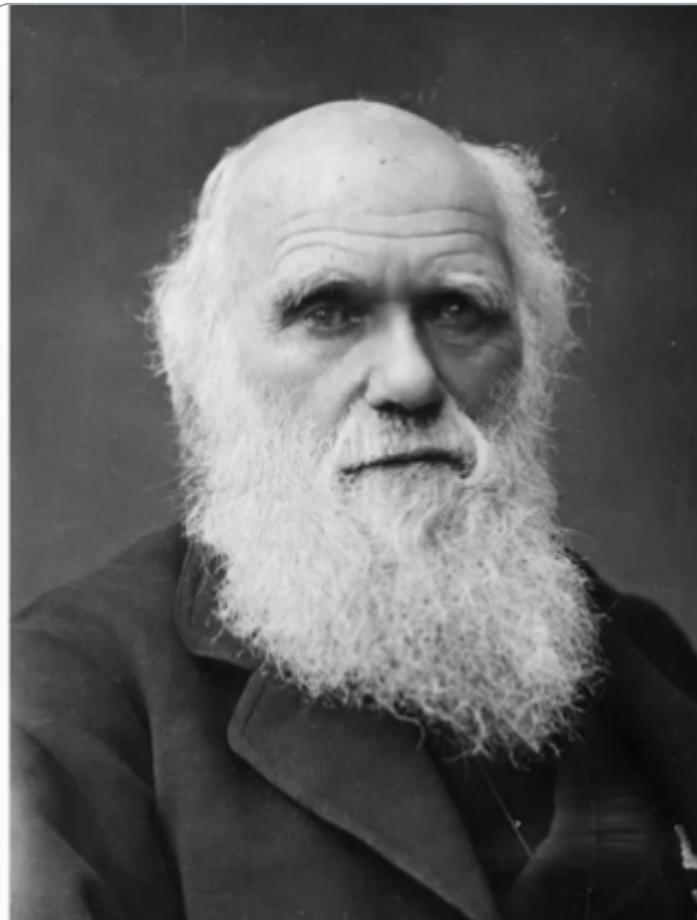


LIVING FILES THEORY

From static notes to adaptive memory systems



Variation → Selection → Retention
Applied to AI memory + context

