

You can always substantially change just how intelligent you are.

- ☐ Strongly agree
- ☒ Agree
- ☐ Disagree
- ☐ Strongly disagree

You are a certain kind of person and there is not much that can be done to really change that.

- ☐ Strongly agree
- ☐ Agree
- ☒ Disagree
- ☐ Strongly disagree

You can always change basic things about the kind of person you are.

- ☒ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☐ Strongly disagree

Musical talent can be learned by anyone.

- ☐ Strongly agree
- ☒ Agree
- ☐ Disagree
- ☐ Strongly disagree

Only a few people will be truly good at sports - you have to be born with it.

- ☐ Strongly agree
- ☐ Agree
- ☒ Disagree
- ☐ Strongly disagree

Mathematics is much easier to learn if you are male or you come from a culture that values it.

- ☐ Strongly agree
- ☐ Agree
- ☐ Disagree
- ☒ Strongly disagree

The harder you work at something the better you will get at it.

☐ Strongly disagree

No matter what kind of person you are you can always change substantially.

- ☒ Strongly agree
☐ Agree
☐ Disagree
☐ Strongly disagree

Trying new things is often stressful for me, so I tend to avoid it.

- ☐ Strongly agree
☒ Agree
☐ Disagree
☐ Strongly disagree

Some people are good and kind, and some are not - it's not often that people change.

- ☐ Strongly agree
☐ Agree
☒ Disagree
☐ Strongly disagree

I appreciate when others give feedback about my performance.

- ☒ Strongly agree
☐ Agree
☐ Disagree
☐ Strongly disagree

I often get angry if I get negative feedback about my performance.

- ☐ Strongly agree
☐ Agree
☒ Disagree
☐ Strongly disagree

All human beings are capable of learning.

- ☒ Strongly agree
☐ Agree
☐ Disagree
☐ Strongly disagree

You can learn new things, but you can't really change how intelligent you are.



TEST YOUR MINDSET QUIZ

 JANUARY 18, 2018

 EDITOR

 COMMENTS OFF

What beliefs and attitudes do you hold? Learn more about your mindset and the assumptions you may hold on to without even realising.

Your *mindset* reflects your own world view or philosophy of life. Take the mindset quiz to find out more about the way you tick:

Please answer all items:

Intelligence is something you are born with that can't be changed.

- ☐ Strongly agree
- ☐ Agree
- ☒ Disagree
- ☐ Strongly disagree

No matter how intelligent you are, you can always be more intelligent.

- ☒ Strongly agree

☐ Strongly disagree

You can do things differently, but the important part of who you are can't really be changed.

☐ Strongly agree

☐ Agree

☒ Disagree

☐ Strongly disagree

Human beings are basically good, but sometimes make terrible decisions.

☒ Strongly agree

☐ Agree

☐ Disagree

☐ Strongly disagree

An important reason why I study/learn is that I simply enjoy learning new things.

☒ Strongly agree

☐ Agree

☐ Disagree

☐ Strongly disagree

Truly smart people do not need to try hard.

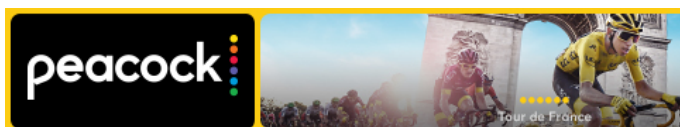
☐ Strongly agree

☐ Agree

☐ Disagree

☒ Strongly disagree

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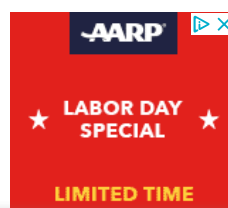


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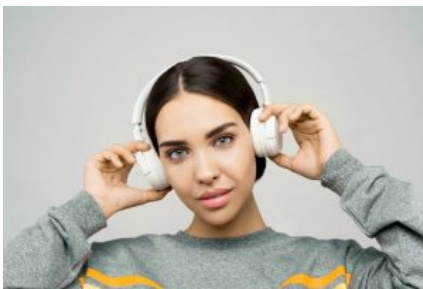
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