the full movement of the body.

→ It is important because it prevents us from many diseases and it makes us bulky fit and fine.

8.

→ The long term effects of alcoholism is are;

- Loss of memory.
- Loss of social prestige.

→ The prevention from alcoholism are:

- Advertisement of alcohol should be banned in mass media.
- ~~Free~~ Friendship with drunkard should be avoided.

9.

10) → The methods to purify water are;

- Boiling method.
- Chemical Method.
- Filtration Method.
- Solar DISinfection (SODIS) method.

⑨





ROSEBUD
SCHOOL

Name: Anuj Sapkota

Section: Grallica

Class: 8

Subject: HPE

9)

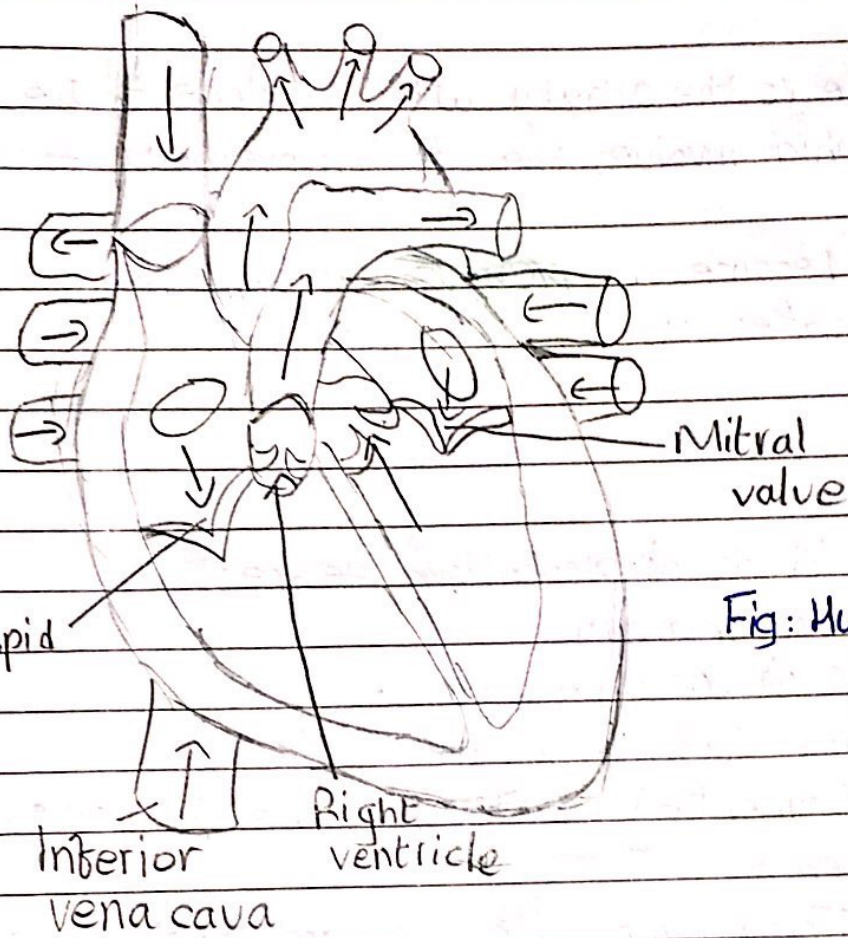


Fig: Human Heart