



## TEST YOUR MINDSET QUIZ

 JANUARY 18, 2018

 EDITOR

 COMMENTS OFF

What beliefs and attitudes do you hold? Learn more about your mindset and the assumptions you may hold on to without even realising.

Your *mindset* reflects your own world view or philosophy of life. Take the mindset quiz to find out more about the way you tick:

Your Mindset Score is 49 What the Scores Mean:

**45-60 YOUR RESULTS SUGGEST A STRONG GROWTH MINDSET.**

**34-44 YOUR RESULTS SUGGEST A GROWTH MINDSET BUT WITH SOME FIXED IDEAS.**

**21-33 YOUR RESULTS SUGGEST A FIXED MINDSET, BUT WITH SOME GROWTH IDEAS.**

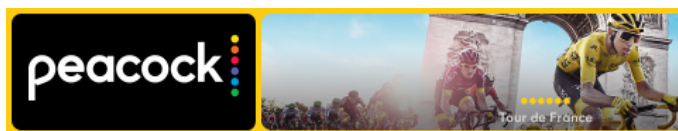
## ***MORE ABOUT MINDSET:***

### **QUIZ: HAVE YOU GOT A PLAYFUL MINDSET?**

### **DO YOU HAVE A GROWTH MINDSET?**

### **VIDEO: DEVELOPING A GROWTH MINDSET**

### **More Quizzes**



**WANT A POSITIVE  
FUTURE? LET GO OF THE  
PAST**

**BEST BENEFITS OF  
POSITIVE THINKING**



## **CATEGORIES**

**BODY POSITIVITY**

**HAPPINESS**

**HEALTH & WELLNESS**

**LIFESTYLE**

**MOTIVATION**

**RELATIONSHIPS**

**SELF-CONFIDENCE**

**SELF-IMPROVEMENT**

**SUCCESS**

## OUR COURSES

Understanding bipolar disorder  
Making moments  
Control: the art of self-discipline  
How to eliminate self-doubt  
Practicing patience  
Building more positivity  
21 steps to a whole new you  
Success fundamentals  
Emotional intelligence  
Fears, worry and stress  
Living life to the fullest  
Couch potato to fit and healthy  
Supercharge your brain

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when you sign up  
for a 5 year term

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## POSITIVITY SHOP

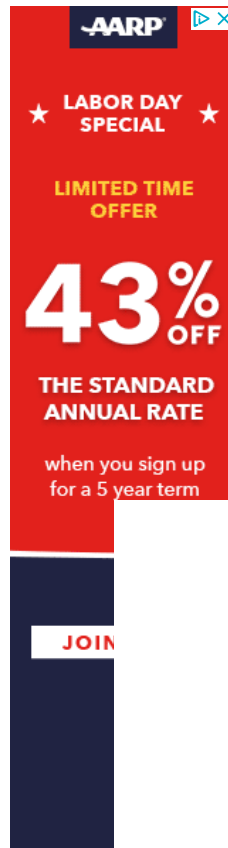


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## QUIZZES

Are you a people pleaser?

Am I control freak?

Body Language quiz

Happiness quiz

Optimism quiz

Have you got a playful mindset?

How well do you handle stress?

Life balance

Test your positive thinking

Check your assertiveness

Self-Esteem Quiz

Test your mindset

Test your empathy

Find your animal personality

Am I depressed?

Am I confident?