

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5</b> BREAKFAST: 3/4c milk 1/2 c GRAPE JUICE 1/2 c KIX CEREAL LUNCH: 3/4c milk CHICKEN POT PIE w/ BISCUIT 1 1/2 oz CHICKEN; 1/4c PEAS, CARROTS & POTATO (in pie) 1/4 c CANTALOUPE	<b>6</b> BREAKFAST: 3/4c milk 1/2 c APPLESAUCE 2 WHOLE GRAIN FT STICKS-SYRUP LUNCH: 3/4c milk 3/4 c AMERICAN CHOP SUEY 1 1/2 oz BEEF, 1/4 c PASTA & TOMATO SAUCE 1/4 c GREEN BEANS 1/4 c PEARS	<b>7</b> BREAKFAST: 3/4c milk 1/2 c MANDARIN ORANGES 1/2 CINN RAISIN BAGEL-spread LUNCH: 3/4c milk 1 1/2 oz TURKEY & CHEESE 2 sl. WHOLE WHEAT BREAD 1/4 c CUCUMBERS & DIP 1/4 c FRESH FRUIT MEDLEY MUSTARD & MAYONNAISE	<b>8</b> BREAKFAST: 3/4c milk 1/2 BANANA 1/2 c CORN FLAKES CEREAL LUNCH: 3/4c milk TACO w/ 1 1/2 oz CHICKEN & SHREDDED CHEESE; 1/4c DICED TOMATOES & SHREDDED LETTUCE WHOLE WHEAT WRAP 1/2 ORANGE	<b>9</b> BREAKFAST: 3/4c milk 1/2 c FRUIT MIX BANANA BREAD LUNCH: 3/4c milk PIZZA w/ 1 1/2 oz CHEESE 1/4 c BELL PEPPERS & DIP 1/2 APPLE
<b>12</b> BREAKFAST: 3/4c milk 1/2 c APPLE JUICE 1/2 c LIFE CEREAL LUNCH: 3/4c milk BREAKFAST FOR LUNCH 2 pcs. TURKEY BACON 2 WHOLE GRAIN FT STICKS-SYRUP 1/4c HASH BROWNS-KETCHUP 1/4 c FRESH FRUIT MEDLEY	<b>13</b> BREAKFAST: 3/4c milk 1/2 c FRUIT MIX WAFFLE & SYRUP LUNCH: 3/4c milk MEATBALL GRINDER w/ 3 MEATBALLS & TOMATO SAUCE WHOLE GRAIN HOT DOG ROLL 1/4 c BROCCOLI & DIP 1/4 c APPLESAUCE	<b>14</b> BREAKFAST: 3/4c milk 1/2 BANANA 1/2 c SPECIAL K CEREAL LUNCH: 3/4c milk 1 c CHICKEN BARLEY SOUP 1 1/2 oz CHICKEN, 1/4c BARLEY, & 1/4c GREEN BEANS & POTATOES OYSTER CRACKERS 1/4 c WATERMELON	<b>15</b> BREAKFAST: 3/4c milk 1/2 c MANDARIN ORANGES 1/2 WHOLE WHEAT BAGEL-jelly LUNCH: 3/4c milk EGG & CHEESE WRAP WHOLE WHEAT WRAP 1/4 c ROASTED POTATOES 1/4 c CANTALOUPE KETCHUP	<b>16</b> BREAKFAST: 3/4c milk 1/2 c PEACHES 1/2 c CHEERIOS CEREAL LUNCH: 3/4c milk 3 CHICKEN NUGGETS 1/4 c BROWN RICE 1/4 c CARROTS & DIP 1/2 APPLE KETCHUP
<b>19</b>  HOLIDAY	<b>20</b> BREAKFAST: 3/4c milk 1/2 c ORANGE JUICE 1/2 c CINN TOAST CEREAL LUNCH: 3/4c milk 3 BEEF RAVIOLI 1/4 c ZUCCHINI & DIP 1/2 ORANGE	<b>21</b> BREAKFAST: 3/4c milk 1/2 BANANA WHOLE GRAIN PANCAKE & SYRUP LUNCH: 3/4c milk 3 FISH STICKS 1 sl. WHOLE WHEAT BREAD 1/4 c CORN 1/4 c HONEYDEW MELON TARTAR SAUCE & KETCHUP	<b>22</b> BREAKFAST: 3/4c milk 1/2 c PEARS 1/2 c LIFE CEREAL LUNCH: 3/4c milk EASY KID'S LASAGNA 1/4 c EGG NOODLES, 1 1/2 oz CHEESE & TOMATO SAUCE 1/4 c GREEN BEANS 1/2 APPLE	<b>23</b> BREAKFAST: 3/4c milk 1/2 c MANDARIN ORANGES 1/2 CINN RAISIN BAGEL-lfcc LUNCH: 3/4c milk 3/4 c MACARONI & CHEESE w/ 1 1/2 oz CHEESE 1/4 c BROCCOLI & DIP 1/4 c FRESH FRUIT MEDLEY
<b>26</b> BREAKFAST: 3/4c milk 1/2 c GRAPE JUICE 1/2 c CORN FLAKES CEREAL LUNCH: 3/4c milk TUNA SALAD SANDWICH w/ 1 1/2 oz TUNA WHOLE GRAIN HOT DOG ROLL 1/4 c BELL PEPPERS & DIP 1/4 c WATERMELON	<b>27</b> BREAKFAST: 3/4c milk 1/2 c FRUIT MIX 1/2 WHOLE WHEAT BAGEL-jelly LUNCH: 3/4c milk 1 c CHICKEN VEG SOUP 1 1/2oz CHICKEN; 1/4c RICE & 1/4 c PEAS & CARROTS OYSTER CRACKERS 1/4 c CANTALOUPE	<b>28</b> BREAKFAST: 3/4c milk 1/2 c APPLESAUCE 1/2 c CHEERIOS CEREAL LUNCH: 3/4c milk 3 SWEDISH MEATBALLS 1/4 c lightly buttered egg noodles 1/4 c GREEN BEANS 1/4 c PEACHES	<b>29</b> BREAKFAST: 3/4c milk 1/2 BANANA 2 WHOLE GRAIN FT STICKS-SYRUP LUNCH: 3/4c milk 1 1/2 oz TURKEY WHOLE WHEAT WRAP 1/4 c CARROTS & DIP 1/2 APPLE MUSTARD & KETCHUP	<b>30</b> BREAKFAST: 3/4c milk 1/2 c MANDARIN ORANGES 1/2 c KIX CEREAL LUNCH: 3/4c milk PIZZA w/ 1 1/2 oz CHEESE 1/4 c broccoli & cauliflower w/dip 1/4 c FRESH FRUIT MEDLEY
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