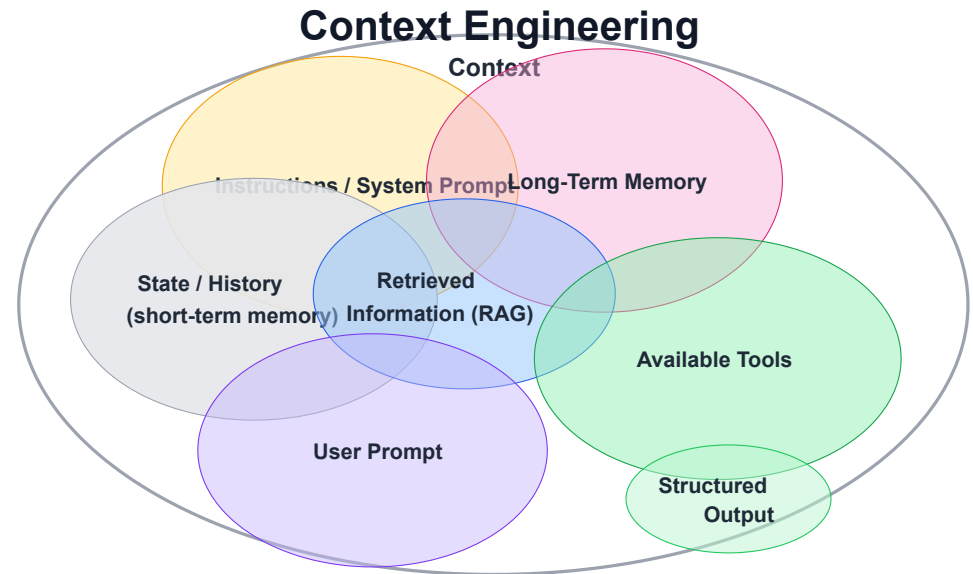


LIVING FILES THEORY

From static notes to adaptive memory systems

Place Darwin image here

Variation → Selection → Retention
Applied to AI memory + context



● Instructions

● Long-term memory

● Short-term state