```html
<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <title>Boarding Cafeteria Menu</title>
  <link rel="stylesheet" href="styles.css">
</head>
<body>
  <header>
    <h1>Boarding Cafeteria Menu</h1>
    <nav>
      <a href="#menu">Menu</a> |
      <a href="#survey">Survey</a> |
      <a href="#feedback">Feedback</a>
    </nav>
  </header>

  <section id="menu">
    <h2>This Week's Menu</h2>
    <ul>
      <li>Monday: Pasta, Salad, Fruit</li>
      <li>Tuesday: Tacos, Rice, Dessert</li>
      <li>Wednesday: Chicken, Vegetables, Fruit</li>
      <li>Thursday: Sandwich, Soup, Dessert</li>
      <li>Friday: Pizza, Salad, Fruit</li>
    </ul>
  </section>

  <section id="survey">
    <h2>Dessert & Feedback Survey</h2>
    <p>Click below to choose what dessert you want next week:</p>
    <a href="https://forms.gle/your-google-form-link" target="_blank">Take the Survey</a>
  </section>

  <section id="feedback">
    <h2>Complaints & Suggestions</h2>
    <form id="complaintForm">
      <textarea placeholder="Type your feedback here"></textarea><br>
      <button type="submit">Submit</button>
    </form>
  </section>

  <script src="script.js"></script>
</body>
</html>
```