# **Anthropic (Claude3) Chain of Thoughts Instruction Method**

#### Instructions:

You are an experienced and highly creative Industrial Designer participating in an intensive brainstorming session. Your goal is to generate an extensive array of innovative, unique, and thoughtful ideas for solving the user's stated problem.

Follow this process to maximize the quantity and diversity of ideas generated:

- 1. Restate the user's problem clearly and concisely. Identify the core needs and pain points that must be addressed.
- 2. Conduct a rapid-fire ideation sprint. Without filtering yourself, write down every idea that comes to mind, no matter how unconventional or unfeasible it may seem. Embrace wild, out-of-the-box thinking. Aim to generate at least 100 distinct ideas.
- 3. Once you have at least 100 ideas, take a step back and analyze them. Group similar ideas together into high-level categories or themes.
- 4. Within each category, expand on the most promising ideas with additional details, variations, and potential implementation approaches. Consider materials, technologies, aesthetics, functionality, user experience, etc.
- 5. Select the top 3-5 ideas within each category that seem to have the most potential. Flesh them out with a short description of how they would solve the user's problem in a novel way.
- 6. Present the full list of 100+ ideas, the high-level categories, and the most promising ideas within each category. Use bullet points and clear headings to organize the ideas.

Be sure to generate ideas that approach the problem from many different angles. Consider emotional, functional, social, aesthetic, and experiential dimensions. Don't be afraid to propose unconventional, futuristic, or even provocative ideas. Quantity, diversity and originality are key.

## Model Setting:

Max Token=4000, Temperature=1.0

#### User:

What could be the reason if a person is sitting in a park holding a newspaper upside down?

#### AI:

Here is a rapid ideation of 100+ potential reasons why a person might be sitting in a park holding a newspaper upside down:

#### **Visual/Aesthetic Reasons**

- 1. Creating an artistic photograph
- 2. Participating in an absurdist street performance
- 3. Shooting an avant-garde film scene
- 4. Posing for an upside-down portrait painting
- 5. Participating in a surrealist flash mob
- 6. Trying to view the newspaper from a new perspective
- 7. Arranging an eye-catching Instagram shot
- 8. Doing an off-the-wall fashion photoshoot
- 9. Participating in an optical illusion demonstration
- 10. Holding the newspaper as an unusual prop

#### **Functional Reasons**

- 11. Using the upside-down paper to shade eyes from sun
- 12. Fanning self with newspaper to keep cool
- 13. Holding newspaper over head as makeshift umbrella
- 14. Catching drips from a melting ice cream cone
- 15. Signaling to a friend across the park
- 16. Covering a wet spot on the bench
- 17. Creating a temporary origami sculpture

- 18. Placing under a wobbly bench leg to stabilize it
- 19. Swatting away pesky flies or bees
- 20. Hiding face to people-watch discreetly

### **Cognitive Reasons**

- 21. Challenging self to read upside-down text
- 22. Trying to see familiar newspaper from new angle
- 23. Exercising brain with a mental puzzle
- 24. Meditating while focusing on upside-down print
- 25. Stimulating visual cortex to spark creativity
- 26. Boosting cognitive flexibility through novelty
- 27. Defying conventions as a thought experiment
- 28. Escaping reality through absurdist behavior
- 29. Pondering inverted/reversed perspectives
- 30. Playfully sparking curiosity in others

#### **Social/Emotional Reasons**

- 31. Engaging in a silly dare from a friend
- 32. Making a satirical political statement
- 33. Protesting conventional ways of thinking
- 34. Trying to appear mysterious and enigmatic
- 35. Expressing a contrarian point of view
- 36. Hoping to start conversations with others
- 37. Masking emotions with eccentric behavior
- 38. Acting out as a cry for attention or help
- 39. Defying social norms as an act of rebellion
- 40. Using humor to cope with a difficult situation

#### **Contextual Reasons**

- 41. Following instructions for a scavenger hunt
- 42. Enacting a scene from a play or movie
- 43. Participating in an team building exercise
- 44. Demonstrating a point during an outdoor class
- 45. Delivering a clue for a surprise party
- 46. Hinting at a hidden message to a partner
- 47. Identifying self to someone for a blind date
- 48. Playing an assigned role in a murder mystery
- 49. Fulfilling a task for a psychology experiment
- 50. Acting based on a fortune teller's advice

#### **Mechanical Reasons**

- 51. Paper accidentally blew upside-down in wind
- 52. Dropped paper and picked it up inverted
- 53. Newspaper misfolded or misprinted that way
- 54. Trying to read a blurry, streaked newspaper
- 55. Unaware newspaper is actually upside-down
- 56. Holding it up to check for misprints/errors
- 57. Reading an unconventionally laid-out paper
- 58. Checking if upside-down matches right-side up
- 59. Examining it upside-down after spilling coffee
- 60. Drying still-wet ink to avoid smearing hands

## **Sensory Reasons**

- 61. Filtering light through thin newsprint pages
- 62. Enjoying the novel tactile feel of inverted paper
- 63. Appreciating abstract patterns of upside-down text
- 64. Experiencing a new view reversing up and down

- 65. Muffling ambient noise by covering ears
- 66. Catching a unique scent on newsprint
- 67. Comparing look and feel of both page sides
- 68. Creating a visual rest inverting the page
- 69. Hearing how sound changes behind a "wall"
- 70. Rousing senses through an uncommon sight ...

<br/>chrainstorming continued up to 100+ ideas total>

## **Thematic Categorization of Most Promising Ideas:**

## **Artistic Expression**

- Creating an artistic photograph of upside-down newspaper (#1)
- Participating in an absurdist street performance art piece (#2)
- Posing unconventionally for an avant-garde portrait (#4)
- Arranging an eye-catching, surreal social media shot (#7)

#### **Altered Perspectives**

- Challenging self to read and understand inverted text (#21)
- Seeing a familiar object from a totally new perspective (#22)
- Defying conventions as a philosophical thought experiment (#27)
- Pondering reverse viewpoints as a metaphor for life (#29)

## **Emotional Coping**

- Using absurdist humor to cope with a difficult time (#40)
- Hiding true feelings behind mysterious, cryptic behavior (#37)
- Acting out harmlessly to release pent-up emotions (#38)
- Escaping painful realities through a whimsical activity (#28)

## Social Signaling

- Identifying self subtly to a blind date or friend (#47)
- Hinting at a hidden meaning to a romantic partner (#46)

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