

Life Expectancy Prediction

1. Problem Statement

The aim of this project is to build a linear regression model to predict life expectancy of a country, by analyzing various demographic, socio-economic and health variables such as adult mortality, infant deaths, alcohol, percentage expenditure, Hepatitis B, Measles and BMI. The project also aims to investigate the trends and disparities in global life expectancy through exploratory data analysis.

2. Data Import and Check

Libraries needed

```
In [1]: import numpy as np
import pandas as pd
import plotly.express as px
import matplotlib
import matplotlib.pyplot as plt
import seaborn as sns
import re
import missingno as msno
from statsmodels.graphics.gofplots import qqplot
from scipy import stats
from scipy.stats import norm, uniform
import folium
import json
from sklearn.ensemble import RandomForestRegressor
from statsmodels.stats.outliers_influence import variance_inflation_factor
from sklearn import linear_model
from sklearn.linear_model import Lasso
from sklearn.metrics import mean_squared_error, r2_score
from sklearn.model_selection import train_test_split
import pycountry_convert as pc

%matplotlib inline
%config InlineBackend.figure_format = 'retina'
```

```
In [2]: import warnings
warnings.filterwarnings('ignore')
```

```
In [3]: import plotly.io as pio
pio.renderers.default='notebook'
```

Data Import

I'll load the CSV file using Pandas Library. I named the imported dataset with life_df.

```
In [4]: life_df = pd.read_csv(r"C:\Users\Weunbi\Desktop\WDS\Life Expectancy Prediction\life_expectancy.csv")
life_df.shape
```

Out[4]: (2938, 22)

Data Check

The dataset contains 2938 rows and 22 columns.

```
In [5]: print(life_df.columns)
```

```
Index(['Country', 'Year', 'Status', 'Life expectancy', 'Adult Mortality',  
       'infant deaths', 'Alcohol', 'percentage expenditure', 'Hepatitis B',  
       'Measles', 'BMI', 'under-five deaths', 'Polio', 'Total expenditure',  
       'Diphtheria', 'HIV/AIDS', 'GDP', 'Population',  
       'thinness 1-19 years', 'thinness 5-9 years',  
       'Income composition of resources', 'Schooling'],  
       dtype='object')
```

I want to remove the white spaces in the column names.

```
In [6]: life_df.columns = life_df.columns.str.strip()
```

Let's look at the first five rows.

```
In [7]: life_df.head(5)
```

Out[7]:

	Country	Year	Status	Life expectancy	Adult Mortality	infant deaths	Alcohol	percentage expenditure	Hepatitis B	Measles	...	Polio	e
0	Afghanistan	2015	Developing	65.0	263.0	62	0.01	71.279624	65.0	1154	...	6.0	
1	Afghanistan	2014	Developing	59.9	271.0	64	0.01	73.523582	62.0	492	...	58.0	
2	Afghanistan	2013	Developing	59.9	268.0	66	0.01	73.219243	64.0	430	...	62.0	
3	Afghanistan	2012	Developing	59.5	272.0	69	0.01	78.184215	67.0	2787	...	67.0	
4	Afghanistan	2011	Developing	59.2	275.0	71	0.01	7.097109	68.0	3013	...	68.0	

5 rows × 22 columns

The columns consist of various demographic variables, including immunization factors, mortality factors, economic factors, social factors and other health related factors as well.

```
In [8]: life_df.info()
```

```
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 2938 entries, 0 to 2937
Data columns (total 22 columns):
 #   Column           Non-Null Count  Dtype  
--- 
 0   Country          2938 non-null    object  
 1   Year              2938 non-null    int64  
 2   Status            2938 non-null    object  
 3   Life expectancy   2928 non-null    float64 
 4   Adult Mortality   2928 non-null    float64 
 5   infant deaths    2938 non-null    int64  
 6   Alcohol           2744 non-null    float64 
 7   percentage expenditure  2938 non-null    float64 
 8   Hepatitis B       2385 non-null    float64 
 9   Measles           2938 non-null    int64  
 10  BMI               2904 non-null    float64 
 11  under-five deaths 2938 non-null    int64  
 12  Polio              2919 non-null    float64 
 13  Total expenditure  2712 non-null    float64 
 14  Diphtheria         2919 non-null    float64 
 15  HIV/AIDS          2938 non-null    float64 
 16  GDP               2490 non-null    float64 
 17  Population         2286 non-null    float64 
 18  thinness 1-19 years 2904 non-null    float64 
 19  thinness 5-9 years 2904 non-null    float64 
 20  Income composition of resources 2771 non-null    float64 
 21  Schooling          2775 non-null    float64 
dtypes: float64(16), int64(4), object(2)
memory usage: 505.1+ KB
```

All the variables except for "Country" and "Status" are numeric variables. "Country" and "Status" are character variables.

3. Data Pre-processing

Let's have a look at the missing data first.

Missing values

```
In [9]: life_df.isnull().sum().sum()
```

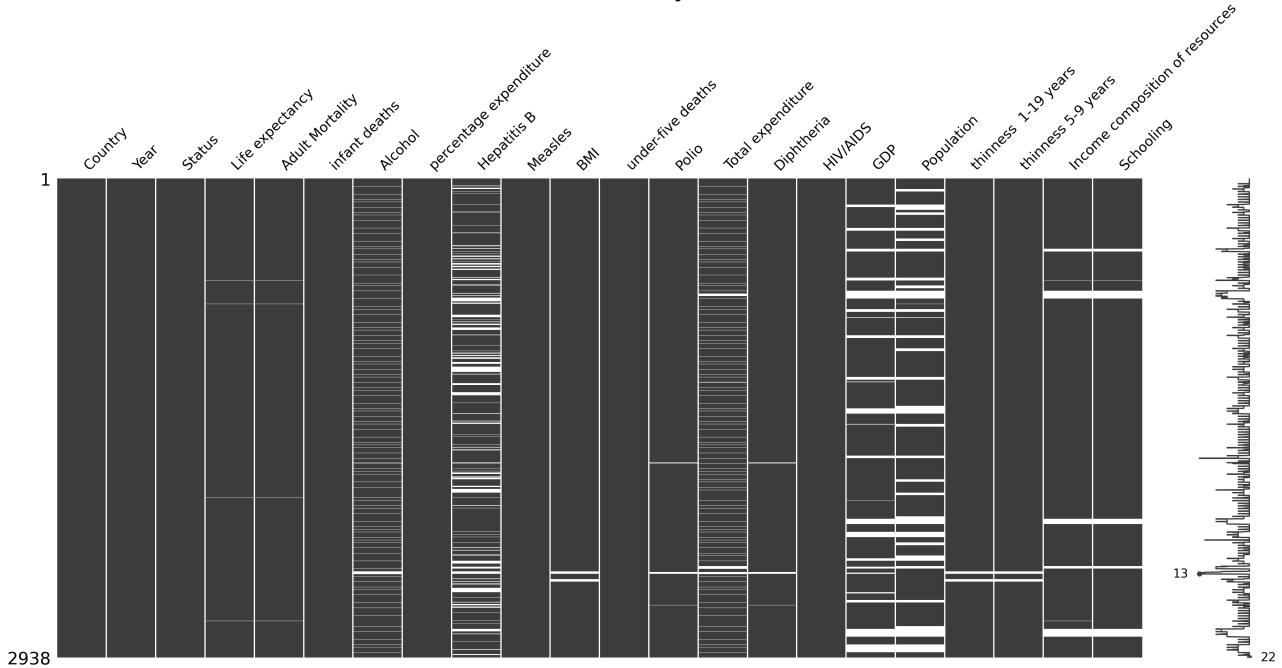
```
Out[9]: 2563
```

```
In [10]: life_df.isnull().sum().sort_values(ascending=False)
```

```
Out[10]: Population          652
Hepatitis B           553
GDP                  448
Total expenditure    226
Alcohol              194
Income composition of resources 167
Schooling            163
thinness 5-9 years   34
thinness 1-19 years  34
BMI                 34
Polio                19
Diphtheria           19
Life expectancy      10
Adult Mortality      10
HIV/AIDS             0
Country              0
Year                 0
Measles              0
percentage expenditure 0
infant deaths        0
Status               0
under-five deaths    0
dtype: int64
```

```
In [11]: # visualize the missing data
msno.matrix(life_df)
plt.title("Visualization of the Nullity of The Data", fontsize=30)
plt.show()
```

Visualization of the Nullity of The Data



There is a total of 2563 missing values in our dataset. There is a significant number of missing values in "Population", "Hepatitis B" and "GDP" columns. Other columns like "Total expenditure", "Alcohol", "Income composition of resources" and "Schooling" also have a lot of missing values.

I will use a few strategies for filling in missing values.

1. Filling data with the closest year data: If a specific country has a missing value in any year, the data will be filled with the previous or subsequent year's data.
2. Filling data with the average of the Region: If a specific country is missing values for all years, the data will be filled with the average of the Region (e.g. Asia, Africa, European Union, etc.)
3. Countries that are missing more than 4 data columns will be omitted from the database.

To do this, I'll have to create continent column first.

Country column

```
In [12]: # change the names of the countries that are invalid
life_df.loc[life_df["Country"]=="Republic of Korea", "Country"] = "Korea, Republic of"
life_df.loc[life_df["Country"]=="The former Yugoslav republic of Macedonia", "Country"] = "North Macedonia"
life_df.loc[life_df['Country'].str.contains('Russia'), 'Country'] = 'Russia'
life_df.loc[life_df['Country'].str.contains('Kingdom'), 'Country'] = 'United Kingdom'
life_df.loc[life_df["Country"] == 'Congo', "Country"] = 'Republic of the Congo'

In [13]: # remove white spaces and special characters in country name values
for i in life_df.index:
    life_df.loc[i, "Country"] = re.sub("[\W[\].*?\W\W]", "", life_df.loc[i, "Country"])
    life_df.loc[i, "Country"] = life_df.loc[i, "Country"].strip()

In [14]: # define functions that converts country name to continent name
def country_to_countrycode(country_name):
    country_alpha2 = pc.country_name_to_country_alpha2(country_name)
    return country_alpha2

def countrycode_to_continent(country_alpha2):
    country_continent_code = pc.country_alpha2_to_continent_code(country_alpha2)
    country_continent_name = pc.convert_continent_code_to_continent_name(country_continent_code)
    return country_continent_name

In [15]: # apply the functions and create new columns "Country Code" and "Continent"
for i in life_df.index:
    life_df.loc[i, "Country Code"] = country_to_countrycode(life_df.loc[i, "Country"])

In [16]: for i in life_df.index:
    if life_df.loc[i, "Country Code"] == "TL":
        life_df.loc[i, "Continent"] = "Asia"

    else:
        life_df.loc[i, "Continent"] = countrycode_to_continent(life_df.loc[i, "Country Code"])
```

Before starting filling in the missing values, I will exclude the countries that have missing data in 'Life expectancy' column.

```
In [17]: missing_country = life_df.loc[life_df["Life expectancy"].isnull(), "Country"].tolist()
life_df = life_df[~life_df["Country"].isin(missing_country)]
```

For the data that are missing for all years, I will fill them with the average of the region. For the data that are missing for any year, I will fill them with the nearest value using interpolation.

```
In [18]: # make a copy of the dataset
df = life_df.copy()

# count the number of missing Population data by country
pop_counts = df.loc[df["Population"].isnull(), "Country"].value_counts()
pop_counts_index = pop_counts.index[pop_counts>=16].tolist()

In [19]: # fill in the population data that are missing for all years with the average of the region
df.loc[df["Country"].isin(pop_counts_index), "Population"] = df["Population"].fillna(
    df.groupby("Continent")["Population"].transform('mean'))

# fill in the population data that are missing in any year with the nearest value
df["Population"] = df.groupby(["Country"], group_keys=True)[["Population"]].apply(lambda group: group.i
```

```
In [20]: # count the number of missing Hepatitis B data by country
hep_counts = df.loc[df["Hepatitis B"].isnull(), "Country"].value_counts()
hep_counts_index = hep_counts.index[hep_counts>=16].tolist()

# fill in the Hepatitis B data that are missing for all years with the average of the region
df.loc[df["Country"].isin(hep_counts_index),
       "Hepatitis B"] = df["Hepatitis B"].fillna(df.groupby("Continent")["Hepatitis B"].transform("mean"))

# fill in the Hepatitis B data that are missing in any year with the nearest value
df.loc[:, "Hepatitis B"] = df.groupby("Country", group_keys=True)[ "Hepatitis B"].apply(lambda group: group.interpolate(method="nearest"))
```

```
In [21]: # count the number of missing GDP data by country
gdp_counts = df.loc[df["GDP"].isnull(), "Country"].value_counts()
gdp_counts_index = gdp_counts.index[gdp_counts>=16].tolist()

# fill in the GDP data that are missing for all years with the average of the region
df.loc[df["Country"].isin(gdp_counts_index),
       "GDP"] = df["GDP"].fillna(df.groupby("Continent")["GDP"].transform("mean"))

# fill in the GDP data that are missing in any year with the nearest value
df.loc[:, "GDP"] = df.groupby("Country", group_keys=True)[ "GDP"].apply(lambda group: group.interpolate(method="nearest"))
```

```
In [22]: # count the number of missing Total expenditure data by country
exp_counts = df.loc[df["Total expenditure"].isnull(), "Country"].value_counts()
exp_counts_index = exp_counts.index[exp_counts>=16].tolist()

# fill in the Total expenditure data that are missing for all years with the average of the region
df.loc[df["Country"].isin(exp_counts_index),
       "Total expenditure"] = df["Total expenditure"].fillna(df.groupby("Continent")["Total expenditure"].transform("mean"))

# fill in the Total expenditure data that are missing in any year with the nearest value
df.loc[:, "Total expenditure"] = df.groupby("Country", group_keys=True)[ "Total expenditure"].apply(lambda group: group.interpolate(method="nearest"))
```

```
In [23]: # count the number of missing Alcohol data by country
alc_counts = df.loc[df["Alcohol"].isnull(), "Country"].value_counts()
alc_counts_index = alc_counts.index[alc_counts>=16].tolist()

# fill in the Alcohol data that are missing for all years with the average of the region
df.loc[df["Country"].isin(alc_counts_index),
       "Alcohol"] = df["Alcohol"].fillna(df.groupby("Continent")["Alcohol"].transform("mean"))

# fill in the Alcohol data that are missing in any year with the nearest value
df["Alcohol"] = df.groupby("Country", group_keys=True)[ "Alcohol"].apply(lambda group: group.interpolate(method="nearest"))
```

```
In [24]: # count the number of missing 'Income composition of resources' data by country
icor_counts = df.loc[df["Income composition of resources"].isnull(), "Country"].value_counts()
icor_counts_index = icor_counts.index[icor_counts>=16].tolist()

# fill in the 'Income composition of resources' data that are missing for all years with the average of the region
df.loc[df["Country"].isin(icor_counts_index),
       "Income composition of resources"] = df["Income composition of resources"].fillna(df.groupby("Continent")["Income composition of resources"].transform("mean"))

# fill in the 'Income composition of resources' data that are missing in any year with the nearest value
df.loc[:, "Income composition of resources"] = df.groupby("Country", group_keys=True)[ "Income composition of resources"].apply(lambda group: group.interpolate(method="nearest"))
```

```
In [25]: # count the number of missing Schooling data by country
schooling_counts = df.loc[df["Schooling"].isnull(), "Country"].value_counts()
schooling_counts_index = schooling_counts.index[schooling_counts>=16].tolist()

# fill in the Schooling data that are missing for all years with the average of the region
df.loc[df["Country"].isin(schooling_counts_index),
       "Schooling"] = df["Schooling"].fillna(df.groupby("Continent")["Schooling"].transform("mean"))

# fill in the Schooling data that are missing in any year with the nearest value
df.loc[:, "Schooling"] = df.groupby("Country", group_keys=True)[ "Schooling"].apply(lambda group: group.interpolate(method="nearest"))
```

```
In [26]: # count the number of missing BMI data by country
bmi_counts = df.loc[df["BMI"].isnull(), "Country"].value_counts()
bmi_counts_index = bmi_counts.index[bmi_counts>=16].tolist()

# fill in the BMI data that are missing for all years with the average of the region
df.loc[df["Country"].isin(bmi_counts_index),
       "BMI"] = df["BMI"].fillna(df.groupby("Continent")["BMI"].transform("mean"))

# fill in the BMI data that are missing in any year with the nearest value
df.loc[:, "BMI"] = df.groupby("Country", group_keys=True)[ "BMI"].apply(lambda group: group.interpolate()
```

```
In [27]: # count the number of missing 'thinness 1-19 years' data by country
th19_counts = df.loc[df["thinness 1-19 years"].isnull(), "Country"].value_counts()
th19_counts_index = th19_counts.index[th19_counts>=16].tolist()

# fill in the 'thinness 1-19 years' data that are missing for all years with the average of the region
df.loc[df["Country"].isin(th19_counts_index),
       "thinness 1-19 years"] = df["thinness 1-19 years"].fillna(df.groupby("Continent")["thinnes"]

# fill in the 'thinness 1-19 years' data that are missing for any year with the nearest value
df.loc[:, "thinness 1-19 years"] = df.groupby("Country", group_keys=True)[ "thinness 1-19 years"].apply(lambda group: group.interpolate()
```

```
In [28]: # count the number of missing 'thinness 5-9 years' data by country
th59_counts = df.loc[df["thinness 5-9 years"].isnull(), "Country"].value_counts()
th59_counts_index = th59_counts.index[th59_counts>=16].tolist()

# fill in the 'thinness 5-9 years' data that are missing for all years with the average of the region
df.loc[df["Country"].isin(th59_counts_index),
       "thinness 5-9 years"] = df["thinness 5-9 years"].fillna(df.groupby("Continent")["thinness 5

# fill in the 'thinness 5-9 years' data that are missing for any year with the nearest value
df.loc[:, "thinness 5-9 years"] = df.groupby("Country", group_keys=True)[ "thinness 5-9 years"].apply(lambda group: group.interpolate()
```

```
In [29]: # count the number of missing 'Diphtheria' data by country
diph_counts = df.loc[df["Diphtheria"].isnull(), "Country"].value_counts()
diph_counts_index = diph_counts.index[diph_counts>=16].tolist()

# fill in the 'Diphtheria' data that are missing for all years with the average of the region
df.loc[df["Country"].isin(diph_counts_index),
       "Diphtheria"] = df["Diphtheria"].fillna(df.groupby("Continent")["Diphtheria"].transform("me

# fill in the 'Diphtheria' data that are missing for any year with the nearest value
df.loc[:, "Diphtheria"] = df.groupby("Country", group_keys=True)[ "Diphtheria"].apply(lambda group: group.interpolate()
```

```
In [30]: # count the number of missing 'Polio' data by country
pol_counts = df.loc[df["Polio"].isnull(), "Country"].value_counts()
pol_counts_index = pol_counts.index[pol_counts>=16].tolist()

# fill in the 'Polio' data that are missing for all years with the average of the region
df.loc[df["Country"].isin(pol_counts_index),
       "Polio"] = df["Polio"].fillna(df.groupby("Continent")["Polio"].transform("mean"))

# fill in the 'Polio' data that are missing for any year with the nearest value
df.loc[:, "Polio"] = df.groupby("Country", group_keys=True)[ "Polio"].apply(lambda group: group.interpolate()
```

```
In [31]: # count the number of missing 'Adult Mortality' data by country
mor_counts = df.loc[df["Adult Mortality"].isnull(), "Country"].value_counts()
mor_counts_index = mor_counts.index[mor_counts>=16].tolist()

# fill in the 'Adult Mortality' data that are missing for all years with the average of the region
df.loc[df["Country"].isin(mor_counts_index),
       "Adult Mortality"] = df["Adult Mortality"].fillna(df.groupby("Continent")["Adult Mortality"]

# fill in the 'Adult Mortality' data that are missing for any year with the nearest value
df.loc[:, "Adult Mortality"] = df.groupby("Country", group_keys=True)[ "Adult Mortality"].apply(lambda group: group.interpolate()
```

```
In [32]: df.isnull().sum()
```

```
Out[32]: Country          0  
Year            0  
Status          0  
Life expectancy 0  
Adult Mortality 0  
infant deaths   0  
Alcohol         0  
percentage expenditure 0  
Hepatitis B     0  
Measles          0  
BMI              0  
under-five deaths 0  
Polio             0  
Total expenditure 0  
Diphtheria       0  
HIV/AIDS          0  
GDP               0  
Population        0  
thinness 1-19 years 0  
thinness 5-9 years 0  
Income composition of resources 0  
Schooling         0  
Country Code      0  
Continent          0  
dtype: int64
```

```
In [33]: df.shape
```

Out[33]: (2928, 24)

The data has shrunk to 2928 rows. Now, there aren't any missing values in our dataset. I can finally start the data exploration.

4. Exploratory Data Analysis

To get descriptive statistics, we can use `describe()` command.

Summary statistics

```
In [34]: # summary of the data  
df.describe().transpose().round()
```

Out[34]:

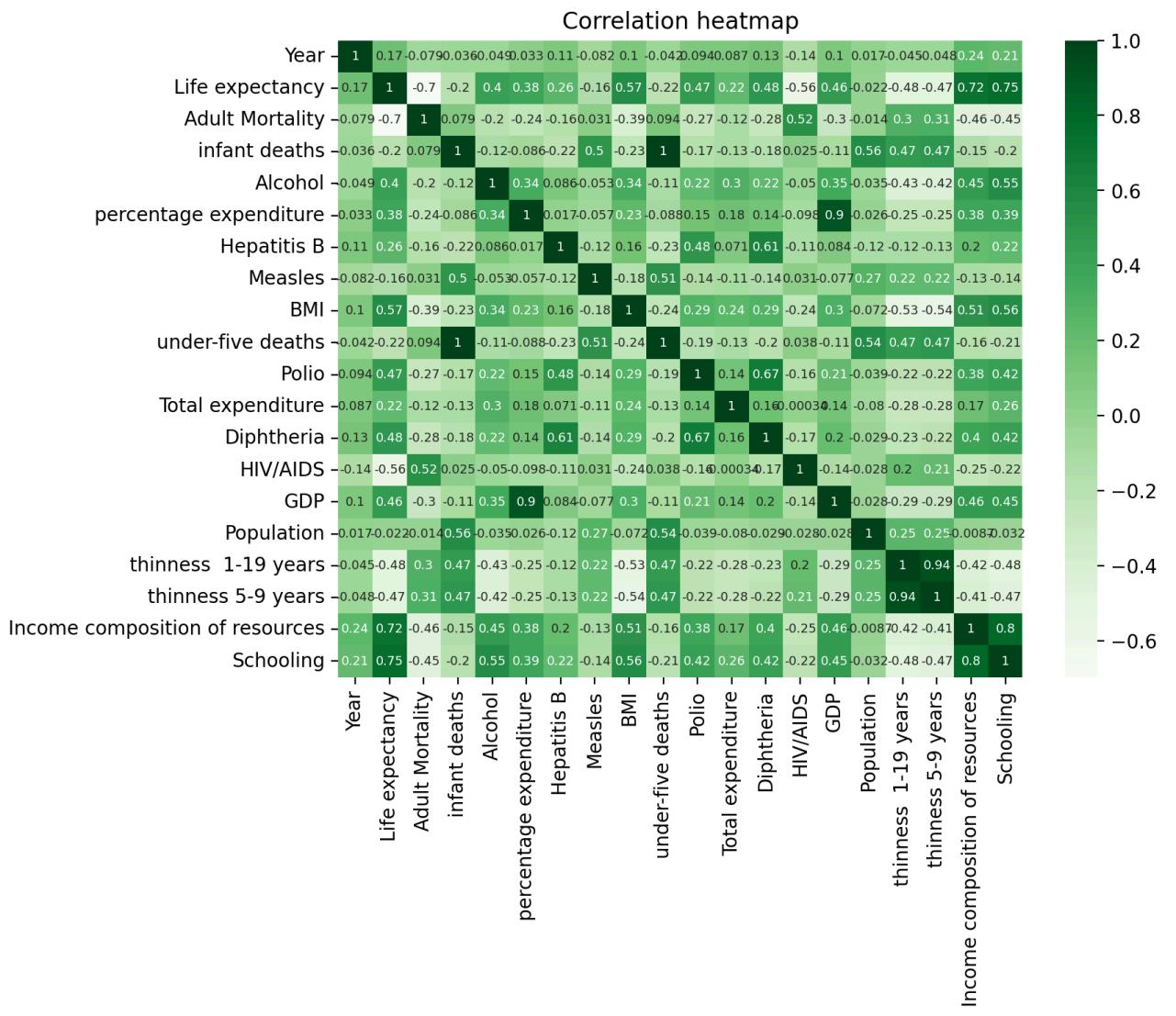
		count	mean	std	min	25%	50%	75%	max
	Year	2928.0	2008.0	5.0	2000.0	2004.0	2008.0	2011.0	2.015000e+03
	Life expectancy	2928.0	69.0	10.0	36.0	63.0	72.0	76.0	8.900000e+01
	Adult Mortality	2928.0	165.0	124.0	1.0	74.0	144.0	228.0	7.230000e+02
	infant deaths	2928.0	30.0	118.0	0.0	0.0	3.0	22.0	1.800000e+03
	Alcohol	2928.0	5.0	4.0	0.0	1.0	4.0	8.0	1.800000e+01
	percentage expenditure	2928.0	740.0	1991.0	0.0	5.0	66.0	443.0	1.948000e+04
	Hepatitis B	2928.0	76.0	28.0	1.0	68.0	88.0	96.0	9.900000e+01
	Measles	2928.0	2428.0	11486.0	0.0	0.0	17.0	362.0	2.121830e+05
	BMI	2928.0	38.0	20.0	1.0	19.0	43.0	56.0	7.800000e+01
	under-five deaths	2928.0	42.0	161.0	0.0	0.0	4.0	28.0	2.500000e+03
	Polio	2928.0	82.0	24.0	3.0	77.0	93.0	97.0	9.900000e+01
	Total expenditure	2928.0	6.0	2.0	0.0	4.0	6.0	7.0	1.800000e+01
	Diphtheria	2928.0	82.0	24.0	2.0	78.0	93.0	97.0	9.900000e+01
	HIV/AIDS	2928.0	2.0	5.0	0.0	0.0	0.0	1.0	5.100000e+01
	GDP	2928.0	7398.0	13338.0	2.0	555.0	2255.0	7376.0	1.191730e+05
	Population	2928.0	13257218.0	54120817.0	34.0	418120.0	3321886.0	9870208.0	1.293859e+09
	thinness 1-19 years	2928.0	5.0	4.0	0.0	2.0	3.0	7.0	2.800000e+01
	thinness 5-9 years	2928.0	5.0	4.0	0.0	2.0	3.0	7.0	2.900000e+01
	Income composition of resources	2928.0	1.0	0.0	0.0	0.0	1.0	1.0	1.000000e+00
	Schooling	2928.0	12.0	3.0	0.0	10.0	12.0	14.0	2.100000e+01

The global mean of life expectancy is 69 years. The global median of life expecancy is 72 years. The global minimum and maximum life expectancy is 36 and 89 years.

Correlation Heatmap

In [35]:

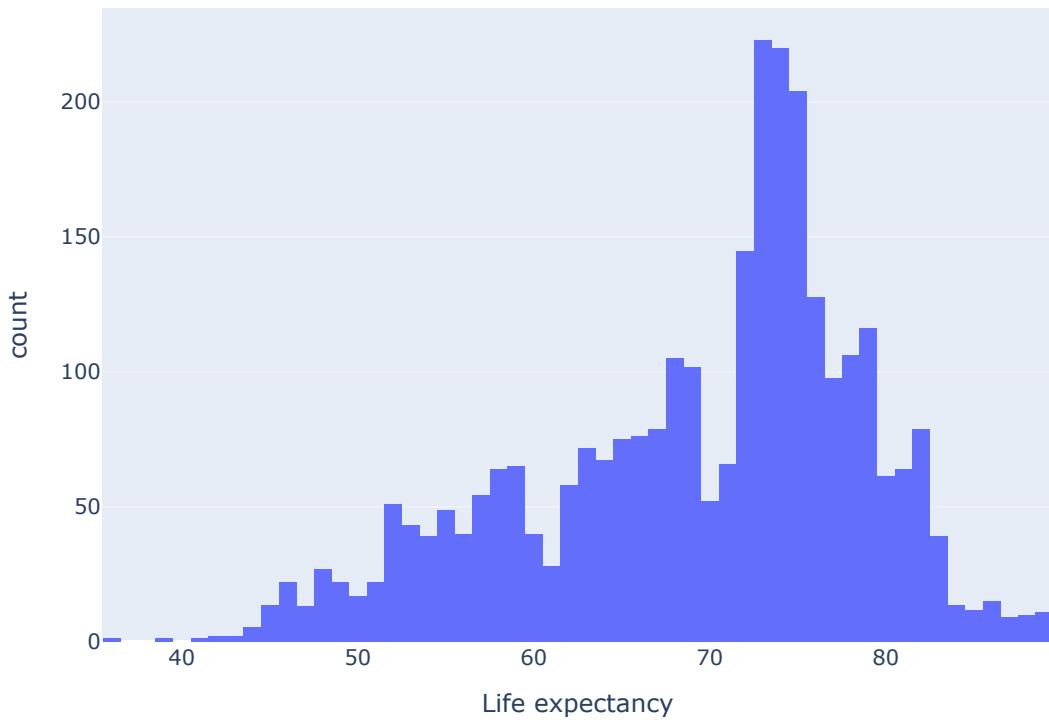
```
plt.figure(figsize=(8, 6))
sns.heatmap(life_df.corr(), annot=True, cmap='Greens', annot_kws={'size': 6.5})
plt.title('Correlation heatmap')
plt.show()
```



- The correlation heatmap shows that Life expectancy has a strong positive correlation with Schooling (0.75) and Income composition of resources (0.72).
- We can also see a moderate positive correlation with BMI (0.57).
- On the other hand, life expectancy is negatively correlated with HIV/AIDS (-0.56) and thinnesss (-0.48).
- Drinking alcohol has a correlation of 0.4 which indicates a moderate positive correlation.

Distribution of global life expectancy

```
In [36]: # distribution of life expectancy data
fig = px.histogram(life_df, x='Life expectancy')
fig.update_layout(width=700,height=500)
fig.show()
```

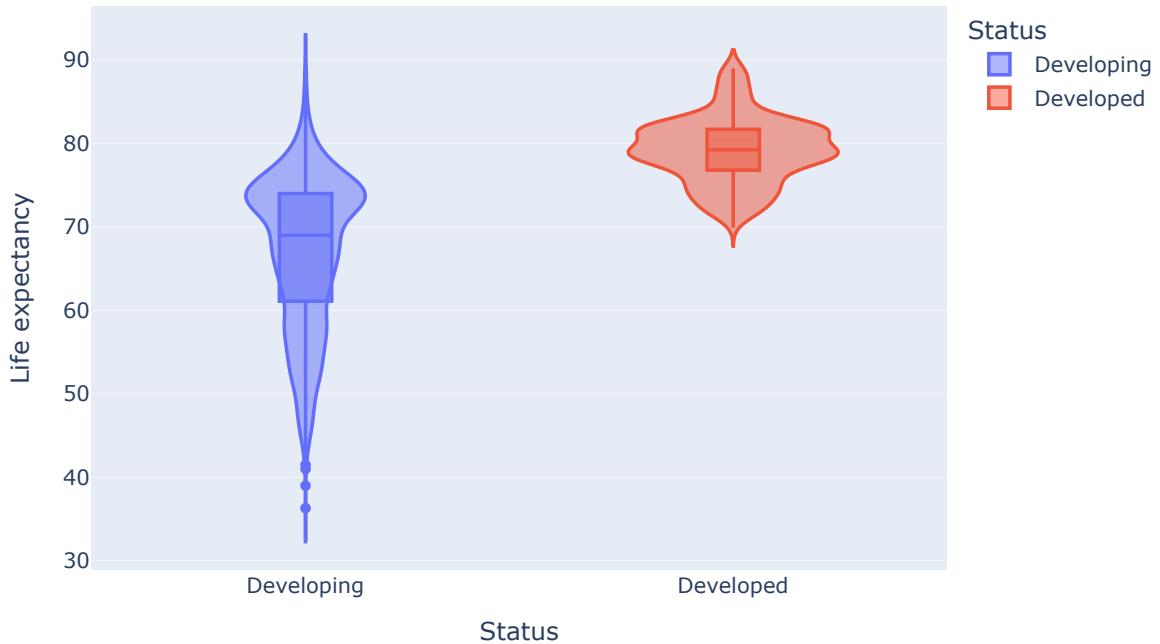


- The histogram shows the distribution of life expectancy data.
- It seems that the most common life expectancy is 73 years.
- The majority of life expectancy ranges between 65 and 80 years.

Life Expectancy Based on Countries Status

```
In [37]: # trend in the global life expectancy
fig = px.violin(life_df,
                 x='Status', y='Life expectancy',
                 color='Status', box=True, title='Life expectancy Based on Countries status')
fig.update_layout(width=700, height=500)
fig.show()
```

Life expectancy Based on Countries status



- The violin plot shows that developed countries have higher average life expectancy than developing countries.
- There is a large variability in life expectancy in developing countries.

How does life expectancy trend compare between regions?

```
In [38]: # statistics
life_df.groupby(["Continent"])["Life expectancy"].describe()
```

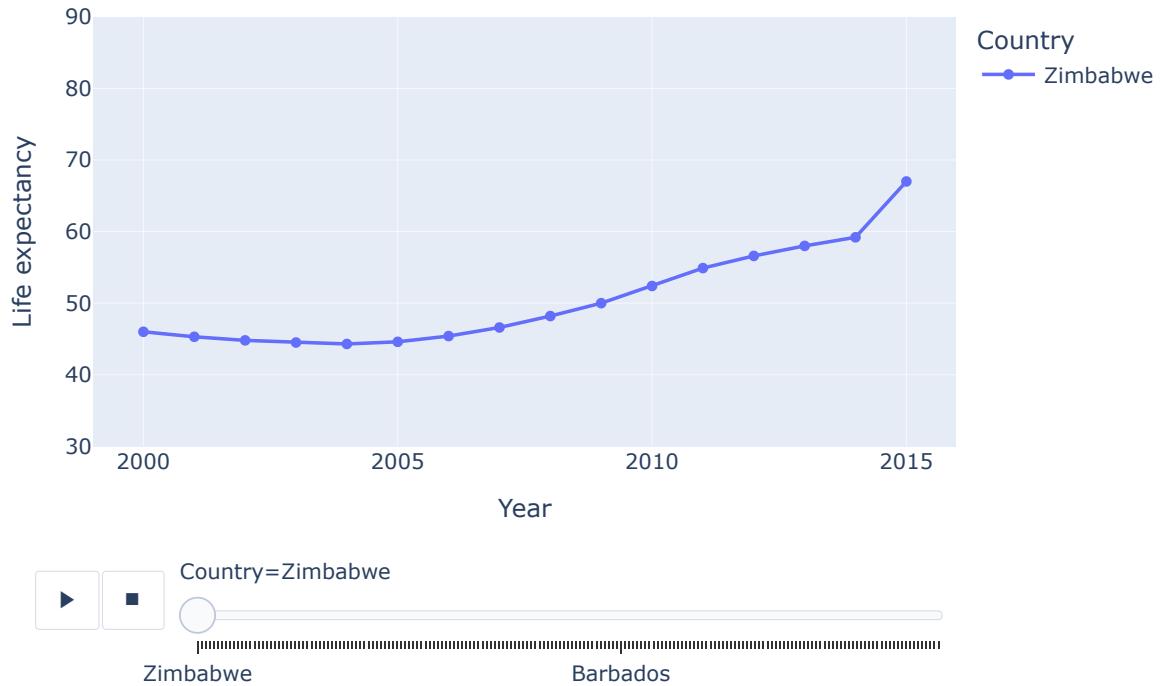
```
Out[38]:
```

Continent	count	mean	std	min	25%	50%	75%	max
Africa	864.0	58.611921	8.014900	39.0	52.800	57.80	63.125	79.0
Asia	752.0	71.194681	5.884917	54.8	66.675	72.55	74.900	87.0
Europe	624.0	77.430929	4.870937	64.6	74.100	77.80	81.000	89.0
North America	336.0	73.778869	4.669737	36.3	71.900	74.05	76.400	87.0
Oceania	160.0	71.214375	6.382571	58.9	67.475	69.40	73.650	89.0
South America	192.0	72.971875	3.916022	62.6	71.475	73.65	75.300	85.0

- The average life expectancy in most continents is longer than 70 years.
- The continent with the longest life expectancy is Europe with an average of 77 years.
- The life expectancy in Africa which had the lowest of 58 years, hasn't even reached 60 years.
- The life expectancy in Africa has the largest standard deviation, which suggests that Africa had the biggest change in life expectancy.

```
In [39]: fig = px.line(life_df.sort_values(by='Year'),
                  x='Year',y='Life expectancy',animation_frame='Country',
                  animation_group='Year',color='Country',markers=True,
                  title='<b> Country wise Life Expectancy (2000-2015)</b>')
fig.update_layout(yaxis_range = [30,90], width=700,height=500)
fig.show()
```

Country wise Life Expectancy (2000-2015)



- The line plot shows that there has been an increasing trend in life expectancy in most of the countries.

```
In [40]: # path to geojson file
geo_path = r"C:\Users\leunbi\Desktop\DSW\geojson\countries.geo.json"
geo_json = json.load(open(geo_path, encoding="utf-8"))

df_2015 = life_df[life_df['Year']==2015]
df_2015.loc[df_2015["Country"]=="Korea, Republic of", "Country"] = "South Korea"
df_2015.loc[df_2015["Country"].str.contains('Democratic People's Republic of Korea'), "Country"] = 'North Korea'

# folium map
m = folium.Map(width = 700, height = 500, location = [37.63772494531694, 24.785517601541628], zoom_start=2, max_bounds=True, min_zoom=2, min_lat=-84, max_lat=84, min_lon=-175, max_lon=187)
choropleth = folium.Choropleth(geo_data = geo_json, name = "choropleth", data = df_2015, columns = ["Country", "Life expectancy"], key_on = "feature.properties.name", highlight=True, fill_color = "RdYIGn", fill_opacity = 0.7, line_opacity = 0.5, legend_name = "Life expectancy (2015)").add_to(m)
# Display region label
choropleth.geojson.add_child(folium.features.GeoJsonTooltip(
```

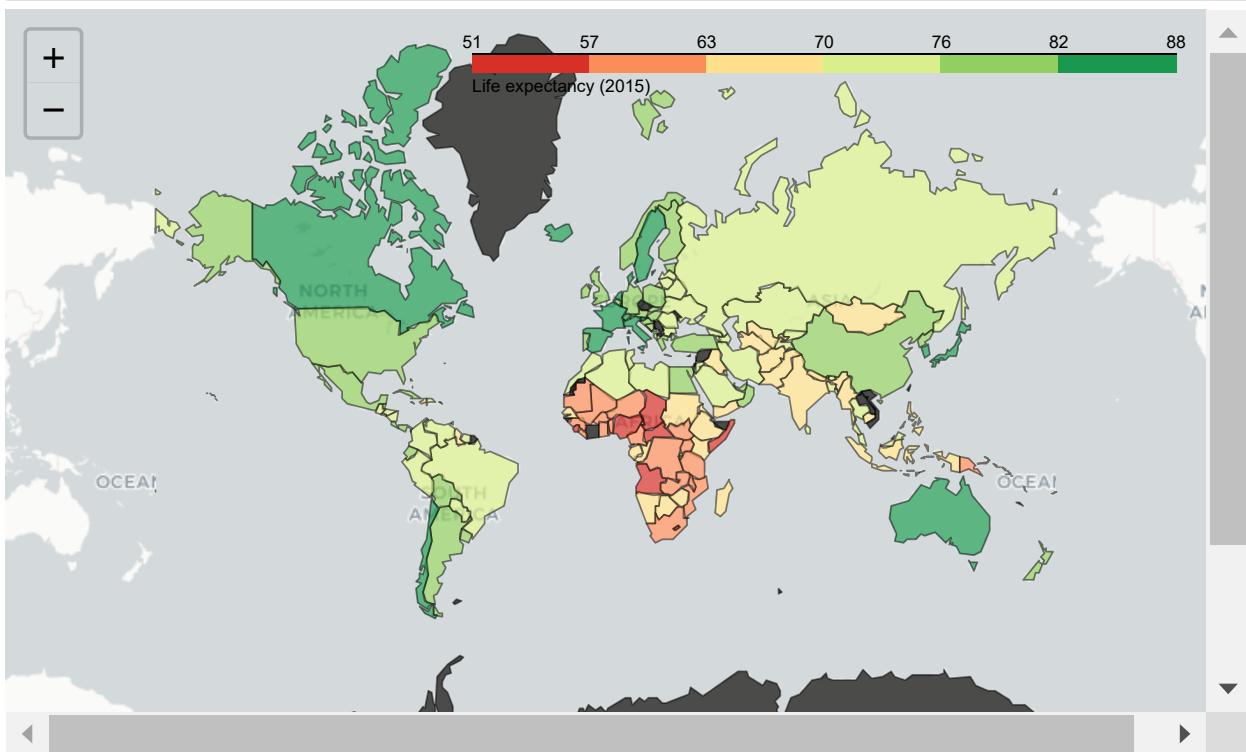
```

    fields = ["name"])

# Tile style
folium.TileLayer('cartodbpositron').add_to(m)
m

```

Out[40]:



- Looking at the map above, we can easily identify disparities in life expectancy between different regions.
- The countries with the highest life expectancy include Canada, Australia, Sweden, Slovenia, Chile, Sweden and Japan.
- The countries with the lowest life expectancy mostly includes African countries.

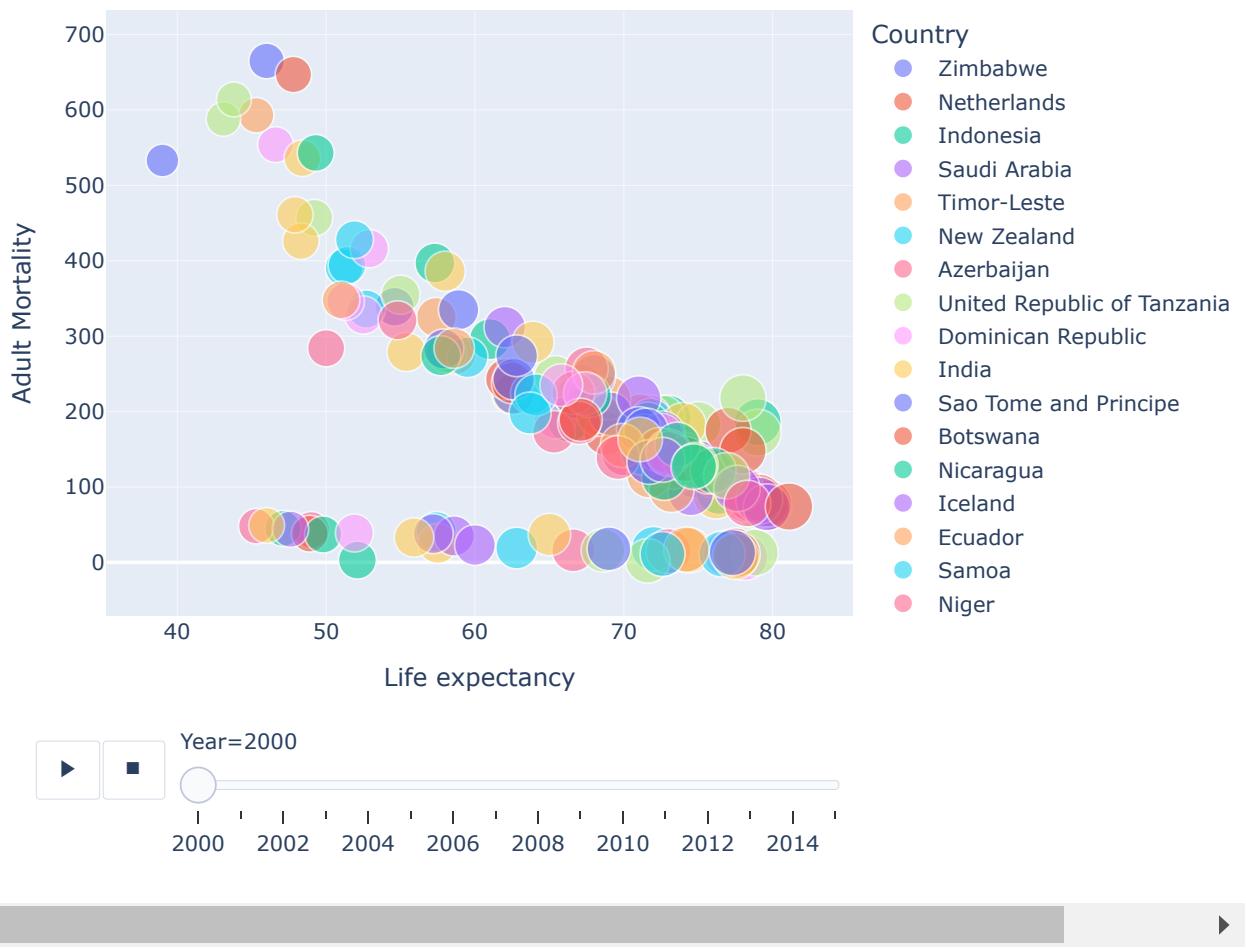
How does Infant and Adult mortality rates affect life expectancy?

```

In [41]: fig = px.scatter(life_df.sort_values(by='Year'),
                      y='Adult Mortality',x='Life expectancy',
                      animation_frame='Year',animation_group='Country',color='Country',
                      size='Life expectancy',opacity=0.6,
                      title='<b> Life Expectancy Vs. Adult Mortality (2000-2015)</b>')
fig.update_layout(width=800,height=600)
fig.show()

```

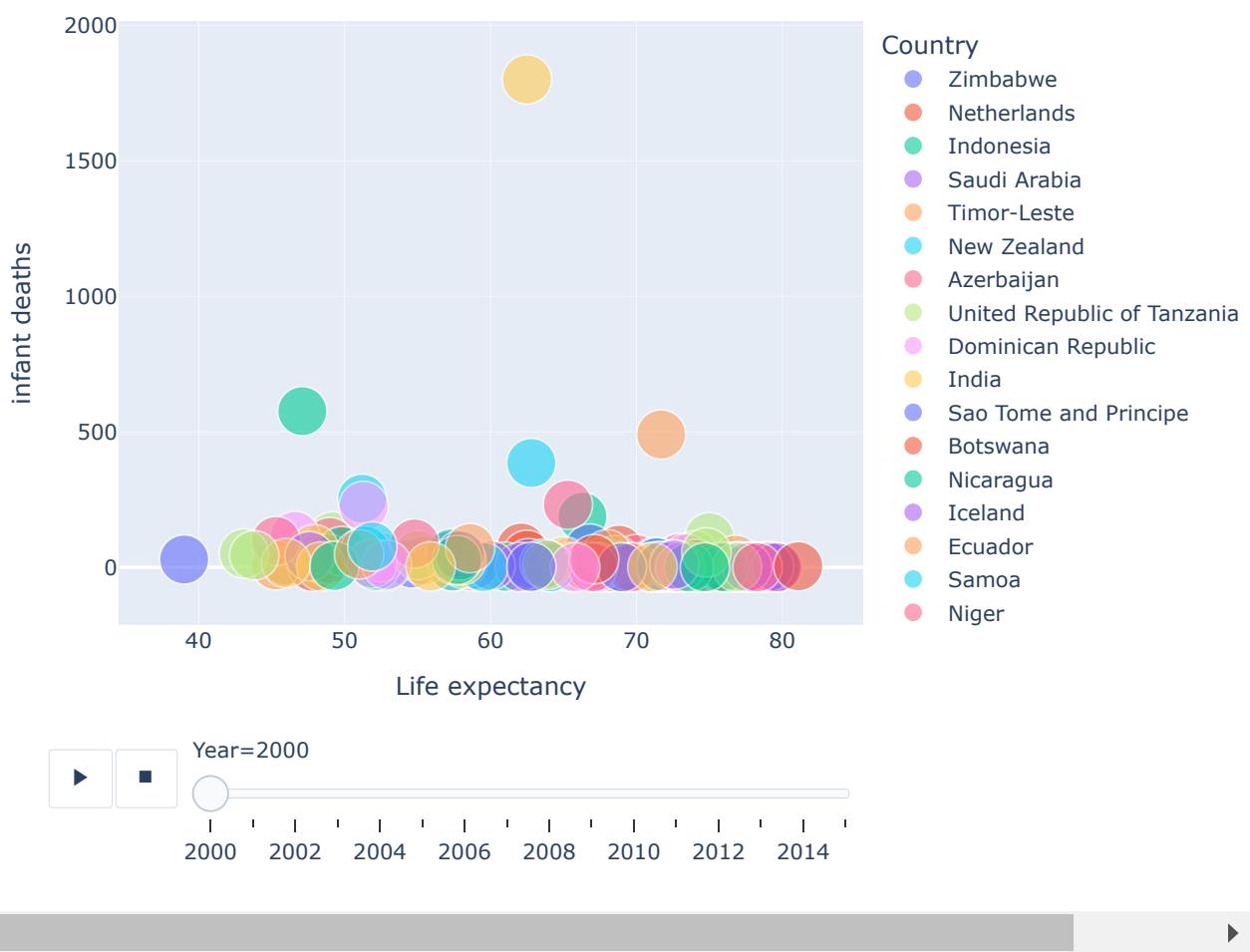
Life Expectancy Vs. Adult Mortality (2000-2015)



- The scatter plot shows that countries with high adult mortality rate tend to have low life expectancy.
- As the years go, the adult mortality rate decreases while the average life expectancy increases.

```
In [42]: fig = px.scatter(life_df.sort_values(by='Year'),
                      y='infant deaths', x='Life expectancy',
                      size='Year', animation_frame='Year', animation_group='Country',
                      color='Country', opacity=0.6,
                      title='<b>Life Expectancy VS. Infant Deaths of Countries (2000-2015)</b>')
fig.update_layout(width=800, height=600)
fig.show()
```

Life Expectancy VS. Infant Deaths of Countries (2000-2015)

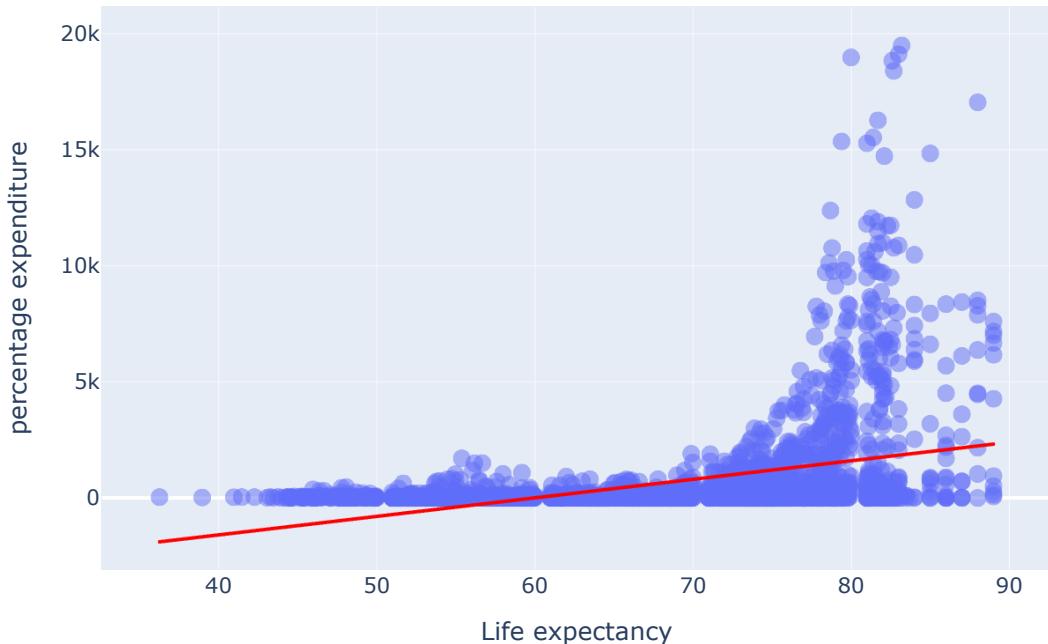


- Infant deaths do not seem to affect life expectancy.
- Still, we can still see that the infant deaths decreases while the average life expectancy increases as the years go.

Should a country having a lower life expectancy value(<65) increase its healthcare expenditure in order to improve its average lifespan?

```
In [43]: fig = px.scatter(life_df,
                     x = 'Life expectancy', y = 'percentage expenditure',
                     trendline="ols", opacity = 0.5,
                     title = '<b>Life Expectancy Vs. Percentage Expenditure</b>')
fig.data[1].line.color = 'red'
fig.update_traces(marker=dict(size=10))
fig.update_layout(width=700,height=500)
fig.show()
```

Life Expectancy Vs. Percentage Expenditure



- The scatter plot shows clear positive relationship between life expectancy and percentage expenditure on healthcare.

Hypothesis testing

H_0 : There is no difference in the average percentage expenditure on healthcare between countries with higher life expectancy (<65) and those with lower life expectancy (≥ 65).

H_A : There is a difference in the average percentage expenditure on healthcare between countries with higher life expectancy (<65) and those with lower life expectancy (≥ 65)

I choose 5% as the significance level and proceed with a two-sample t-test.

```
In [44]: low_life = life_df[life_df['Life expectancy'] < 65]['percentage expenditure']
high_life = life_df[life_df['Life expectancy'] >= 65]['percentage expenditure']
stats.ttest_ind(a=low_life, b=high_life, equal_var=False)
```

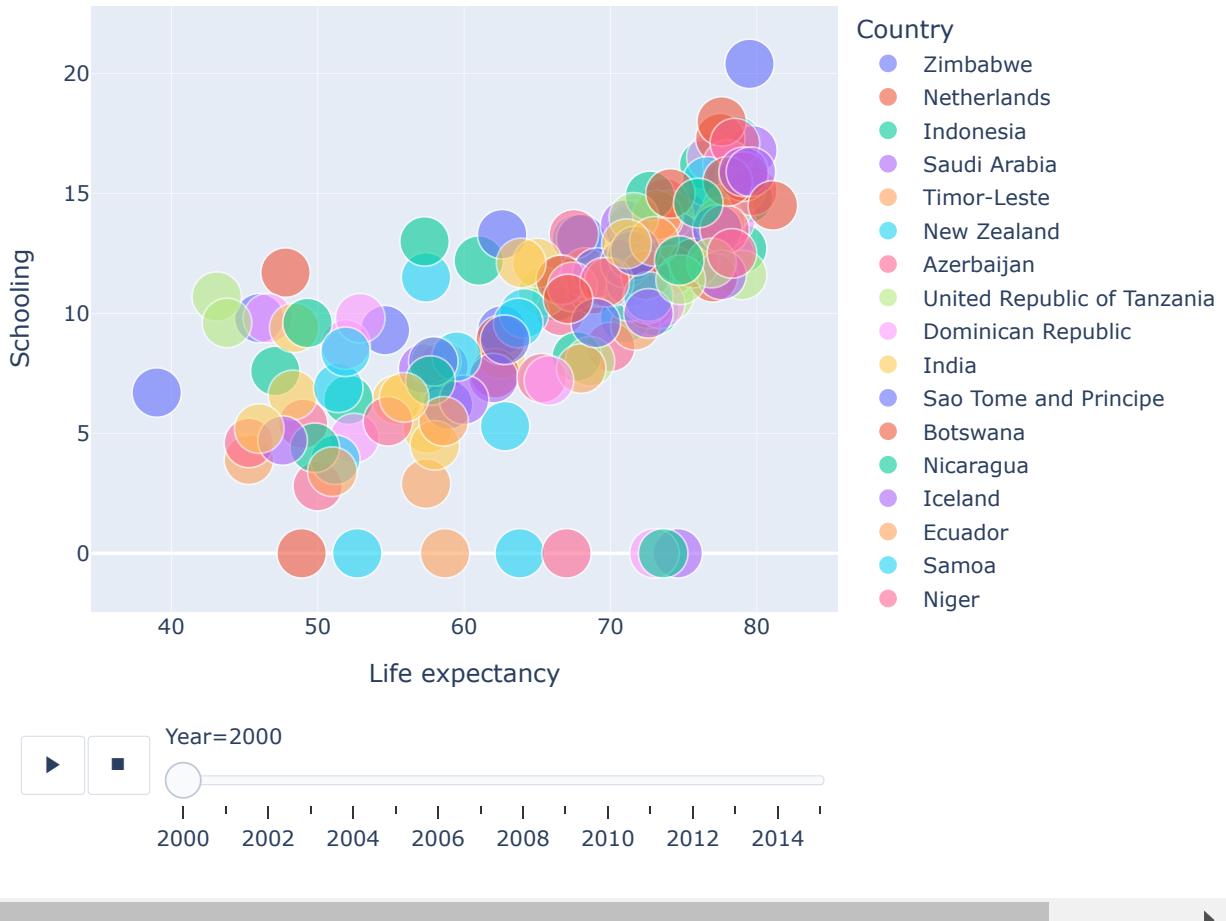
```
Out[44]: TtestResult(statistic=-18.476126981833563, pvalue=8.198810142164033e-71, df=2129.394422649632)
```

- The P-Value from the hypothesis test is extremely small (much smaller than the significance level of 5%), so we can reject the null hypothesis. I conclude that there is a statistically significant difference in the average percentage expenditure on healthcare between countries with higher life expectancy (<65) and those with lower life expectancy (≥ 65).
- Based on the plot and the result of the test, we can say that a country having a lower life expectancy value(<65) should increase its healthcare expenditure to improve its average lifespan.

What is the impact of schooling on the lifespan of humans?

```
In [45]: fig = px.scatter(life_df.sort_values(by='Year'),
                      y='Schooling',x='Life expectancy',size='Year',
                      animation_frame='Year',animation_group='Country',
                      color='Country',opacity=0.6,title='<b>Life Expectancy Vs. Schooling of Countries (2000-2015)</b>',
                      fig.update_layout(width=800,height=600)
fig.show()
```

Life Expectancy Vs. Schooling of Countries (2000-2015)

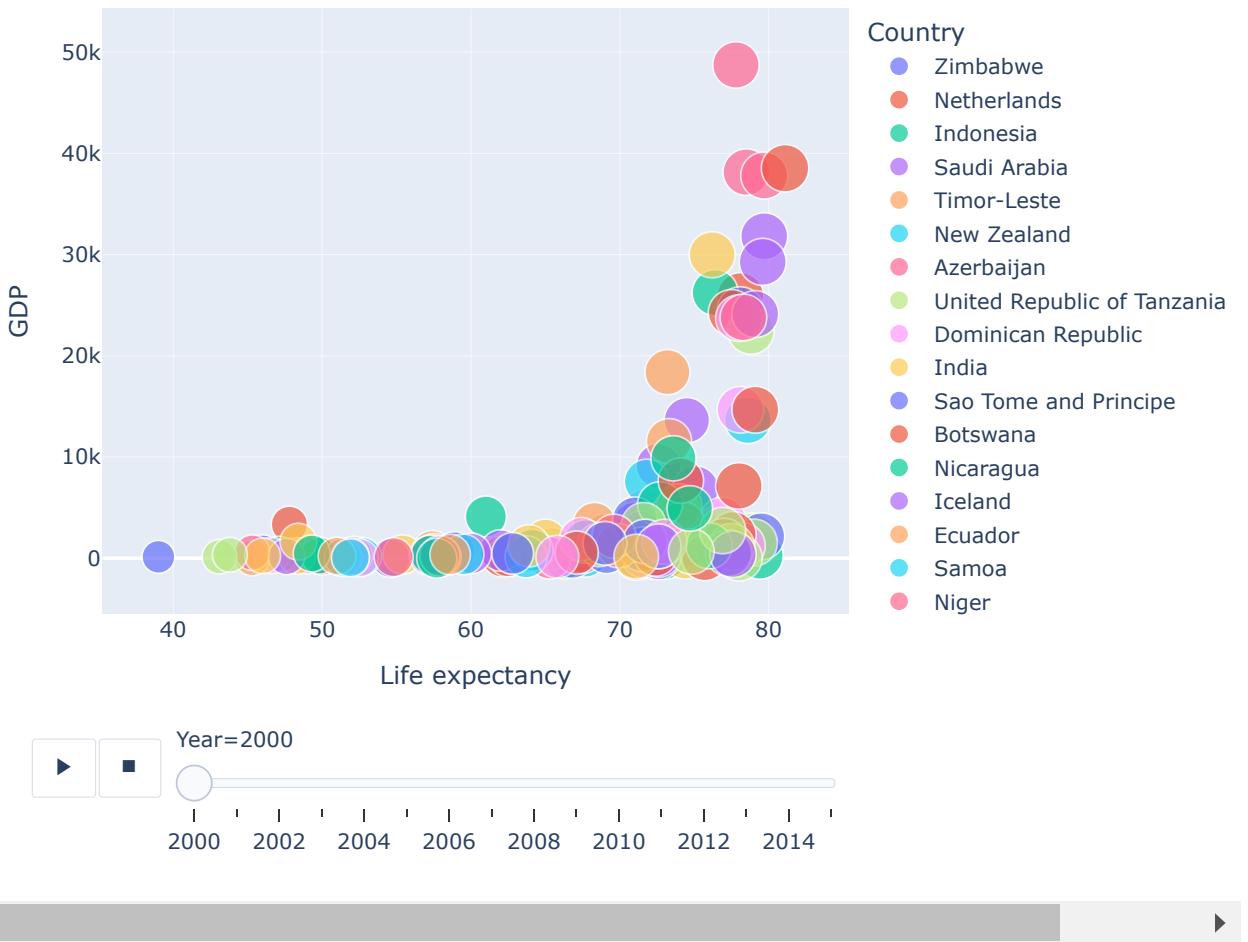


- The scatter plot shows an increasing trend between life expectancy and schooling.
- Countries with more years of schooling tend to have higher life expectancy.
- As the years go, average years of schooling and average life expectancy increases.

How does life expectancy compare between wealthy and poor countries?

```
In [46]: fig = px.scatter(life_df.sort_values(by='Year'),
                      y='GDP',x='Life expectancy',animation_frame='Year',
                      animation_group='Country',color='Country',size='Life expectancy',
                      title='<b>Life Expectancy Vs. GDP of Countries (2000-2015)</b>',
                      fig.update_layout(width=800,height=600)
fig.show()
```

Life Expectancy Vs. GDP of Countries (2000-2015)

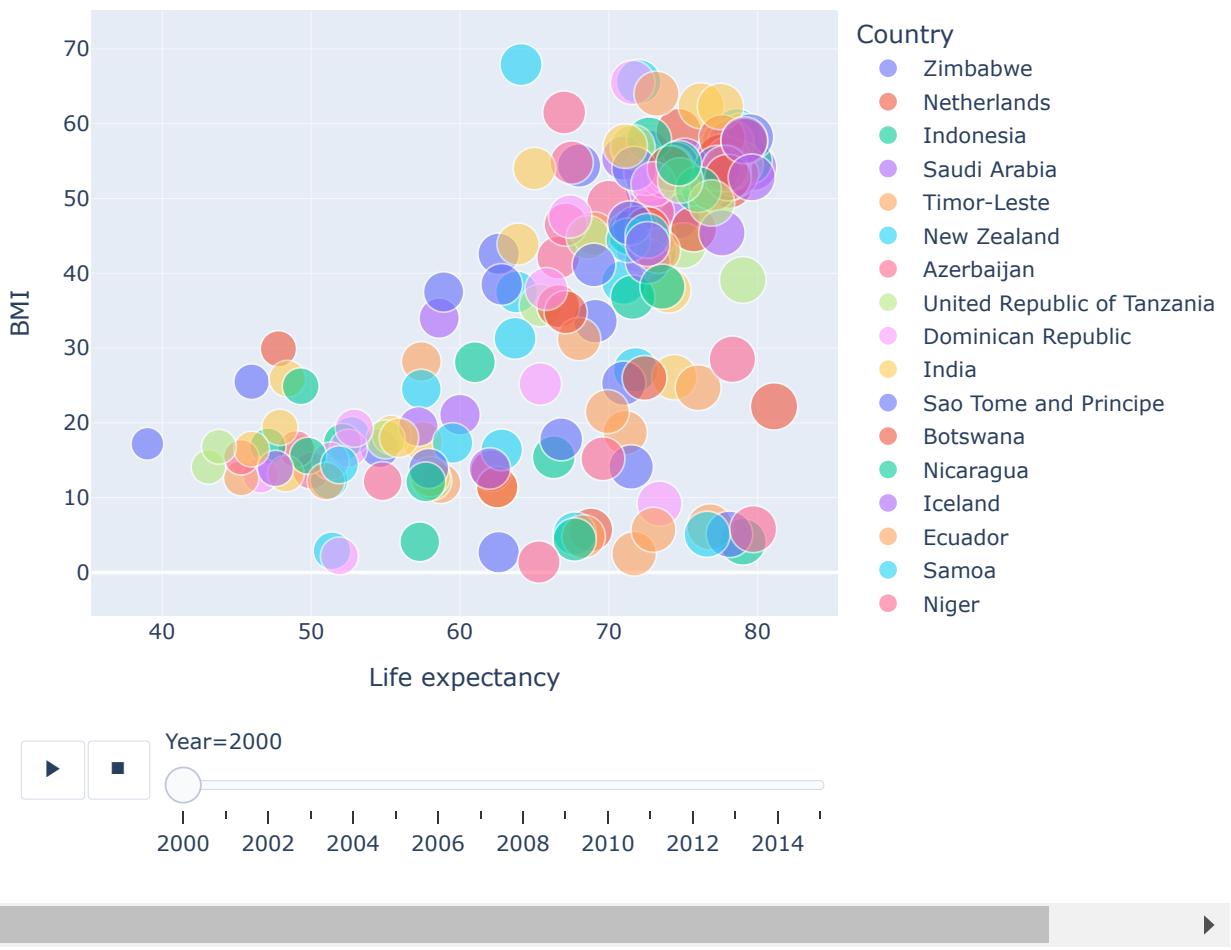


- The scatter plot shows an exponentially increasing trend between life expectancy and GDP per capita.
- Majority of countries with high GDP have maximum life expectancy.
- On the other hand, countries with low GDP have low life expectancy ranging between 50 and 80.
- As the years go, average GDP and average life expectancy in each country increases.

Does BMI affect life expectancy?

```
In [47]: fig = px.scatter(life_df.sort_values(by='Year'),
                      y='BMI',x='Life expectancy',animation_frame='Year',animation_group='Country',
                      color='Country',size='Life expectancy',opacity=0.6,
                      title='<b> Life expectancy Vs. BMI of Countries (2000-2015)</b>')
fig.update_layout(width=800,height=600)
fig.show()
```

Life expectancy Vs. BMI of Countries (2000-2015)

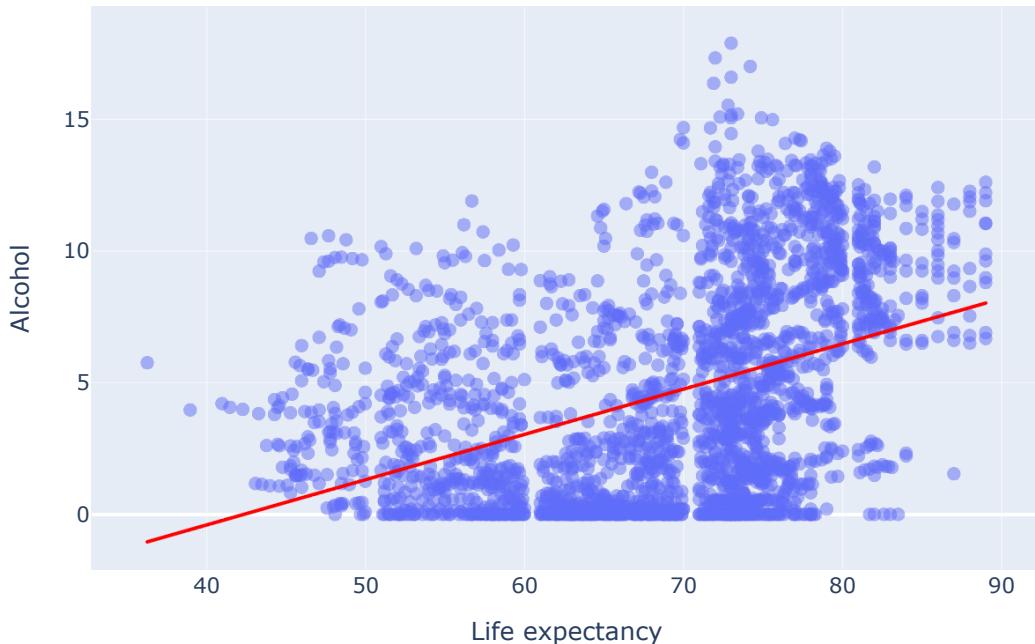


- The scatter plot shows an increasing trend between life expectancy and BMI.
- Countries with high BMI tend to have high life expectancy, possibly because there are more obese people in developed country where people have good amount of money to spend on food.
- On the other hand, countries with low BMI have low life expectancy.

Does Life Expectancy have positive or negative relationship with drinking alcohol?

```
In [48]: fig = px.scatter(life_df.sort_values(by='Year'),
                     y='Alcohol',trendline="ols",x='Life expectancy',size='Life expectancy',
                     opacity=0.5,title='<b> Life expectancy Vs. Alcohol of Countries')
fig.data[1].line.color = 'red'
fig.update_layout(width=700,height=500)
fig.update_traces(marker=dict(size=8))
fig.show()
```

Life expectancy Vs. Alcohol of Countries



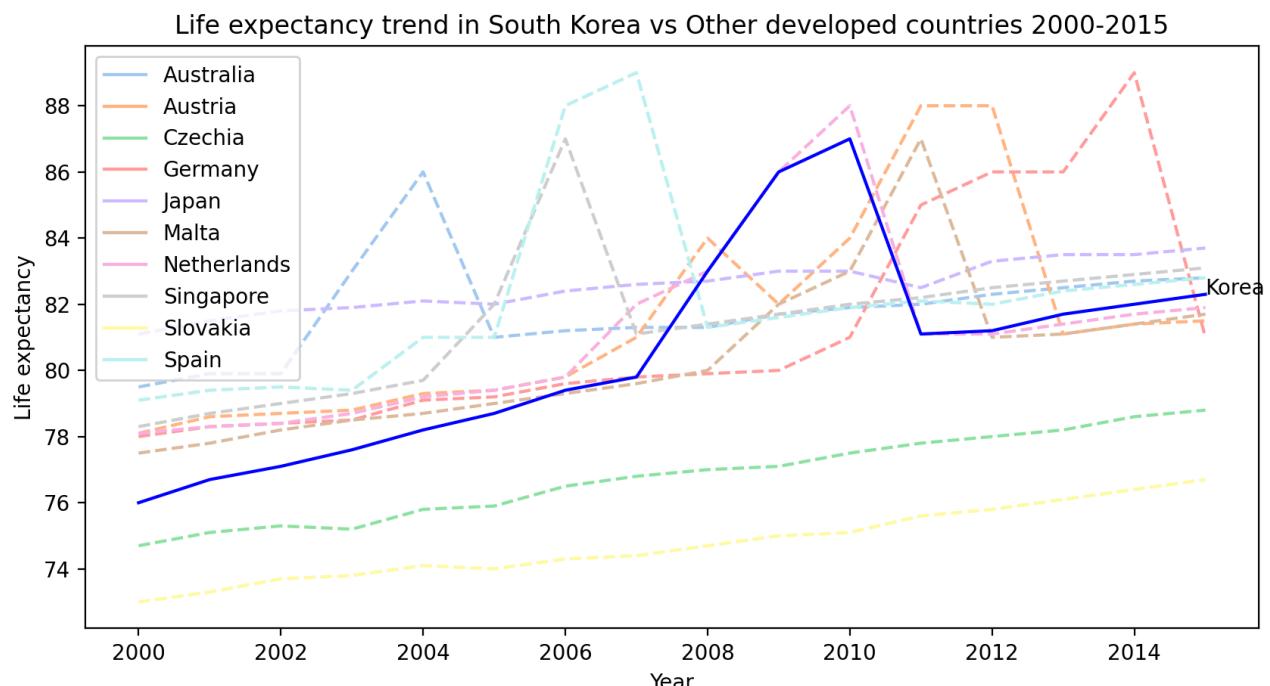
- The scatter plot shows clear positive relationship between life expectancy and alcohol.
- It is interesting that countries with higher alcohol have higher life expectancy, not the other way around.
- Again, this is possibly because there are more people who have good amount of money to spend on drinking in developed countries than in developing countries.

How has life expectancy changed in South Korea since 2000? How does Korea's life expectancy compare to other developed countries?

```
In [49]: # top 10 developed countries with the highest income
high_gdp = df.loc[(df["Year"]==2015)&(df["Status"]=="Developed"), ["Country", "GDP"]].groupby(["Country"])
high_gdp_countries = high_gdp["Country"].tolist()
high_gdp_countries
```

```
Out[49]: ['Australia',
 'Singapore',
 'Netherlands',
 'Austria',
 'Germany',
 'Japan',
 'Spain',
 'Malta',
 'Slovakia',
 'Czechia']
```

```
In [50]: plt.figure(figsize=(10, 5))
sns.lineplot(df[df["Country"].isin(high_gdp_countries)], x="Year", y="Life expectancy", hue="Country",
ax = sns.lineplot(df[df["Country"]=="Korea, Republic of"], x="Year", y="Life expectancy", color="blue")
ax.text(2015, df.loc[(df["Country"]=="Korea, Republic of")&(df["Year"]==2015), "Life expectancy"],
 "Korea")
plt.title("Life expectancy trend in South Korea vs Other developed countries 2000-2015")
plt.show()
```

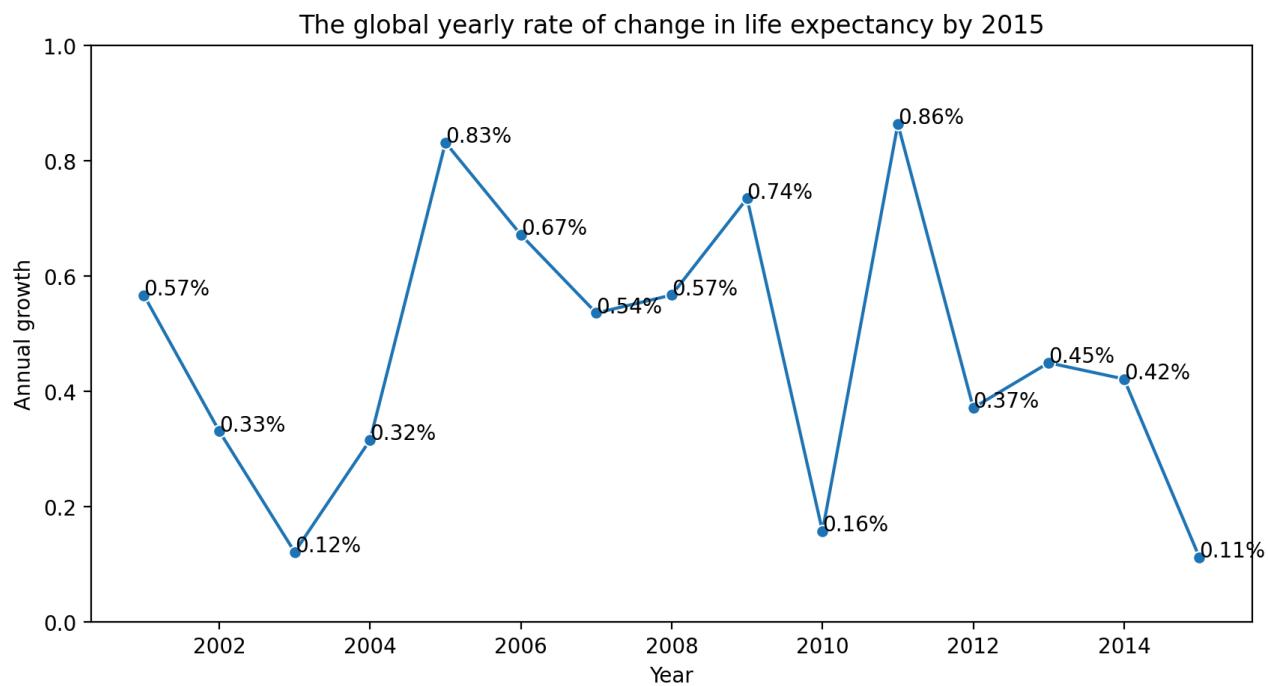


- Overall, there has been a clear upward trend in South Korea's life expectancy.
- South Korea's life expectancy has increased by more than 6 years, from 76 years in 2000 to 82.3 years in 2015.
- We can also see the spike during 2008-2010 when there was an unusually significant amount of increase in life expectancy.

Is the global yearly rate of change in life expectancy increasing or decreasing?

```
In [51]: # yearly percentage change
year = df.groupby(['Year'])['Life expectancy'].mean()
yearly_pct = year.reset_index().sort_values(by="Year")
yearly_pct["Annual growth"] = (yearly_pct["Life expectancy"].pct_change()) * 100
```

```
In [52]: plt.figure(figsize=(10, 5))
p = sns.lineplot(yearly_pct, x="Year", y="Annual growth", marker='o')
for i in yearly_pct.index[1:16]:
    x = yearly_pct.loc[i, "Year"]
    y = yearly_pct.loc[i, "Annual growth"]
    values = yearly_pct.loc[i, "Annual growth"]
    p.text(x, y, f"{y:.2f}%")
plt.title("The global yearly rate of change in life expectancy by 2015")
plt.ylim(0, 1)
plt.show()
```



- The line plot shows that the global yearly rate of change in life expectancy has been decreasing in recent years.
- In 2011, the growth rate reached the peak of about 0.86 percent, but it started to decrease reaching the lowest of about 0.11 percent in 2015.

5. Model building

Data Split

First, I want to make a simple linear regression model. We should start with separating features for our model from the target variable 'Life expectancy'. In our X data matrices, I will exclude 'Country' and 'Country Code'.

```
In [53]: # Create X and Y data matrices
Y = df["Life expectancy"]
Y.head()
```

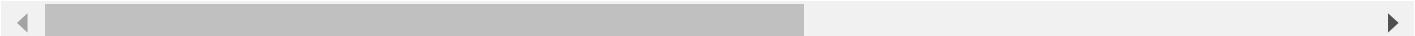
```
Out[53]: 0    65.0
1    59.9
2    59.9
3    59.5
4    59.2
Name: Life expectancy, dtype: float64
```

```
In [54]: # Drop our dependent variable and country columns
X = df.drop(["Country", "Country Code", "Life expectancy"], axis=1)
X.head()
```

Out[54]:

	Year	Status	Adult Mortality	infant deaths	Alcohol	percentage expenditure	Hepatitis B	Measles	BMI	under-five deaths	...	Total expenditure	Diphth
0	2015	Developing	263.0	62	0.01	71.279624	65.0	1154	19.1	83	...	8.16	
1	2014	Developing	271.0	64	0.01	73.523582	62.0	492	18.6	86	...	8.18	
2	2013	Developing	268.0	66	0.01	73.219243	64.0	430	18.1	89	...	8.13	
3	2012	Developing	272.0	69	0.01	78.184215	67.0	2787	17.6	93	...	8.52	
4	2011	Developing	275.0	71	0.01	7.097109	68.0	3013	17.2	97	...	7.87	

5 rows × 21 columns



Still, we have two categorical variables in X matrices. We should convert these variables to factor variables before building a model.

In [55]:

```
# Factorize categorical variables
# 0 = Developing, 1 = Developed
X["Status"] = pd.factorize(df.Status)[0]
# 0 = Asia, 1 = Europe, 2 = Africa, 3 = North America, 4 = South America, 5 = Oceania
X["Continent"] = pd.factorize(df.Continent)[0]
```

Now, the 'Status' is a factor variable with two levels (0 and 1, each respectively representing 'Developing' and 'Developed'), and the 'Continent' is a factor variable with six levels (0, 1, 2, 3, 4, 5, each respectively representing 'Asia', 'Europe', 'Africa', 'North America', 'South America' and 'Oceania').

The last thing I need to do before implementing models is to divide the data set into 2 parts: a training set and a test set that can be used for evaluation. For this analysis, I decided to split it with the ratio of 6:4. We need `train_test_split` module from `skelearn` library.

In [56]:

```
# Perform 80/20 data split
X_train, X_test, Y_train, Y_test = train_test_split(X, Y, test_size=0.4)
```

In [57]:

```
X_train.shape, Y_train.shape
```

Out[57]:

```
((1756, 21), (1756,))
```

In [58]:

```
X_test.shape, Y_test.shape
```

Out[58]:

```
((1172, 21), (1172,))
```

The training set has 1756 rows and the test set has 1172 rows.

Model 1: Linear Regression Model

Finally, It is finally time to build a linear model. For model building, I'm going to use `linear_model` module from `sklearn` library. I will also import `mean_squared_error` and `r2_score` modules as well for model performances check. I built a full model with all variables using `fit` function and applied the trained model to make prediction.

In [59]:

```
# Define the linear model
model = linear_model.LinearRegression()
# Build a training model
model.fit(X_train, Y_train)
```

```
Out[59]: ▾ LinearRegression  
LinearRegression()
```

```
In [60]: # Apply the trained model to make prediction (on test set)  
Y_pred = model.predict(X_test)
```

Model performance

Let's have a look at model performances. We check the performance of linear regression model with MSE value.

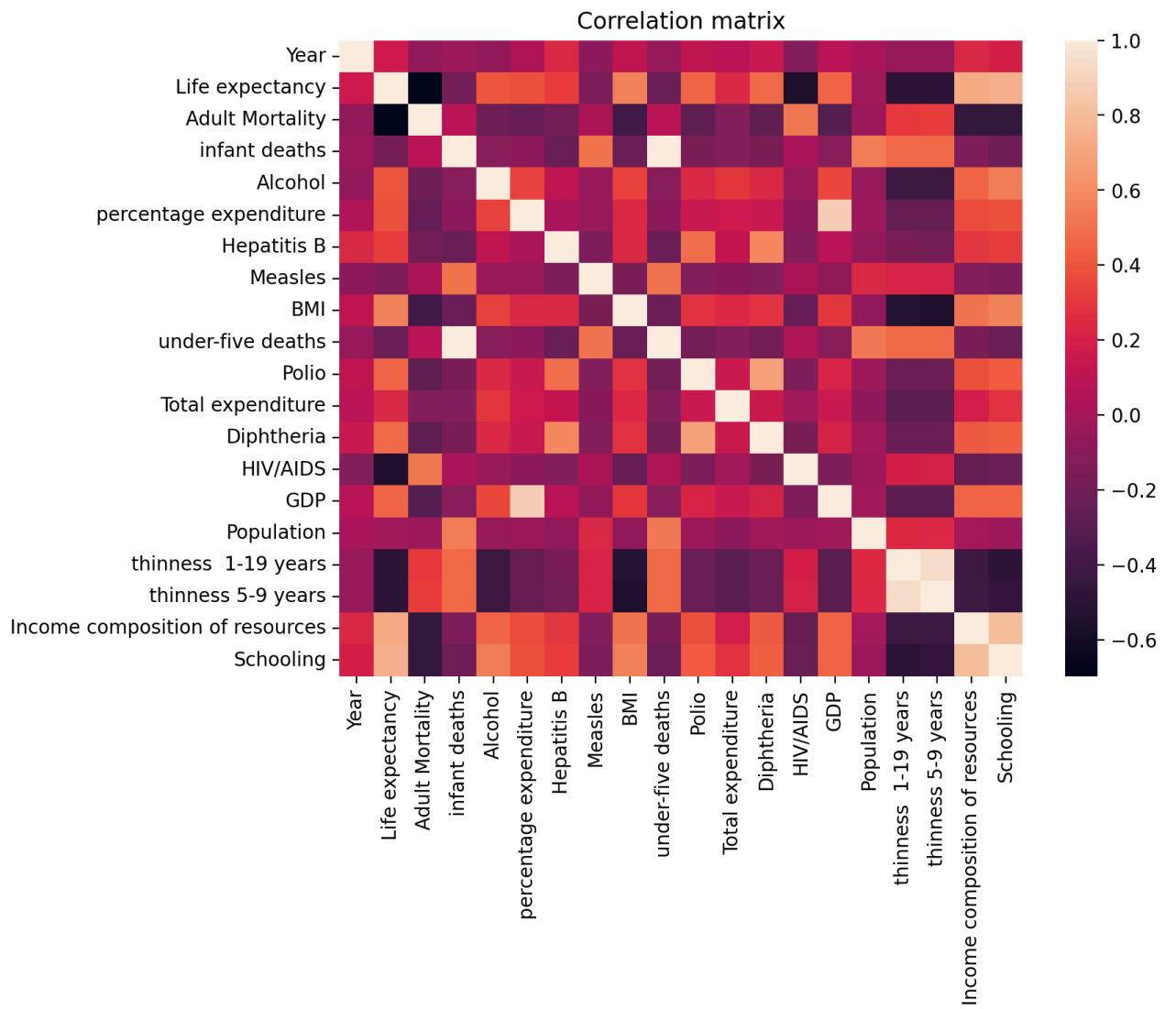
```
In [61]: # print model performances  
print('Coefficients:', model.coef_)  
print('Intercept:', model.intercept_)  
print('Mean squared error (MSE): %.2f'  
      % mean_squared_error(Y_test, Y_pred))  
print('Coefficient of determination (R^2): %.2f'  
      % r2_score(Y_test, Y_pred))
```

```
Coefficients: [-3.35980646e-02  1.37310983e+00 -1.85057701e-02  1.02338733e-01  
                 -1.16167423e-02  8.45464766e-05  3.77301411e-03 -1.37752530e-05  
                 3.64124789e-02 -7.63417390e-02  2.54981081e-02  3.01812634e-02  
                 2.15009159e-02 -4.76436766e-01  4.03102758e-05 -9.81117456e-10  
                 -1.02500680e-02 -7.68237561e-02  6.35090688e+00  7.77773733e-01  
                 -7.58081772e-02]  
Intercept: 121.64316991424836  
Mean squared error (MSE): 16.81  
Coefficient of determination (R^2): 0.82
```

Mean squared error (MSE) is 16.15. R-squared is 0.82, suggesting that 80% of the variability observed in our target variable can be explained by the regression model. The result is not bad, but we might have an issue of overfitting or multicollinearity.

Multicollinearity

```
In [62]: # correlation matrix  
corr_matrix = df.drop(["Country", "Country Code", "Continent", "Status"], axis=1).corr()  
plt.figure(figsize=(8,6))  
sns.heatmap(corr_matrix, annot=False)  
plt.title("Correlation matrix")  
plt.show()
```



There are high correlations between 'Under five deaths' and 'Infant deaths', 'thinness 5-9 years' and 'thinness 1-19 years', 'GDP' and 'Percentage expenditure' and 'Schooling' and 'Income composition of resources', suggesting potential multicollinearity. Let's check if there is a multicollinearity problem by calculating VIF using variance_inflation_factor module from statsmodel library.

```
In [63]: # VIF dataframe
vif_data = pd.DataFrame()
vif_data["feature"] = X.columns
# calculating VIF for each feature
vif_data["VIF"] = [variance_inflation_factor(X.values, i)
                  for i in range(len(X.columns))]
vif_data
```

Out[63]:

	feature	VIF
0	Year	58.767852
1	Status	2.452771
2	Adult Mortality	4.891801
3	infant deaths	188.200202
4	Alcohol	4.333352
5	percentage expenditure	5.332190
6	Hepatitis B	13.864004
7	Measles	1.447485
8	BMI	8.428785
9	under-five deaths	188.019801
10	Polio	26.267093
11	Total expenditure	8.185129
12	Diphtheria	29.967947
13	HIV/AIDS	1.594871
14	GDP	6.683517
15	Population	1.566966
16	thinness 1-19 years	19.659308
17	thinness 5-9 years	19.876195
18	Income composition of resources	32.561533
19	Schooling	52.929664
20	Continent	3.416786

We can see that there are a lot of variables with VIF greater than 10. I will manually drop these variables from X matrices.

```
In [64]: X_train2 = X_train.drop(["thinness 5-9 years", "infant deaths", "Schooling", "percentage expenditure"], axis=1)
X_test2 = X_test.drop(["thinness 5-9 years", "infant deaths", "Schooling", "percentage expenditure"], axis=1)
```

Model 2: Linear Regression Model with variables dropped

```
In [65]: # Define the linear model
model2 = linear_model.LinearRegression()
# Build a training model
model2.fit(X_train2, Y_train)
# Apply the trained model to make prediction (on test set)
Y_pred2 = model2.predict(X_test2)
```

Model performance

```
In [66]: # print model performances
print('Coefficients:', model2.coef_)
print('Intercept:', model2.intercept_)
print('Mean squared error (MSE): %.2f'
      % mean_squared_error(Y_test, Y_pred2))
print('Coefficient of determination (R^2): %.2f'
      % r2_score(Y_test, Y_pred2))
```

```

Coefficients: [ 8.15592009e-04  1.69023938e+00 -2.05947749e-02  6.83849240e-02
 3.60740690e-03 -6.64454359e-06  5.36899378e-02 -3.14044464e-03
 3.90495706e-02  8.05234397e-02  2.80226743e-02 -4.75068640e-01
 5.41969272e-05  5.62576889e-09 -8.70503931e-02  1.34011391e+01
-4.24741775e-02]
Intercept: 54.641835560580226
Mean squared error (MSE): 19.25
Coefficient of determination (R^2): 0.79

```

Despite dropping the variables, there has not been an improvement in the model. For the avoidance of multicollinearity, implementing Lasso regression would be a good idea. By putting a constraint on the coefficients by introducing a penalty factor, Lasso regression will automatically eliminate less important features.

Model 3: Lasso regression

```
In [67]: # Define the lasso regression model
lasso = Lasso(alpha = 0.5, max_iter=10000)
lasso.fit(X_train, Y_train)
# Apply the lasso model to make a prediction
lasso_Y_pred = lasso.predict(X_test)
```

Model performance

```
In [68]: # print model performances
print('Coefficients:', lasso.coef_)
print('Intercept:', lasso.intercept_)
print('Mean squared error (MSE): %.2f'
      % mean_squared_error(Y_test, lasso_Y_pred))
print('Coefficient of determination (R^2): %.2f'
      % r2_score(Y_test, lasso_Y_pred))
```

```

Coefficients: [-0.00000000e+00  0.00000000e+00 -2.11620506e-02  9.83051152e-02
 4.63343295e-02  1.09787584e-04  4.02857879e-03 -1.42710998e-05
 4.31708409e-02 -7.36120365e-02  2.77531761e-02  0.00000000e+00
 2.59340670e-02 -4.51900758e-01  6.34723035e-05 -3.05827524e-10
-2.84921180e-02 -3.82674355e-02  0.00000000e+00  9.80424376e-01
-0.00000000e+00]
Intercept: 55.05106837960474
Mean squared error (MSE): 17.62
Coefficient of determination (R^2): 0.81

```

The Lasso regression model with alpha value of 0.5 is built. Mean squared error (MSE) is 16.99. R-squared is 0.81. Unsignificant variables has been automatically eliminated. However, the linear model seems to have a better performance.

Model 4: Random Forest

```
In [69]: # create regressor object
regressor = RandomForestRegressor(n_estimators=100,
                                   random_state=42)
# fit the regressor with x and y data
regressor.fit(X_train, Y_train)
# Apply the random forest model to make a prediction
regressor_Y_pred = regressor.predict(X_test)
```

Model performance

```
In [70]: # print model performances
print('Mean squared error (MSE): %.2f'
      % mean_squared_error(Y_test, regressor_Y_pred))
```

```
print('Coefficient of determination (R^2): %.2f'
      % r2_score(Y_test, regressor_Y_pred))
```

Mean squared error (MSE): 4.09
Coefficient of determination (R²): 0.96

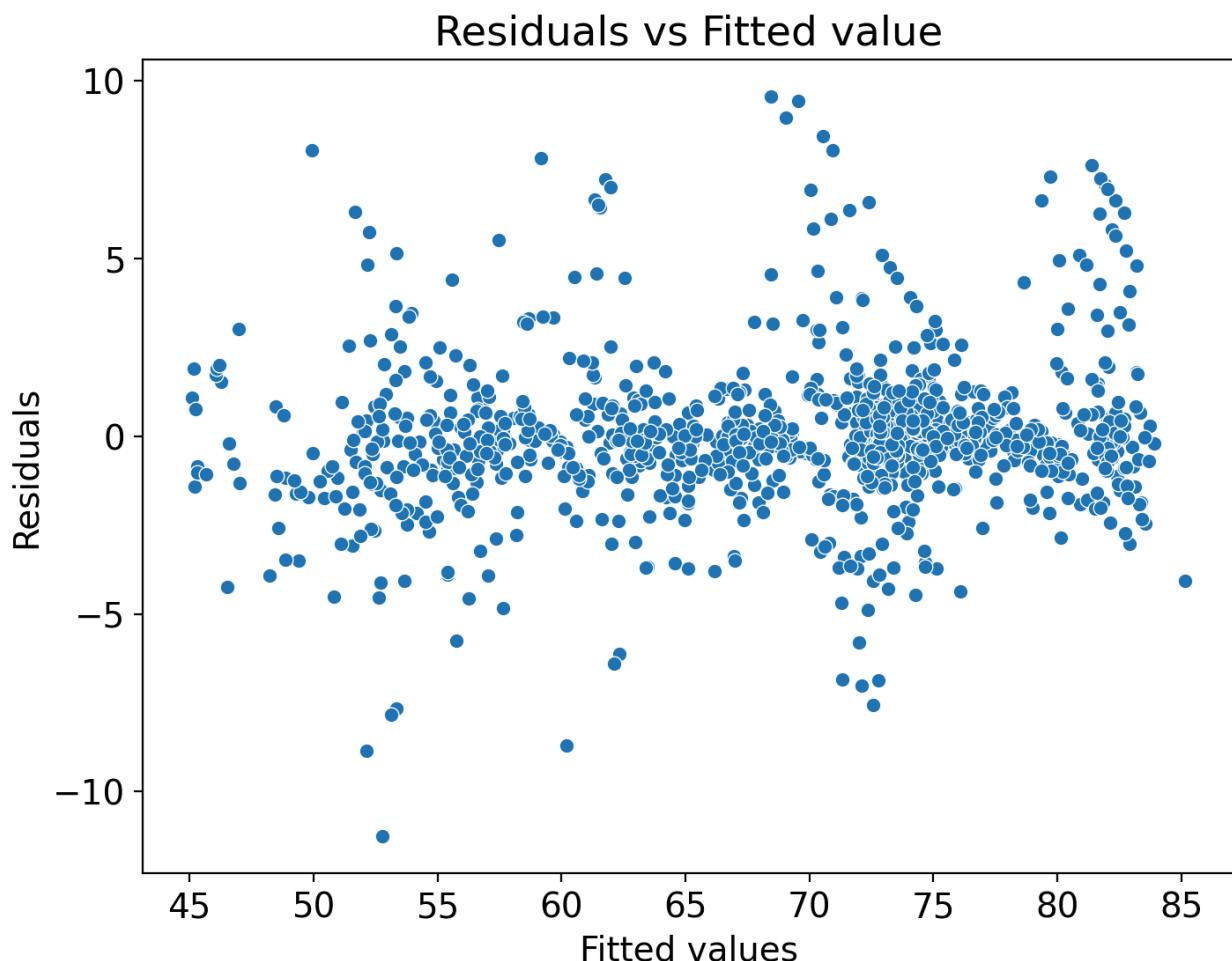
Here we see that Mean squared error (MSE) has decreased to 4.10. The random forest model can explain 96% of the variation in our target variable. Among the three models, Random Forest may produce the best result within the training set.

6. Assumption Check

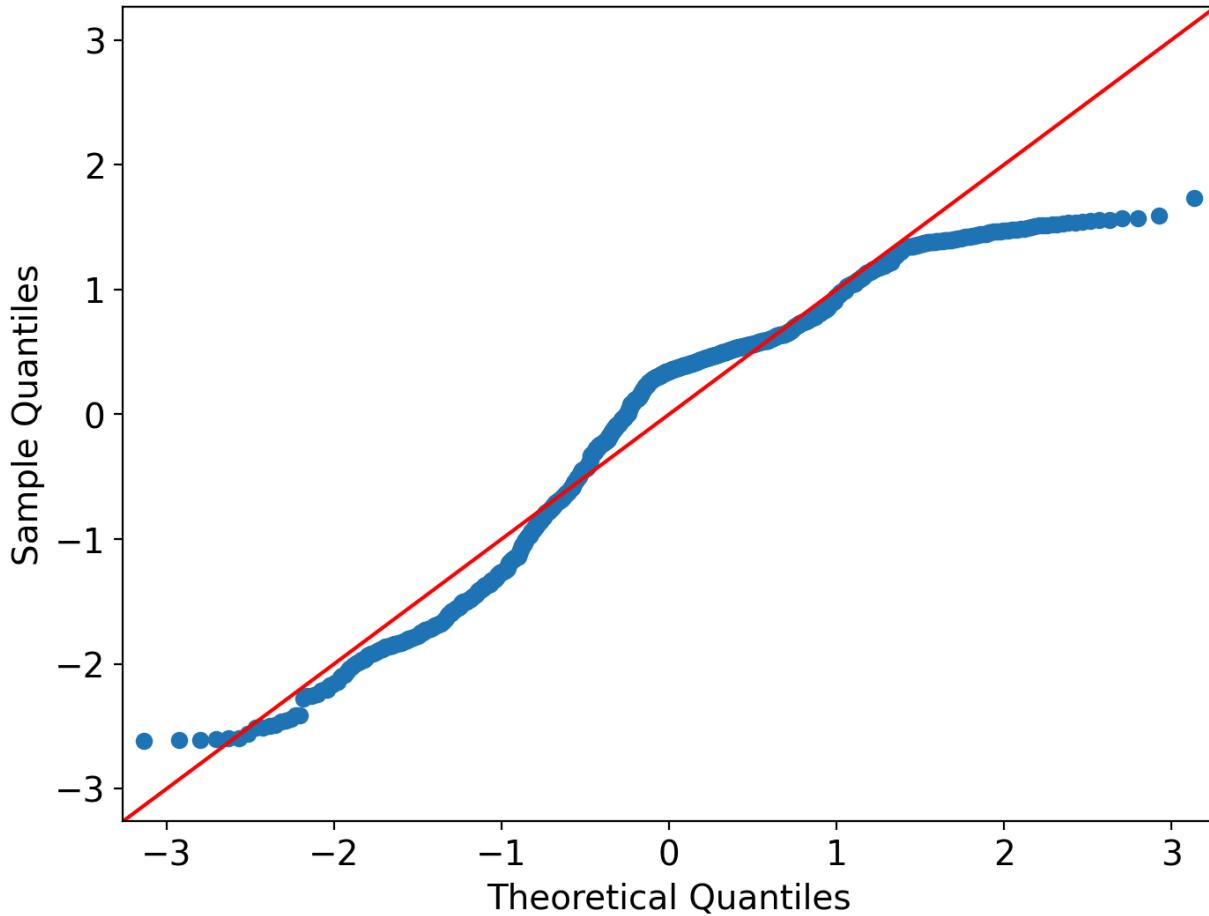
```
In [75]: # calculate residuals
residuals = Y_test - regressor_Y_pred
```

```
# draw a residual plot
plt.figure(figsize=(8,6))
sns.scatterplot(x=regressor_Y_pred, y=residuals)
plt.title("Residuals vs Fitted value")
plt.xlabel("Fitted values")
plt.ylabel("Residuals")
```

```
Out[75]: Text(0, 0.5, 'Residuals')
```



```
In [76]: # draw a normal Q-Q plot
plt.rcParams['figure.figsize'] = [8, 6]
plt.rc('font', size=14)
qqplot(regressor_Y_pred, norm, fit=True, line="45")
plt.show()
```



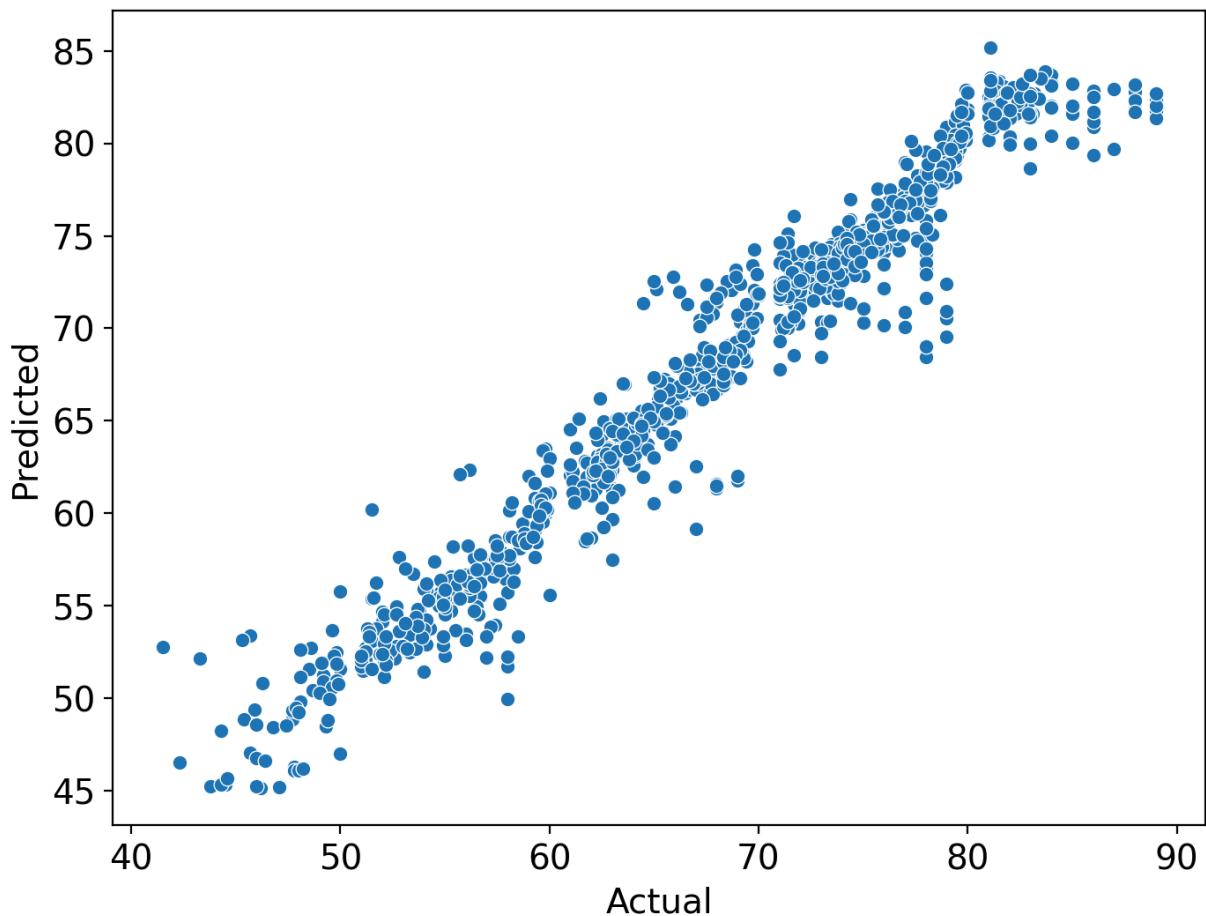
The diagnosis of residuals is also not bad. Residual plot suggests constant variance around 0. Normal Q-Q plot also indicates that the data are roughly normally distributed.

7. Final Model

I choose the random forest model as our final model. It resulted the lowest MSE value and highest R-squared value.

```
In [77]: plt.figure(figsize=(8,6))
sns.scatterplot(x=Y_test, y=regressor_Y_pred)
plt.title("Fitted vs Actual data")
plt.xlabel("Actual")
plt.ylabel("Predicted")
plt.show()
```

Fitted vs Actual data



The scatter plot above shows clear straight line. The fitted model seem to well perform in predicting life expectancy.

8. Summary

What are the predicting variables actually affecting the life expectancy?

The feature importance scores can tell us which variables have a larger effect on the model.

```
In [74]: # feature importances
f_list = X_train.columns.tolist()
f_list = pd.Series(regressor.feature_importances_, index= f_list).sort_values(ascending = False)
f_list
```

```

Out[74]: Income composition of resources    0.554259
          HIV/AIDS                      0.243498
          Adult Mortality                 0.114620
          Schooling                     0.010231
          thinness 5-9 years              0.010102
          BMI                           0.007395
          under-five deaths             0.007190
          Alcohol                        0.006933
          Total expenditure              0.006598
          Year                          0.005745
          thinness 1-19 years             0.004870
          Polio                          0.003848
          infant deaths                  0.003829
          Population                     0.003554
          Diphtheria                     0.003344
          Continent                      0.003290
          GDP                            0.003098
          percentage expenditure        0.002896
          Hepatitis B                   0.002285
          Measles                         0.002212
          Status                          0.000201
          dtype: float64

```

The most important variable in predicting life expectancy seems to be 'Income composition of resources'. The second and third most important variables are 'HIV/AIDS' and 'Adult Mortality'. The rest of other variables had a very minimal effect on the model.

Key findings

1. The most common life expectancy is 73 years.
2. There has been a clear increasing trend in average global life expectancy between 2000 and 2015.
3. African countries have lower life expectancy than countries from other continents.
4. Developing countries have a lower life expectancy than developed countries.
5. Schooling and health care expenditure have a positive impact on life expectancy.
6. South Korea's life expectancy has been rapidly increasing. Comparing with other high income countries, South Korea ranked the fifth highest in 2015.
7. The global yearly rate of change in life expectancy has been decreasing in recent years.
8. Income composition of resources, HIV/AIDS and Adult Mortality are the most important variable in predicting life expectancy.

9. Recommendations

Reducing the disparity in life expectancy between developing and developed countries involves addressing a range of socio-economic, health, and policy factors. Based on my analysis, here are several recommendations:

1. Strengthen Health Care Systems

- Increase Healthcare Funding: Governments and international organizations should increase funding to improve healthcare infrastructure, especially in rural and underserved areas.
- Improve Accessibility: Ensure that healthcare services are accessible to all segments of the population, including marginalized and remote communities.
- Training and Retention of Healthcare Professionals: Invest in the training and retention of healthcare professionals to address the shortage of skilled workers.

2. Enhance Education Systems

- Universal Access to Education: Implement policies that ensure universal access to primary and secondary education.
- Quality of Education: Improve the quality of education by investing in teacher training, educational materials, and infrastructure.
- Health Education: Incorporate health education into school curriculums to raise awareness about hygiene, nutrition, and preventive healthcare.

3. Increase Health Care Expenditure

- Government Investment: Encourage governments to allocate a higher percentage of their GDP to healthcare.
- International Aid: Seek international aid and partnerships to supplement domestic healthcare funding.

4. Focus on Preventive Healthcare

- Vaccination Programs: Implement widespread vaccination programs to prevent common diseases.
- Nutrition Programs: Develop and support nutrition programs to combat malnutrition.
- Disease Prevention: Strengthen initiatives aimed at preventing and managing chronic diseases and conditions, such as HIV/AIDS, malaria, and tuberculosis.

5. Address Socio-Economic Inequalities

- Income Support Programs: Develop and expand income support programs to reduce poverty and improve living standards.
- Employment Opportunities: Create job opportunities through economic policies that promote industry and entrepreneurship.
- Social Safety Nets: Establish social safety nets to protect vulnerable populations from economic shocks.

10. Conclusion

Despite challenges with missing data, our analysis provided valuable insights into global life expectancy. This analysis highlighted significant disparities between developing and developed countries and the need for targeted interventions. Key steps to address these disparities include strengthening healthcare systems, increasing funding, improving accessibility, and enhancing education. Developing countries should focus on basic healthcare and education, while developed countries must address issues like alcoholism and hyper-obesity. Implementing these recommendations can reduce life expectancy disparities and promote a healthier global population.