

Rebecca Maisey

ESCE 421

Service Activity

Application Activity Reflection

Over the last few weeks I have had the opportunity to go to the special needs Life Skills and Hands classes. It's been a wonderful opportunity to get to know some adults with special needs. I've had the chance to play soccer and volleyball with my new friends. I also got to teach a young lady with Down syndrome how to take a plant out of the black containers they come in without tearing the flowers from the roots. Doing that helped me realize how much I take being able to do simple tasks like that for granted.

Last week I had the chance to go to Hands for the first time in a while. I had the opportunity to work with a young lady and help her make a mosaic. I really had to get out of my comfort zone because she asked me to draw out a sea horse for her picture. I'm a terrible artist, but I couldn't say no to her, so I did it.

During all of these activities, I had the chance to get to know some of the friends with special needs. It was really interesting to learn what they liked and didn't like, what their favorite song or color was. It's sometimes hard to imagine them having things they like or don't like, but once I took the time to learn, I built connections with them. It was really interesting to see just how much they are like children sometimes. They're super sweet and I started realizing why Heavenly Father automatically has a place for them in His kingdom. They are sweet and pure. They may not always have the best behavior, and it may not be easy communicating with them, but there is something special about working with them.