

Seed Song

Objectives:

Students will!

- Learn the process by which seeds grow
- Sing a song about the different stages of the seed life cycle

Educator Notes

- This lesson requires learning lyrics to a song and accompanying hand motions
- Guiding students through the song and hand motions will allow them to understand the process by which seeds are planted and grow into plants.

Materials:

- N/A

Preparation:

Prior to the lesson, learn the lyrics and accompanying hand motions (see below). The song will be sung to the tune of “twinkle, twinkle little star”.

Key Vocabulary:

seed | flower

Activity:

Begin the lesson by asking students about their experiences with seeds. Ask students if they have ever planted a seed. Ask some of the following questions: What do seeds need to grow? How can you help a seed grow? What kinds of seeds have you seen? What grows from a seed? Tell students that they will learn a song about seeds. Explain that the song will be sung to the tune of “twinkle, twinkle little star.” Demonstrate the song, and the accompanying hand motions, once for the students:

Song Lyrics Accompanying Motions

Dig a hole deep in the ground

Dig in the air

Spread some tiny seeds around

Spread the seeds in the air

Pat them down - so they will keep

Pat one hand down on top of the other

They are lying fast asleep

Rest head on hands like asleep

Rain will help the seeds to grow

Show rain falling with fingers

Sunshine keeps them warm I know

Raise hands in a circle to show the sun

Next, teach the song and hand motions to the students line-by-line, returning to the beginning of the song as needed. Repeat the song a few times until the students can sing in unison.

Extension Activity (K-5):

Older students talk about why seeds need each of the things that are mentioned in the song.

The song mentions that seeds must be planted in a “hole deep in the ground” , and that plants must be “patted down”. Why are these necessary? The song next says that “rain will help the seeds to grow” and that “sunshine keeps them warm”. Why are rain and sun needed? Students can work to interrogate these parts of the seed lifecycle.

Sources:

<http://www.preschooleducation.com/sgarden.shtml>