

THE MAGIC EIGHT

Eight helpful tips for
fresh-out-the-box
groups

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So, you've got your group (**GREAT**), but now what?

Here are eight questions which other groups found super useful when they first started up.

Use them in any order and pass on any you don't find useful. And remember, if you get stuck, drop us a text or WhatsApp. We really want to help you make this happen!

07592537736

What is your WHY?

We all showed up, we're keen to come together and support one another on this journey. But why?

Another way to ask this might be: What do you need and want from this group?

The MUST haves...

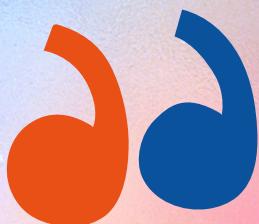
What things would you like to discuss at every meeting? Have a think about creating some type of schedule or checklist that gives your meeting a bit more structure! We promise it helps on the days when you have little bandwidth!



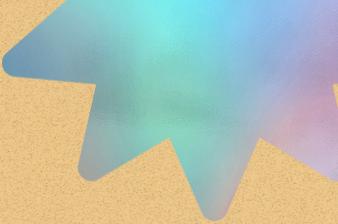
I wish...

What a big question but it might be helpful to just lay it all out in the open.

Are there any pie in the sky ideas that you've been secretly wishing you had the courage to start? Name them – believe in them... Let's start speaking them into existence!



Hello dreams.



Now that we have a glimpse into what people might want to start, what first steps can we take? It's always a good idea to start thinking about what WE can do rather than what others can do for us (that obviously comes later but start with what you can control).

What next steps can you take? Break it into small bits and if you need more in-depth tools get in touch.

Money honey.

Have you ever thought about how small bits of money can go a long way? £1 a week can add up really fast. Groups have found saving toward some goals – whether that be shared or personal – a really good starting point for making some headway with their ideas.

How could savings help you grow your idea? Is it something you'd like to explore? If so how often and when? This is just the tip of the savings iceberg – we've got lots more to say on that.

V for VALUES.

What things matter to us?
Showing up? Honesty?
Openness?

Agreeing on shared values can help a group in times of trouble. It's also helpful to think about what the potential deal breakers look like? How can we avoid them? Better to get it all out in the open rather than let it simmer away.

Don't worry if you have a hard time as a group – conflict is normal. [Here's a handy guide on dealing with conflict.](#)

Let's sum this whole thing up :-)

Most groups have some type of agreement that they use as an informal contract with each other and the group. It tends to give the group a sense of purpose and clarity. It can look however you want it to look but it has to work for you.

[Check out these examples](#)
[and our template.](#)

What's stopping you? Just do it!

Phew! By now you are starting to get the hang of this... so just dive in. There's no wrong or right way.

"Find a group of people who challenge and inspire you, spend a lot of time with them, and it will change your life."

– Amy Poehler





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