

# Prenatal Exposure to Air Pollution and the Development of Socio-Emotional Skills

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December 2024

## Abstract

This paper provides causal evidence on the effect of in-utero exposure to air pollution on socio-emotional ability in childhood. Using thermal inversions to address endogeneity in pollution exposure and data from a representative household survey in Germany, I find that an increase in fine particulate matter concentration by  $1 \mu\text{g}/\text{m}^3$  during the prenatal period increases neuroticism and internalizing behavior by 13% and 18% of a standard deviation, respectively. This implies that affected children are less emotionally stable and suggests adverse impacts on mental health. The effects on emotional stability are more pronounced than impacts on measures of cognitive ability. Back-of-the-envelope computations indicate that a standard deviation increase in air pollution reduces adult earnings by 0.23%-0.74% through its impact on socio-emotional ability. These results provide a better understanding of how in-utero exposure to air pollution generates adverse long-run effects and what type of interventions might be effective in mitigating them.

**JEL Codes:** Q53, J24, J13

**Keywords:** air pollution, human capital, child development, non-cognitive skills, mental health

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# 1. INTRODUCTION

Air pollution adversely affects several dimensions of human health and well-being, imposing high costs on society and hindering social mobility. Exposure to air pollution during the year of birth reduces educational attainment as well as adult earnings and employment (Isen et al., 2017; Voorheis, 2017). Colmer and Voorheis (2021) show that the adverse impacts of prenatal exposure even extend to the next generation. Since low-income families and minorities often live in more polluted neighbourhoods than more affluent groups (see e.g. Banzhaf et al., 2019; Currie et al., 2023; Rüttenauer, 2018), these long-run effects of air pollution not only impose a substantial economic cost on society, but also inhibit equality of opportunity.

Optimal policy responses to this issue might depend on the mechanisms driving the adverse long-run effects of early pollution exposure. As education and labor market outcomes are functions of human capital, its core components – cognitive and socio-emotional skills – are potential mediators. While cognitive ability captures intelligence, socio-emotional skills – also known as non-cognitive skills or personality traits – comprise a variety of abilities that are weakly correlated with intelligence, such as social competencies, emotional stability and persistence. The existing evidence regarding these channels is incomplete. While prenatal pollution exposure has been shown to reduce scores in school tests (Bharadwaj et al., 2017; Sanders, 2012) and fluid intelligence (Molina, 2021), i.e. measures of cognitive skills, evidence regarding its effect on socio-emotional abilities is missing. Therefore, the aim of this paper is to investigate whether in-utero exposure to air pollution affects socio-emotional skills, and to assess how important this potential channel is relative to the cognitive ability mechanism.

I employ data on socio-emotional abilities during childhood from the German Socio-Economic Panel (Goebel et al., 2019). The survey includes mother-reported Big Five personality traits and child behavior from the Strength and Difficulties Questionnaire (SDQ) for children aged 5-10. I combine these outcomes for a sample of 8,250 children born between 2000 and 2014 with data on satellite-derived particulate matter with a diameter of less than 2.5  $\mu\text{m}$  (PM<sub>2.5</sub>) and reanalysis data on meteorological conditions. To address endogeneity in particulate matter exposure, I exploit exogenous variation in thermal inversions in an instrumental variable (IV) approach (following e.g. Arceo et al., 2016; Molina, 2021). An inversion is a meteorological phenomenon during which air temperature increases with altitude. The warm upper air layer acts like a ceiling that prevents ground-level emissions from dispersing, causing an increase in surface-level pollution concentrations.

I find that prenatal pollution exposure reduces emotional stability; a 1 unit in-

crease in gestational PM2.5 raises the Big Five trait neuroticism by 13% of a standard deviation. In line with this, it also increases internalizing behavior, which is based on the SDQ and relates to adverse emotional symptoms and problems in the interaction with peers, by 18% of a standard deviation. I do not find evidence for effects of prenatal air pollution exposure on other dimensions of the Big Five or externalizing behavior, which captures hyperactivity and conduct problems.

The effects on emotional stability are economically relevant: For a standard deviation increase in PM2.5, the effect magnitude exceeds the impacts of several other interventions reported in the literature, e.g. an unconditional cash transfer or an extension of maternity leave. Since previous research established negative effects of both neuroticism and internalizing behavior on labor market outcomes, they are plausible channels underlying the adverse long-run effects of early-life pollution exposure. Back-of-the-envelope computations imply that a standard deviation increase in PM2.5 reduces earnings by roughly 0.23 – 0.74% via the deterioration in socio-emotional skills. The effect sizes are of the same order of magnitude as the impact of air pollution on cognitive ability found in earlier work. In this setting, I find no significant effects of prenatal pollution exposure on cognitive skills, which suggests that socio-emotional skills may be more sensitive to pollution than intelligence.

The effects on neuroticism and internalizing behavior are mainly driven by increases in the upper tail of the distributions. This is especially concerning, since high levels of neuroticism and internalizing problems have been linked to mental health issues. As mental health disorders pose a huge economic burden – through medical spending and as leading causes of disability – this further underscores the economic relevance of the effects. Among children in high-income households, effects are slightly attenuated, suggesting potential for remediating investments into socio-emotional skills. The main findings are robust to changes in sample construction, air pollution measurement, and model specification, and remain qualitatively unchanged when including sibling fixed effects.

Understanding which mechanisms drive adverse long-term effects of early-life pollution exposure, and how important the respective channels are in quantitative terms is paramount when deciding about feasible and appropriate policy responses. While the predictive power of cognitive and socio-emotional skills for educational attainment and labour market performance is comparable, they differ crucially in how they respond to intervention programs and investments: There is growing evidence that socio-emotional skills are malleable up until adulthood and can be improved by way of low-cost interventions implemented in the classroom- or even work-environment ([Adhvaryu et al., 2023](#); [Alan et al., 2019](#); [Sorrenti et al., 2024](#)),

whereas cognition is less malleable, especially after school start age (e.g. [Almlund et al., 2011](#); [Cunha et al., 2010](#)). Hence, if long-term effects were driven purely by reduced cognitive skills, the only option to avoid them in future cohorts would be to reduce air pollution. If, on the other hand, socio-emotional abilities play a relevant role as well, as indicated by my results, long-term effects can also be alleviated *ex-post* via intervention programs or investments targeting these abilities. Given that it can be extremely costly or even impossible to reduce pollution levels in some circumstances (e.g. pollution arising from another jurisdiction or from natural sources like desert dust), and that it would only benefit future cohorts, investigating whether alternative options exist to compensate individuals *ex-post* for exposure to high levels of pollution while in utero, is highly policy-relevant.

This study contributes to the literature on the long-run consequences of early-life exposure to air pollution by providing first causal evidence regarding effects on socio-emotional abilities. This complements work studying long-term impacts on cognitive skills ([Sanders, 2012](#); [Bharadwaj et al., 2017](#); [Molina, 2021](#)) and physical health ([Klauber et al., 2024](#); [Ferro et al., 2024](#)). Moreover, using data on cohorts born in Germany after 2000, I study a setting with relatively low baseline pollution levels.<sup>1</sup> I thus shed light on a different part of the dose-response function than existing papers on the effects of gestational pollution exposure on human capital which use data from developing countries ([Bharadwaj et al., 2017](#); [Molina, 2021](#); [Rosales-Rueda and Triyana, 2019](#)) or cohorts born in the US during the 1970s-1980s ([Isen et al., 2017](#); [Voorheis, 2017](#)), i.e. settings with higher pollution levels.

Understanding the development of socio-emotional skills is a topic of major interest as the returns to these skills have increased over recent decades relative to the returns to cognitive ability ([Deming, 2017](#); [Edin et al., 2017](#)). Related studies e.g. analyze the effects of family income ([Akee et al., 2018](#)), birth order ([Black et al., 2018](#); [Houmark, 2023](#)), parents' labor market incentives ([Hufe, 2024](#)) or child care arrangements ([Gupta and Simonsen, 2010](#); [Houmark et al., 2022](#)). [Persson and Rossin-Slater \(2018\)](#) and [Adhvaryu et al. \(2019\)](#) also investigate the impact of prenatal conditions, specifically maternal stress and malnutrition, on later life mental health and socio-emotional ability. [Grönqvist et al. \(2020\)](#) analyze how childhood exposure to lead affects adult outcomes, and identify socio-emotional skills as an important mechanism. Relative to them, I investigate the role of less toxic air pollutants, which - as an externality of economic production and traffic - are omnipresent in both developing and developed countries.

Finally, my results on how in-utero exposure to air pollution affects neuroticism and internalizing behavior at ages 5-10 add new evidence on the *missing middle* of

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<sup>1</sup>Mean gestational PM2.5 exposure in my sample is 14.7  $\mu\text{g}/\text{m}^3$ .

human capital formation – the relative lack of knowledge on how early life interventions or shocks transition through middle childhood ([Almond et al., 2018](#)).

## 2. BACKGROUND

To capture the different dimensions of socio-emotional ability, I rely on the Big Five personality traits and behaviors assessed in the SDQ at ages 5-10. There is ample evidence in developmental psychology that children differ substantially in character traits by school start age and that these traits are predictive of their adult personality ([Almlund et al., 2011](#); [De Pauw, 2017](#)). Moreover, childhood socio-emotional ability is a significant determinant of educational achievement ([Carneiro et al., 2007](#); [Johnston et al., 2014](#)). The Big Five are a widely used taxonomy, comprising openness, conscientiousness, extraversion, agreeableness and neuroticism. Among these traits, conscientiousness (the tendency to be organized, responsible, and hard-working) and emotional stability (the opposite of neuroticism) show the most robust positive correlations with labor market success (e.g. [Almlund et al., 2011](#); [Cubel et al., 2016](#); [Fletcher, 2013](#)). The SDQ assesses prosocial behavior, externalizing behavior (which is directed outward, linked to aggression and hyperactivity, and tends to create conflict with one's environment), and internalizing behavior (which is directed inward, leads to distress and includes symptoms such as social withdrawal, shyness, fearfulness, and anxiety). Internalizing behavior has been linked to lower adult earnings, while externalizing behavior can increase earnings ([Papageorge et al., 2019](#)).

Findings from brain lesion studies and psychopharmacological research imply that socio-emotional abilities are governed by the brain (e.g. [Almlund et al., 2011](#)). Personality neuroscience uses neuroimaging techniques to identify how personality traits depend on brain structure and function as well as levels of hormones and neurotransmitters ([Allen and DeYoung, 2017](#)). As skills governed by the brain, socio-emotional abilities might be affected by exposure to air pollution. Ultrafine particles can reach the brain tissue where they cause oxidative stress and neuroinflammation. Since the in-utero period is a phase of rapid brain growth, gestational air pollution exposure might cause irreversible damages to the nervous system by disrupting this process ([de Prado Bert et al., 2018](#)). The pollutants that are most likely to cause such damages are carbon monoxide (CO) and ultrafine particles, as both can cross the placenta, and thus pose most harm to the fetus. Evidence from brain imaging studies indeed suggests that gestational air pollution exposure is associated with a reduction in white matter volume and changes to brain structure in humans ([de Prado Bert et al., 2018](#)).

### 3. DATA

#### 3.1 CHILD OUTCOMES

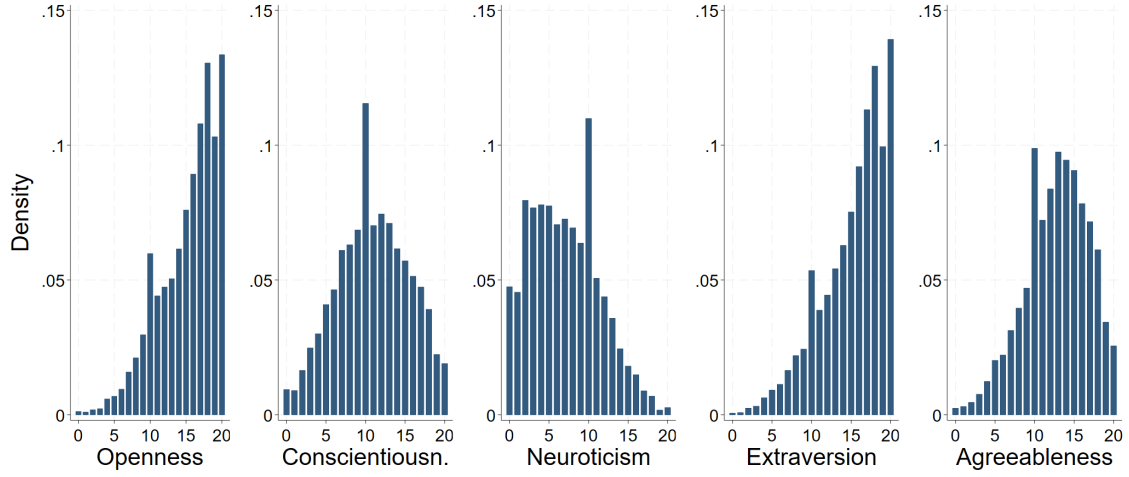
Estimating the impact of prenatal pollution exposure on socio-emotional ability requires not only information on individuals' skills but also on their location and time of birth. Besides, the data must cover a sufficiently large number of individuals across multiple birth cohorts, since only temporal variation in air pollution is used in the estimation.

A data source that addresses these demands is the German Socio-Economic Panel (SOEP), a long-running household panel survey, which covers roughly 15,000 households. Children's socio-emotional skills are assessed in the *Mother-and-child* questionnaires which were introduced in 2008 for children aged 5-6, and in 2012 for children aged 9-10. Each Big Five personality trait is assessed with two questions on the child's behavior, which mothers answer on a scale from 0 to 10. The questions are presented in Appendix Table A.1. Notably, the items underlying openness are likely to capture at least in part the child's cognitive ability (e.g., *My child is quick at learning new things*). Thus, the focus of my analysis lies on the other four traits which isolate non-cognitive skills. I collect the relevant information from the 2008-2020 mother-and-child questionnaires, recode items where necessary such that higher values reflect higher realizations of the respective trait, add up values for items within each domain, and standardize the resulting scores within age groups (5-6 and 9-10).

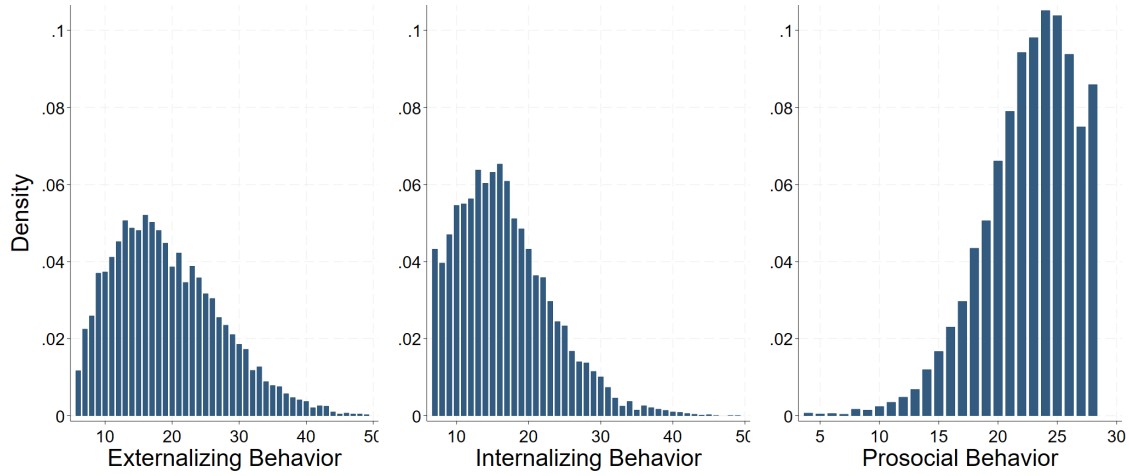
Mothers also answer the SDQ, which comprises five domains: emotional symptoms, peer relationship problems, conduct problems, hyperactivity/inattention, and prosocial behavior. They are assessed with two to five questions each, which mothers answer on a scale from one to seven (see Appendix Table A.1). Emotional symptoms and peer problems can be aggregated into *internalizing behavior*, which is linked to the Big Five trait neuroticism (Griffith et al., 2010; Almlund et al., 2011). The hyperactivity and conduct problem scores can be aggregated into *externalizing behavior*, which is associated with high extraversion, low agreeableness, and low conscientiousness (Ehrler et al., 1999; Mezquita et al., 2015). I standardize the resulting scores within age groups.

Figure 1 shows the distributions of these outcomes (not standardized). All variables show substantial variation, indicating that they successfully pick up differences in child personality and behavior. However, the distributions of the Big Five traits have small spikes at the intermediate value of 10. This suggests that some mothers have difficulties in assessing their children's personality and thus opt for

**Figure 1: Distribution of mother-reported Socio-Emotional Skills**



**(a) Big Five**



**(b) Child Behaviors (SDQ)**

*Note:* Based on data from the SOEP, version 38. The distributions are based on all available observations. Panel (a) is based on 13,300 observations, and panel (b) on 9,900 observations.

the middle values. While the vast majority of respondents does not follow that strategy, suggesting that their answers are informative, I still address this potential issue in robustness checks, including sibling fixed effect models and dropping uninformative answers.

For children aged 9-10, mothers also answer two questions about whether the child likes to learn and performs well at school (on a 4-point scale), and report their grades in math and language classes. I combine these variables into a *learning and school performance index* and a *grade index* to capture cognitive ability (Appendix Table A.2). Further, the data include relevant demographic and socioeconomic background variables, e.g. the child's gender and migration history, whether it lives in a



**Table 1: Summary Statistics**

	Big Five				SDQ			
Observations	11,242				7,119			
Unique children	8,253				5,464			
Counties	219				160			
Birth cohorts	2000-2014				2002-2014			
Age [years]	7.8				7.8			
Migration background [%]	29.6				32.9			
College-educated mothers [%]	26.5				28.5			
Single-parent households [%]	16.4				14.0			
County of birth imputed [%]	31.1				23.1			
	Mean	SD	5th Pc.	95th Pc.	Mean	SD	5th Pc.	95th Pc.
PM2.5 in-utero [ $\mu\text{g}/\text{m}^3$ ]	14.7	2.1	11.6	18.6	14.7	2.1	11.6	18.5
NO2 in-utero [ $\mu\text{g}/\text{m}^3$ ]	28.8	10.9	12.5	47.5	29.0	11.0	12.6	47.6
CO in-utero [ $\mu\text{g}/\text{m}^3$ ]	467.8	191.1	210	844	439.5	171.8	204	781
Inversions in-utero [%]	39.2	7.0	27.3	50.9	38.8	6.7	27.1	50.2

*Note:* Based on data from the SOEP, version 38. Samples include all available observations per child for the outcomes given at the top of the table, but only for children born in counties with at least 15 unique individuals in the sample.

single-parent household, and parental education<sup>2</sup>.

To assign pollution exposure to individuals, I rely on information on year and month of birth as well as county of residence. For more than two thirds of the children, I can identify the county of residence during the year of birth. In the remaining cases, the households entered the panel after the child was born. As a proxy for county of birth, I assign the county of residence during the first wave the household was interviewed. Incorrect assignments can induce measurement error in pollution exposure which is not addressed by the IV strategy. Since classical measurement error causes attenuation bias, any results would reflect a lower bound.

I restrict the analysis sample to children born in counties with at least 15 unique children in the data. Since effects are identified from variation in prenatal PM2.5 concentration between children born in the same county, this restriction serves to reduce the influence of outliers. This yields 11,242 observations of 8,253 unique individuals for the Big Five, and 7,119 observations of 5,464 unique individuals for the SDQ-based outcomes. Sample characteristics are displayed in Table 1.

**Validating the Outcomes.** In Appendix B, I demonstrate that the mother-assessed outcome variables contain substantial information regarding the children's socio-emotional skills. Firstly, I show that the mother-reported variables are significantly

<sup>2</sup>I construct dummy variables reflecting low, medium and high levels of education for mothers and fathers. Low education: no high school degree (Abitur) and no vocational training. Medium education: completed high school or vocational training, but no tertiary degree. High education: tertiary degree. I include children with missing information on parental education, and define separate dummies for these cases.



and positively correlated with father-reports at the same age, and with self-reports during adolescence, i.e. an age range closer to labor market entry or transition into higher education. Secondly, the mother-reported Big Five are significant predictors of the mother-assessed probability that the child will graduate from the academic track of the German school system (i.e. the highest track) and of child-reported life satisfaction, self esteem, and risk aversion. Partial correlations after controlling for parental education, a single-parent household dummy, child gender and migration background have plausible signs. Neuroticism, for instance, is positively correlated with risk-aversion, and negatively correlated with self esteem and the probability to graduate from the academic track.

### 3.2 ENVIRONMENTAL CONDITIONS

**Air Quality.** PM2.5 is the air pollutant of main interest because very small particles can cross the placenta, but it has only been measured comprehensively in Germany since 2008. I thus collect monthly PM2.5 concentrations from [van Donkelaar et al. \(2021\)](#), which are generated by combining satellite measurements with a chemical transport model, and calibrating to ground-based monitor readings. Concentrations are reported on a global  $0.1^\circ$  longitude-by-latitude grid (roughly 10km x 10km) and are available from 1998 onward. To aggregate data to counties, I average concentrations across all grid points falling into a county. In case of small counties without any grid point on their territory, I assign the inverse-distance weighted average from the 10 points closest to their centroid. Finally, I compute average PM2.5 during children’s in-utero period, defined as the nine month period ending with the month of birth. Sample average gestational PM2.5 concentration is  $14.7 \mu\text{g}/\text{m}^3$ , i.e. falling between the annual standards in the European Union ( $25 \mu\text{g}/\text{m}^3$ ) and the US ( $9 \mu\text{g}/\text{m}^3$ ).

In addition, I use daily readings of PM10 (particulate matter with a diameter  $< 10 \mu\text{m}$ ), CO, and NO2 (nitrogen dioxide) from outdoor monitors operated by Germany’s federal environmental agency ([Umweltbundesamt, 2024](#)). PM10 contains both PM2.5 and larger, less harmful particles, and serves to verify the results obtained with the satellite-based data. The latter two are common co-pollutants of particulate matter, and especially CO might also harm the unborn child. To assign data to counties, I compute inverse distance weighted averages, based on up to three closest stations within a radius of 60km around the county centroid. I aggregate daily concentrations to the in-utero period (= 270 days), keeping only observations with less than 115 missing daily values.<sup>3</sup>

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<sup>3</sup>NO2 [CO] concentrations are measured consistently at 252 [64] stations over the sample period.

Summary statistics are depicted in Table 1.

**Thermal Inversions.** During normal times, air temperature decreases with altitude. A thermal inversion occurs when temperature instead *increases* with altitude. To measure this, I use reanalysis data from the European Centre for Medium-Range Weather Forecasts (ECMWF) on surface level and upper air temperature for the years 1999-2019. The data are reported at hourly frequency on a 0.25° latitude-longitude grid. I measure upper air temperature at a pressure level 50 hPa below the surface pressure in a county, which corresponds to approximately 400-500m higher altitude. Counties are assigned the inverse distance weighted average temperatures across all grid points within 30km of their centroid. For each day, I average both surface level and upper air temperature between 2 am and 6 am. If nightly upper air temperature exceeds nightly surface temperature, the county experiences a night-time inversion on that day. The instrumental variable is the share of days with a night-time inversion during the in-utero period. Its sample mean is 0.39, with a standard deviation (SD) of 0.07.

**Weather conditions.** I collect reanalysis data on average monthly meteorological conditions between 1999 and 2019 from the ECMWF, to include as control variables. Air temperature, precipitation, dewpoint temperature, and wind speed are reported on a 0.1° longitude-latitude grid. To aggregate data from the gridpoint  $\times$  month- to the county  $\times$  in-utero period-level, I proceed in the same way as with the PM2.5 data. I compute relative humidity from air temperature and dewpoint temperature using the R package `weathermetrics`.

## 4. EMPIRICAL STRATEGY

The baseline model relating children’s socio-emotional skills to air pollution is given by:

$$SocEm_{icyma} = \beta PM_{cym} + \gamma' \mathbf{X}_i + \delta' \mathbf{W}_{cym} + \theta_c + \theta_y + \theta_m + \theta_a + u_{icyma}, \quad (1)$$

where  $SocEm_{icyma}$  denotes a measure of socio-emotional ability of individual  $i$ , born in county  $c$  in month  $m$  of year  $y$ , and assessed at age  $a$ .  $PM_{cym}$  is local PM2.5 concentration during the gestational period. County fixed effects,  $\theta_c$ , account for persistent differences in pollution and skill levels across locations, month-of-birth fixed effects,  $\theta_m$ , control for seasonality in air quality, and year-of-birth fixed ef-

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Thus, CO is available for only a subset of all counties.

fects,  $\theta_y$ , capture changes in socio-emotional skills and air quality over time which affect individuals in all counties equally.  $\theta_a$  controls for age-specific trends in outcomes. Individual background characteristics in  $\mathbf{X}_i$  comprise child gender, age in month and its square, migration background and parental education. Meteorological conditions during the gestational period,  $\mathbf{W}_{cym}$ , include third order polynomials in mean temperature and precipitation, as well as wind speed and relative humidity in linear form. Standard errors are clustered at the county level. Observations are weighted by the inverse of the number of times a child is observed, i.e. children observed at both age 5-6 and 9-10 are assigned a weight of 0.5 in both cases.

In model 1, omitted variable bias might arise, e.g. due to region-specific economic shocks affecting both prenatal air pollution as well as parental income, which might be spent on investments into the child's skill development. Moreover, individual pollution exposure is measured with error, causing attenuation bias. To address these issues, I exploit thermal inversions to extract exogenous variation in air quality, following e.g. Colmer et al. (2021) and Molina (2021). Under normal conditions, air temperature decreases with altitude. Emissions released at the ground level rise and disperse in the air. During an inversion, upper air layers are warmer than ground level air. The warm upper air acts like a ceiling that traps emissions close to the ground, causing an increase in surface-level pollution concentrations. While inversions exhibit seasonality, occurring more frequently during winter than summer, conditional on month-of-birth fixed effects and weather controls, it is as good as random how often the specific combination of meteorological conditions occurs that gives rise to an inversion. Importantly, the frequency of inversions should be plausibly uncorrelated with local business cycles. At pollution levels common in Germany during the sample period, inversions usually do not lead to visible smog events or extremely poor air quality, and are thus unlikely to trigger avoidance behavior. Following Jans et al. (2018) and Molina (2021), I exclusively consider nighttime inversions, which are even less likely to induce behavioral responses.

I use this instrument in a Two-Stage Least-Squares (2SLS) approach with the following first stage model:

$$PM_{icyma} = \alpha Inv_{cym} + \rho' \mathbf{X}_i + \eta' \mathbf{W}_{cym} + \phi_c + \phi_y + \phi_m + \phi_a + \epsilon_{icyma} \quad (2)$$

where  $Inv_{cym}$  is the share of days on which a nighttime inversion occurred during the in-utero period.

The first stage results in Table 2 show that a standard deviation increase in prenatal inversion frequency (SD = 0.07) induces a rise in prenatal PM2.5 concentra-

**Table 2: First Stage Results**

	PM2.5	PM10	NO2	CO
<b>Panel A: Sample for Big Five</b>				
Inversions <i>in utero</i>	0.364*** (0.036)	0.901*** (0.097)	0.702*** (0.079)	11.647** (4.994)
Observations	11,242	7,810	10,590	6,721
Counties	219	162	207	139
1st Stage F-Stat.	100.8	86.9	79.2	5.4
Outcome Mean	14.72	23.80	28.91	467.42
<b>Panel B: Sample for SDQ</b>				
Inversions <i>in utero</i>	0.449*** (0.039)	0.780*** (0.094)	0.814*** (0.097)	11.65** (4.679)
Observations	7,119	5,795	6,865	4,219
Counties	160	139	155	96
1st Stage F-Stat.	130.9	68.6	69.9	6.2
Outcome Mean	14.71	23.49	29.00	440.83

*Note:* The table depicts OLS estimates of the parameter  $\alpha$  in Equation (2), reflecting the effects of inversion frequency during the nine-month in-utero period on air pollution concentration during the same period. All outcomes are measured in  $\mu\text{g}/\text{m}^3$ . Coefficients reflect the effect of a standard deviation increase in inversion frequency ( $\text{SD} = 0.07$ ). Regressions include weather controls and individual background characteristics as described in the text. Regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level are reported in parentheses. Significance levels: \* $p < 0.1$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

tions by 0.36 to 0.45  $\mu\text{g}/\text{m}^3$  across analysis samples. This corresponds to 17-21% of a standard deviation of PM2.5. A more extreme increase in inversion frequency by 0.233 – a shift from the 5th to the 95th percentile of the sample distribution – implies a change in PM2.5 by 1.2-1.5  $\mu\text{g}/\text{m}^3$  or 56-71% of a standard deviation. The associated F-Statistics are large, exceeding or just slightly below the threshold of 104 for valid t-ratio inference in a single-instrument model (Lee et al., 2022). Inversions also significantly increase PM10, NO2 and CO at ground monitors, but for CO, the F-Statistic is far below 10. With only one instrument, I cannot disentangle the distinct effects of the different pollutants on socio-emotional development. However, the estimates suggest that PM2.5 is likely to drive results in the second stage, because (i) unlike CO and fine particles, NO2 and coarse particles are not commonly considered as major risk factors in the medical literature, and (ii) the first stage effect for CO is weak.

To test the credibility of the exogeneity assumption, I check whether inversion frequency is systematically correlated with observed predetermined family characteristics, e.g. parental education or maternal age at birth (Appendix Table A.3). None of the tested variables are significantly correlated with the instrument and the point estimates are close to zero. Based on these results, my preferred specification controls for seasonality in inversion frequency and composition of births

using month-of-birth fixed effects to maximize the identifying variation. In robustness checks, I show that including more stringent fixed effects for month-of-birth  $\times$  West/East Germany or even month-of-birth  $\times$  federal state, to capture potential region-specific seasonality, leaves the main results unchanged.

## 5. RESULTS

Panel A of Table 3 displays 2SLS estimates of the effect of in-utero exposure to PM2.5 on the Big Five personality traits. I find a significant impact on neuroticism which increases by 13.5% of a standard deviation for an increase in PM2.5 concentration by 1  $\mu\text{g}/\text{m}^3$ .<sup>4</sup> This implies that children exposed to higher levels of air pollution during the prenatal period are less emotionally stable, i.e. more fearful and less self-confident. For the remaining four traits, I cannot reject that prenatal particulate matter exposure has no effect on these outcomes. The largest point estimate emerges for Openness ( $-0.078$  SD), which, as mentioned above, likely captures cognitive skills. The negative estimate is in line with existing results on the impact of prenatal air pollution exposure on cognitive ability. The fact that it is insignificant and smaller than the effect on neuroticism might imply that emotional stability is more sensitive to air pollution than cognitive skills, which I explore further below. The remaining point estimates are small in absolute terms, all below 0.05 standard deviations.

Panel B displays 2SLS estimates of the effect of PM2.5 exposure on child behaviors assessed in the SDQ. Internalizing behavior – the outcome related to neuroticism – increases by 18.5% of a standard deviation in response to a unit increase in prenatal PM2.5, implying that affected children are shy, more fearful and have more problems in interacting with peers. For externalizing behavior – which captures hyperactivity and conduct problems and relates to extraversion, agreeableness and conscientiousness – as well as for prosocial behavior point estimates are small and insignificant. These findings are in line with the pattern of results in Panel A.

In sum, the estimates in Table 3 imply that prenatal exposure to air pollution reduces emotional stability during childhood. As mentioned above, this dimension of socio-emotional ability is predictive for adult earnings as well as risk-aversion and self-esteem during adolescence and thus a plausible channel for the adverse long-run impacts of in-utero exposure to pollution. For comparison, Appendix Table A.4 depicts OLS estimates. While they are positive and significant for both neuroticism

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<sup>4</sup>The coefficient remains significant at the 5%-level after applying the tF-correction following Lee et al. (2022).

**Table 3: Effects of prenatal PM2.5 on Childhood Socio-emotional Skills**

<i>Panel A: Big Five</i>					
	Openness	Conscientious	Extraversion	Agreeable	Neuroticism
PM2.5 <i>in-utero</i>	-.078 (.069)	-.043 (.072)	-.001 (.071)	.020 (.069)	.135** (.066)
Observations	11,243	11,243	11,239	11,193	11,242
Counties	219	219	219	218	219
1st Stage F-Stat.	100	101	99	99	101

<i>Panel B: SDQ</i>			
	Externalizing Behavior	Internalizing Behavior	Prosocial Behavior
PM2.5 <i>in-utero</i>	.032 (.072)	.185** (.074)	-.021 (.071)
Observations	7,183	7,119	7,188
Counties	163	160	162
1st Stage F-Stat.	135	131	134

*Note:* The Table displays 2SLS-estimates of the parameter  $\beta$  in Equation (2), reflecting the effects of a 1  $\mu\text{g}/\text{m}^3$  increase in PM2.5 concentration during the in-utero period on the Big Five (Panel A) and on externalizing, internalizing, and prosocial behavior based on the Strength and Difficulties Questionnaire (Panel B). PM2.5 is instrumented by inversion frequency. Outcomes are standardized within age groups. Regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level are reported in parentheses. \* $p < 0.1$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

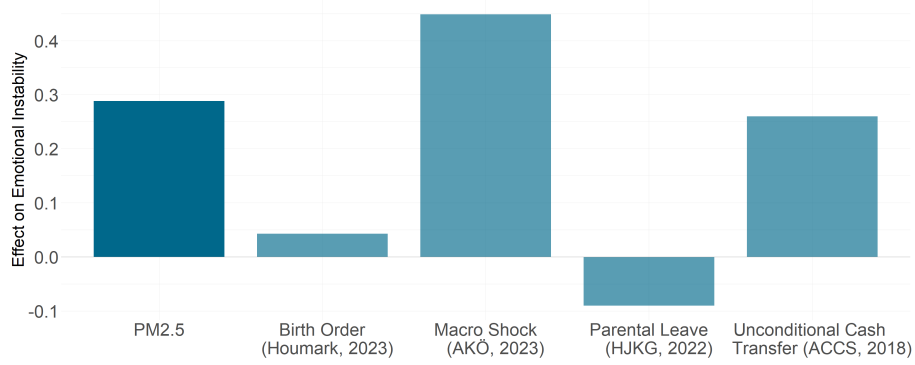
and internalizing behavior, they are considerably smaller than the 2SLS estimates, with magnitudes of less than 0.04 SD, pointing to attenuation bias due to measurement error.<sup>5</sup>

**Effect Magnitude.** Is the effect of prenatal air pollution exposure on emotional stability economically meaningful? To assess its magnitude, in Figure 2a I compare the impact of a standard deviation increase in PM2.5 (2.1  $\mu\text{g}/\text{m}^3$ ) on neuroticism (+0.28 SD) to the effects of four other factors that have been found to cause significant changes in this outcome during childhood or adolescence. The comparison strongly suggests that the effect of prenatal pollution exposure is of relevant magnitude, exceeding effects found for birth order, an extension of maternity leave by three months, or an unconditional cash transfer of \$3,500.

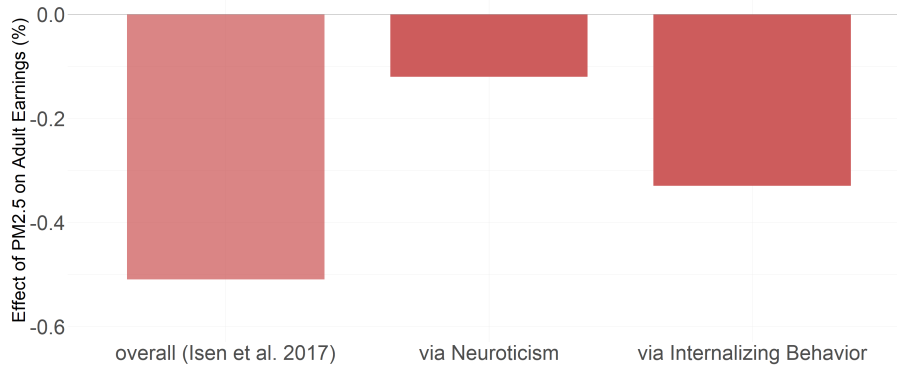
To approximate the long-run earnings impact of air pollution via the reduction in emotional stability, I conduct a back-of-the-envelope calculation. Using a sibling fixed effects approach, Fletcher (2013) finds that a standard deviation increase in neuroticism in young adulthood reduces annual earnings by 5-6%. Combining this with my results implies that a standard deviation increase in prenatal PM2.5 concentration reduces annual earnings by .23%-.27% through its effect on neuroti-

<sup>5</sup>The marginally significant, positive OLS estimate for conscientiousness suggests that on top of measurement error, there might also be unobservable confounders causing upward bias. However, the effect is very small in magnitude.

**Figure 2: Effect Magnitude**



**(a) Change in Neuroticism for different Treatments**



**(b) Implied Earnings Effects of PM2.5**

*Note:* Panel (a) illustrates the magnitude of the effects of different treatments on emotional instability, measured in standard deviations of the outcome. The effect of PM2.5 is based on Table (3) and refers to a standard deviation increase in prenatal PM2.5. The effect of birth order on Neuroticism is from [Houmark \(2023\)](#), the effect of a macro shock on self-confidence is from [Azmat et al. \(2023\)](#), the effect of a parental leave extension (by 3.2 months) on Neuroticism is from [Houmark et al. \(2022\)](#), and the effect of an unconditional cash transfer (of \$3,500 on average) on Neuroticism is from [Akee et al. \(2018\)](#). Panel (b) shows estimated percentage changes in adult earnings due to a  $1 \mu\text{g}/\text{m}^3$  increase in prenatal PM2.5 via its effects on neuroticism and internalizing behavior, respectively. Estimates are derived by combining results from Table (3) with effects given in [Fletcher \(2013, Table 4\)](#) and [Papageorge et al. \(2019, Table 1\)](#). The left bar depicts the overall earnings effect of pollution in the year of birth from [Isen et al. \(2017, Table 4\)](#). Their estimates for TSP exposure are transformed to a 1 unit increase in PM2.5 using a TSP-PM2.5 ratio of 4.38 ([Voorheis, 2017](#)).

cism.<sup>6</sup> Similarly, combining the estimated effect of PM2.5 on internalizing behavior with estimates on how this outcome affects earnings ([Papageorge et al., 2019](#)) implies a slightly larger earnings reduction by .63%-.74%.<sup>7</sup> In both calculations, I account for the fact that my outcomes are measured at an earlier age than in [Fletcher](#)

<sup>6</sup>A SD increase in gestational PM2.5 exposure is estimated to raise Neuroticism during childhood by  $2.1 \times .135 = 0.28$  SD. To approximate effects on neuroticism in early adulthood, I multiply this with the correlation between neuroticism in childhood and at ages 16-17 (Figure B.1):  $0.28 \times 0.16 = 0.045$  SD. This implies an earnings reduction of  $0.045 \times 5\%$  to  $0.045 \times 6\%$ .

<sup>7</sup>[Papageorge et al. \(2019\)](#) find that a SD increase in internalizing behavior at age 11 reduces adult earnings by 5 to 5.8%. I find that a SD increase in PM2.5 increases internalizing behavior by  $2.1 \times 0.185 = 0.389$  SD at ages 5-10. Based on the correlation in Figure B.1 this implies an increase in internalizing behavior at age 11-12 by 0.128 SD. Hence, a SD increase in prenatal PM2.5 would lead to a  $0.128 \times 5\%$  to  $0.128 \times 5.8\%$  decrease in adult earnings.



**Table 4: Comparing Effects on Socio-emotional and Cognitive Ability**

	Learning & School Performance Index		Grade Index		Combined Index		Neuroticism		Internalizing Behavior	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
PM2.5 <i>in utero</i>	-.063 (.098)	-.066 (.102)	.026 (.089)	.001 (.090)	-0.024 (0.095)	-0.045 (0.097)	.170* (.089)	.228** (.093) [.102]**	.175** (.087) [.089]**	.219** (.097) [.1016]**
Observations	5272	4568	4767	3972	4665	3883	5364	4598	3509	2928
Counties	205	146	198	132	195	130	209	145	157	106
1st Stage F-St.	55	47	58	49	56	46	62	51	96	69

*Note:* The table displays 2SLS-estimates of the effect of a 1  $\mu\text{g}/\text{m}^3$  increase in prenatal PM2.5 exposure on proxies of cognitive performance at age 9-10. Dependent variables are an index based on two questions about whether the child likes to learn and performs well at school (columns 1 and 2), an index based on school grades in Math and German (columns 3 and 4), or an index combining all four aforementioned variables (columns 5 and 6). For details see Appendix Table A.2. All of these dependent variables are standardized, and coded such that higher values imply better cognitive skills. For comparison, columns 7 to 10 show estimated effects on neuroticism and internalizing behavior for the same sample (i.e. only children aged 9-10). Odd-numbered [even-numbered] columns are based on observations in counties with at least 10 [at least 15] children. Standard errors clustered at the county level are reported in parentheses. tF-adjusted standard errors following Lee et al. (2022) are reported in squared brackets. \* $p < 0.1$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

(2013) and Papageorge et al. (2019) by scaling the results with the correlation between neuroticism [internalizing behavior] in childhood and at ages 16-17 [ages 11-12] (see Figure B.1). For context, Isen et al. (2017) find that a reduction in total suspended particles (TSP, which comprises PM10 and larger, less harmful particles) during the year of birth by 10  $\mu\text{g}/\text{m}^3$  increases adult earnings by 1%-1.4%. In the US the average TSP-to-PM2.5 ratio is estimated to be 4.38 (Voorheis, 2017). While a comparison across different settings and time periods has limitations, it suggests that the socio-emotional ability channel plays a *quantitatively* relevant role (see Figure 2b).

**Comparison to Effects on Cognitive Ability.** To further assess how important emotional stability is as a channel for the long-run impacts of prenatal air pollution exposure, I compare its effects on neuroticism and internalizing behavior to its impact on cognitive ability. Results by Molina (2021) imply that a one  $\mu\text{g}/\text{m}^3$  increase in PM10 concentration during the second trimester of pregnancy reduces cognitive ability in adulthood by 2.4% of a standard deviation.<sup>8</sup> Sanders (2012) finds that a 10  $\mu\text{g}/\text{m}^3$  increase in TSP exposure during the year of birth reduces high school math test scores by 6% of a standard deviation. While these effects are smaller than my results, the outcomes were assessed at older ages. I also estimate the effect of prenatal pollution on cognitive skills in this setting. Table 4 depicts 2SLS estimates of the effect of prenatal PM2.5 on three proxies of cognitive ability, which are assessed at ages 9-10, standardized, and coded such that higher

<sup>8</sup>This number is derived by combining quasi first stage- and reduced form results in Molina (2021).

values imply better skills.<sup>9</sup> While I find a negative point estimates of  $-0.066$  SD for learning and school performance, it is not statistically significant and considerably smaller than the effects on neuroticism and internalizing behavior in both the main sample – i.e. across the age groups 5-6 and 9-10 years – and in this subsample, i.e. only assessed at ages 9-10 (columns 7-10). Rather, the magnitude is very close to the point estimate for openness, which likely also picks up cognitive skills. Effects on school grades and a combined cognitive ability index are even smaller. While I cannot rule out that the absence of a significant effect on cognition arises because I rely on coarser measures than previous studies, the items used to measure neuroticism are of similar nature.<sup>10</sup> Importantly, these findings imply that the reduction in emotional stability cannot be explained by air pollution reducing cognitive skills which in turn decreases self-confidence. Instead, they suggest that emotional stability might be more sensitive to air pollution than intelligence. Overall, the comparisons to previous studies and the results in Table 4 indicate that relative to cognitive skills, socio-emotional ability – specifically emotional stability – is a relevant channel through which gestational pollution exposure generates adverse long-run effects.

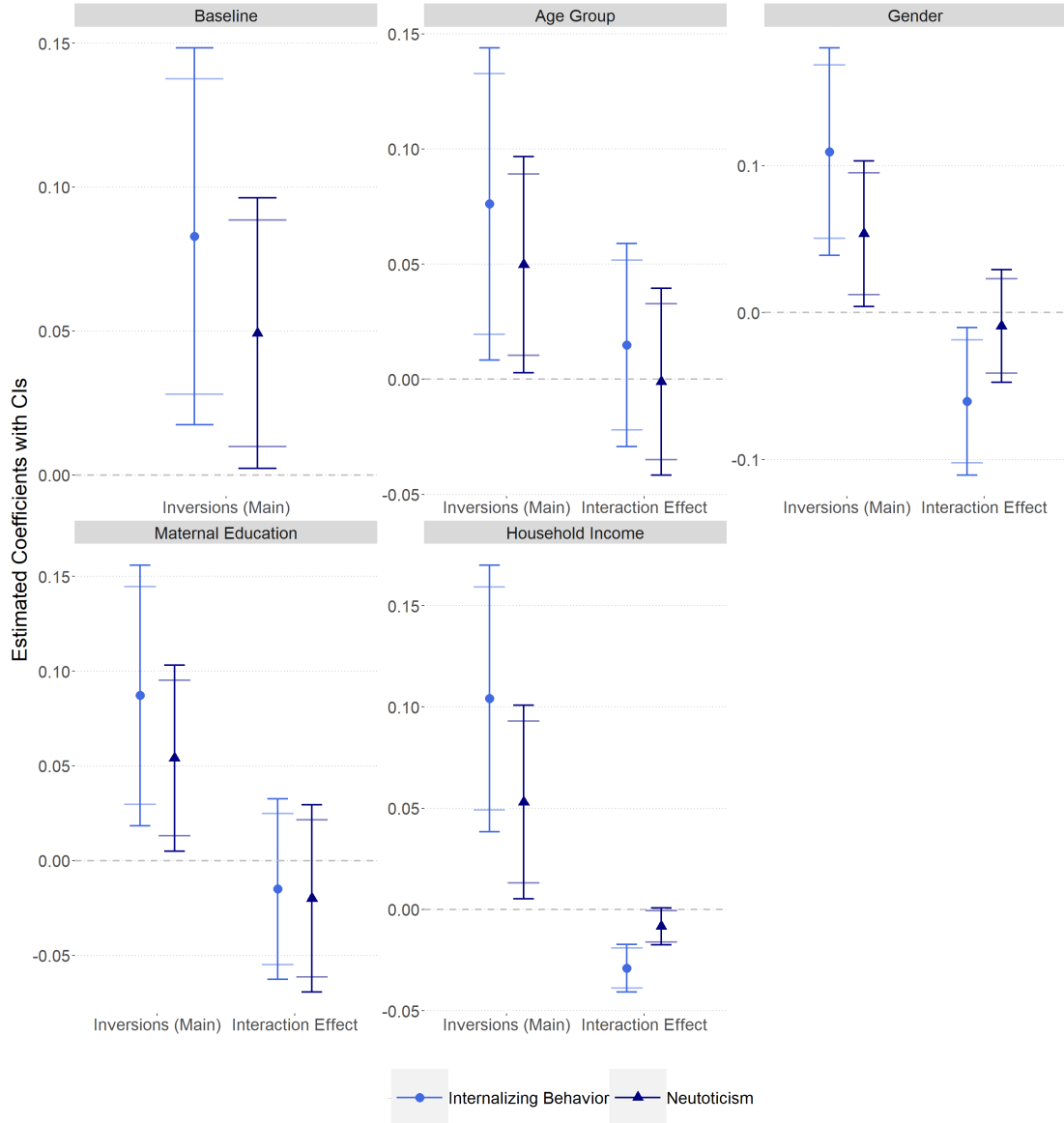
**Heterogeneity.** Having established that in-utero exposure to particulate matter causes a sizeable decrease in emotional stability, I next examine this effect in terms of heterogeneity based on child and family characteristics, and critical windows of exposure. I analyze effect heterogeneity with respect to child gender, age at which the outcomes are assessed (5-6 vs. 9-10 years), maternal education (college degree vs. less than college), and current household income (above vs. below median). To do so, I run the reduced form version of the IV model and include an interaction between inversion frequency and the characteristic of interest. Results from the baseline reduced form model and the models including interaction terms are illustrated in Figure 3. I find that the effect of a standard deviation increase in inversion frequency on neuroticism and internalizing behavior is about 16-28% smaller for children in richer households than in poorer households. This suggests that parental resources can be used for remediating investments into children’s emotional stability. I also find strong heterogeneity by gender for internalizing behavior, with the

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<sup>9</sup>These variables are uncorrelated with neuroticism and only weakly correlated with internalizing behavior (Appendix Figure A.1). As they are only assessed at age 9-10 and thus available for a smaller sample, I report all estimation results when including observations in counties with at least 15 children (baseline), as well as when including observations in counties with at least 10 children to increase the sample size.

<sup>10</sup>Moreover, I find significant estimates for the effect of another environmental factor, namely average temperature during the in-utero period, on the grade index, suggesting that the lack of significance for PM2.5 is not due to the nature of the outcome variables.

**Figure 3: Effect Heterogeneity**

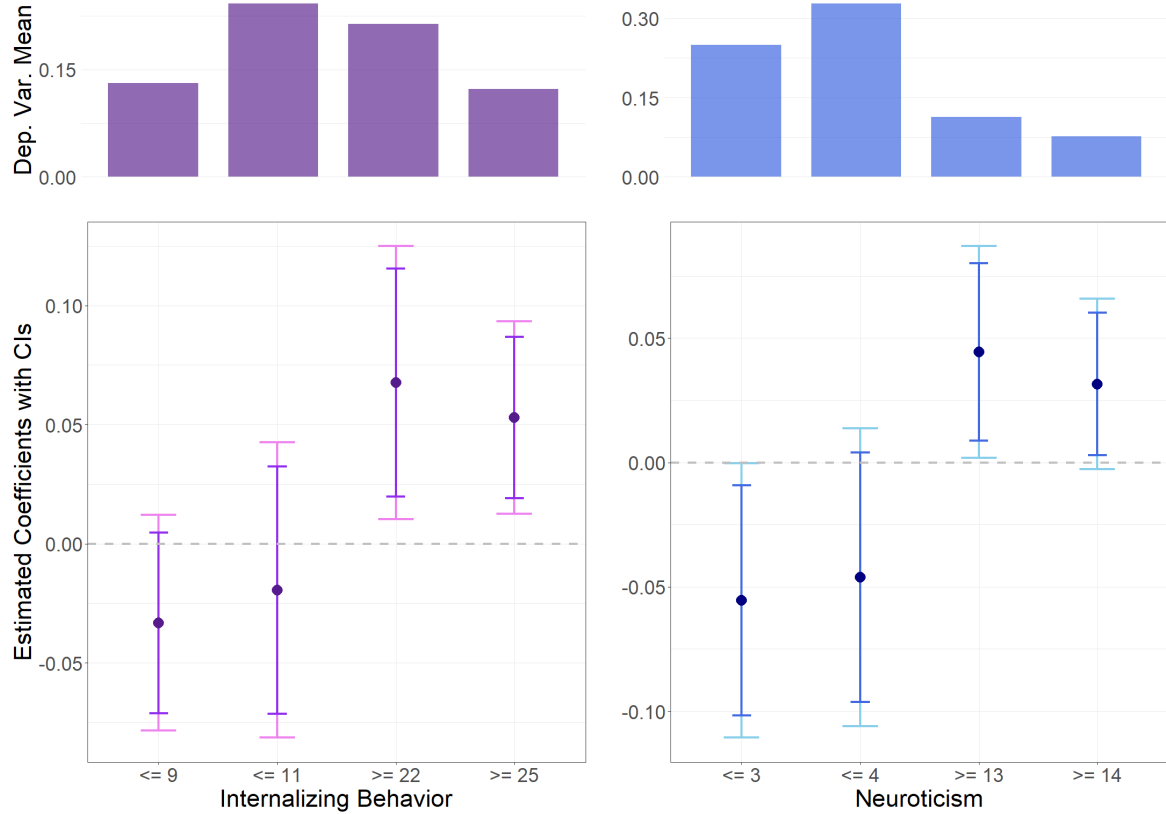


*Note:* Plots show estimated coefficients from OLS regressions of age group-standardized Neuroticism (triangles with dark blue error bars) and internalizing behavior (dots with light blue error bars) on a variable measuring inversion frequency, and its interaction with the factor given in the plot titles. Age Group: indicator for child being aged 9-10 years. Gender: indicator for child being female. Maternal Education: indicator for mother having a tertiary degree. Household income: indicator for above median income. Fixed effects and controls as in Equation (2). Estimates reflect the effect of a standard dev. increase in inversion frequency. Error bars reflect 90%- and 95% confidence intervals.

effect of inversions being more than twice as large for boys as compared to girls, but no comparable pattern for neuroticism. There is no significant heterogeneity by age or maternal education.

I also examine heterogeneity in effect magnitude along the distribution of the outcomes. I construct indicator variables for the value of neuroticism or internalizing behavior, respectively, falling below or above certain thresholds (before stan-

**Figure 4: PM2.5 Effects along the Distribution of the Outcomes**



*Note:* Bottom right plot: 2SLS point estimates of the effect of an increase in prenatal PM2.5 concentration by 1  $\mu\text{g}/\text{m}^3$  on indicator variables for a child's neuroticism score falling into different ranges, as depicted on the x-axis, along with 90%- and 95%-confidence intervals. The score can vary between 0 and 20. Top right plot: sample averages of the dependent variables. Bottom left plot: 2SLS point estimates of the effect of prenatal PM2.5 concentration on indicator variables for the internalizing behavior score from the SDQ falling into different ranges, as depicted on the x-axis, along with 90%- and 95%-confidence intervals. The score can vary between 7 and 49. Top left plot: sample averages of the dependent variables.

dardization) and use them as regression outcomes. Air pollution exposure affects neuroticism at both ends of the distribution. It reduces the probability to have a very low score and increases the probability to have a very high score (Figure 4). In terms of magnitude, the probability to have a score of at most three falls by 5.5 pp., whereas the probability to have a score of at least 13 increases by 4.4 pp. The effects in the upper tail are, however, larger relative to the lower baseline probability of high scores. For internalizing behavior, the overall effects are mostly driven by increases in the upper part of the distribution. The increase in the probability of very high scores for both outcomes is noteworthy as it implies potential effects on mental health. In personality psychology, mental disorders are conceptualized as extreme realizations of the Big Five traits. High values of neuroticism show robust and consistent correlations with a range of mental health issues, e.g. depression and anxiety disorders (Almlund et al., 2011). Similarly, internalizing problems are often linked to these issues. Hence, prenatal pollution exposure seems to not just

reduce an important socio-emotional skill within the range of “normal” variations in personality, but might even give rise to mental health problems.

**Timing of Exposure.** To assess critical windows of exposure, I split the in-utero period into three trimesters, and run the reduced form regression with variables measuring inversion frequency separately for each trimester. Regressions include the same background characteristics as before and trimester-specific weather controls. I find that the overall effects are driven by the second and third trimesters (Appendix Table A.5), in line with findings on the effect of air pollution on cognitive ability (Molina, 2021, significant effect only in the second trimester) and on performance in school tests (Bharadwaj et al., 2017, effect mainly in the third trimester).

Additionally, I investigate whether postnatal air pollution exposure affects emotional stability. Appendix Table A.6 shows results from 2SLS and reduced form regressions, which yield insignificant coefficients on PM2.5 concentration and inversion frequency during the first nine months *after* birth for both outcomes of interest.

As a placebo test, I also report 2SLS and reduced-form results for the effect of pollution and inversions during the nine months *before* conception, respectively (Appendix Table A.6). The absence of an effect during this placebo period supports the exogeneity assumption.

**Robustness.** In Appendix Table C.1, I show that the positive effects of prenatal air pollution exposure on neuroticism and internalizing behavior are robust to changes in sample construction and weighting. I increase the minimum number of observations for a county to be included in the sample from 15 to either 20 or 30 (columns 2 and 3), and estimate unweighted regressions instead of weighting observations by the inverse of the number of times an individual is observed (column 4). In column 5, I keep only one observation per individual. If a child is observed at both 5-6 and 9-10 years, only data from the older age group is used. In column 6, I drop data from 2020 as some of the interviews that year were conducted during Covid19-induced lockdowns.

Table C.2 tests robustness to the set of included covariates and fixed effects. In Column 1, I include additional background controls, namely an indicator for single parent households, dummies for maternal age at birth (in 5 year steps), and birth order dummies. In Column 2, I add a lead and lag of the inversion instrument and weather controls to account for potential autocorrelation. In Columns 3 and 4, I vary the included weather controls, and in Columns 5 to 7, I use more stringent

fixed effects than in the baseline model. Results are robust to use of year  $\times$  quarter rather than year fixed effects; to allowing year and month fixed effects to vary between East and West Germany; and to including state  $\times$  month fixed effects to capture potentially region-specific seasonality.<sup>11</sup>

In Table C.3, I show that the positive impact of particulate matter on neuroticism and internalizing behavior can be replicated with monitor-measured PM10 concentration instead of satellite-assessed PM2.5 concentration as regressor. The fact that the coefficients are smaller than the estimated effects of a unit increase in PM2.5 is unsurprising since PM10 includes less harmful, larger particles.

To account for potential spatial correlation in the error terms among counties in close geographic proximity to each other, I show results when clustering standard errors at the level of administrative districts, the administrative level between federal states and counties (Appendix Table C.4). 2SLS estimates remain statistically significant for both outcomes of interest.

I also test whether the results for Neuroticism are affected by “uninformative” survey answers by mothers who have difficulties in assessing their children’s non-cognitive skills. This concern arises from the fact that intermediate values are chosen “too often” when mothers assess their children’s personality traits. Table C.5 presents results when dropping observations where mothers picked the intermediate value of 5 for all items underlying conscientiousness and neuroticism, the two outcomes that show most excess mass for the middle value. As an alternative strategy, I drop the 10% or 20% of mothers with the lowest variance of answers across all ten survey items relating to the Big Five. Respondents with high a capability to memorize and recall relevant information about their child’s behavior are likely to deviate more in their answers from the mean across different items (Falk et al., 2021).

Finally, I incorporate the IV approach into a model with family fixed effects. This accounts for potential differences in mothers’ subjective assessment of child behavior, or their reference groups, by exploiting only variation in socio-emotional outcomes and inversion-induced air pollution between children of the same mother. Information on neuroticism (internalizing behavior) is available for 5,811 children across 2,503 families (3,917 children across 1,749 families). For both neuroticism and internalizing behavior, the model yields estimates that are positive and larger than in the baseline model, but the effect on neuroticism is not statistically significant (Table 5). This is not surprising given the reduced identifying variation. However, finding positive and sizable estimates alleviates concerns about system-

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<sup>11</sup>Germany comprises 16 federal states, which reflect the largest subnational administrative units. States on average comprise 25 counties.

**Table 5: Effects of PM2.5: Models with Family Fixed Effects**

	Neuroticism		Internalizing Behavior	
PM2.5	.145		.317***	
<i>in-utero</i>	(.096)		(.121)	
Inversion Frequency		.053		.125***
<i>in-utero</i>		(.043)		(.057)
Observations	8,045	8,045	5,119	5,119
Unique Children	5,811	5,811	3,917	3,917
Sibling Groups	2,503	2,503	1,749	1,749
F-Statistic	62		43	

Notes: Columns 1 and 3 shows 2SLS results from a regression of Neuroticism and internalizing behavior, respectively, on pre-natal PM2.5 concentration, instrumented with inversion frequency during the same period. Regression controls for family-, year-, month-, and age group fixed effects, weather conditions during the in-utero period, child's gender, age in months and its square,. Columns 2 and 4 show reduced form results. All regressions are weighted by the inverse of the number of times a child is observed in the data. tF-adjusted standard errors clustered at the county level in parentheses. \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

atic differences in reporting standards across mothers.

**Mechanisms.** How might prenatal particulate matter exposure lead to reduced emotional stability during childhood? Discussing specific channels is difficult given that the research on neurobiological origins of personality traits is still in a rather early stage (Allen and DeYoung, 2017). However, the existing results suggest maternal cortisol levels as a potential pathway for the results. In a randomized experiment, Li et al. (2017) find that acute exposure to PM2.5 causes an increase in cortisol and other stress hormones, pointing to activations of the hypothalamus-pituitary-adrenal axis. Cortisol and activity in the hypothalamus-pituitary-adrenal axis in turn show relatively robust associations with neuroticism (Allen and DeYoung, 2017). Cortisol as potential link between air pollution and neuroticism and internalizing behavior is also in line with the result by Persson and Rossin-Slater (2018) that maternal stress during pregnancy has a causal impact on the mental health of children, including adult anxiety and depression.

## 6. CONCLUSION

Exploiting quasi-random variation in air quality induced by thermal inversions, I show that in-utero exposure to air pollution reduces children's emotional stability, an important component of their socio-emotional skills. I find that a 1  $\mu\text{g}/\text{m}^3$  increase in PM2.5 increases neuroticism and internalizing behavior by 13% and 18% of a standard deviation, respectively, implying that affected children are less self-



confident, more fearful, and have more problems in interacting with peers. These effects exceed the impacts of gestational pollution exposure on cognitive skills in this setting, and are a plausible channel contributing to adverse long-run earnings effects of air pollution. Given that my estimates are obtained from a setting with moderate pollution levels, this channel will likely remain relevant despite overall improvements in air quality in many countries.

These results have important policy implications since socio-emotional skills are malleable during childhood and adolescence. Investments targeted at emotional stability, e.g. mentoring programs, might be a feasible strategy to alleviate the negative impacts of prenatal air pollution exposure on education and earnings. Individuals born in places and during periods of poor air quality, e.g. from natural sources such as wild fires, could at least in part be compensated for these bad starting conditions.

The finding that the effects on neuroticism and internalizing behavior are driven by increases at the upper end of the distribution suggests that in-utero exposure to air pollution might not only reduce emotional stability within the range of “normal” variations in socio-emotional ability, but could even induce mental health issues. A more comprehensive analysis of the relationship between gestational pollution exposure and mental health during adulthood is an important avenue for further research.

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## APPENDIX

### A ADDITIONAL TABLES AND FIGURES

**Table A.1: Socio-emotional Skills in the SOEP Mother-and-child-questionnaires**

Panel A: Big Five		
Dimension	How would you rank your child in comparison to other children of the same age? My child is ...	
Openness	not that interested -- hungry for knowledge understands quickly — needs more time	
Conscientiousness	focused – easily distracted tidy -- untidy	
Extraversion	talkative -- quiet withdrawn -- sociable	
Agreeableness	obstinate – compliant good-natured — irritable	
Neuroticism	self-confident -- insecure fearful — fearless	
Panel B: Strength and Difficulties Questionnaire		
Aggregate Scale	Subscale	To what extent do the following statements apply to your child?
Internalizing Behavior	Emotional Problems	is often unhappy or dejected is nervous/clingy in new situations, loses self-confidence easily has many fears, becomes frightened easily
	Peer Problems	is a loner, usually plays by him/herself is popular with other children is often made fun of or picked on by other children gets along better with adults than with other children
Externalizing Behavior	Hyperactivity	is agitated, hyperactive, cannot sit still is fidgety is easily distracted and lacks concentration finishes tasks, is able to concentrate thinks before acting
	Conduct Problems	often has tantrums, has a temper quarrels a lot with other children, picks on them
Prosocial Behavior	Prosocial Behavior	is considerate likes to share with others (sweets, toys, crayons) is helpful if others are hurt, sick, or sad helps others of his/her own accord

*Note:* Each questions on the Big Five is answered on an 11-point Likert scale ranging from 0 (= does not apply at all) to 10 (= fully applies). Each questions from the SDQ is answered on an 7-point Likert scale ranging from 1 (= does not apply at all) to 7 (= fully applies).

**Table A.2: Cognitive Skills in the SOEP Mother-and-child-questionnaires**

	Outcomes	Items	Scales
Combined	Learning & School	Child keeps up well with its lessons.	1 (fully agree) to 4 (disagree)
	Performance Index	Child enjoys learning.	1 (fully agree) to 4 (disagree)
Index		Math Grade	1 (best) to 6 (worst)
	Grade Index	Language Grade	1 (best) to 6 (worst)

*Note:* Items in the SOEP used to measure children's cognitive ability. Questions are answered by mothers of children aged 9 to 10, i.e. in fourth grade of elementary school. Indices are constructed by adding up individual items and standardizing. Items are recoded such that higher values of the indices reflect higher cognitive ability.

**Table A.3: Instrument Validity: Falsification Tests**

	Maternal age	Migration history	Mother:		Father:	
			Tertiary degree	Less than high school	Tertiary degree	Less than high school
<b>Panel A: Sample for Big Five</b>						
Inversions <i>in utero</i>	-.099 (.145)	-.015 (.012)	-.013 (.011)	.007 (.011)	-.008 (.015)	.007 (.013)
Observations	11,033	11,242	10,938	10,938	7,420	7,420
<b>Panel B: Sample for SDQ</b>						
Inversions <i>in utero</i>	-.133 (.195)	-.006 (.014)	-.013 (.015)	-.005 (.014)	-.013 (.020)	.006 (.018)
Observations	6,931	7,119	6,860	6,860	4,523	4,523

*Note:* The table depicts coefficients from OLS regressions of family characteristics on inversion frequency during the child's in-utero period. Estimates reflect the effect of a standard deviation increase in inversion frequency. Maternal age is measured in years. The other outcomes are dummy variables. Regressions control for county, year, month and age group fixed effects, child's gender and age in month, and weather controls (temperature and precipitation in cubic form, and wind speed and relative humidity in linear form). Regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level are reported in parentheses. Significance levels: \*p<0.1; \*\*p<0.05; \*\*\*p<0.01



**Table A.4: OLS estimates: Prenatal PM2.5 and Childhood Socio-emotional Skills**

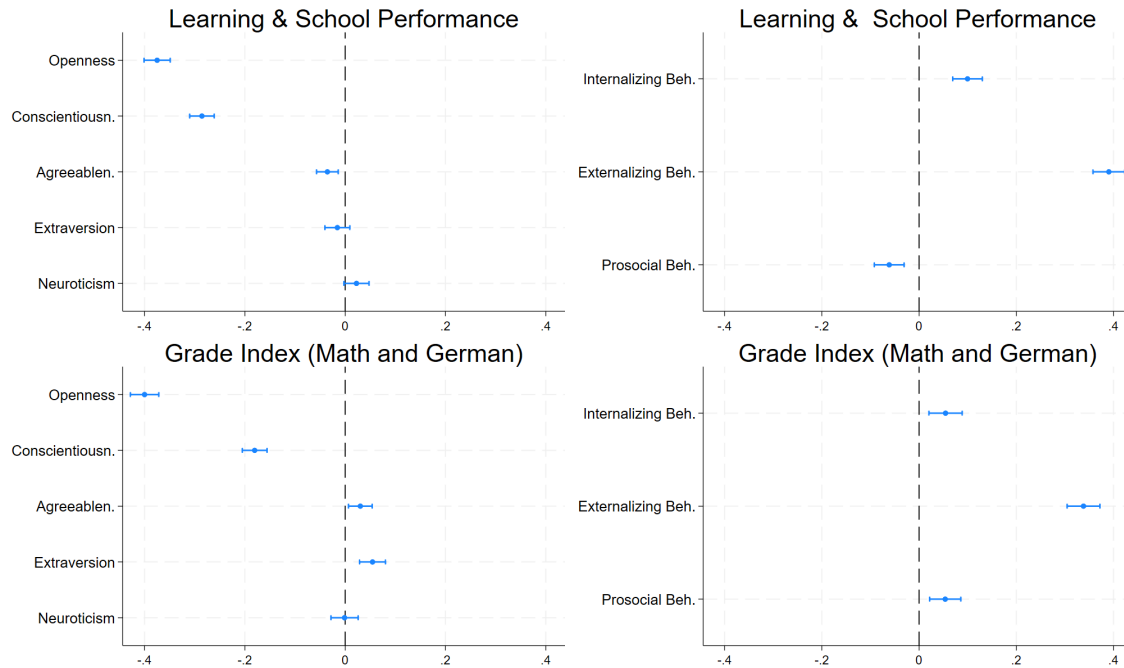
<b>Panel A: Big Five</b>					
	Openness	Conscientious	Extraversion	Agreeable	Neuroticism
PM2.5 <i>in-utero</i>	-.010 (.013)	.024* (.013)	-.031** (.013)	.010 (.013)	.034** (.015)
Observations	11,243	11,243	11,239	11,193	11,242
Counties	219	219	219	218	219

<b>Panel B: SDQ</b>			
	Externalizing Behavior	Internalizing Behavior	Prosocial Behavior
PM2.5 <i>in-utero</i>	-.003 (.016)	.037** (.016)	-.003 (.019)
Observations	7,183	7,119	7,188
Counties	163	160	162

*Note:* The table displays OLS-estimates of the parameter  $\beta$  in Equation (2), reflecting the effects of a 1  $\mu\text{g}/\text{m}^3$  increase in PM2.5 concentration during the in-utero period on the Big Five (Panel A) and on externalizing, internalizing, and prosocial behavior based on the Strength and Difficulties Questionnaire (Panel B). Outcomes are standardized within age groups. Regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level are reported in parentheses. \* $p < 0.1$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

**Figure A.1: Partial Correlations of Socio-Emotional Skills and Measures of Cognitive Ability**



*Note:* Plots show partial correlations between standardized, mother-assessed socio-emotional skills and standardized measures of the child's cognitive ability, after controlling for parental education, a single-parent household dummy, child gender and migration background. Upper plots: Correlations between the Big Five (left) or behaviors from the SDQ (right) and an index combining mother reports on whether the child likes to learn and performs well at school (both items are answered on a 4-point scale). Bottom plots: Correlations between the Big Five (left) or behaviors from the SDQ (right) and an index combining the child's school grades in Math and German classes. All variables are assessed at age 9-10. Higher values indicate better cognitive skills. 95%-Confidence Intervals are based on robust standard errors. Data: SOEP, version 38.

**Table A.5: Effects of Air Pollution by Trimester**

	Neuroticism	Internalizing Behavior
Inversion Frequency	.0128	.0181
<i>1st trimester</i>	(.0217)	(.0256)
Inversion Frequency	.0373**	.0504*
<i>2nd trimester</i>	(.0177)	(.0258)
Inversion Frequency	.0300	.0784***
<i>3rd trimester</i>	(.0198)	(.0296)
Observations	11,244	7,119

*Note:* Table depicts results from a regressions of age group-standardized neuroticism and internalizing behavior on variables measuring inversion frequency during the three trimesters of the in-utero period. Estimated coefficients reflect the effect of a standard deviation increase in inversion frequency (SD = 0.115). Controls include , year-, month-, county- and age group fixed effects, child gender, age in month and its square, migration background, parental education, and weather controls (temperature and precipitation in cubic form, and wind speed and relative humidity in linear form) for each trimester. Standard errors clustered at the county level are in parentheses.

**Table A.6: Effects of PM2.5: Postnatal and Placebo Periods**

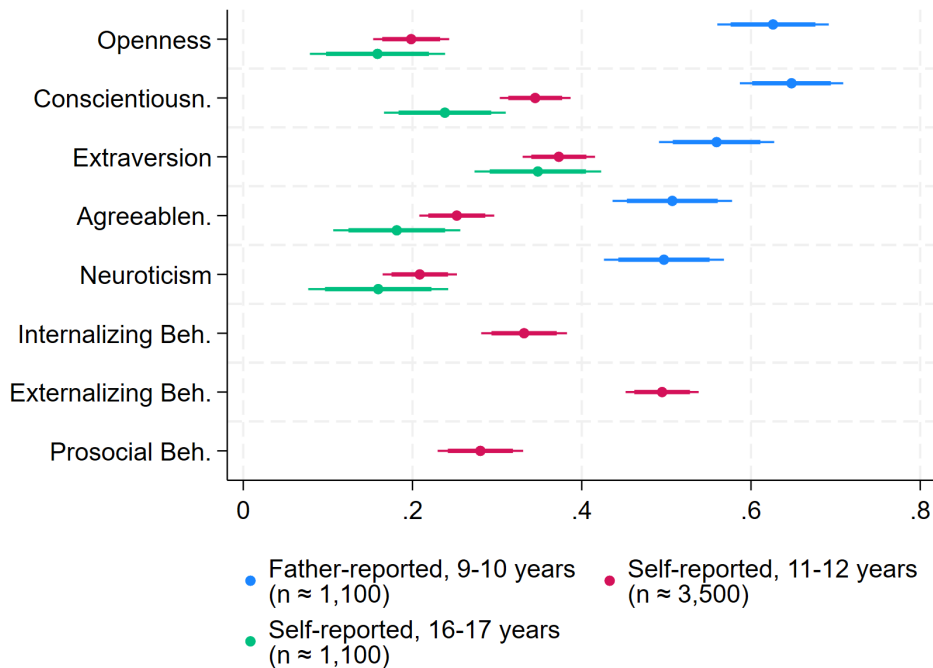
	Neuroticism			Internalizing Behavior		
	(1)	(2)	(3)	(4)	(5)	(6)
PM2.5	-.029			-.110		
<i>postnatal period</i>	(.075)			(.070)		
PM2.5		0.057			.003	
<i>before conception</i>		(.080)			(.077)	
Inversion Frequency			-.010			-.056
<i>postnatal period</i>			(.029)			(.034)
Inversion Frequency			.047*			.069*
<i>in-utero</i>			(.025)			(.037)
Inversion Frequency			.005			-.026
<i>before conception</i>			(.029)			(.035)
Observations	11,242	11,242	11,242	7,119	7,119	7,119
F-Statistic	109	57		127	96	

*Notes:* Columns 1 and 4 show 2SLS estimates of the effect of average PM2.5 concentration during the first nine months *after* the month of birth, instrumented with inversion frequency during the same period. Controls include the same fixed effects and background characteristics as the main model, plus weather conditions during the exposure period, as well as inversion frequency and weather conditions during the in-utero period. Columns 2 and 5 show 2SLS estimates of the effect of average PM2.5 concentration during the first nine months *before conception*, instrumented with inversion frequency during the same period. Controls include the same fixed effects and background characteristics as the main model, plus weather conditions during the exposure period and inversion frequency and weather conditions during the pre-conception period. Columns 3 and 6 show reduced-form results where inversion frequency is included for the in-utero period as well as the nine months periods after birth and before conception. Weather controls are also included for all three periods separately. All regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level in parentheses. \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

## B VALIDATING THE OUTCOME VARIABLES

Figure B.1 shows correlations of the mother-reported socio-emotional skills with father- and self-reports. Correlations are measured between the mother-reported Big Five assessed at ages 9-10 and (i) father-reported Big Five assessed at the same age range, (ii) self-reported Big Five at ages 11-12 and (iii) self-reported Big Five at ages 16-17, as well as between mother-reported behaviors from the SDQ and self-reported behaviors at age 11-12. All variables are standardized within the respective age-by-respondent cell. All correlations are positive and statistically significant, implying that mother-reports are in line with reports by others and predictive for socio-emotional ability during adolescence. In the main analysis, I use only mother-reported skills as they are available for the largest number of observations.

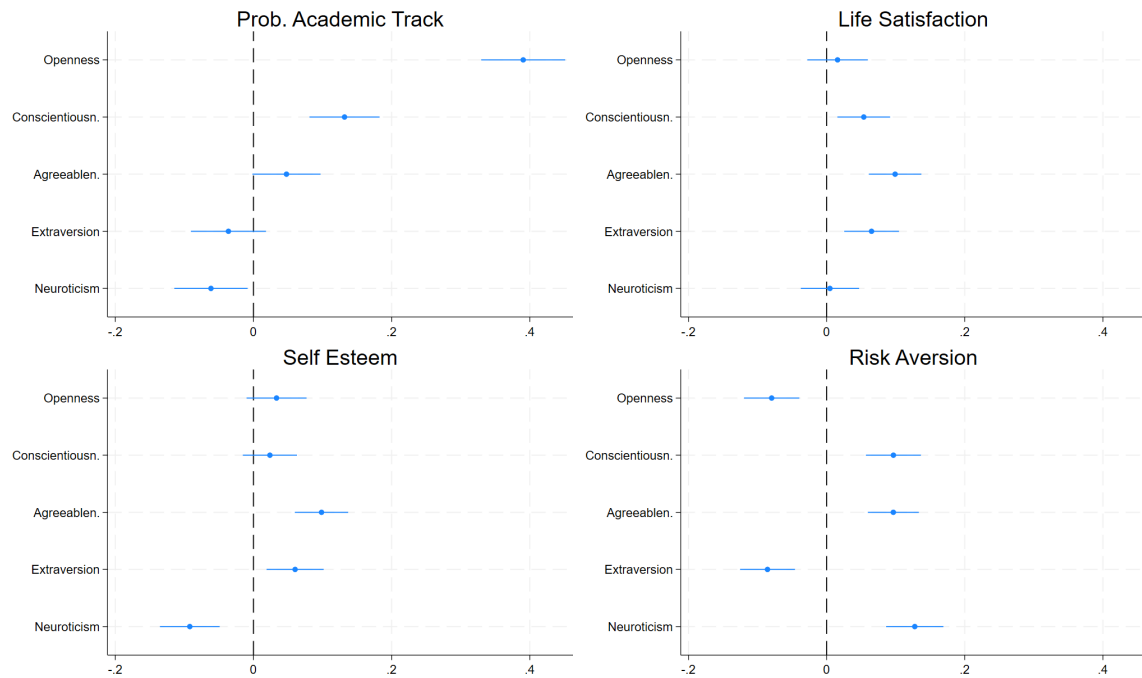
**Figure B.1: Mother-, Father- and Self-reported Socio-emotional Skills**



*Note:* Correlations between mother-assessed and either father- or self-reported socio-emotional skills. Father-reported Big Five are measured with the same scales as mother-reported variables. Self-reported Big Five and Behaviors are based on more items per domain and shorter Likert scales. All variables are standardized. Sample sizes refer to individuals with mother-reported outcomes at age 9-10 for whom data from other reporters are also available. 95%- and 99%-confidence intervals are based on heteroscedasticity robust standard errors.

Figure B.2 shows partial correlations between the mother-reported Big Five and measures of the child's school performance, well-being and preferences, controlling for parental education, single-parent households, child gender and migration background. Mother-reported Big Five at age 5-6 are significant predictors of the mother-assessed probability that the child will graduate from the academic (i.e.

highest) track of the German school system when the child is 7 to 8 years old (i.e. before track choice is made). Openness is a strong positive predictor, which is unsurprising, given that it likely partially captures cognitive skills. More importantly, conscientiousness and neuroticism are also significant predictors, with positive and negative sign, respectively. Furthermore, child-reported life satisfaction, self esteem, and risk aversion at ages 11-12 are all correlated with the mother-assessed Big Five at age 9-10, with plausible signs.



**Figure B.2: Mother-reported Big Five and other Child Outcomes**

*Note:* Plots show partial correlations between standardized, mother-assessed Big Five and other child outcomes, after controlling for parental education, a single-parent household dummy, child gender and migration background. Upper left plot: Correlations between the Big Five at age 5-6 years and the mother-assessed probability that the child will graduate from the academic track of the German school system, measured on a 7-point scale when the child is 7-8 years old. Remaining plots depict correlations between the Big Five when the child is aged 9-10 years and standardized child-reported life satisfaction, self esteem, and risk aversion at age 11-12, respectively. Sample sizes range from 3,202 to 4,143. 95%-Confidence Intervals are based on robust standard errors. Data: SOEP, version 38.

## C ROBUSTNESS TESTS

**Table C.1: Robustness: Sample Construction**

	(1)	(2)	(3)	(4)	(5)	(6)
<b><i>Panel A: Neuroticism</i></b>						
PM2.5	.135**	.150**	.193***	.121**	.159**	.144**
<i>in utero</i>	(.066)	(.067)	(.075)	(.058)	(.072)	(.065)
Observations	11,242	10,096	8,013	11,242	8,244	10,258
Counties	219	167	102	219	219	205
1st Stage F-Stat.	101	91	70	107	103	101
<b><i>Panel B: Internalizing Behavior</i></b>						
PM2.5	.185**	.173**	.186**	.173***	.200***	.214***
<i>in utero</i>	(.074)	(.079)	(.090)	(.066)	(.078)	(.075)
Observations	7,119	6,278	4,606	7,119	5,443	6,320
Counties	160	121	67	160	160	148
1st Stage F-Stat.	131	105	70	130	138	122
Minimum obs. per county	15	20	30	15	15	15
Obs. per individual	all	all	all	all	1	all
Weights	✓	✓	✓	x	x	✓
Years	all	all	all	all	all	w/o 2020

*Note:* The table displays 2SLS-estimates of the effect of a 1  $\mu\text{g}/\text{m}^3$  increase in prenatal PM2.5 exposure on Neuroticism (Panel A) and internalizing behavior (Panel B). The outcomes are standardized within age groups. Column 1 replicates the baseline result. Columns 2 and 3 vary the minimum number of individuals required within a county. In columns 4 regressions are not weighted by the inverse of the number of observations per individual. In column 5 only one observations for the same individual is included, if multiple are available. In Column 6, observations from the survey year 2020 are dropped. All regressions control for county, year, month, and age group fixed effects, parental education, child gender, migration background, age in months and its square, weather controls (cubic functions of temperature and precipitation, and linear functions of relative humidity and wind speed). Standard errors clustered at the county level are reported in parentheses. \* $p < 0.1$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

Table C.2: Robustness: Model Specifications

	(1)	(2)	(3)	(4)	(5)	(6)	(7)
<b>Panel A: Neuroticism</b>							
PM2.5 <i>in utero</i>	.139* (.075)	.170* (.090)	.116* (.064)	.133** (.067)	.149* (.082)	.159** (.068)	.120** (.061)
Observations	10,935	11,242	11,242	11,242	11,242	11,242	11,242
Counties	193	219	219	219	219	219	219
1st Stage F-Stat.	93	55	119	98	65	136	131
<b>Panel B: Internalizing Behavior</b>							
PM2.5 <i>in utero</i>	.182** (.080)	.188* (.097)	.157** (.068)	.201*** (.076)	.194** (.097)	.195** (.080)	.169*** (.063)
Observations	5,869	7,119	7,119	7,119	7,119	7,119	7,119
Counties	142	160	160	160	160	160	160
1st Stage F-Stat.	122	86	173	125	76	163	171
Specification	background controls	1 lead & lag of IV	cubic weather	linear weather	year-quarter fixed effects	east-month & east-year FEs	state-month FEs

*Note:* The table displays 2SLS-estimates of the effect of a 1  $\mu\text{g}/\text{m}^3$  increase in prenatal PM2.5 exposure on Neuroticism (Panel A) and internalizing behavior (Panel B). The outcomes are standardized within age groups. Relative to the baseline specification, Column 1 adds more background controls (dummies for single parent household, birth order and maternal age bins); Columns 2 adds a lead and lag of the instrument, as well as corresponding leads and lags of the weather controls; Column 3 and 4 vary the included weather variables; Column 5 includes birth year  $\times$  quarter instead of birth year fixed effects; Column 6 includes East Germany  $\times$  birth year and East Germany  $\times$  birth month instead of birth year and birth month fixed effects; Column 7 includes state  $\times$  birth month instead of birth month fixed effects. All regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level are reported in parentheses. \* $p < 0.1$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

**Table C.3: Robustness: PM10 as Regressor**

	Neuroticism	Internalizing Behavior
PM10 <i>in utero</i>	.097*** (.033)	.100* (.051)
Observations	7,810	5,795
Counties	162	139
F-Statistic	87	68

Notes: The table shows 2SLS results from regressions of Neuroticism and internalizing behavior on average, monitor-measured PM10 concentration during the in-utero period, instrumented with inversion frequency during the same period. Regression controls for county, year, month, and age group fixed effects, weather conditions, child's gender, age in months and its square, parental education, and migration background. The regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level in parentheses. \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

**Table C.4: Robustness: Clustering Standard Errors at the District Level**

	Neuroticism	Internalizing Behavior
PM2.5 <i>in-utero period</i>	.135** (.062)	.185*** (.051)
Observations	11,242	7,119
Counties	219	160
Clusters ( <i>Admin. districts</i> )	48	46

Notes: Note: The Table displays 2SLS-estimates of the parameter  $\beta$  in Equation (2), reflecting the effects of a 1  $\mu\text{g}/\text{m}^3$  increase in PM2.5 concentration during the in-utero period on neuroticism and internalizing behavior. PM2.5 is instrumented by inversion frequency. Outcomes are standardized within age groups. Regressions are weighted by the inverse of the number of times a child is observed in the data. In contrast to the main results in Table 3, standard errors (in parentheses) are clustered at the level of administrative districts, rather than the county level. Districts are an administrative unit between counties and federal states (NUTS2 regions according to the European Union's nomenclature of territorial units for statistics). \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

**Table C.5: Robustness: Uninformative Answers**

Dependent Variable: Neuroticism				
	(1)	(2)	(3)	(4)
PM2.5 <i>in utero</i>	.135** (.066)	.128* (.067)	.153** (.074)	.130* (.075)
Sample	baseline	drop those with many "fives"	drop bottom 10% (variance)	drop bottom 20% (variance)
Observations	11,242	11,160	9,773	8,030
Counties	219	219	204	177
1st Stage F-Stat.	101	100	92	84

Note: The table displays 2SLS-estimates of the effect of a 1  $\mu\text{g}/\text{m}^3$  increase in prenatal PM2.5 exposure on age-standardized Neuroticism. Column 1 replicates the baseline result. In column 2, observations for which all items underlying Neuroticism and Conscientiousness have a value of 5 are dropped. In columns 3 and 4 the 10% or 20% of observations with the lowest variance across items underlying the Big Five in the SOEP are dropped. All regressions are weighted by the inverse of the number of times a child is observed in the data. Standard errors clustered at the county level are reported in parentheses. \*p<0.1; \*\*p<0.05; \*\*\*p<0.01