

# BECCLES PARISH

| Being Good News | Living Faith |  
| Serving Beccles and Villages |

Weekly  
**Bulletin**

## WELCOME TO WORSHIP TODAY

**Sunday February 15th**  
**Sunday before Lent**

*'Exalt the Lord our God and worship him upon his holy hill,  
for the Lord our God is holy.'* Psalm 99 v9

### WORSHIP THIS SUNDAY-1 before Lent

9.00am Holy Communion (BCP) St Michael's  
9.30am Inter generation Communion St Luke's  
10.30am Morning Worship St Michael's  
10.30am Holy Communion St Botolph's

### BIBLE READINGS

Exodus 24:12-18  
Matthew 17:1-9

12.30pm Wednesday 18<sup>th</sup> February Ash Wednesday service

### WORSHIP NEXT SUNDAY – Lent 1

9.00am Holy Communion (BCP) St Michael's  
9.30am FEAST St Luke's  
10.30am Holy Communion St Michael's  
3.30pm Choral Evensong All Saints  
5.30pm Ignite

### COLLECT

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with him  
and be changed into his likeness,  
from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

### FOR YOUR PRAYERS

**The World-** Heavenly Father please protect peace. When the future feels fragile help us as Christians to stand together and give us the strength to protect peace in our world. Govern the hearts and minds of those in authority, and bring the families of the nations, divided and torn apart by the ravages of war, to be subject to God's just and gentle rule. **Amen**

**Community** – Lord, give the leaders of our community in Beccles, our mayor, Barry Darch our council, and emergency services—wisdom and discernment as they serve. Help them make decisions that protect the vulnerable and promote justice. Bless our local schools, teachers, and students. Grant teachers creative strategies and give children the capacity to learn and grow in a safe, supportive environment. **Amen**

### Mission Focus – The Children's Society

Please pray for the specialist workers at the Children's Society who work with young people struggling with depression, anxiety and other mental health problems. At a time when nationally there is a huge backlog of young people needing specialist mental health counselling it is especially important for us to support the work of the Children's Society in this area.

Background story. Anthony discovered as a young teenager that he was gay. This was discovered by other young people that he knew who then began a systematic campaign of bullying and harassment. This became so bad that only the support of a worker from the Children's Society helped Anthony to come to terms and deal positively with the situation.

**Soup and Pancake Lunch**, Shrove Tuesday, 17<sup>th</sup> February, St Michael's: sittings at 12 noon and 1 pm. No tickets (donations instead). Please book a place by emailing John Bailey [john.bailey@tiscali.co.uk](mailto:john.bailey@tiscali.co.uk) or ring 07774749201, describing any special dietary needs.

**Ash Wednesday** February 18<sup>th</sup> – Service with imposition of ashes 12.30pm St Michael's.


**Lent Courses** - We are excited that this year, we're not just offering one Lent course, but two.

In the **Christianity Explored** course, on Wednesdays from 12.30-2pm, we will be working through Mark's Gospel as we explore Jesus' identity, mission and call, and what this means for us.

On Wednesday evenings from 7-8.30pm, we will be running **Life Explored**, which offers the opportunity to consider questions that help us understand our search for fulfilment and Jesus's offer of life in all its fullness.

Both courses start on February 25th. The lunchtime meetings will include soup and a roll. Do join us for either or both!

**Could it be you?** - After many years of serving as churchwarden at St Luke's, Fran will be standing down at the APCM in April. We are immensely thankful that Fran will continue to support the many outreach activities at St Luke's, but it does mean there will be a vacancy for a churchwarden. If you feel that God may be calling you to serve the church community in this capacity or would like to find out more about the role, please speak to Revd Dimitri. In the meantime, please pray that the right candidate will come forward.

Connect through one of our regular coffee mornings		If you need food and support
<b>Every Friday</b> <b>Friends of St Michael's</b> <b>Coffee Morning</b> 10am -12noon at St Michael's 	<b>Every Saturday</b> <b>Coffee &amp; Chat</b> 9.30am -11am at St Luke's a chance to catch up over coffee, toast, or a bacon roll.	<b>Foodbank at St Luke's</b> Mondays 2-3pm Fridays 2-3.30pm <b>Parish Pantry Pop up Shop</b> Saturdays 9.30am-11am at St Luke's <b>Christians Against Poverty</b> 0800 328 0006

#### DIARY DATE

Tuesday 17 <sup>th</sup> February	12.00 and 1.00pm	Soup and Pancake lunch	St Michael's
Wednesday 18 <sup>th</sup> February	12.30pm	Ash Wednesday service	St Michael's
Wednesday 25 <sup>th</sup> February	12.30-2.00pm	Christianity Explored	St Luke's
Wednesday 25 <sup>th</sup> February	7.00-8.30pm	Life Explored	St Michael's

**WORSHIP DURING THE WEEK** - all are welcome to any or all of our services.

**MORNING PRAYER** – Monday & Tuesday 8.30am on Zoom, Wednesday 8.30am at St Luke's.

Join on **Zoom ID 985 0957 8510 passcode 405454** **EVENING PRAYER Tuesday** 3.30pm at St Botolph, North Cove

**MIDWEEK COMMUNION Tuesday** 10am at All Saints Worlingham, **Thursday** 10am at St Michael's



**Parish Office** at St Luke's Church Centre, 61 Rigbourne Hill NR34 9JQ

**Administrator** Doreen Page ☎01502 716370 ✉becclesparish@gmail.com

**Wednesday 8am-12noon, Thursday am (for printing) 11am-12pm**

**Rector:** Revd Dimitri Theulings ☎07985320320

✉ rev.dimitri@gmail.com (Day off Friday)

**Associate Priest** Revd Philip Cudmore ☎07709417515

✉ phil.cudmore1@gmail.com (Day off Wednesday)

**Curate:** Revd Doreen Page ☎07585695064

✉ revdoreenpage@gmail.com (Day off Friday)

**Lay Minister**

Faith Darch ☎01502 711318

✉ faith@darch.plus.com

**Licensed Youth Minister**

Kate Cracknell ☎07403323373

✉ kate@becclesparish.org.uk

**Children and Families Minister**

Clare Ayers ☎07426582819

✉ clare@becclesparish.org.uk

**Parish Safeguarding Officer**

Serena Emberley ☎07947217868

✉ sereni@talktalk.net

**Diocesan Safeguarding Officer**

Karen Galloway ☎07785621319

✉ karen.galloway@cofesuffolk.org

**Churchwardens**

**Beccles St Michael** Sue Son ☎07497101647

**Beccles St Luke** Roger Bennett ☎01502 712584

Fran Tuck ☎07717060728

**Worlingham All Saints** Position Vacant

**North Cove St Botolph** Ben Blower ☎07771 802643

*Please send any items for next week's Bulletin to*

*becclesparish@gmail.com by 12noon on TUESDAYS* [www.becclesparish.org.uk](http://www.becclesparish.org.uk) @becclesparish

**Barnby St John** Position Vacant

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