

Foods of the Globe

Objectives:

- Students will learn about the geographic origins of different foods.
- Students will become familiar with the locations of different countries on the globe.

Materials:

- Globe
- Small pictures of foods
- Tape

Preparation:

- Print out the sheet of food pictures and cut each picture out

Introduction:

- Talk about each food on the list (or as many as you would like to teach if you do not want to cover all of them) and where it typically comes from. Explain how these foods have shaped the cuisine of the corresponding area. Point out this location on the globe so that the students can see.

List of foods and their origins:

- Corn - Mexico
- Carrots - Iran & Afghanistan
- Spinach - Iran
- Eggplant - India
- Tomato - South America
- Broccoli - Italy
- Bok Choy - China
- Peppers - Central America
- Lettuce - Egypt
- Potato - Peru

Activity:

1. After showing where each food came from, go through each food again and ask the students if they can remember where it came from. Ask them to raise their hands and try to answer

2. Once the right answer is given, then ask who can locate the country on the globe. When they get it right, they can tape the picture of that food onto the globe at the right spot.

Wrap-Up:

- When all the foods have been finished and taped onto the globe, let the students spend a few minutes looking at the globe with all of the food pictures on it.