



## Symposium - Nutrition and Cognitive Function

Organised by the NUTRIMENTHE Project & Co-sponsored by UNILEVER



Friday 28th October 2011 8.30 – 10.30 a.m The Auditorium

There is evidence that early nutrition can influence later mental performance, cognitive development and behaviour. The idea that the diet of mothers, infants and children could have an influence on long-term mental performance, has major implications for public health practice and policy development, and for our understanding of human biology, as well as for food product development, economic progress, and future wealth creation.

This Symposium will provide you with background to the NUTRIMENTHE project and an insight into our latest results.

### PROGRAMME

Chair: Professor Elliot Berry  
Co-chair: Professor Cristina Campoy

**The NUTRIMENTHE EU Project: Effect of diet on the mental performance of children.**

Professor Cristina Campoy, University of Granada, Spain

**Maternal diet during pregnancy and child mental health. The Generation R Study.**

Dr Henning Tiemeier, Erasmus Medical Center, Rotterdam, The Netherlands.

**The effect of *FADS* genotypes, fatty acids and fish intake on mental development in children: Results from the ALSPAC study.**

Dr Eva Lattka, German Research Center for Environmental Health, Munich, Germany.

**Leptin as a survival hormone: The link between caloric restriction, cognition and longevity.**

Professor Elliot Berry, Hebrew University- Hadassah Medical School, Jerusalem, Israel.