

Part One: *Who I am as a Learner*

Name Alyssa Hargis

Date 9/15

My Interests, Talents, Passions, and Aspirations

One thing that is unique or special about me is...

Apraxia

I am really interested in...

Urban Planning

For fun, I like to do this...

Program

I am really good at...

Using computers

I would like to learn how to be or do...

Javascript (even though it's useless mostly.)

This really concerns me and I want to do something to make a difference about:

Car centric-ism

Keep any of the words below that best represent you (delete the others):

Creative, Curious, Funny,, Independent, Innovative Thinker, Intelligent, Friendly, Listener, Determined, Focused,

Add any other words to describe you if not listed above:

Part Two: How I Feel about My Learning and How I understand Information (Multiple Means of Engagement)

Check all that apply, and then highlight 10 of the checks that are most like you

Strengths		Challenges	
<input checked="" type="checkbox"/> x	I am confident in learning.	<input checked="" type="checkbox"/> x	I get discouraged and frustrated easily.
	I learn well when I can stand or move.	<input checked="" type="checkbox"/> x	I feel overwhelmed easily.
	I am motivated to learn.		I worry most of the time.
	I put things together easily.	<input checked="" type="checkbox"/> x	It is hard to get started on a new activity.
<input checked="" type="checkbox"/> z	I like numbers and math.		I need help from teachers a lot.
<input checked="" type="checkbox"/> z	I like learning new words.		I need things to be perfect.
	I learn well while listening to music.		I don't like to study.
	I am a good test taker.		I get bored fast.
	I know what is important and what to do first.		I give up quickly.
	I like talking and planning with others.		I have trouble sitting still.
	I challenge myself to learn more.		I am not good at managing my time.
<input checked="" type="checkbox"/> x	I like being an independent learner.	<input checked="" type="checkbox"/> x	I put off planning and finishing tasks.
	I enjoy helping and teaching others.		I can't say what I'm thinking very well.
<input checked="" type="checkbox"/> z	I ask for help when I am working on a task.		It is difficult for me to focus.
	I understand what someone else is feeling.		I have trouble doing independent work.
	I manage my time well.	<input checked="" type="checkbox"/> x	I have trouble coping with many things at one time.
<input checked="" type="checkbox"/> z	I have good problem-solving skills.		I get distracted and get off task easily.
	I really focus on tasks when working.	<input checked="" type="checkbox"/> x	I have trouble working with others.
<input checked="" type="checkbox"/> z	I am engaged when doing what I like.		I don't always understand what others say to me.
	I work well with others.		I read slowly or have to re-read information.
<input checked="" type="checkbox"/> z	I know how to choose and use technology for any task.	<input checked="" type="checkbox"/> x	I am uncomfortable asking for help.
	I like to lead others.		I need directions repeated often.
	I am not distracted by noise or disruptions.		I get distracted easily.
	I draw or use pictures to help me learn.		I have trouble following written directions.
	I take notes or highlight what I read.		I am confused with technology.
	I like to research and look for answers.		I have trouble understanding new vocabulary.
Add any other of your Strengths		Add any other of your Challenges	
<p>List any tools, technologies or apps that you currently use or would like to use to help you feel better about yourself and learning.</p>			

How I Express What I Know (Multiple Means of Action and Expression – The How)

Learner Profile`

Check all that apply, and then circle up to 10 of the checks that are most like you.

Strengths		Challenges	
<input type="checkbox"/>	I like building things.	<input type="checkbox"/>	It is hard for me to say what I am thinking.
<input checked="" type="checkbox"/>	I like using photos in my projects.	<input checked="" type="checkbox"/>	I am anxious talking in front of the class or group.
<input type="checkbox"/>	I like to build models or projects.	<input type="checkbox"/>	I need help in starting a paper or story.
<input type="checkbox"/>	I like to present in front of the class.	<input type="checkbox"/>	I do not like to lead any group.
<input type="checkbox"/>	I like to write essays, stories, poetry, or songs.	<input type="checkbox"/>	I can't take notes and listen at the same time.
<input type="checkbox"/>	I am good at organizing and planning.	<input checked="" type="checkbox"/>	I have messy handwriting.
<input type="checkbox"/>	I can draw what I am thinking.	<input checked="" type="checkbox"/>	I am uncomfortable asking for help.
<input type="checkbox"/>	I can manage information and resources.	<input checked="" type="checkbox"/>	I have a speech impairment.
<input type="checkbox"/>	I can explain things and retell what I heard.	<input type="checkbox"/>	I have a writer's block.
<input type="checkbox"/>	I notice and reflect on what I am learning.	<input type="checkbox"/>	I have trouble putting thoughts to paper.
<input type="checkbox"/>	I participate in group and class discussions.	<input type="checkbox"/>	I do not feel comfortable in a group project.
<input checked="" type="checkbox"/>	I can create multimedia presentations.	<input type="checkbox"/>	I cannot speak or present in English.
<input type="checkbox"/>	I know how to defend my position.	<input type="checkbox"/>	I cannot organize my ideas.
<input type="checkbox"/>	I like to show evidence of my learning.	<input type="checkbox"/>	I find note taking difficult.
<input type="checkbox"/>	I am good at telling stories.	<input type="checkbox"/>	I cannot summarize what I read.
<input checked="" type="checkbox"/>	I use technology to communicate.	<input type="checkbox"/>	I do not reflect on what I learned.
<input type="checkbox"/>	I enjoy using social media i.e Facebook.	<input type="checkbox"/>	I know what I read, but cannot explain it well.
<input type="checkbox"/>	I am good at problem solving.	<input type="checkbox"/>	I cannot defend a position.
<input type="checkbox"/>	I am a good presenter and speaker.	<input checked="" type="checkbox"/>	I am not that good at drawing or illustrating.
<input type="checkbox"/>	I can keep track of my learning.	<input checked="" type="checkbox"/>	I do not feel good about setting goals.
<input type="checkbox"/>	I can manage information and resources.	<input type="checkbox"/>	I have a difficult time using technology.
<input type="checkbox"/>	I feel confident about sharing my ideas.	<input type="checkbox"/>	I do not write descriptively.
<input type="checkbox"/>	I use an action plan to meet my learning goals.	<input type="checkbox"/>	I feel anxious when I take a test.
Add any other of your Strengths		Add any other of your Challenges	
<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>	