Light

This is a crucial source of energy for all plants. Although the amount of light an individual plant needs varies, all plants require some during the day. The majority of plants we grow in our homes need bright, indirect light rather than direct sunlight, but there are plenty than prefer a shadier spot.

The amount of light a room receives depends on the size of the windows, whether the light source is direct or indirect, and the aspect – south-facing windows are the brightest, then east-, then west-, with north-facing ones receiving little sun at all.

The area directly in front of a south-facing window usually gets the strongest and most direct light. In summer, particularly, this will be too much for almost all plants except the toughest cacti and succulents.

Bright, indirect light is found in front of west- and east-facing windows and a couple of meters/yards from south- facing one.

Semi-shade occurs in front of a north-facing window or to the side of one in a brighter room. The darkest, shadiest spots are in the back and sides of a room, particularly in rooms that receive no direct light or light just for a short time, altrough bright walls and mirrors help to reflect light in a room.

Light levels are reduced the closer you get to the ceiling, so remember this when choosing plants for hanging baskets, top shelves or on cupboards.

Remember that light is stronger in summer than in winter, so move plants that prefer brighter conditions nearer a window in the gloomier months.

If you can, turn plants every few days, so that they get event amounts of light and grow straight and balanced. Also keep leaves clean – too much dust can prevent leaves absorbing light.

Temerature

Almost all house plants like temperatures that are warm during the day and cooler at night. Some such a tropical plants want a hotter spot, while others such as palms and carnivotous plnants prefer life a little cooler. However, none likes dramatic swing of hot or cold, so avoid any draughts near doors and windowsills and keep plants away from ovens, radiators, fires and heaters. Note that some plants may need a cooler winter temperature, to promote flowering.

Humidity

Many plants, particulary those from the tropics, require a warm, moist atmosphere, with vapour levels in the air that are much higher than we can achieve normally in our centrally heated homes. Without the appropriate humidity level, plant leaves shrivel, turn brown and drop off, and growth can be stuned. Steamy bathrooms and kitchen are the obvious choice for plants such as these.

Bathroom Plants:

Aloe Vera, Boston Fern, Cast Iron Plant, Chinese Evergreen, Snake Plant, Diffenbachia, Golden Photos, Peace Lily, Ivy, Potted Bamboo, Spider Plant, Dracena

Bedroom Plants (for better sleep):

English Ivy, Peace Lily, Aloe Vera, Spider Plant, Monstera, Snake Plant, Lavender, Rubber Plant

Purify the air:

Spider plant, golden pathos, peace lily, snake plant, English ivy, Chinese evergreen, aloe vera, areca palm, rhapis palm

Air Plant

Easy to grow

Light: Air plants needs a bright light to do their best. Ane If light is at appropriate levels, they will flower and send out babies

Window: east or west window works and some may appreciate a south window.

Watering: Soak air plants once a week in tepid water for approximately 3 min, drain upside down for a short time and return them to their growing area.

Humidity: They love humid air

Home: kitchen or bathroom is perfect, if there is enough light

Aloe Vera

Easy to grow

Light: Give this plant bright light

Window: south or west windowshill, theuy will grow well

Watering: this juicy succulent does not need a lot of water, so keep the medium on the dry side. Never leave in standing water

Humidity:

Home:

Asparagus Fern

Easy to grow

Light: give it bright light but not full sun. The plant will yellow in full sun

Window:

Watering: Keep it erll-watered; if underwatered may drop s lot of leaves

Bishop’s cap cactus or star plant

Easy to grow

Light : bright light

Window: south-facing

Watering: do not overwater it

Bunny’s Ears, Polka Dot Cactus

Easy to grow

Light: bright

Watering: water thoroughly and then allow the medium to dry down

Cast Iron Plant

Easy to grow

Light: it can tolerate low light but would do well in medium light

Watering: tolerance to drying out, but would prefer to be evenly moist

Chinese Evergreen

Light: green hybrids can take low light, colorfull hybrids need medium light

Window: east or west

Watering: let soil dry down 1 to 2inches before watering

Humidity: prefers higher humidity

Corn Plant

Light: this plant can tolerate low light but would prefer medium to bright light not full sun

Watering: is important to water evenly over the entire potting medium

Dracena

Easy to grow

Light: quite tolerant of low-light, but would prefer a medium light to really thrive

Watering: they do not like to be overly wet but evenly moist

Golden Barrel Cactus

Easy to grow

Light: as much light as possible

Window: south window

Watering: don’t let completely dry out, especially during summer

Heartleaf Philodendron

Light: can survive in a low light , but will thrive in medium light

Window: east, west widow

Watering: forgiving plant if it dries out, but it would be kept evenly moist. It does not want to be wet

Hens and Chicks

Easy to grow

Light: bright light

Window: south

Watering: let them dry before watering

Lipstick Plant

Easy to grow

Window: east or west

Watering: Keep the plant evenly moist, do not let the plant stand in water

Lucky bamboo

Easy to grow

Light: bright light

Watering: most often grown in wate, change the water once, twice per month

Madagaskar plant

Easy to grow

Light: As much as possible

Monstera

Easy to grow

Light: medium, can survive low

Umbrella Plant

Easy to grow

Light: medium to bright

Peace Lily

Easy to grow

Light: medium to low

Ponytail Palm

Easy to grow

Light: as much a you can

Devil’s Ivy

Easy to grow

Light: tolerate low light, prefers medium light

Snake Plant

Easy to grow

Light: low to medium/bright

Spider Plant

Easy to grow

Light: low, medium, bright

Wandering Jew

Easy to grow

Light: medium to bright

Yucca Cane

Easy to grow

Light: medium to bright

Zebra Plant

Light: medium to bright

ZZ Plant

Easy to grow

Light: low, medium bright

Easy to grow: Aloevera, Asparagus fern, Bishop’s cap cactus, Air Plant, Bunny’s Ears, Cast Iron Plant, Chinese Evergreen, Corn Plant, Golden Barrel Cactus, Dracena, Heartleaf Philodendron, Hens and Chicks, Lucky Bamboo, Madagaskar Plant, Monstera, Umbrella Plant, Peace Lily, Ponytail Palm, Devil’s Ivy, Snake Plant, Spider Plant, Wandering Jew, Yucca Cane, Zebra Plant, ZZ Plant

Bright Sun: Air Plant, Aloe Vera, Asparagus Fern, Bishop’s cap cactus, Bunny’s Ears, Golden Barrel Cactus, Hens and Chicks, Lucky bamboo, Madagaskar Palm, Umbrella Plant, Snake Plant, Spider Plant, Wandering Jew, Yucca Cane, Zebra Plant, ZZ Plant

Medium sun: Cast Iron Plant, Chinese Evergreen, Corn Plant, Dracena, Heartleaf Philodendron, Lipstick Plant, Madagaskar Plant, Monstera, Umbrella Plant, Peace Lily, Devil’s Ivy, Snake Plant, Spider Plant, Wandering Jew, Yucca Cane, Zebra Plant, ZZ Plant

Low Light: Cast Iron Plant, Chinese Evergreen, Corn Plant, Dracena, Heartleaf Philodendron, Monstera, Peace Lily, Devil’s Ivy, Snake Plant, Spider Plant

South window: Aloe Vera, Bishop’s cap cactus, Golden Barrel Cactus, Hens and Chicks, Lucky bamboo, Umbrella Plant, Madagaskar Plant, Ponytail Palm, Snake Plant, Spider Plant, Yucca Cane

West window: Aloe Vera, Chinese Evergreen, Heartleaf Philodendron, Lipstick Plant, Umbrella Plant, Madagaskar Plant, Ponytail Palm, Devil’s Ivy, Snake Plant, Spider Plant, Wandering Jew, Zebra Plant

East: Chinese Evergreen, Heartleaf Philodendron, Lipstick Plant, Peace Lily, Devil’s Ivy, Snake Plant, Spider Plant, Wandering Jew, Zebra Plant

North: Peace Lily, Devil’s Ivy, Snake Plant, Spider Plant

High Humidity: Air Plants,