

Ca²⁺ increases the apparent viscous component of the passive response of cardiac muscle to stretch

Short Title: Ca²⁺ increases myocardial viscosity

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Keypoints:

- Recent studies found that electrical stimulation of skeletal muscle increased muscle stiffness independently of active contraction. This study aimed to determine if calcium activation of cardiac muscle also increased muscle passive stiffness independently of active contraction.
- Mouse demembranated cardiac trabeculae were probed at different calcium levels by inhibiting active contraction using the myosin ATPase inhibitor para-nitroblebbistatin (PNB).
- Muscle force response to stretch followed a viscoelastic pattern, where the peak force increased with faster stretch velocity, but steady-state force remained independent of stretch velocity.
- With active contraction inhibited by PNB, Ca²⁺ increased the viscous force response to stretch by approximately 3-fold compared to relaxed (low Ca²⁺) conditions.
- Calcium activation of a passive viscous mechanical phenomenon may play an important role in cardiac muscle properties during both systole and diastole.

ABSTRACT

Recent studies reported that electrical stimulation of skeletal muscle resulted in an increase of muscle stiffness that was independent of active contraction. The goal of this study was to determine if Ca^{2+} -activation of cardiac muscle increased muscle stiffness, independent of active contraction. The passive mechanical response of mouse demembranated cardiac trabeculae to stretch was probed at different calcium levels by inhibiting active contraction using the myosin ATPase inhibitor *para*-nitroblebbistatin (PNB). Myocardial stiffness was assessed by muscle stretches ($\approx 20\%$ initial length) using stretch velocities varying over three orders of magnitude. In response to stretch, muscle force rose to a peak and then relaxed toward a lower steady-state level, consistent with the viscoelastic nature of cardiac muscle. Peak force was higher with faster stretch velocity, but the steady-state force was independent of stretch velocity, consistent with the presence of both apparent viscous and elastic components of the stretch response. The major finding of this study was that with active contraction inhibited by PNB, Ca^{2+} increased the viscous force response to stretch by ≈ 3 -fold compared to the response measured under relaxed (low Ca^{2+}) conditions. Moreover, there was a sigmoidal relationship between increased viscous force versus Ca^{2+} level, consistent with a regulated response. For cardiac muscle, Ca^{2+} -activation of a viscous mechanical phenomenon may be an important determinant of both systolic and diastolic properties.

Keywords: Titin, Ca^{2+} , stiffness, HFpEF, systole, diastole

New and Noteworthy: Ca^{2+} is well-known to trigger activation of muscle contraction. This study demonstrates a new mechanical role for Ca^{2+} in cardiac muscle involving a 3-fold increase in the apparent viscosity of muscle tissue. Activation of viscosity by Ca^{2+} might significantly affect both contraction and relaxation of cardiac muscle.

59 INTRODUCTION

60 Electrical stimulation of frog skeletal muscle was recently reported to increase the resistance of
61 muscle sarcomeres to stretch, in a manner that was independent of active force development
62 by actin-myosin interactions (1). This phenomenon was attributed to effects on the mechanical
63 properties of titin and on titin's interactions with other sarcomeric proteins. Given the importance
64 of cardiac muscle mechanical properties in health and disease (2, 3), the goal of this study was
65 to determine if and how passive mechanical properties of cardiac muscle are sensitive to
66 activator Ca^{2+} . Using demembranated cardiac trabeculae from male and female mice, we
67 measured muscle force during and following muscle stretches that were imposed with a range
68 of velocities. To measure the effect of Ca^{2+} in the absence of force production, we inhibited
69 cross-bridge cycling using *para*-nitroblebbistatin (PNB) (4). As previously reported, we found that
70 the dynamic force response of cardiac muscle to stretch consists of a velocity-sensitive viscous
71 component and a velocity insensitive elastic component (5-8). Importantly we found that the
72 viscous component of the force response was \approx 3-fold higher at high Ca^{2+} levels compared to
73 relaxed low- Ca^{2+} conditions. In addition, Ca^{2+} activation of viscous stiffness was greater for
74 cardiac muscle from males vs. females. Our results demonstrate that in addition to triggering
75 activation of contraction, Ca^{2+} also increases the apparent viscous resistance to stretch in
76 cardiac muscle. This finding has significant implications for normal cardiac muscle function and
77 potentially, dysregulation during the development of disease.

METHODS

79 The study was approved by the Animal Care and Use Subcommittee of the San Francisco
80 Veterans Affairs Medical Center and conformed to the *Guide for the Care and Use of Laboratory*
81 *Animals* published by the National Institutes of Health (Revised 2011). This institution is
82 accredited by the American Association for the Accreditation of Laboratory Animal Care
83 (Institutional PHS Assurance Number is A3476-01).

84 **Demembranated right ventricular (RV) trabeculae:** Trabeculae were prepared as we recently
85 described (9) using 12-week old male and female C57BL/6J mice (Jackson Labs). Briefly, hearts
86 were removed from deeply anesthetized mice, placed in cold arrest solution and flushed with a
87 modified Krebs solution (9). A piece of the RV near the tricuspid valve that contained a trabecula
88 was dissected and immersed in ice cold relaxing solution (see below) plus 2% Triton X-100
89 (Sigma-Aldrich) for 1 hour, washed in ice-cold relaxing solution for 1 hour, then stored at -20°C
90 for up to 2 months in a 1:1 mixture of relaxing solution and glycerol (10, 11).

Solutions:

92 Ca²⁺-free relaxing solution (pCa 11) contained (in mM): EGTA 20; MgATP 8; creatine phosphate
93 12; N,N-bis[2-hydroxyethyl]2-aminoethane sulfonic acid (BES) 100; pH adjusted to 7.1 with
94 KOH, ionic strength adjusted to 200 mM with KCl, and temperature 21°C (12). Preactivating
95 solution was identical but with calcium-buffering reduced by replacing 19.5 mM of EGTA with
96 HDTA (hexamethylenediamine-N,N,NV,NV-tetraacetate) (Fluka). Activating solution (pCa 4.51)
97 contained 20 mM Ca²⁺EGTA. Relaxing and activating solutions were mixed to obtain solutions
98 with intermediate pCa (13). All solutions contained 1% (v/v) Protease Inhibitor Cocktail P-8340
99 and 10 IU/mL creatine kinase (Sigma, St. Louis, MO). To inhibit myosin cross-bridges *para*-
100 nitroblebbistatin (PNB) dissolved in DMSO was used (0.3% DMSO final).

102 **Mechanical studies:**

103 A demembranated trabecula (one per mouse) was attached using aluminum t-clips to a
104 force transducer (Model 400, Aurora Scientific, Inc., Ontario, Canada) and a computer-controlled
105 servo-motor in a small glass-bottomed chamber of a Permeabilized Fiber Test System (Model
106 1400A, Aurora Scientific, Inc., Ontario, Canada) on an inverted microscope with a video system
107 (Model 900B, Aurora Scientific, Inc., Ontario, Canada) to measure sarcomere length using a 40X
108 objective. Temperature was set to 21°C for mechanical studies.

109 In relaxing solution, the initial muscle length (L_0) was adjusted to set the sarcomere length
110 to 2.0 μm . Trabecula dimensions were measured (Table 1) and used to normalize muscle force
111 to the muscle cross-sectional area (assuming an elliptical cross-section). Trabeculae were
112 subjected to constant velocity stretches from 0.95 L_0 to 1.175 L_0 with stretch durations of 100s,
113 10s, 1s, and 0.1s. After each stretch, muscle length was held constant for 30-60s and then briefly
114 reduced to 0.8 L_0 to slacken the muscle and establish the zero force level. Between stretches,
115 muscles were equilibrated for 60s at a length of 0.95 L_0 .

116 Maximal Ca^{2+} -activated force (F_{max}) was measured by moving the trabecula to pre-
117 activating solution for 60s, activating solution for 6s, and then returned to relaxing solution.

118 Cross-bridge cycling was inhibited by addition of PNB (50-100 μM) to all solutions.
119 Stretch-hold protocols were repeated in the presence of PNB in relaxing, activating, and
120 intermediate pCa solutions.

121 The relationship between muscle viscous force (F_{η}) versus $[\text{Ca}^{2+}]$ was fit to the Hill
122 equation: $F_{\eta} = F_{\eta_{\text{max}}} \times [\text{Ca}^{2+}]^{nH} / ([\text{Ca}^{2+}]^{nH} + \text{EC}_{50}^{nH})$, where $F_{\eta_{\text{max}}}$ is the maximum Ca^{2+} -activated
123 viscous force, EC_{50} is the $[\text{Ca}^{2+}]$ at which F_{η} is 50% of $F_{\eta_{\text{max}}}$, and nH is the Hill coefficient
124 reflecting the slope of the relationship at EC_{50} .

125 The relationship between F_{η} and stretch velocity (V) was fit to the dose-response relation:
 126 $F_{\eta} = F_{\eta_{\min}} + V \times (F_{\eta_{\max}} - F_{\eta_{\min}}) / (V_{50} + V)$, where $F_{\eta_{\min}}$ is minimum value of F_{η} (in relaxing
 127 solution), and V_{50} is the velocity resulting in a half maximal increase of F_{η} .

128 **Sex differences in muscle stiffness properties:** We compared stiffness properties of RV
 129 trabeculae from 12-week old adult male vs. female mice. For males, body weight was greater
 130 (25.4 ± 1.3 g, $n=3$), than for females (weight 20.0 ± 0.2 g, $n=3$, $P = 0.015$). However, the
 131 dimensions of RV trabeculae, and the passive and active forces of unstretched muscles
 132 (sarcomere length $2.0 \mu\text{m}$) were not different between males and females (Table 1).

133 **Statistical analysis:** Data are presented as mean \pm SE. Statistical tests were performed using
 134 Prism 10 software (GraphPad Software, Inc., La Jolla, CA) with a significance level set at $P<0.05$.

135

136 **Table 1. Dimensions and forces for trabeculae used in stiffness measures**
 137

	Male	Female	<i>P</i>
Dimensions (μm)			
Length	850 ± 139	810 ± 134	NS
Width	97 ± 8.4	131 ± 17.7	NS
Thickness	83 ± 2.5	84.4 ± 3.4	NS
Forces (kPa)			
Passive	0.93 ± 0.01	0.95 ± 0.11	NS
Developed	57.4 ± 1.9	59.8 ± 10.2	NS
PNB-inhibited	7.3 ± 4.4	5.2 ± 3.1	NS

138

139

140 *Pooled measurements for trabeculae from males and females ($n = 3/\text{group}$) and t-test*
 141 *comparisons. Muscle length was adjusted to set the sarcomere length to $2.0 \mu\text{m}$.*

RESULTS

Effect of strain rate on viscous force response to stretch

Figure 1 shows typical records of muscle length, sarcomere length and muscle force for a relaxed trabecula subjected to a linear ramp stretch of 10 s duration. Muscle length was linearly increased from 0.95 L_0 to 1.175 L_0 , associated with an increase of sarcomere length from $\approx 1.9 \mu\text{m}$ to $2.3 \mu\text{m}$. In line with previous reports, stretch caused force to increase to a peak and then relax to a steady-state level 30-60s after the stretch (5-8). This stress-relaxation did not involve an appreciable change in sarcomere length.

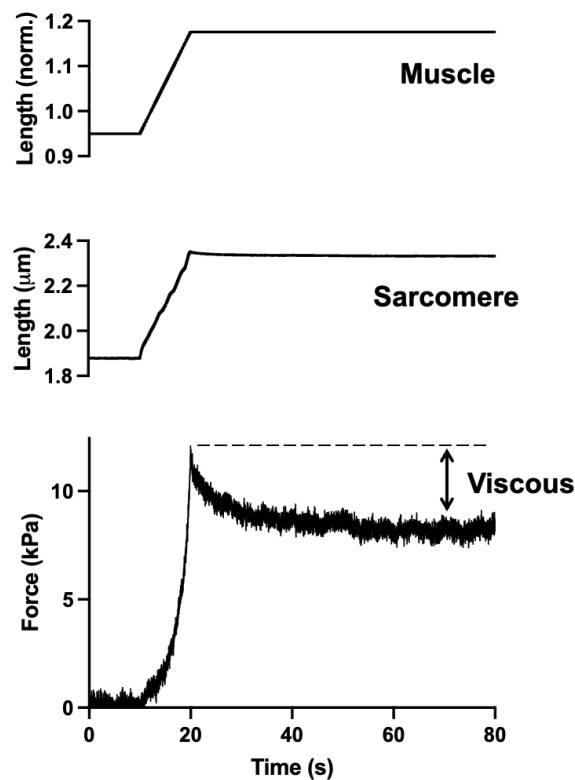
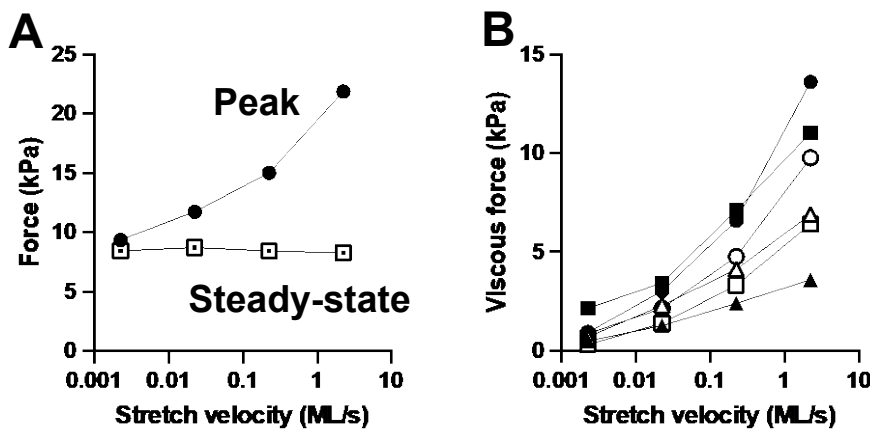


Figure 1. Example records of changes in muscle length, sarcomere length and muscle force in response to a linear muscle stretch under relaxing conditions. Viscous force of relaxed muscle was quantitated from the difference in the peak force at the end of the stretch versus the quasi-steady state level of force reached 30-60s after the stretch. Muscle length is normalized to the length at which the sarcomere length is $2.0 \mu\text{m}$.

156 Peak force and steady-state force levels were measured after muscle stretches with
 157 velocities varying over three orders of magnitude (Fig. 2A). Peak force and steady-state force
 158 were almost identical at the slowest stretch velocity (2.25×10^{-3} muscle lengths per second
 159 (ML/s), 100 s stretch duration). However, as previously reported (5), the peak force after stretch
 160 progressively increased with increasing stretch velocity (Fig. 2A). In contrast, the steady-state
 161 force level (assessed 30s after stretch) did not change as a function of stretch velocity.
 162 Accordingly, the viscous force in response to stretch (peak force, minus steady-state force) was
 163 observed to increase with increasing stretch velocity in all experiments (Fig. 2B) ($P < 0.0001$,
 164 repeated measures one-way ANOVA). The dependence of the viscous force response on stretch
 165 speed was not linear and thus is not captured by a linear viscous element model. For all
 166 experiments on relaxed muscle, there was not a significant male vs. female difference observed
 167 in the effect of stretch velocity on viscous force ($P = 0.72$, repeated measures two-way ANOVA).
 168
 169



170 **Figure 2. Rapid stretch increased viscous stiffness** (A) Example data of peak and steady
 171 state forces levels after stretches of relaxed muscle with velocities ranging over 3 orders of
 172 magnitude; note logarithmic abscissa scale for stretch velocity in muscle lengths per second
 173 (ML/s). (B) For all muscles in relaxing conditions, the viscous force (peak minus steady state)
 174 increased with increasing stretch velocity ($P < 0.0001$, repeated measures one-way ANOVA).

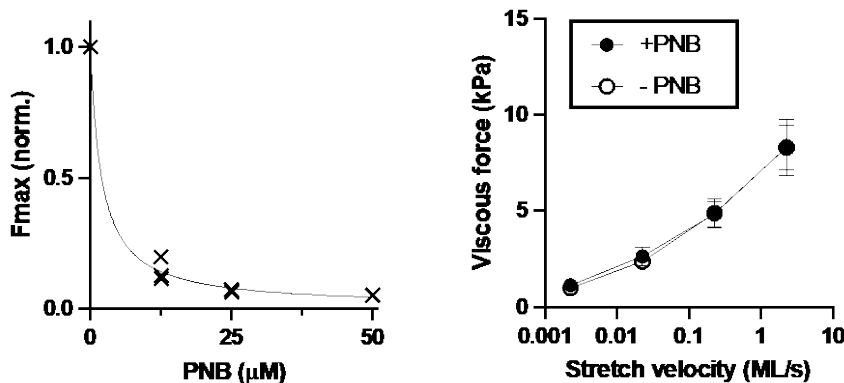
175 The effect of stretch on viscous force in relaxed solution was not different for males (closed
 176 symbols) versus females (open symbols) ($P = 0.72$, repeated measures two-way ANOVA).

177

178 Inhibition of myosin cross-bridges by *para*-nitroblebbistatin (PNB)

179 To determine the effect of Ca^{2+} on the viscous force response, we inhibited Ca^{2+} -
 180 activation of actin-myosin cross-bridge formation using PNB (4). In separate dose-finding
 181 studies, maximum Ca^{2+} -activated force was substantially decreased by PNB ($\text{EC}_{50} \approx 2 \mu\text{M}$, $n =$
 182 3, Fig. 3A), consistent with previous studies (14). For subsequent experiments, the PNB dose
 183 was $50 \mu\text{M}$ ($n=5$) or $100 \mu\text{M}$ ($n = 1$), consistent with recent studies (15).

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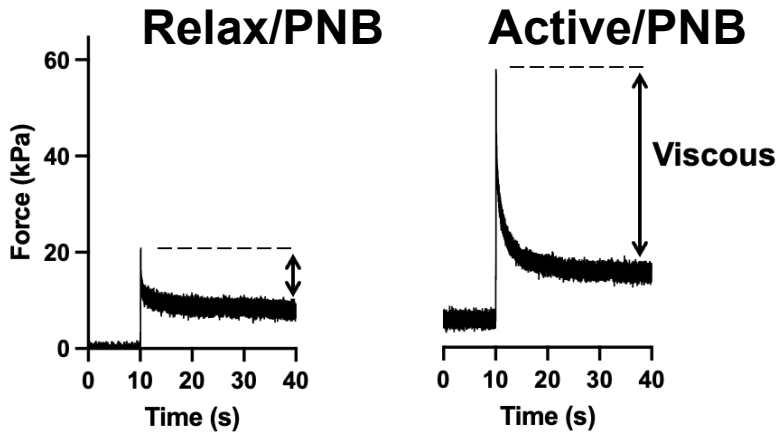


185 **Figure 3. No effect of PNB on viscous stiffness** (A) Dose-response for inhibition by PNB of
 186 Ca^{2+} -activated muscle force (normalized to maximum) ($n=3$). (B) Pooled data of viscous force
 187 vs. stretch velocity. Data before PNB treatment (open symbols) were not different compared to
 188 after PNB treatment (closed symbols) ($P = 0.99$, repeated measures two-way ANOVA).

189

190 Inhibition of cross-bridge formation by PNB did not change the viscous force observed in
 191 relaxed muscle as a function of stretch velocity (Fig. 3B, $P = 0.99$, repeated measures two-way
 192 ANOVA). This finding suggests that in the absence of PNB, cross-bridges do not contribute to
 193 the observed viscous component of the force response (e.g. via residual cross-bridge

194 attachment). Moreover, the reproducibility of the muscle response to stretches before versus
 195 after PNB exposure indicates that the processes determining muscle viscosity (e.g. uncoiling
 196 and then refolding of titin) are reversible.



197
 198 **Figure 4.** Example records of changes in muscle force in response to a rapid (0.1 s) stretch in
 199 relaxing/PNB solution (left) and activating/PNB solution (right). The viscous component of the
 200 force response (arrows) was markedly increased in activating/PNB solution.

201
 202 **Effect of Ca^{2+} on viscous force response to stretch**

203 Figure 4A shows typical records of changes in force following rapid (0.1s) stretches of a
 204 trabecula, first in relaxing solution containing PNB, and then in activating solution containing
 205 PNB. The viscous force response to stretch (evidenced by stress-relaxation from peak force to
 206 steady-state force) was markedly increased in the activating/PNB solution compared to the
 207 relaxing/PNB solution. Figure 4 also shows that the initial level of force prior to stretch was
 208 increased in activating/PNB solution, indicating residual activation of contraction. Moreover, the
 209 steady-state level of force 30s after the stretch was elevated in activating/PNB solution
 210 compared to relaxing/PNB solution, which might also reflect residual activation of contraction.

212 In the activating/PNB solution, the velocity-dependent, or viscous, component of the force
213 response to stretch was markedly increased at higher stretch velocity in all experiments ($P <$
214 0.0001, repeated measures one-way ANOVA) (Fig. 5A). Moreover, the viscous force response
215 to stretch was considerably greater in activating/PNB solution compared to relaxing/PNB (Fig.
216 5B) ($P < 0.0001$, repeated measures two-way ANOVA). The extrapolated maximum in
217 activating/PNB solution (31.7 kPa) was \approx 3-fold greater than in relaxing/PNB solution (9.1 kPa)
218 (Fig. 5B). However, the stretch velocity that resulted in a half-maximal increase in viscous force
219 was similar in activating/PNB solution (0.23 ML/s) versus relaxing/PNB solution (0.26 ML/s).

220 Interestingly, the viscous force response to stretch was higher for males than for females
221 (Fig. 5C. $P = 0.039$, 2-way repeated measures ANOVA, $n=3$ per group). For each muscle, when
222 the viscous force response to stretch was normalized to the maximum developed force, the
223 observed sex difference was maintained and had greater statistical significance ($P = 0.0035$, 2-
224 way repeated measures ANOVA, $n=3$ per group).

225 The dependence of the viscous force component on Ca^{2+} level was assessed in terms of
226 the response to the fastest stretch velocity (2.25 ML/s) over a range of Ca^{2+} levels. The viscous
227 force vs. pCa relation (Fig. 6) had a sigmoidal form that was well described by the Hill equation
228 ($\text{EC}_{50} = 1.4 \mu\text{M}$, $nH = 2.1$, $n = 6$). This relationship did not differ between males and females (P
229 $= 0.89$, 2-way repeated measures ANOVA).

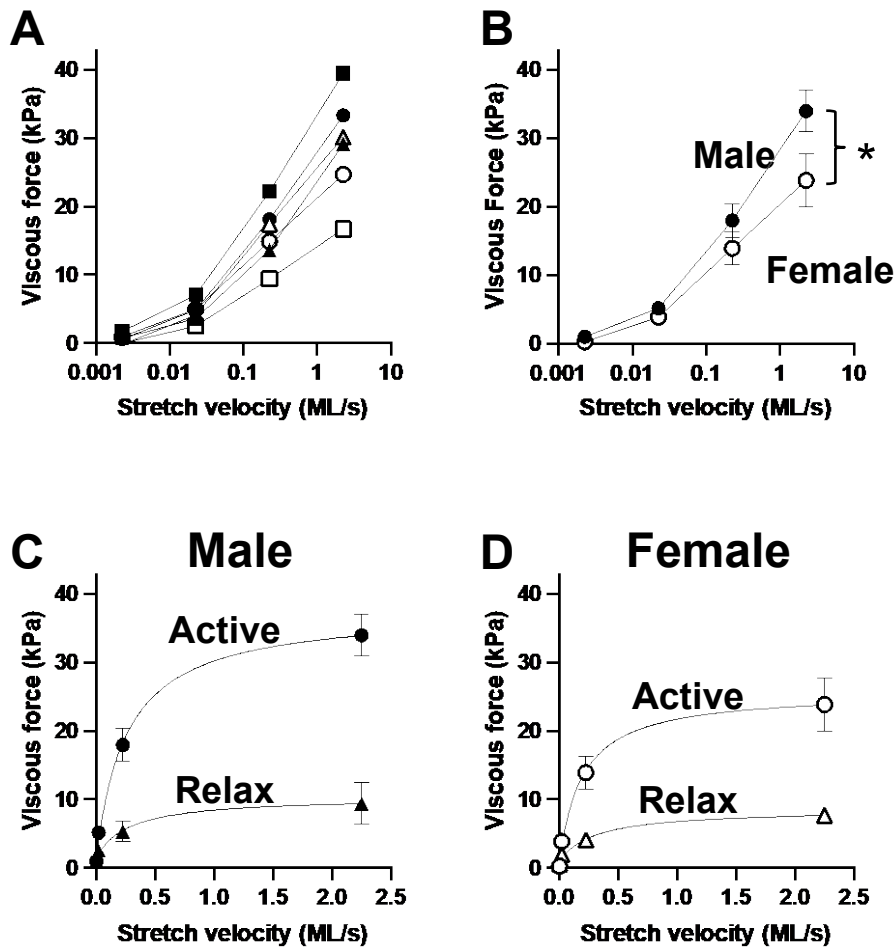
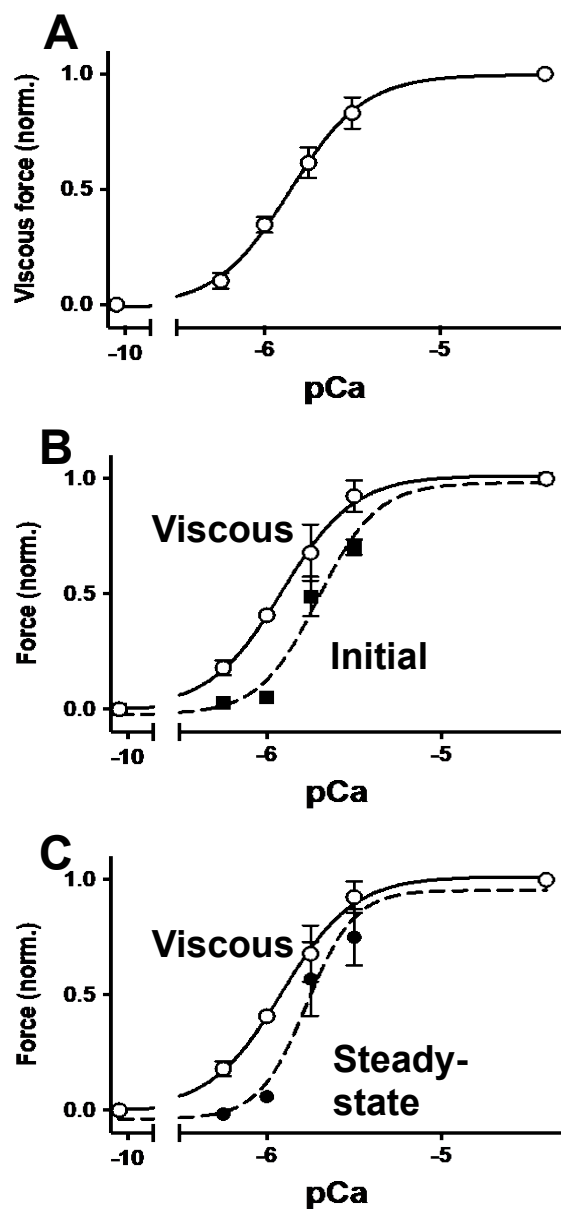


Figure 5. Ca^{2+} increased viscous stiffness (A) Viscous force (peak minus steady state) response to stretch was significantly increased at higher stretch velocity in activating/PNB conditions ($P < 0.0001$, repeated measures one-way ANOVA, open symbols females, closed symbols males). (B) Pooled data (linear abscissa scale) showing the viscous force response to stretch in activating/PNB solution was considerably higher than in relaxing/PNB solution ($****P < 0.0001$, repeated measures two-way ANOVA). (C) Pooled data showing the viscous force response to stretch in activating/PNB solution was higher in trabeculae from males than females ($*P < 0.05$, repeated measures two-way ANOVA).



239

240 **Figure 6. Ca^{2+} -activation of stiffness** Pooled data showing the effect of Ca^{2+} level of the

241 viscous force response to the fastest stretch (velocity 2.25 ML/s, $n = 6$). Data were fit to the Hill

242 equation.

DISCUSSION

This study found that activator Ca^{2+} caused a large increase in the dynamic viscoelastic force response of cardiac muscle to stretch. The Ca^{2+} -mediated increase in viscous force was present when Ca^{2+} -activation of contraction was minimized using the inhibitor PNB. This novel effect of Ca^{2+} on cardiac muscle mechanics may be a determinant of both active and passive cardiac muscle properties. The Ca^{2+} -mediated increase in viscous component of the stretch response was present in myocardium from both males and females, and appeared greater in males.

Stress relaxation after stretch

Our experiments reveal a familiar biphasic stress response to a ramp increase in muscle length. Force increased during the stretch and reached a peak at the completion of the stretch. Following the ramp stretch, when the muscle length was held at a constant final length, the stress decayed to a steady level. The observed peak stress increased with increasing stretch velocity, even as the final length was the same for all ramp speeds. This dependence of peak stress on the rate of stretching is consistent with a nonlinear viscous component of the passive mechanical response of the muscle to stretch (5). Importantly, this magnitude of the viscous response was sensitive to stretch velocity over a physiologically relevant range of stretch velocities, suggesting relevance to the systolic and diastolic function of the beating heart.

Following a stretch, cardiac muscle is known to manifest stress-relaxation (5-8), which is consistent with a viscoelastic material response. Multiple structural elements might contribute to muscle viscous properties, including titin, actin, microtubules, intermediate filaments and the extracellular matrix (2). We found that stress-relaxation did not involve a gross change in sarcomere length, suggesting that only short-range structural changes were involved.

267 The observed viscous component of the stress response to stretch was not affected by
268 PNB in relaxed muscle indicating that muscle cross-bridges did not contribute to the velocity
269 dependency of the peak force response (Fig. 3) or to the stress relaxation. In an accompanying
270 paper we present a theoretical analysis of the observed stress response to stretch that suggests
271 that the passive stress relaxation proceeds over a power-law time course that is governed by
272 the molecular mechanics of the elastic domain of titin in the I band of the sarcomere (16).

273

274 **Ca²⁺ activation of cardiac muscle viscous stiffness.**

275 Recent studies reported that electrical activation of frog skeletal increased the passive
276 component of stiffness when active force development was prevented by the cross-bridge
277 inhibitor PNB (1). This was suggested to result from switching of titin from an extensible spring
278 (OFF-state) to a mechanical rectifier (ON-state) that allows shortening but has an elevated
279 resistance to stretch (1). The titin ON state and increased muscle stiffness was hypothesized to
280 involve cross-linking of flexible titin to relatively stiffer actin filaments (1). Electrical stimulation
281 results in an increase of intracellular Ca²⁺ level which could trigger changes in titin properties.
282 Indeed, previous studies have suggested Ca²⁺-mediated stiffening of titin involves Ca²⁺ binding
283 to the PEVK region (17) or to the immunoglobulin domain (18). Moreover, interaction between
284 actin and titin has been proposed to increase muscle stiffness (19-21).

285 The current study tested the effect of activator Ca²⁺ level on cardiac muscle stiffness.
286 Consistent with the aforementioned studies of skeletal muscle, in cardiac muscle stiffness was
287 regulated by activator Ca²⁺ level. This phenomenon considerably expands the role of Ca²⁺ for
288 impacting cardiac muscle mechanical properties where Ca²⁺ mediates both activation of
289 contraction and an increase in muscle stiffness. The Ca²⁺-mediated increased muscle viscous
290 stiffness will likely be important in regulating both contraction and relaxation, and might play a
291 role in development of disease.

292 In the presence of the cross-bridge inhibitor PNB, Ca^{2+} increased the magnitude of the
293 viscous force response to muscle stretch by ≈ 3 -fold relative to the relaxed state suggesting that
294 cross-bridges do not play a role in mediating the Ca^{2+} -dependency of the viscous force peak.
295 Interestingly, despite the large increase in viscous force in the activated state versus the relaxed
296 state, the dependence of viscous force on stretch velocity was similar in both relaxing and
297 activating conditions. This might indicate a similar mechanism underlying viscous stiffness in
298 both active- and relaxed states.

299 The dependence of viscous stiffness on the level of activator Ca^{2+} followed a sigmoidal
300 relationship similar to that observed with myofilament activation by Ca^{2+} , consistent with a
301 coordinated effect of Ca^{2+} to both increase force development and increase viscous stiffness.
302 Possibly, the mechanisms contributing to activation of contraction may play a role in activation
303 of the viscous force response to stretch. The Ca^{2+} -mediated increase in cardiac muscle viscosity
304 was greater in males than females. Potentially, this could contribute to sex-differences in systolic
305 and diastolic behavior and warrants further study.

306

307 **Limitations**

308 The mechanism governing the Ca^{2+} -dependence of the viscoelastic properties of the
309 muscle was not determined in this study. In the accompanying paper (16), we use a
310 computational model to quantitatively investigate if and how Ca^{2+} -dependent binding of titin to
311 actin (1) can account for both effects on stiffness and effects on the time-course of stress
312 relaxation.

313 The observed sex-difference in the viscous force response to stretch is intriguing, but is
314 not definitive given the small group sizes and thus requires further study.

315 This study used RV trabeculae; it is not clear if results are relevant to LV myocardium.

316 Consistent with previous studies, the myosin ATPase inhibitor PNB did not fully inhibit
317 cardiac muscle contraction (15). Residual muscle contraction might confound the assessment
318 of muscle stiffness. However, for all experiments, with a wide range of residual contraction level
319 (1.5% - 26.4%), Ca^{2+} caused a similar increase in the viscous force response to stretch. This
320 suggests that the increased viscous force response at high Ca^{2+} level was not explained by
321 residual contraction.

322

323 **Conclusion**

324 In addition to Ca^{2+} -activation of contraction, Ca^{2+} also markedly increases the apparent
325 viscous force response to rapid stretch of cardiac muscle. This behavior opens a new window
326 on Ca^{2+} modulational of cardiac muscle mechanical properties that likely has important
327 implications for understanding both systolic and diastolic properties.

328

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333

334 **Disclosures**

335 None

336 **Data availability**

337 All data available at <https://github.com/beards-lab/TitinViscoelasticity/>

338

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Conflict of interests:

None.