#### ORIGINAL PAPER

# A Meta-Analysis of the Reading Comprehension Skills of Individuals on the Autism Spectrum

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Published online: 3 October 2012

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**Abstract** This meta-analysis examined 36 studies comparing autism spectrum disorder (ASD) and control groups in reading comprehension. Three moderators (semantic knowledge, decoding skill, PIQ) and two text types (high vs. low social knowledge) were examined as predictors of reading comprehension in ASD. The overall standardized mean difference for reading comprehension was g = -0.7SD. The strongest individual predictors of reading comprehension were semantic knowledge (explaining 57 % of variance) and decoding skill (explaining 55 % of variance). Individuals with ASD were significantly worse at comprehending highly social than less social texts. Having ASD alone does not predict reading comprehension deficits. Instead, individual skills, especially language ability, must be considered before one can accurately predict whether a given individual with ASD will experience difficulties in reading comprehension.

This paper was submitted in partial fulfillment of the first author's Ph.D. degree at Western University. Data from this paper were presented at the International Meeting for Autism Research in Toronto, Ontario in May 2012.

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**Keywords** Autism spectrum disorders · Reading comprehension · Decoding · Semantic knowledge · Meta-analysis

#### Introduction

The prevalence of autism spectrum disorder (ASD) in children is currently estimated to range between 1:130-180 in Canada, and 1:80-240 in the United States. On average, one child in every 110-155 has ASD (Autism and Developmental Disabilities Monitoring Network 2009a, b; Fombonne et al. 2006). In the Canadian province of Ontario, the number of students in publicly funded school systems identified as having a diagnosis of ASD doubled between 1999 and 2006 (Ontario Ministry of Education 2007). Similarly, there were 258,305 students in the United States identified with ASD who were receiving special education services in 2007, which is 4.7 times more than in 1998 (ADDM Network 2009b). With increasingly more students with ASD in mainstream educational settings than ever before, teachers may find themselves ill-equipped to meet the complex needs of these learners.

Academic Achievement in Students with ASD

Academic achievement varies widely in students with ASD, ranging from severely impaired to exceptional academic performance (Griswold et al. 2002). Estes, Rivera, Bryan, Cali and Dawson (2011) reported that 90 % of the children with ASD in their sample demonstrated a discrepancy between their expected achievement (based on intellectual functioning) and actual achievement in at least one of spelling, word reading or basic number skills. They found that in at least one of these three domains, 60 % of

students with ASD had lower achievement levels than would be predicted by their intellectual functioning. Surprisingly, however, an equal percentage of children had higher achievement levels in at least one of the three domains than would be predicted by intellectual functioning. Supporting this finding of both academic strengths and weaknesses in students with ASD, Jones et al. (2009) found four largely distinct subgroups of IQ-achievement discrepancies in the math and reading skills of students with ASD that they termed reading peak, reading dip, arithmetic peak and arithmetic dip. That is, there were distinct groups of students who had higher than expected achievement in math and reading as well as students who had lower than expected achievement in these two areas. However, the authors indicated that discrepantly poor reading comprehension was the most prevalent profile in these students. Related to this, Mayes and Calhoun (2006) discovered that the proportion of students with ASD who had academic weaknesses varied by subject. They found that 60 % of their participants with ASD had a specific learning disability (LD) in writing, while 23 % had an LD in math. In contrast to the findings of Jones et al. (2009), however, only 6 % of the participants with ASD in the Mayes and Calhoun (2006) study had an LD in reading. Thus, it seems that there is a large degree of heterogeneity in academic performance of students with ASD.

Reading comprehension is the ultimate goal of reading and one of the most important skills learned in school (Åsberg et al. 2010; Nation 2005). A number of studies have revealed that individuals with ASD have deficits in reading comprehension that are out of keeping with their intelligence (Åsberg et al. 2008; Castles et al. 2010; Flores and Ganz 2009; Goldstein et al. 1994; Huemer and Mann 2010; Jones et al. 2009; Lindgren et al. 2009; Minshew et al. 1995; Nation et al. 2006; Newman et al. 2007). Despite this relatively robust finding, some researchers have failed to find differences between students with ASD and their non-disabled peers in reading comprehension (Happé et al. 1996; LaPointe-Speer 2007; Mayes and Calhoun 2003, 2008; Newman et al. 2007; Saldaña and Frith 2007); whereas as others have found that individuals with ASD have reading comprehension strengths (Asberg 2010; Åsberg and Dahlgren-Sandberg 2010; Ashcraft-Bills 2009; Lindgren et al. 2009). Moreover, across the studies in which reading comprehension deficits were found, it is noteworthy that the size of the difference in reading comprehension scores between the groups with ASD and controls seemed to vary within two standard deviations. This large variability in the magnitude of reading comprehension deficits in individuals with ASD across studies suggests that there may be factors beyond a diagnosis of ASD that influence the degree of the reading comprehension difficulties in a given sample. The current meta-analysis sought to explore the size and consistency of the differences in reading comprehension skill of individuals with ASD in comparison to those without, with the goal of trying to explain the heterogeneity of reading comprehension deficits across studies. It also sought to identify factors that predict reading comprehension strengths and weaknesses in the ASD population.

#### What Components of Reading Comprehension Fail?

The possibilities for comprehension failure seem endless because reading comprehension covers a large range of complex language processes, any of which can fail (Perfetti et al. 1996). Comprehension requires readers to build a mental representation of the text (Nation 2005), that is, a mental model of what is described in the text (Kintsch and Rawson 2005). When we read, we readily combine previous knowledge with information in the text to create a visual scene (Kintsch and Rawson 2005; Perfetti et al. 1996). Readers must make some connection between the words in the text to some piece of knowledge that they have about the world, in order to comprehend what is written (Perfetti et al. 1996). Building a mental model of the text involves many different processes such as making connections between background knowledge and the textbase. To clarify why there are inconsistencies in the literature on the reading abilities of individuals with ASD, group level differences in some of the processes underlying the development of reading comprehension were examined in the current meta-analysis.

#### Reading the Text: Recognizing Words

One of the first processes involved in comprehending a text is the ability to recognize individual words. Reading comprehension deficits are often associated with word level decoding problems (Nation 2005; Perfetti et al. 1996). When decoding is slow and effortful, most of the reader's processing resources will be dedicated to decoding and will therefore be unavailable for comprehension (Perfetti 1985). Indeed, children with poor reading comprehension have been shown to be slower at reading words and pseudowords than their typically developing (TD) peers (Perfetti and Hogaboam 1975). Reading pseudowords (e.g., gak) and real words is thought to depend in large part on phonological processing, which is the ability to recognize the sound structure of oral language (Lanter and Watson 2008). Accordingly, there is a high correlation between single word reading and phonological processing abilities (Wagner et al. 1994).

#### Word Recognition in ASD

Individuals with ASD are often thought to have word recognition strengths. The strong version of this premise is



that as a group, students with ASD have weaknesses in reading comprehension despite superior word reading accuracy (Castles et al. 2010; Flores and Ganz 2009; Goldstein et al. 1994). In accordance with this theory, approximately 5-10 % of individuals with ASD are also characterized as "hyperlexic" (Burd and Kerbeshian 1985) and associations have been found between autism and hyperlexia (Smith and Bryson 1988). Individuals are categorized as hyperlexic when their ability to decode and sound out individual words is quite high, likely because of exceptional phonological skills, compared to their ability to comprehend those words (Frith and Snowling 1983; Newman et al. 2007). In contrast, other studies have found that individuals with ASD have typical word reading accuracy (Smith-Gabig 2010; Nation et al. 2006; Newman et al. 2007), while still other studies have found that this group to have poor word recognition skills (Åsberg et al. 2008; Huemer and Mann 2010; Jones et al. 2009). A plausible hypothesis based on these various findings could be that word recognition is normally distributed in people with ASD, and those with hyperlexia simply represent the right hand tail of the distribution. To better understand the distribution of strengths and weaknesses in decoding skill in the ASD population, the current meta-analysis examined the direction and consistency of the size of the difference in decoding skills across studies. As well, the degree to which decoding ability predicted reading comprehension was examined.

Prior Knowledge: Semantic Knowledge and Interpersonal Knowledge

To build an accurate model of the text, individuals must integrate components of the text with prior knowledge (Wahlberg and Magliano 2004). As such, domain knowledge is crucial to comprehension. To understand the knowledge of a domain means to understand its basic concepts, as well as its goals, rules and principles (Chiesi et al. 1979). Examples of domain knowledge would include semantic knowledge; academic subjects such as history or mathematics; procedural knowledge such as how to fix a car; script-like knowledge of familiar events, such as what typically happens at a child's birthday party; and interpersonal knowledge, which "involves such things as knowledge of human needs, motivations, attitudes, emotions, values, behavior, personality traits, and relationships" (Kamhi and Catts 2005, p. 12). Previous research has shown that individuals who have more highly developed knowledge within a domain tend to have better reading comprehension of texts in that domain (Nation 2005; Spilich et al. 1979). With regards to individuals with ASD, it has been demonstrated that these individuals may have difficulties using domain knowledge to interpret what they read (Wahlberg and Magliano 2004). In this metaanalysis, two types of prior knowledge, semantic and interpersonal knowledge, were explored as predictors of reading comprehension in ASD.

#### Semantic Knowledge and ASD

Knowledge of word meanings, along with the richness and quality of those representations, is central to comprehension (Nation 2005; Perfetti et al. 2005; Stothers and Oram Cardy 2012). The reader's ability to access the meaning of a word as it applies in the context of a given text is critical to understanding (Perfetti et al. 2005). Research has demonstrated that poor comprehenders have difficulty processing word meanings, such as whether two words mean the same thing, or producing exemplars to a category label (Nation 2005). It is theorized that the semantic knowledge of poor comprehenders may be restricted in two ways. First, the breadth of their word knowledge could be restricted, in that poor comprehenders have smaller vocabularies than their peers (Nation 2005). Second, the depth of the representations may be limited, in that poor comprehenders may have shallow semantic representations, lacking in detail (Stothers and Oram Cardy 2012).

Individuals with ASD tend to have semantic deficits, but these deficits are not universal (Kjelgaard and Tager-Flusberg 2001). In one study, the receptive and expressive vocabulary scores of children with ASD ranged from severely impaired to above average, but approximately 25 % of the children had essentially normal language skills (Kjelgaard and Tager-Flusberg 2001). In accordance with the theory that language skills vary in individuals with ASD from impaired to typical, several studies have found that individuals with ASD have poor semantic knowledge (Åsberg 2010; Brent et al. 2004; Huemer and Mann 2010; Naples 2009; O'Connor and Klein 2004), while others have found average to above average vocabulary knowledge in participants with ASD (Ashcraft-Bills 2009; Emerich et al. 2003; Griswold et al. 2002; Mayes and Calhoun 2003; Minshew et al. 1995). This meta-analysis examined the semantic knowledge of individuals with ASD compared to their peers to determine the size and consistency of the differences between the two groups. As well, semantic knowledge was used to predict reading comprehension in individuals with ASD.

#### Interpersonal Knowledge and ASD

One domain that is thought to be critically impaired in individuals with ASD is social cognition. Individuals with ASD tend to lack intuitive knowledge of social behaviour, have difficulties comprehending the social world, and often seem to be unaware of rules that govern social actions



(Baron-Cohen et al. 1985; Bowler 1992). Further, it has been demonstrated that individuals with ASD struggle to understand mental states (such as beliefs, desires, intentions) as applied both to themselves and to others, a phenomenon often referred to as poor theory of mind (ToM; Baron-Cohen et al. 1985). According to Klin (2000), understanding the social world requires that individuals perceive relevant social elements of a situation, interpret how social elements create the particular social context, and then understand how the social context guides their interpretation of other's behaviours. These same three principals would also be necessary for an individual to build an accurate mental model of a textbase, particularly a text that involved the social world, such as a narrative. Given that individuals with ASD often have limited understanding of interpersonal knowledge, it may follow that their problems with reading comprehension may stem from not having the relevant knowledge to draw upon while reading.

White et al. (2009) investigated the possibility of whether individuals with ASD had problems with reading comprehension generally, or whether their problems with reading comprehension could be the result of limited social knowledge. They gave participants with ASD several different sets of the Strange Stories. Each story set was created to tap (or not to tap) into the participants' thinking about mental states, humans and animate agents. Three of the story sets, termed *mental state stories*, required explicit mentalizing, that is, thinking about humans and animate agents, as well as integrating information across the text in order to create an accurate mental model of the story. In contrast, a fourth story set was designed so that comprehension required only integration of information across the text. They found that children who had ASD and limited ToM knowledge had significant problems with comprehending the text regardless of text type in comparison to the TD controls. In contrast, children with ASD who had greater ToM impairment had significant problems with comprehension compared to their ASD peers with less ToM impairment when the text involved explicit mentalizing along with thinking about humans and/or animate agents, but performed better when the text required only integration of information across text. According to the authors, the relatively poor performance on the mental state stories by participants with ASD was more likely because of a limited knowledge of mental states, rather than a problem with comprehension per se (White et al. 2009). The hypothesis that limited social knowledge impacts reading comprehension in people with ASD was also be explored in the current meta-analysis by examining the reading comprehension skills of individuals with ASD and controls on texts requiring a high degree of social knowledge (i.e. "high social texts") compared to texts requiring limited social knowledge (i.e., "low social texts").

#### Performance IQ

PIQ has been conceptualized as a set of visual-spatial processes that facilitate organized mental models (Behrmann and Kimchi 2003; Stothers and Klein 2010). If the underlying processes thought to be captured when assessing PIQ are indeed involved in creating more organized mental models, then PIQ ought to be related to reading comprehension, since poor comprehenders often construct incomplete mental representations of the text (Cain et al. 2001). To investigate this idea, Stothers and Klein (2010) gave a visual perceptual organization task, Gestalt Formation, to participants with non-verbal learning disability (NLD). It is important to note that individuals with NLD have neuropsychological profiles that are "strikingly similar" to Asperger's Syndrome (Rourke et al. 2002) and NLD is considered by some to be on the "borderlands of autism" (Bishop 1989; Volden 2004). Stothers and Klein (2010) found that for individuals with NLD, performance on Gestalt Formation strongly predicted performance on a reading comprehension task. The theory proposed by these researchers, that stronger PIQs allowed some participants to better integrate information and to create more organized mental representations of the text, was indirectly examined in the current analysis by investigating associations between PIQ and reading comprehension.

#### Aims

In summary, this meta-analysis examined the reading comprehension skills of individuals with ASD and their TD peers by asking the following questions:

- 1. Did individuals with ASD tend to have difficulties comprehending what they read compared to their TD peers? What were the size, robustness, consistency and directionality of these effects?
- 2. How can the heterogeneity of effects in reading comprehension be explained? In the studies examined above,
  - a. did individuals with ASD tend to have weaker decoding skills than controls?
  - b. did individuals with ASD tend to have limited semantic knowledge compared to controls?
  - c. did individuals with ASD tend to have weaker PIQs than controls?
    - i. Across analyses a-c, what were the size, robustness, consistency and directionality of these effects?



- d. Do individuals with ASD have greater difficulty with reading comprehension when reading high social texts compared to low social texts? Do age or decoding skill moderate reading comprehension of these two text types?
- 3. To what extent does decoding skill, semantic knowledge and PIQ predict reading comprehension in the ASD population?

#### Method

Search Strategy, Inclusion Criteria and Coding System

Four computerized databases (PsycINFO, ERIC, Scopus, and Proquest Theses and Dissertations) were searched for relevant articles using several combinations of the following keywords: reading comprehension, word decoding, academic achievement, inference, literacy, single word reading, word recognition, theory of mind, Strange Stories, homographs, vocabulary, language, hyperlexia, autism, autistic disorder, ASD, Asperger syndrome, and Asperger's Disorder. Additionally, reference lists of retrieved articles were searched along with studies listed in two summary articles: Happé and Frith (2006), and Loukusa and Moilanen (2009). As an additional check, representative journals from January 2008 to December 2011 were selected (i.e., Journal of Autism and Developmental Disorders, International Journal of Language and Communication Disorders, Autism Research, Research in Autism Spectrum Disorders, and Writing and Reading) and hand-searched. No articles were detected that had not been encountered in the initial searches.

The selected articles had to meet the following predetermined criteria. First, a reading comprehension measure was administered to all participants. Reading comprehension was operationally defined as any task that first required the participant to read sentences or a short text and then to use their understanding of what they read to complete some task. It is important to note that a study was included if some of the participants read the text out loud, while others followed along while the experimenter read the text, as long as the text remained in front of the participants throughout the testing session (e.g., Strange Stories in some studies). These studies did not report how many participants read the text themselves and how many followed along while the experimenter read the text. However, in the latter group, we can assume that some of these participants were actually reading, while others were merely listening. Given that likely a significant proportion of the participants were reading (regardless of whether they were reading while the experimenter also read or not), all of the Strange Stories studies were included in the metaanalysis.

Second, the study must have included participants with an ASD. No participants with Pervasive Developmental Disorder—Not Otherwise Specified were included because only one study was found that included these individuals. Unfortunately, it was not possible to break down the data in current meta-analysis by diagnostic categories because many of the studies included did not do so. For those studies that did analyze individuals with ASD by diagnostic subgroup, there was no consistency in the diagnostic categories. For example, diagnostic categories included: autism versus Asperger's Disorder, ASD with versus without hyperlexia, and ASD with versus without language impairment. However, given the large variability of individual traits found in the ASD population, it seemed less useful to study a group of individuals within one homogeneous set of diagnostic labels. By including a full range of individuals with ASD, it is hoped that a more general picture of the reading comprehension skills of these individuals will emerge along with a better understanding of the range of their strengths and needs.

Third, studies included a comparison group of TD individuals, a control group via standardized samples, or (less frequently) individuals with a non-ASD developmental impairment. Fourth, the study was written in English. Fifth, the study reported original empirical data based on direct tests and included means, standard deviations and sample sizes. Four studies could not be included in the meta-analysis because they failed to meet this requirement (Assouline et al. 2012; Frith and Snowling 1983; Snowling and Frith 1986; White et al. 2009).

A total of 36 studies were included within the metaanalysis. When multiple independent samples were included in one study, they were treated as separate studies (Cronin 2008; Enoch-Holman 2004; Goldstein et al. 1994; Happé 1994, 1997; Huemer and Mann 2010; Jolliffe and Baron-Cohen 1999a, b, 2000; Lindgren et al. 2009; Nation et al. 2006; Newman et al. 2007). In contrast, non-independent samples across different studies were treated as a single study (Happé 1994, 1997; Jolliffe and Baron-Cohen 1999a, b, 2000; Kaland et al. 2002, Kaland 2005; Minshew et al. 1994, 1995). This resulted in a total of 47 different samples comprising a total of 1487 individuals with ASD. All articles and dissertations were retrieved before 2012.

The coding system had eight categories comprising of:
(a) sample sizes for each group and/or sample size of the normative group for standardized measures, (b) mean age of participants, (c) Full Scale IQ (FSIQ), (d) Verbal IQ (VIQ), (e) Performance IQ (PIQ), (f) semantic knowledge, which was generally a measure of receptive vocabulary using pictures or orally presented words, (g) decoding, which was defined as reading accuracy of non-words,



single words, sentences and/or passages as well as reading rate, and (h) reading comprehension, which was measured using response accuracy, response times, eye tracking measures, and/or recall scores.

#### Study Descriptions

The types of studies included in this meta-analysis were highly varied in the questions they were designed to answer. One group of studies examined academic achievement in ASD in general, or reading in particular, and tended to use standardized assessments of reading comprehension (e.g., Woodcock Reading Mastery Tests-Revised Passage Comprehension [WRMT-R; Woodcock 1987]), intelligence (e.g., Wechsler Intelligence Scale for Children-Third Edition [WISC-III; Wechsler 1991]), decoding (e.g., WRMT-R Word Identification, Word Attack) and semantic knowledge (e.g., Peabody Picture Vocabulary Test—Third Edition [PPVT-III; Dunn and Dunn 1997]) (cf., Lindgren et al. 2009; Mayes and Calhoun 2003; Minshew et al. 1994, 1995). Other studies examined particular aspects of reading comprehension in the ASD population such as (a) to what degree can individuals with ASD integrate prior knowledge with the textbase? (cf., Wahlberg and Magliano 2004; O'Connor and Klein 2004); (b) to what degree can individuals with ASD integrate information across the text? (cf., Jolliffe and Baron-Cohen 1999b, 2000; Saldaña and Frith 2007); or (c) pre-intervention scores from a study examining the effects of a specific reading intervention (cf., Flores and Ganz 2009). A final set of studies did not examine reading comprehension per se, but instead were examining the hypotheses of autism. While these studies were not designed to specifically measure reading comprehension, they nevertheless used tasks that required participants to read a sentence or a short text and demonstrate their degree of comprehension of the text, often by answering questions. The Strange Stories test and similar ToM tasks asked: To what degree do individuals with ASD comprehend mental states and understand motivations behind everyday utterances that are not literally true? (cf. Gillott et al. 2004; Happé 1994; Heavey et al. 2000). Other studies looking at the weak central coherence hypotheses examined the degree to which individuals with ASD could integrate syntactic and semantic context to comprehend meaning, such as using sentence context to correctly pronounce a homograph (cf. Ashcraft-Bills 2009; López and Leekam 2003). A summary of all tests used in the studies can be found in the Appendix 1.

Some of the texts used to measure reading comprehension were categorized as *high social* texts. This occurred when the task was originally designed to measure ToM rather reading comprehension per se. Thus, the high social texts were: the Strange Stories Test (e.g., Happé 1994);

Stories from Everyday Life (Kaland et al. 2002); False Belief and Social Emotional Texts (LaPointe-Speer 2007); Pragmatic Interpretation Stories (Martin and McDonald 2004); and Social Knowledge Inferences (Saldaña and Frith 2007). In contrast, some of the texts used in the reading comprehension tasks were categorized as *low social* texts when they were used in the same study as the high social texts, but had been specifically designed to contain limited social knowledge. These low social texts were: Physical Stories (e.g., Happé et al. 1996); General World Knowledge texts (LaPointe-Speer 2007); and Physical Knowledge Inferences (Saldaña and Frith 2007).

#### Statistical Analysis

The current meta-analysis was run using a random effects model, which assumes that the standardized mean differences (SMDs) vary from study to study (Borenstein et al. 2009). In this meta-analysis, the SMDs were theorized to be higher or lower depending on semantic knowledge, decoding abilities, and performance IQs of participants as well as the type of text they were reading (i.e., high vs. low social texts.) There were likely a host of other factors that could have led to variations in effect size as well, but that were not testable in this meta-analysis due to lack of data (such as speed of processing, level of ASD symptomology, type of ASD diagnosis, etc.) Since it was assumed that the SMDs in reading comprehension between individuals with ASD and controls would differ from study to study, the SMDs in this study were assumed to be sampled from a distribution of true SMDs.

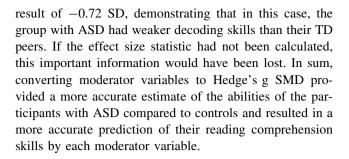
The Comprehensive Meta-Analysis (CMA) computer program (Borenstein et al. 2005) was used for the majority of analyses. First, Hedge's g standardized mean difference (SMD) in reading comprehension between the ASD group and the control group was calculated for each study; however, there were some methodological challenges in computing the SMDs. For example, some studies did not compare the performance of individuals with ASD directly to control groups, but rather reported results for the group with ASD alone on a given standardized measure. In these cases, in order to satisfy CMA's requirement for sample sizes for both ASD and control groups, the control group's sample size was the reported sample size used to norm the standardized test. For example, Turner (2010) gave participants with ASD the Woodcock-Johnson Tests of Achievement-III (Woodcock et al. 2001), which was normed on 4,783 participants. Therefore, the SMD for this study was calculated using a normal sample size of 4,783 and an ASD sample of 377. See Appendix 2 for a summary of the sample sizes along with the diagnostic category and mean age of participants for the studies included in this analysis.

A second issue was that this meta-analysis took a very broad view of reading comprehension. As explained



previously, to understand what we read depends on many different internal processes such as decoding, prior knowledge, comprehension monitoring and inference making abilities. Reading comprehension is also influenced by environmental demands such as text characteristics because each type of text we read requires a unique set of skills and knowledge to be understood (consider for instance, a recipe book, poetry, a history book, etc.). When researchers used multiple assessments of reading comprehension, it was believed that valuable information would be lost by choosing only one measure. For example, Jolliffe and Baron-Cohen (1999a, b, 2000) gave the same participants multiple assessments of reading comprehension, which were designed to assess weak central coherence theory and ToM. These tests included the Global Integration Test, the Homograph Test, Local Coherent Inferences and the Strange Stories Test. While each of the reading comprehension tasks may be tapping into some similar and some different comprehension processes, it was necessary to include each task in the analysis in order to not bias the outcome of how well individuals with ASD can comprehend what they read. Furthermore, while it has been recommended that composite scores based on multiple outcome measures should not be created unless there are correlation values available among the measures (Borenstein et al. 2009), a different approach was taken here. In each case, the means, standard deviations and sample size for both the group with ASD and the control group for each measure of reading comprehension were entered into their own CMA analysis. A random effects model was run and the subsequent Hedge's g SMD and standard error were then entered into the main reading comprehension analysis as, in this example, one entry for Jolliffe and Baron-Cohen (1999a, b, 2000). This same procedure was carried out for all studies that presented multiple outcomes for the same variable.

A third issue was resolved by converting all scores for the three moderators, (i.e., decoding, semantic knowledge and PIQ), to a Hedge's g SMD in order to assess each moderator's impact on reading comprehension. The use of Hedge's g SMD was chosen to provide a more accurate measurement of the skills of the ASD group compared to the TD controls. For example, in the study by Newman et al. (2007), the mean (SD) decoding score for the participants with ASD with hyperlexia (HPL) was 106.18 (12.49). If this result was entered into the model as a raw score, it would suggest that the decoding skills of the ASD group in this study was higher than the norm of M = 100(15) with a SMD of +0.03 SD. However, the corresponding decoding score for the TD group in the Newman et al. (2007) study, which was matched to the group with ASD on age, gender and single word reading score, was actually M = 118.83 (19.29). Using the actual TD group's score to calculate the Hedge's g SMD gives a



#### Heterogeneity

Heterogeneity of the SMDs for reading comprehension was assessed with a Q-test (Borenstein et al. 2009). A significant Q-test suggests that the amount of "total variance is more than we would expect based on within-study error" (Borenstein et al. 2009, p. 191). The Q-test also reports two descriptive statistics:  $I^2$  and  $Tau^2$  ( $T^2$ ; Borenstein et al. 2009).  $I^2$  explains what proportion of the variance is real and not simply due to random error. In contrast,  $T^2$  quantifies the amount that the SMDs vary from one study to the next and can used to quantify a confidence interval, which is determined by the formula: Prediction Interval = SMD  $\pm$  1.96\*(Tau) (Borenstein et al. 2009).

#### Publication Bias

There is a potential for publication bias to impact the outcome of a meta-analysis because studies with findings that are significant are published more often than those that find null results. In addition, a disproportionate number of small studies with large effects are published along with a few larger studies showing moderate effects (Borenstein et al. 2009). These phenomena can bias the summary effect in a meta-analysis. In an a priori attempt to offset publication bias, studies published in grey literature were located, primarily theses and dissertations. As well, post hoc analyses were conducted to determine the degree of impact that potential publication bias may have had on grand SMDs. First, funnel plots were created because, in the absence of publication bias, the studies should be distributed symmetrically about the Grand SMD (Borenstein et al. 2009). However, when publication bias is present, the studies are distributed asymmetrically about the Grand SMD and it becomes important to estimate the impact of this bias using Duval and Tweedie's trim and fill procedure (Borenstein et al. 2009). This procedure forces the funnel plot to become symmetrical by adding the missing studies to the plot and then computing the best estimate of the unbiased SMD (Borenstein et al. 2009). The second method used to estimate publication bias was Rosenthal's Fail-safe N, which computes the number of studies that would be needed to be incorporated into the meta-analysis



to nullify the grand SMD or, in other words, the number of studies that would need to be added to make the grand SMD essentially zero (Rosenthal 1995).

#### Results

#### Reading Comprehension in ASD

The random effects model demonstrated that the grand SMD in reading comprehension scores between ASD and control groups was both large (Cohen 1992) and negative, g = -0.74 (Z = -6.10, SE = 0.12, p < 0.0001) (see

Fig. 1). Further, there was a 95 % probability that the interval, -1.0 SD to -0.5 SD, contained the population SMD. This interval also contained the highest frequency of SMDs in reading comprehension (see Fig. 2). These findings suggest that many individuals with ASD find reading comprehension more difficult than their TD peers.

As can be seen in Fig. 2, the distribution of SMDs in reading comprehension was negatively skewed and covered a wide range of values. The heterogeneity analysis further demonstrated that 94 % of the variance in SMDs was real and could be attributed to differences in the ASD and TD groups, Q(46) = 807.88,  $I^2 = 94.31$ , p < 0.0001. It was predicted that the population SMD would fall within the

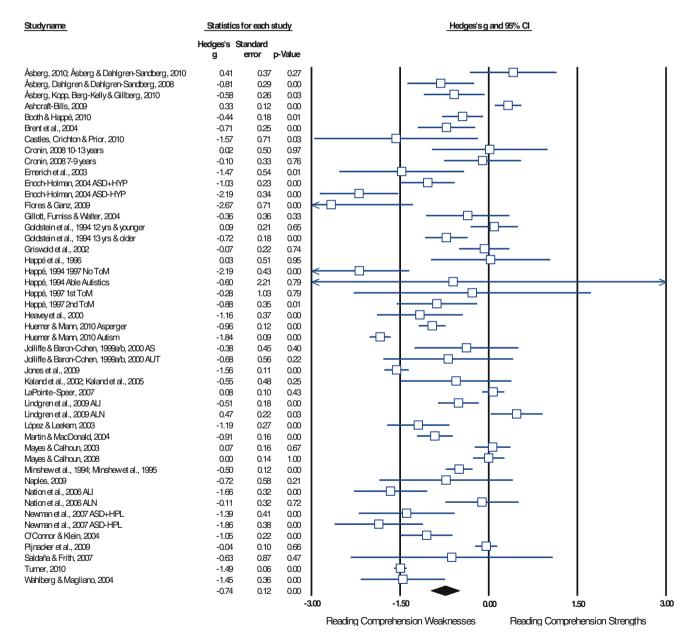


Fig. 1 Standardized mean differences in reading comprehension between groups with ASD and controls. Source: Borenstein et al. (2005)



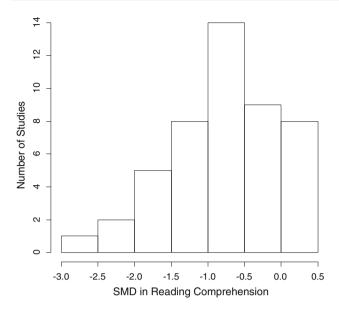


Fig. 2 Frequency of SMDs in reading comprehension between ASD and control groups. *Source*: R Development Core Team (2011)

range of -2.20 SD and +0.7 SD. Thus, the grand SMD of -0.7 SD suggests that overall reading comprehension is often impaired in ASD and that the reading comprehension skills of some individuals or groups of individuals with ASD may range from quite impaired to within the normal range.

#### **Publication Bias**

Rosenthal's file drawer analysis indicated a fail-safe N of 6,157 studies, ( $Z=-22.52,\ p<0.0001$ ), suggesting that over 6,000 studies with a SMD of zero, would need to be found and incorporated in the analyses before we could nullify the SMD of -0.7 SD found in this meta-analysis (Rosenthal 1995). There was some evidence of publication bias using Duval and Tweedie's trim and fill procedure (see Fig. 3). After imputing 15 studies to the left of the mean, the best estimate of the unbiased grand SMD for reading comprehension was -1.25 SD. Thus, by continuing with the analysis using a grand SMD of -0.7 SD, this analysis is actually reporting a more conservative estimate.

Decoding Skill, Semantic Knowledge and PIQ

#### Decoding

The grand SMD in decoding skill for individuals with ASD was not reliably different than zero, g = -0.09 (Z = -0.83, SE = 0.11, p = 0.41). The precision of this estimate fell within the range of -0.3 SD to +0.1 SD. The distribution of SMDs in decoding skill was negatively skewed and the most frequent SMDs were positive, falling between zero and +0.5 SD (see Figs. 4, 5). These findings suggest that across the

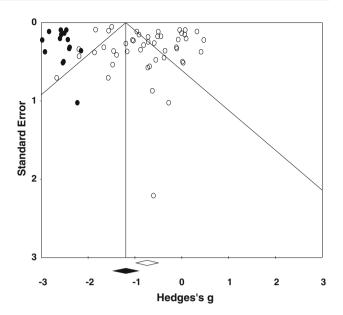


Fig. 3 Funnel plot for reading comprehension analysis. *Source*: Borenstein et al. (2005)

studies that examined reading comprehension, individuals with ASD tended to have similar decoding skills to their TD peers. The heterogeneity analysis was run to generalize the results of the decoding skills of the ASD group beyond the studies included in the meta-analysis to the population of individuals with ASD. It found a prediction interval for the variation in SMDs to be -1.3 SD to +1.1 SD, Q(38) = 510.05,  $I^2 = 92.55$ , p < 0.0001. This prediction interval suggests that it is likely that in the population of individuals with ASD, some individuals or groups of individuals have slight impairments in decoding skills, while others have decoding skills that are slightly better than average.

#### Semantic Knowledge

The grand SMD for semantic knowledge was medium in size (Cohen 1992) and reliably below the mean of typically developing controls, g = -0.48 (Z = -2.84, SE = 0.17, p = 0.004) (see Fig. 6). The precision interval for the Grand SMD was -0.8 SD to -0.1 SD with the most frequent SMDs falling between -1.0 SD and zero (see Fig. 7). Thus, these findings suggests that in the studies investigating reading comprehension, individuals with ASD tended to have mild deficits in vocabulary knowledge compared to their TD peers. To generalize these findings to the ASD population, the test of heterogeneity predicted that the population SMD for semantic knowledge fell between -2.2 SD and +1.2 SD, Q(29) = 521.49,  $I^2 = 94.44$ , p < 0.0001. Thus, it is likely that some individuals or subgroups of individuals with ASD have moderate to severe impairments in semantic knowledge, while the semantic knowledge of others with ASD is strong.



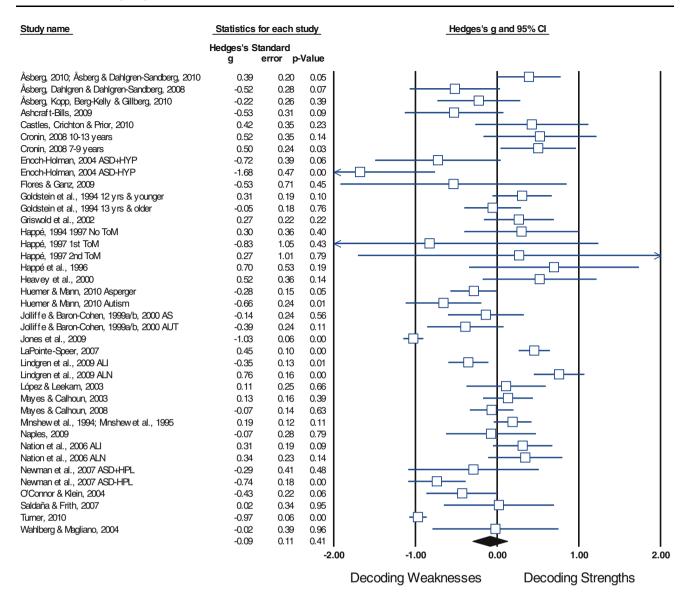


Fig. 4 Standardized mean differences in decoding skill between groups with ASD and controls. Source: Borenstein et al. (2005)

#### Performance IO

Individuals with ASD tended to have lower PIQs of a small effect (Cohen 1992) than the controls across the reading comprehension studies, with a grand SMD of g=-0.23 SD (Z=-1.98, SE = 0.12, p=0.002) (see Fig. 8). The accuracy of the SMD for PIQ was estimated to be within the range of -0.465 SD to 0.002 SD. Thus, on average, across the reading comprehension studies, individuals with ASD did not differ from their typically developing peers in PIQ. However, the histogram displayed in Fig. 9 shows an important caveat. Across the reading comprehension studies, Fig. 9 the distribution of SMDs was positively skewed, with the most frequent SMD occurring in the range of -1.0SDs to 0.0SD (see Fig. 9). It is noteworthy, however, that most of the reading comprehension studies used samples of

individuals with ASD who had weaker PIQs than controls. The test for heterogeneity predicted that the range of SMDs in the ASD population would range between -1.2 SD to +0.8 SD, Q(24) = 144.028, I<sup>2</sup> = 83.34, p < 0.001. Thus, when sampling individuals with ASD, some individuals or groups of individuals show borderline deficits in PIQ compared to controls, whereas others will have PIQs in the normal range.

#### Evidence of Publication Bias in Moderator Variables

Duval's and Tweedie's trim and fill procedure was used to asses evidence of publication bias in the moderator variables (see Table 1, Figs. 10, 11, 12). Further to this, the Fail-safe N analysis suggested that 850 studies needed to be found to nullify the SMD found in the analysis of semantic



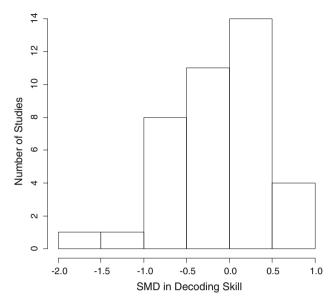


Fig. 5 Frequency of SMDs in decoding skill between ASD and control groups. *Source*: R Development Core Team (2011)

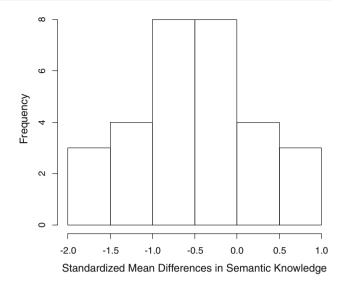


Fig. 7 Frequency of SMDs in semantic knowledge between ASD and Control groups. *Source*: R Development Core Team (2011)

Study name	Statistics	for each	study	Hedges's g and 95%Cl
H	ledges's \$			
	g	error	p-Value	
Åsberg, 2010; Åsberg & Dahlgren-Sandberg, 201	0 -1.81	0.44	0.00	
Åsberg, Dahlgren & Dahlgren-Sandberg, 2008	-0.83	0.29	0.00	
Åsberg, Kopp, Berg-Kelly & Gillberg, 2010	-0.64	0.26	0.02	
Ashcraft-Bills, 2009	-0.37	0.31	0.22	
Brent et al., 2004	-0.93	0.33	0.00	<del>                                     </del>
Castles, Crichton & Prior, 2010	-1.48	0.71	0.04	<del></del>
Cronin, 2008 10-13 years	0.18	0.25	0.46	
Cronin, 2008 7-9 years	-0.75	0.26	0.00	
Emerich et al., 2003	-0.61	0.49	0.21	<del>                                   </del>
Enoch-Holman, 2004 ASD+HYP	-1.23	0.42	0.00	
Enoch-Holman, 2004 ASD-HYP	-1.92	0.50	0.00	<del></del>
Goldstein et al., 1994 12 yrs & younger	-0.01	0.29	0.97	
Goldstein et al., 1994 13 yrs & older	-0.39	0.26	0.12	│
Griswold et al., 2002	0.73	0.22	0.00	
Heavey et al., 2000	-0.32	0.35	0.37	│ <del>─</del> ─ <del>│</del>
Huemer & Mann, 2010 Asperger	-0.44	0.12	0.00	
Huemer & Mann, 2010 Autism	-1.53	0.06	0.00	
Lindgren et al., 2009 ALI	-1.19	0.36	0.00	
Lindgren et al., 2009 ALN	0.60	0.16	0.00	
López & Leekam, 2003	0.11	0.20	0.58	
Mayes & Calhoun, 2003	0.47	0.16	0.00	
Mayes & Calhoun, 2008	0.50	0.14	0.00	
Minshew et al., 1994; Minshew et al., 1995	-0.30	0.14	0.03	-□-
Naples, 2009	-0.27	0.56	0.63	<del>  </del>
Nation et al., 2006 ALI	-0.84	0.32	0.01	
Nation et al., 2006 ALN	0.73	0.32	0.02	
Newman et al., 2007 ASD+HPL	-0.79	0.39	0.04	
Newman et al., 2007 ASD-HPL	-1.28	0.35	0.00	
O'Connor & Klein, 2004	-0.77	0.22	0.00	
Saldaña & Frith, 2007	-0.02	0.34	0.94	— <del>-</del>
	-0.48	0.17	0.00	•
			-3.	00 -1.50 0.00 1.50 3.00
				Semantic Knowledge Weaknesses Semantic Knowledge Strengths

Fig. 6 Standardized mean differences in semantic knowledge between groups with ASD and controls. Source: Borenstein et al. (2005)



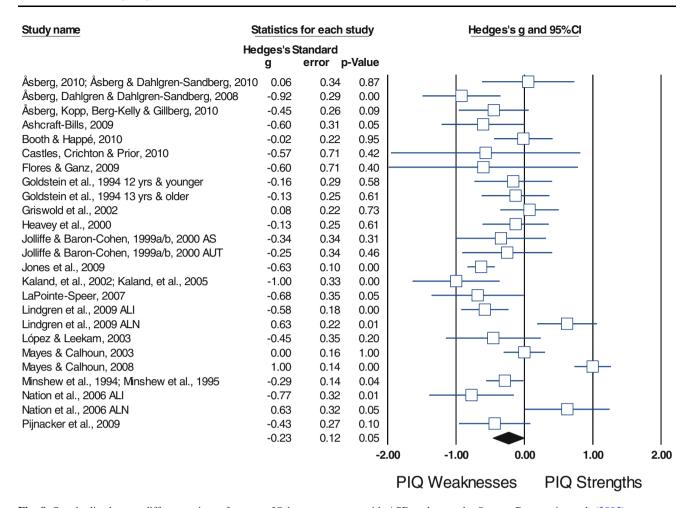


Fig. 8 Standardized mean differences in performance IQ between groups with ASD and controls. Source: Borenstein et al. (2005)

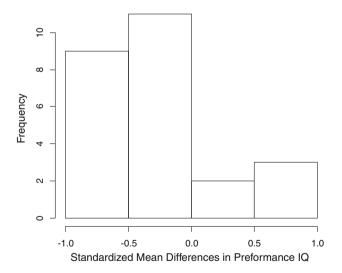


Fig. 9 Frequency of SMDs in PIQ between ASD and control groups. Source: R Development Core Team (2011)

knowledge (Z = -10.61, p < 0.0001), 256 studies for decoding (Z = -5.38, p < 0.0001), and 92 studies for PIQ (Z = -4.23, p < 0.0001) (Rosenthal 1995).

Table 1 Assessment of bias using Duval's and Tweedie's trim and fill procedure

	Number of studies imputed	Direction	Original estimate of the SMD	Unbiased estimate of the SMD
Decoding	2	Left	g = -0.1	g = -0.4
Semantic knowledge	6	Right	g = -0.5	g = -0.2
PIQ	7	Right	g = -0.2	g = -0.05

Predicting Reading Comprehension from Age, Decoding Skill, Semantic Knowledge and PIQ

Since only a subset of the total studies reported a score for each given moderator, it was important to analyze the grand mean difference and heterogeneity of reading comprehension scores in each subset of studies to ensure that the grand mean difference for a given subset was similar to the overall grand mean difference. Thus, reading comprehension grand mean differences and heterogeneity analyses



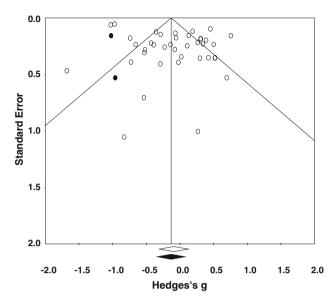
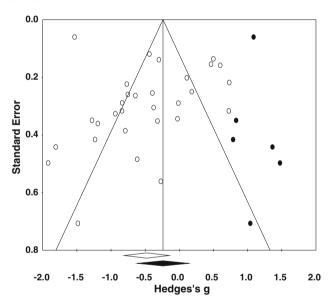


Fig. 10 Funnel plot for decoding analysis. *Source*: Borenstein et al. (2005)



**Fig. 11** Funnel plot for semantic knowledge analysis. *Source*: Borenstein et al. (2005)

are presented in Table 2 for each subset of studies that included a score for one of the moderators.

PIQ reliably predicted the variance in reading comprehension scores,  $Q_{\rm model}(1)=5.56$ ,  $R^2=0.0133$ , p<0.0001. However, it had a very small impact, accounting for only 1.33 % of the variance. In comparison, both decoding skill and semantic knowledge reliably predicted reading comprehension, with decoding skill independently explaining 55 % of the variance in reading comprehension scores,  $Q_{\rm model}(1)=24.29$ ,  $R^2=0.5516$ , p<0.0001, and semantic knowledge independently predicting 57 % of the variance,  $Q_{\rm model}(1)=16.98$ ,  $R^2=0.5656$ , p<0.0001. Thus, semantic knowledge and decoding skill were found to be good

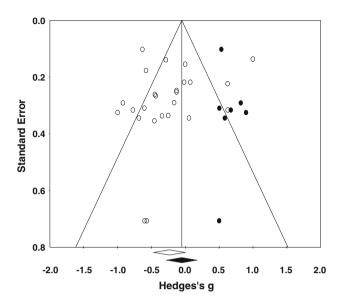


Fig. 12 Funnel plot for performance IQ analysis. *Source*: Borenstein et al. (2005)

predictors of reading comprehension in the ASD population, whereas PIQ was found to be a poor predictor.

The above regression calculations were all run on one predictor at a time, so the interaction between predictors was not accounted for in these analyses. To begin to explore these interactions, a weighted Pearson product-moment correlation coefficient was computed to assess the relationships between reading comprehension, decoding, semantic knowledge, and PIQ. Reading comprehension by the participants with ASD was most strongly associated with decoding (r = 0.767, n = 1469, p < 0.001), followed by semantic knowledge (r = 0.593, n = 1080, p < 0.001) and PIQ (r = 0.410, n = 845, p < 0.001). However, decoding, semantic knowledge, and PIQ were also all moderately associated with each other at approximately r = 0.4 (see Table 3).

#### High Versus Low Social Texts

The grand SMD in reading comprehension score on high social texts between individuals with ASD and controls was found to be both large (Cohen 1992) and negative g=-1.36 (Z=-4.73, SE=0.29, p<0.001). The precision of this estimate fell in the range of -1.9 SD to -0.8 SD with the most frequent SMDs in reading comprehension ranging from -2.0 to -1.0 SD (see Figs. 13, 14). These findings suggest that, on average, individuals with ASD struggle to comprehend texts that demand a good understanding of the social world.

In contrast, across the studies using texts that required limited social knowledge, there was a trend for individuals with ASD to have relatively small (Cohen 1992) reading comprehension deficits compared to controls, g=-0.34



Table 2 Grand SMDs in reading comprehension between ASD groups and controls along with heterogeneity analyses for the reading comprehension studies that also included scores for each moderator variable

Moderator variable	Number of studies included in analysis	Grand SMD for reading comprehension	Are the SMDs heterogeneous?
Decoding	39	g = -0.8	Yes
		Z = -5.60, p < 0.0001	Q(38) = 728.62, I2 = 94.78, p < 0.0001
Semantic knowledge	30	g = -0.7	Yes
		Z = -4.61, p < 0.0001	Q(29) = 411.54, I2 = 92.95, p < 0.0001
PIQ	25	g = -0.5	Yes
		Z = 3.50, p < 0.0001	Q(24) = 287.74, I2 = 91.66, p < 0.0001
Total	47	g = -0.7	Yes

Table 3 Relationships between reading comprehension, decoding, semantic knowledge and PIQ

Variable	1	2	3	4
Reading comprehension	-			
2. Decoding	$0.767^{a}$	_		
3. Semantic knowledge	0.593 <sup>a</sup>	$0.431^{a}$	_	
4. PIQ	$0.410^{a}$	0.417 <sup>a</sup>	$0.389^{a}$	_

<sup>&</sup>lt;sup>a</sup> Correlation is reliable at the 0.001 level (2-tailed)

(Z=-1.73, SE=0.20, p=0.08). Furthermore, the accuracy of this estimate likely fell between  $-0.7 \, \mathrm{SD}$  and  $+0.1 \, \mathrm{SD}$  and the most frequent average SMD occurred within an interval of  $-0.5 \, \mathrm{SD}$  and zero (see Figs. 13, 15). Thus, when reading texts that require only a limited amount of social knowledge, individuals with ASD function within the normal range. Furthermore, the 95 % confidence intervals for our estimates of the SMDs in reading comprehension for the two texts types were non-overlapping (see Fig. 16). This reiterates the point that individuals with ASD are likely to be more competent at understanding texts requiring limited social knowledge compared to texts requiring high social knowledge, and shows that text type was a good predictor of reading comprehension skill in ASD.

To generalize the grand SMD results from both analyses comparing reading comprehension on high and low social texts, the heterogeneity of variance was assessed. The tests for heterogeneity were reliable for both high social texts, Q(13) = 188.77,  $I^2 = 93.11$ , p < .001and low social texts, Q(10) = 40.02,  $I^2 = 75.01$ , p < 0.001. The heterogeneity analyses predicted that within the ASD population, particular subgroups of individuals with ASD may have mean differences in reading comprehension between -3.3 SD and +0.6 SD on passages requiring high social knowledge. In comparison, the predicted range of mean differences in the ASD population on texts requiring limited social knowledge was -1.4 SD to 0.7 SD. When individuals with ASD are asked to comprehend text requiring high social knowledge, they are likely to much more severely impaired, at a

magnitude of approximately three standard deviations below their TD peers. In contrast, the lower limit of the range of SMD (gLL) in reading comprehension of low social texts (gLL = -1.4) is less than half the size of the lower limit of the SMD when reading high social texts (gLL = -3.3). Thus, there is great variability in the reading comprehension skills in the ASD population, but one variable that seems to strongly predict text understanding is text type.

#### Discussion

Reading Comprehension in Individuals with ASD

The grand SMD in reading comprehension between individuals with ASD and TD controls across all the studies was g = -0.7 SD. As well, the heterogeneity analysis predicted that within the ASD population, reading comprehension varied between -2.2 SD to +0.7 SD. Students with ASD who are performing within 0.7SD of the norm would be considered to be performing slightly higher than average, but within the normal range. For example, if a letter grade of "B" or a 75 % is considered average, then performing at 0.7SD above the average would be akin to earning a letter grade of "A" or 85 %. However, students with ASD who are performing -2.2 SDs below the norm would be struggling significantly. In this case, these students would be receiving a letter grade of "F" or 42 %. Thus, while the grand SMD of -0.7 SD suggests that overall reading comprehension is often impaired in ASD



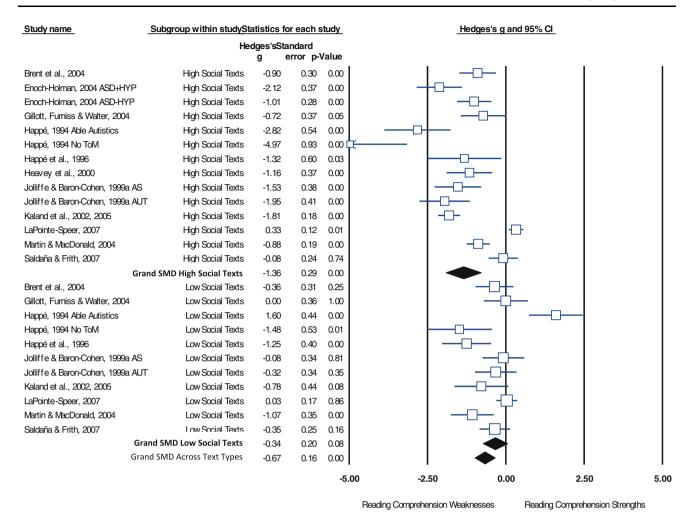
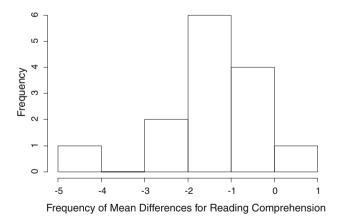


Fig. 13 Reading comprehension skills of individuals with ASD on high and low social texts. Source: Borenstein et al. (2005)



**Fig. 14** Standardized mean differences in reading comprehension for high social texts. *Source*: R Development Core Team (2011)

and that many of these students are performing at a letter grade of "C" or 65 %, this analysis has also shown that the reading comprehension skills in individuals with ASD are quite variable and can range from severe difficulties to within the normal range. Therefore, it would seem that having ASD

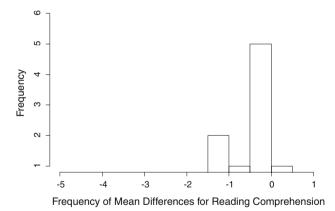
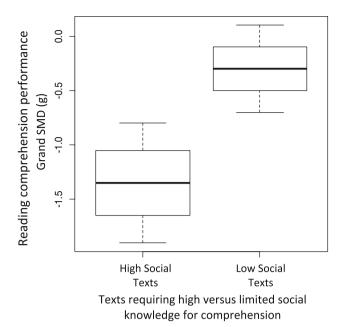


Fig. 15 Standardized mean differences in reading comprehension for low social texts *Source*: R Development Core Team (2011)

predicts that an individual is more likely than not to have problems with reading comprehension, but whether a given person actually has reading comprehension deficits depends on more factors than ASD diagnosis alone.





**Fig. 16** Grand SMDs and 95 % confidence intervals of the reading comprehension performance of individuals with ASD by text type. *Source*: R Development Core Team (2011)

Decoding Skills, Semantic Knowledge and PIQ in Individuals with ASD

The grand SMD for decoding skill was not reliably different from zero, suggesting that individuals with ASD tend to demonstrate similar strengths and weaknesses in word recognition as their TD peers of the same age or that on average, they achieve a letter grade of "B". This analysis predicted that the decoding skills in the population of individuals with ASD likely ranged between -1.3 SD and +1.1 SD or that students with ASD would be receiving grades for decoding in the range of 56–92 %. Therefore, this meta-analysis failed to support the theory that individuals with ASD have weaknesses in reading comprehension despite superior word-reading accuracy (cf. Goldstein et al. 1994). While it was true that some individuals with ASD (especially those who have both ASD and hyperlexia) had superior decoding skills, the current analysis suggests that decoding skills vary in the ASD population similarly to populations of individuals without ASD.

The grand SMD for semantic knowledge was -0.5 SD or a grade average of 68 %. It was predicted that in the population of individuals with ASD, the range of semantic knowledge fell between -2.2 SD and +1.2 SD, which is akin to a grade range of 42-93 %. This suggests that individuals with ASD tend to range from similar levels of to severe deficits in semantic knowledge compared to controls. These findings confirm that individuals with ASD tend to have slight semantic deficits on average, but that these deficits are not universal and many individuals with ASD have essentially normal semantic skills (Ashcraft-Bills 2009; Emerich

et al. 2003; Griswold et al. 2002; Kjelgaard and Tager-Flusberg 2001; Mayes and Calhoun 2003; Minshew et al. 1995). However, it also confirms that some individuals or groups of individuals with ASD have striking semantic weaknesses (Åsberg 2010; Brent et al. 2004; Huemer and Mann 2010; Naples 2009; O'Connor and Klein 2004).

In comparison, the grand SMD for PIQ was -0.2 SD, with the predicted population SMD ranging between -1.2 SD to +0.8 SD. This suggests that individuals with ASD have similar to moderately impaired PIQs compared to their TD peers. However, while the range of SMDs in PIQ was narrow in the ASD population, with a prediction interval of approximately  $\pm 1$  SD, the highest frequency of SMDs in this sample of studies tended to fall in the negative range (see Fig. 9). Thus, when sampling from the population of individuals with ASD, the likelihood of having PIQ weaknesses in a given sample from the ASD population may be similar to the likelihood of having PIQ strengths; however, in the samples of individuals with ASD included in the studies investigating reading comprehension, the SMDs in PIQ between the groups with ASD and controls were much more likely to be negative.

Did the Moderators Predict Reading Comprehension?

Decoding and Semantic Knowledge: The Simple View of Reading

Each of decoding and semantic knowledge significantly predicted the reading comprehension scores of individuals with ASD, with semantic knowledge independently explaining 57 % of the variance in reading comprehension scores across studies and decoding independently explaining 55 % of the variance. Further, there was a strong, positive correlation between reading comprehension and each of semantic knowledge and decoding skill. This suggests that some individuals or groups of individuals with ASD have strengths in both semantic knowledge and decoding, and that such individuals may have commensurately strong reading comprehension skills. A moderate positive correlation was also found between decoding skill and semantic knowledge. Therefore, while semantic knowledge and decoding skill may each independently lead to better reading comprehension, it may be that they are both related to language ability more generally, and that increased language skill is predicting better reading comprehension skills.

Dual strengths in decoding and semantic knowledge as potential underpinnings of skilled reading comprehension are in line with Hoover and Gough's (1990) Simple View of Reading, which stated that reading comprehension is the product of decoding and linguistic comprehension. One study in this meta-analysis nicely demonstrated the relationship between language skill and reading comprehension. Lindgren et al. (2009) divided their participants with



ASD into two groups based on language ability. They distinguished the autism without language impairment group (Autism Language Normal; ALN) from the autism with language delay group (Autism Language Impaired; ALI) using the following criteria: a history of language delay and a standard score on the CELF-III of less than 85. According to the present analyses, the SMD between the group with ALN and their TD peers was g = 0.6 for semantic language skills and g = 0.45 for decoding skill. In comparison, the SMD between the ALI group and the TD controls was g = -1.19 for semantic knowledge and g = -0.35 decoding skill. This illustrates nicely how having language strengths may often lead to concordant strengths in decoding and semantic knowledge. Furthermore, as can be seen in Fig. 1, individuals with ALN had reading comprehension strengths of 0.5 SD above TD controls, whereas their peers with ALI had reading comprehension deficits of -0.5 SD below controls. Thus, it may be that language impairment is a strong predictor of reading comprehension deficits in the ASD population.

It will be important for future research to report and control for decoding skill, semantic knowledge, and language ability, more generally. As shown in this meta-analysis, decoding and semantic knowledge are highly variable in the ASD population and have a large influence on reading comprehension ability. Only by using groups that are differentiated based on these lower-order components of reading comprehension will researchers be able to accurately assess the abilities of individuals with ASD on higher-order reading comprehension skills such as inferencing, integration and comprehension monitoring, and to better understand how such higher order skills ultimately impact the ability of individuals with ASD to build coherent mental models of the text.

#### PIQ

Contrary to expectations, PIQ predicted only 1 % of the variance in reading comprehension scores, yet there was a moderate correlation (r = 0.4) between reading comprehension and PIQ. To help explain these disparate findings, it is noteworthy that 72 % of the studies that included a measure of PIQ and reading comprehension used individuals with ASD who had PIQs that were lower than controls, with differences ranging from small to large. So, while it was demonstrated that individuals with ASD have similar to moderately impaired PIQs on average, it seems that participants with ASD and impaired PIQs are participating more often in research studies on reading comprehension. Furthermore, in 6 of the 7 studies where the PIQ of the ASD group was similar to or greater than the control group, individuals with ASD tended to have comparable reading comprehension skills to controls (Åsberg 2010; Åsberg and Dahlgren-Sandberg 2010; Griswold et al. 2002; Lindgren et al. 2009—ASD without language impairment; Mayes and Calhoun 2003, 2008; Nation et al. 2006—ASD without language impairment). These findings may highlight the need to examine whether impaired and/or typical PIQ can be reliably detected in subgroups of individuals with ASD and how this may relate to reading comprehension skills. Alternatively, it suggests that researchers need to ensure that PIQ is equivalent between groups (whether in reality or by statistical methods) when comparing the reading comprehension skills of individuals with ASD to their TD peers.

Texts Requiring High Versus Limited Social Knowledge

Similar to White et al. (2009), the current analysis supported the hypothesis that individuals with ASD may have differing levels of success at comprehending different text types. Specifically, individuals with ASD are much better at reading texts that require limited social knowledge than those requiring high social knowledge. The grand SMD in reading comprehension was -0.3 SD or "B-" for texts requiring limited social knowledge and -1.4 SD or an average letter grade of "D" for texts that demand a significant amount of social knowledge. This is a substantial difference in reading comprehension by text type. Further, the two distributions representing the SMDs in reading comprehension by text type were non-overlapping, suggesting that individuals with ASD are categorically better at comprehending texts requiring limited social knowledge compared to texts requiring a considerable amount of social knowledge. However, one caveat must be made. White et al. (2009) noted that some of the original work examining differences in reading comprehension of texts requiring high versus low social knowledge may have failed to properly balance level difficulty for each type of text. In these early studies, the texts requiring limited social knowledge were found to be easier and most participants performed at ceiling (White et al. 2009). However, newer research in this area has ensured equivalent text difficulty across conditions. In sum, domain knowledge, specifically social knowledge, was found to impact the ability of individuals with ASD to comprehend written texts. When demands for social knowledge were reduced, individuals with ASD performed comparably to their typically developing peers at comprehending what they read. As Brock et al. (2008) state, individuals with ASD may experience less difficulty on integration and inferencing tasks when confounding task demands (in this case, social knowledge) are removed.

#### Implications for Theory

The heterogeneity of strengths and weaknesses in the ASD population in reading comprehension, semantic knowledge,



decoding skill and PIQ support the theory proposed by Towgood et al. (2009) that the most defining feature of ASD is variability. With regards to reading in particular, "the existing literature makes clear that we should not associate autism with any one particular reading profile" (Nation and Norbury 2005, p. 28) because both subnormal and supranormal performance can be observed across groups and within individuals for any aspect of reading (Towgood et al. 2009). The high level of variability in ASD suggests that "heterogeneity in ASD... is not simply due to noise or the complex unfolding of development, but is an unavoidable consequence of variation" (Happé et al. 2006, p. 1220) along the dimensions of social interaction, communication, and repetitive and stereotyped behaviours/interests. Thus, the unavoidable consequence of the great variability in ASD suggests that having ASD alone does not necessarily predict that such an individual will have reading comprehension deficits. Instead, more information about the individual needs to be considered, especially language ability, before one can accurately predict whether a given individual with ASD will experience significant difficulties with reading comprehension. While a diagnosis of ASD is generally associated with reading comprehension deficits, the high variability in the ASD population means that there are many other co-occurring individual strengths and weaknesses along with demands posed by the texts that will heavily contribute to the likelihood that any given individual with ASD will demonstrate problems in reading comprehension. It is also possible that the presence of autism is a magnifying factor with regards to academic achievement. For individuals with weaknesses in language ability, decoding, and/or reading comprehension, autism may exacerbate these deficits. In contrast, for individuals with strengths in these areas, autism may enhance these gifts, leading to superior skill.

#### Limitations

One of the main limitations of archival research is that the parameters that can be explored are limited by the available data. For example, one possible moderator of reading comprehension is processing speed. Previous research has found that slowed processing speed is a risk factor for reading disability (Pennington and Bishop 2009). It is proposed that impaired processing speed may cause an individual to be slower at accessing previous knowledge, which in turn makes inferencing based on that knowledge more difficult (Cain et al. 2001). Given that Mayes and Calhoun (2007) found that 58 % of children with high functioning autism have weaknesses in processing speed, it is an important factor to consider when evaluating reading comprehension in this population. However, while a few of the studies from this meta-analysis included measures of processing speed, there were not enough studies to enter this variable as a moderator. Future research needs to continue to examine the impact of processing speed on reading comprehension in the ASD population.

A second issue was that of participant eligibility. This meta-analysis included a heterogeneous group of individuals with ASD in terms of both acceptable methods of diagnosis and range of diagnostic labels. This choice was made in an attempt to allow the findings to best match the natural settings in which we teach and support these students. For example, this meta-analysis included data from research that relied upon various methods for diagnosing ASD, including DSM-III or DSM-IV criteria, ADOS/ADI gold standard criteria, or parental report of a community diagnosis. As well, participants with ASD who had many different labels were included, such as Asperger's disorder, Autistic disorder, autism, high-functioning autism, ASD, autism with or without intellectual impairment, autism with or without hyperlexia, and autism with or without specific language impairment. Given the large variability of individual traits found in the ASD population (a finding supported in this meta-analysis), it seems less useful to study a group of individuals within one homogeneous set of diagnostic labels. By including a full range of individuals with ASD, it is hoped that a more general picture of the reading comprehension skills of these individuals will emerge along with a better understanding of the range of strengths, needs and other factors that will predict a particular deficit such as reading comprehension. To this end, this meta-analysis endeavored to include all studies that focused on individuals with ASD (regardless of designation) and also studied a broad definition of reading comprehension (where reading comprehension was defined as an activity that first asked participants to read sentences or a short text, and then to use their understanding of what they read to complete some task). This allowed us to describe the full spectrum of what reading comprehension deficits for individuals with ASD might look like in the real-world settings in which we serve these children. It is also important to note that the emergence of these interesting findings from within such a heterogeneous sample is a demonstration of the power of the results. Nevertheless, it may be important that a future meta-analysis examine the reading comprehension skills of individuals with ASD by including only studies that use standardized measures of reading comprehension, and that use only participants diagnosed with gold standard measures (i.e., ADOS/ADI), to see how limiting these variables enhance our understanding of the reading skills of the ASD population.

#### Directions for Future Research

After completing this meta-analysis, it is clear that many individuals with ASD struggle with reading comprehension.



However, the truism that reading is a language-based skill (Nation and Norbury 2005) has been clearly exemplified by the findings of this and other studies (Lindgren et al. 2009). Individuals with ASD who also have language deficits may have the most severe reading comprehension weaknesses. However, few of the studies to date have included comprehensive assessments to describe the language skills of the participants. In future research, it is imperative that researchers assess the language skills, including semantic knowledge, and lower order reading skills, including decoding skill, when examining reading comprehension, since these proved to be the strongest predictors of reading comprehension in this analysis. Further, researchers need to be cognizant of the level of background knowledge needed by participants to successfully comprehend the texts. Texts that require a high level of social knowledge are likely to ensure much poorer scores on reading comprehension tasks than texts that require limited social knowledge Finally, research in the area of reading comprehension needs to become more fine-grained and focus on the underpinnings of successful reading comprehension such as processing speed as well as the ability and propensity to make inferences while reading, integrate information across the textbase and with prior knowledge, and monitor comprehension while reading. Only by elucidating the underpinnings of successful reading comprehension for individuals with ASD will educators be enabled to meet the complex needs of these learners.

**Acknowledgments** We are grateful to Dr. Lisa Archibald and Dr. Perry Klein for their insightful comments on an earlier draft, and to Jessica Boehm and Charity McCarthy for their assistance on this project.

#### Appendix 1

See Table 4.

Table 4 List of tests used in the studies that were included in meta-analysis

Author	Reading comprehension	Semantic knowledge	Decoding	Performance IQ
Åsberg (2010), Åsberg and Dahlgren- Sandberg (2010)	Global discource comprehension	PPVT-III	*	WASI matrices
Åsberg et al. (2008)	S-50 ASD versus NT	S-400	Wordchains test	WISC-III all subtests
Åsberg et al. (2010)	Diagnostiska las- och skrivprov; LS test	WISC-III vocab	H4 test; LS test	WISC-IIII all subtests
Ashcraft-Bills (2009)	Homograph task	*	Common homographs	WISC-III/WAIS-III all subtests
Booth and Happé (2010)	Sentence completion task	*	*	WISC-III/WAIS-III (picture completion and block design
Brent et al. (2004)	Strange stories	*	*	*
Castles et al. (2010)	NARA-III reading comp	PPVT-III	WRMT-R Word ID	WISC-III all subtests
Cronin (2008)	WRMT-R/NU passage comp	WRMT-R/NU Word Comp, PPVT	TOWRE- phonemic decoding, WRMT- word attack	*
Emerich et al. (2003)	Joke task	PPVT-III	*	*
Enoch-Holman (2004)	Strange stories, WRMT-R passage comp, CARP	WRMT-R Wd comp, APT oral vocab	WRMT-R Word ID	*
Flores and Ganz (2009)	WJ-III	*	WJ-III	Test of nonverbal intelligence
Gillott et al. (2004)	Strange Stories	*	*	*
Goldstein et al. (1994)	WRMT-R passage comp K-TEA reading comp	WRMT-R Wd comp	WRMT-R Word ID	WISC-R/WAIS-R all subtests
Griswold et al. (2002)	WIAT	WIAT- oral expression	WIAT	WISC-R all subtests
Happé (1994, 1997)	Rare homographs, strange stories	*	Common homographs	*
Happé et al. (1996)	Strange stories/physical stories	*	Unconnected sentences- reaction time	*
Heavey et al. (2000)	WORD, strange stories	WAIS-R (vocabulary)	WORD	WAIS-R all (block design and object assembly tests)



Table 4 continued

Author	Reading comprehension	Semantic knowledge	Decoding	Performance IQ
Huemer and Mann (2010)	GORT4 reading comprehension	PPVT-III	GORT4 accuracy, SORT-R, WRMT-R	*
Jolliffe and Baron- Cohen (1999a, b, 2000)	Global integration test, rare homographs, strange stories, local coherent inferences	*	Common homographs	WAIS-R all subtests
Jones et al. (2009)	WORD	*	WORD	WASI- (block design and matrix reasoning)
Kaland et al. (2005, 2008)	Strange stories, stories from everyday life	*	*	WISC-III all subtests
LaPointe-Speer (2007)	Reading short paragraphs- >content: false belief, social emotional, general world knowledge	*	*	WISC-III all subtests
Lindgren et al. (2009)	WJ-R passage comp	PPVT-III, CELF- III receptive language	WJ-R word ID + word attack	WISC-III (picture arrangement and block design)
López and Leekam (2003)	Rare homographs	Verbal context task	Common homographs	WISC-R all subtests
Martin and McDonald (2004)	Lie and joke stories	*	*	*
Mayes and Calhoun (2003)	WIAT	WISC-III	WIAT	WISC-III all subtests
Mayes and Calhoun (2008)	WIAT-II	WISC-IV verbal comprehension	WIAT-II	WISC-IV all subtests
Minshew et al. (1994)	WRMT-R passage comp, K-TEA reading comp	WRMT-R: word comprehension	WRMT-R: Word ID, word attack, K-TEA: decoding	WISC-R/WAIS-R all subtests
Minshew et al. (1995)	WRMT-R passage comp	WRMT-R Wd comp	WRMT-R Word ID	WISC-R/WAIS-R all subtests
Naples (2009)	WJ-III passage comp	WJ-III PVO	WJ-III letter-Word ID, TOWRE word/non-word, CTOPP non-word	*
Nation et al. (2006)	NARA-II	BPVS-II	BAS-II	WISC-III (block design)
Newman et al. (2007)	WJ-III passage comp	WJ-III Pic Vocab	WJ-III Letter-Word ID	*
O'Connor and Klein (2004)	WRMT-R passage comp	WRMT-R Wd comp	WRMT-R Word ID	*
Pijnacker et al. (2009)	Implicature task	*	*	WISC-III (picture completion and block design)
Saldaña and Frith (2007)	WORD, social knowledge inferences, physical knowledge inferences	BPVS	WORD	*
Turner (2010)	WJ-III passage comp	*	WJ-III Letter-Word ID	*
Wahlberg and Magliano (2004)	Ambiguous text task	*	K-TEA	*

BAS II British Ability Scales 2nd Ed., BPVS British Picture Vocabulary Scale, CARP Classroom Assessment of Reading Processes, CTOPP Comprehensive test of phonological processing, CELF-III Clinical Evaluation of Language Fundamentals, GORT4 Gray Oral Reading Tests Fourth Ed., K-BIT Kaufman Brief Intelligence Test, K-TEA Kaufman Test of Educational Achievement, NARA Neale Analysis of Reading Ability, Passage Comp Passage Comprehension, PPVT- II Peabody Picture Vocabulary Test, SORT-R Slosson Oral Reading Tests Fourth Ed., TOWRE Test of Word Reading Efficiency, WAIS-R & III Wechsler Adult Intelligence Scale, WASI Wechsler Abbreviated Scale of Intelligence, Wd Comp Word Comprehension, WIAT-R Wechsler Individual Achievement Test—Revised, WISC Wechsler Intelligence Scale for Children, WJ-II & III; Woodcock-Johnson Tests of Achievement, WORD Wechsler Objective Reading Dimensions, Word ID Word Identification, WRMT-R Woodcock Reading Mastery Tests-Revised, WRMT-NU Woodcock Johnson-III Normative Tests of Achievement, WJ-R Woodcock-Johnson Psycho-Educational Battery-Revised



<sup>\*</sup> No test given in this category

### Appendix 2

See Table 5.

Table 5 Demographic characteristics of participants in each study included in meta-analysis

Study		Experimental group			Control	
	n	Mean age: (years)	Group	n	Mean age: (years)	
Åsberg (2010), Åsperg and Dahlgren-Sandberg (2010)	12	$13.4 \pm 1.33$	ASD	16	$12 \pm 2.33$	
Åsberg et al. (2008)	37	$9.74 \pm 1.87$	ASD	19	$8.81 \pm 1.34$	
Åsberg et al. (2010)	20	$11.8 \pm 2.7$	ASD	54	$12.5 \pm 2.6$	
Ashcraft-Bills (2009)	20	$17.67 \pm 4.19$	ASD	22	$17.93 \pm 5.17$	
Booth and Happé (2010)	41	$14.4 \pm 2.6$	ASD	41	$14.5 \pm 2.7$	
Brent et al. (2004)	20	$9.33 \pm 1.5$	ASD	20	$8.67 \pm 1.75$	
Castles et al. (2010)	2	9.25	ASD	3500	_	
Cronin (2008)	4	$11.4 \pm 1.67$	ASD 10-13 years	4201	_	
Cronin (2008)	9	$8.9 \pm 0.83$	ASD 7–9 years	4201	_	
Emrich et al. (2003)	8	13.4	ASD	8	_	
Enoch-Holan (2004)	5	_	ASD + HYP	6	_	
Enoch-Holan (2004)	6	_	ASD – HYP	6	_	
Flores and Ganz (2009)	2			8108		
Gillott et al. (2004)	15	10.26	ASD	15	10.26	
Goldstein et al. (1994)	29	-	Autism; 12 years and younger	19	_	
Goldstein et al. (1994)	35	_	Autism; 13 years and older	27	_	
Griswold et al. (2002)	21	10	AS	4252		
Happé (1994, 1997)	6	17.6	Autism No ToM	13	19.4	
Happé (1994)	18	20.6	Autism Able Autistics	10	20.5	
Happé (1997)	5	16.6	Autism 1st ToM	13	7.7	
Happé (1997)	6	17.5	Autism 2nd ToM	13	7.7	
	5	24	ASD	10	-	
Happé et al. (1996)						
Heavey et al. (2000)	16	$34.7 \pm 9.5$	Autism	15	$30.7 \pm 8.1$	
Huemer and Mann (2010)	78	_	AS	1677	_	
Huemer and Mann (2010)	145	-	AUT	1677	-	
Jolliffe and Baron-Cohen (1999a, b, 2000)	17	$27.77 \pm 7.81$	AS	17	$30 \pm 9.12$	
Jolliffe and Baron-Cohen (1999a, b, 2000)	17	$30.71 \pm 7.84$	Autism	17	$30 \pm 9.12$	
Jones et al. (2009)	100	$15.5 \pm 0.5$	ASD	2200	_	
Kaland et al. (2002), Kaland et al. (2005)	21	$15.9 \pm 3.2$	ASD	20	$15.6 \pm 3.3$	
LaPointe-Speer (2007)	17	$17.81 \pm 4.43$	ASD	17	$17.35 \pm 4.87$	
Lindgren et al. (2009) ALI	32	$10.4 \pm 2.6$	ALI	6359	_	
Lindgren et al. (2009) ALN	20	$10.3 \pm 2.6$	ALN	6359	-	
Lopez and Leekam (2003)	15	$13.83 \pm 2.33$	ASD	16	$14.33 \pm 0.83$	
Martin and McDonald (2004)	14	$19.64 \pm 1.7$	ASD	24	$19.75 \pm 3.4$	
Mayes and Calhoun (2003)	42	_	ASD $IQ > 80$	4252	_	
Mayes and Calhoun (2008)	54	_	ASD $IQ > 80$	5586	_	
Minshew et al. (1994,1995) <sup>a</sup>	62	$17.79 \pm 10.09$	ASD	50	$16.91 \pm 9.96$	
Naples (2009)	4	$7.8 \pm 1.5$	HPL	9	$9.78 \pm 2.91$	
Nation et al. (2006)	10	$10.06 \pm 2.87$	ALI	3500	_	
Nation et al. (2006)	10	$10.5 \pm 2.47$	ALN	3500	_	
Newman et al. (2007)	11	_	ASD + HPL	18	$9.99 \pm 4.07$	
Newman et al. (2007)	20	$12.33 \pm 3.39$	ASD – HPL	18	$9.99 \pm 4.07$	
O'Connor and Klein (2004)	20	$15.11 \pm 0.99$	ASD	4201		



Table 5 continued

Study	Expe	Experimental group			Control	
	n	Mean age: (years)	Group	n	Mean age: (years)	
Pijnacker et al. (2009)	28	$26.8 \pm 5.2$	ASD	28	$26.3 \pm 5.2$	
Saldana and Frith (2007)	16	$14.75 \pm 1.92$	ASD	16	$13.92 \pm 1.92$	
Turner (2010)	377	_	ASD	4783	_	
Wahlberg and Magliano (2004)	12	_	ASD	12	_	

ASD Autism spectrum disorder, AS Asperger's Syndrome, AUT Autism, ASD + HYP ASD + Hyperlexia, ASD - HYP ASD—Hyperlexia, ALI Autism Language Impaired, ALN Autism Language Normal, Autism Able Autistics: high-functioning ASD, Autism No ToM: Autism + No Theory of Mind, 1st ToM: Autism + 1st Order Theory of Mind, 2nd ToM: Autism + 2nd Order Theory of Mind, -data not reported

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<sup>&</sup>lt;sup>a</sup> The data from Minshew et al. 1995 was entered for illustrative purposes

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