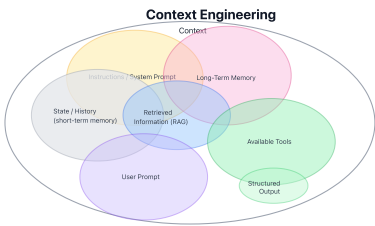


LIVING FILES THEORY

From static notes to adaptive memory systems

Evolution Metaphor
(Darwin reference)

Variation → Selection → Retention
Applied to AI memory + context



- Instruction
- Long-term memory
- Short-term state
- RAG retrieval
- User prompt
- Tools + output