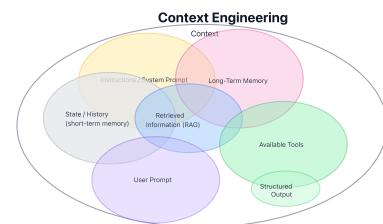


LIVING FILES THEORY

From static notes to adaptive memory systems

Evolution Metaphor
(Darwin reference)

Variation → Selection → Retention
Applied to AI memory + context



● Long-term memory
● Short-term state
● RAG retrieval
● User prompt
● Tools + output