

Outdoor Attitudes



Questionnaire

INSTRUCTIONS: Please rate how strongly you agree or disagree with each of the following statements by placing a check mark in the appropriate box. Please use the following scale:

1=Strongly Disagree
 2=Somewhat Disagree
 3=Slightly Disagree
 4=Slightly Agree
 5=Somewhat Agree
 6=Strongly Agree

| | Part I: | 1 | 2 | 3 | 4 | 5 | 6 |
|-----------|--|----------|----------|----------|----------|----------|----------|
| | Attitudes About Nature | | | | | | |
| 1. | I really enjoy nature. | | | | | | |
| 2. | It is wrong to use a lot of chemicals to kill weeds. | | | | | | |
| 3. | I enjoy watching the sky on summer nights. | | | | | | |
| 4. | I enjoy pictures of birds and animals. | | | | | | |
| 5. | I like sitting beside a quiet pond. | | | | | | |
| 6. | Walking in the woods is a waste of time. | | | | | | |

| | | 1 | 2 | 3 | 4 | 5 | 6 |
|-----|--|---|---|---|---|---|---|
| 7. | I wish I knew more about nature. | | | | | | |
| 8. | People should spend more time outside. | | | | | | |
| 9. | I like TV programs about nature. | | | | | | |
| 10. | Going on a hike is boring . | | | | | | |
| 11. | I would like to get up early just to see the sun rise. | | | | | | |
| 12. | I would like to vacation in a cabin in the woods. | | | | | | |
| 13. | I feel good when I am close to nature. | | | | | | |
| 14. | I prefer an indoor job. | | | | | | |
| 15. | I like the smell of a lawn just after it has been cut. | | | | | | |
| 16. | I like the sounds that a stream makes. | | | | | | |
| 17. | I like walking through the leaves in the fall. | | | | | | |

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| | | | | | | | |
|------------|---|--|--|--|--|--|--|
| 18. | I prefer family vacations where I spend most of my time indoors. | | | | | | |
| 19. | Spending time outdoors is an enjoyable alternative to watching TV. | | | | | | |
| 20. | Family vacations are a good opportunity to spend time outdoors. | | | | | | |
| 21. | I enjoy eating meals outdoors. | | | | | | |

| | | | | | | | |
|------------|---|----------|----------|----------|----------|----------|----------|
| | Part II: Your Children Spending Time Outdoors | 1 | 2 | 3 | 4 | 5 | 6 |
| 22. | Playing outside encourages too much aggressive behavior. | | | | | | |
| 23. | All playgrounds should contain natural elements. | | | | | | |
| 24. | Playing outside would be good for my child's health. | | | | | | |
| 25. | There is too much crime for my child to play outside. | | | | | | |
| 26. | I think my child should go on nature hikes. | | | | | | |
| 27. | Playing outside is a wasteful way for children to spend their free time. | | | | | | |
| 28. | My neighborhood is safe enough for children to play outside. | | | | | | |
| 29. | I would let my child walk in the rain even if they got wet. | | | | | | |
| 30. | My child gets too dirty to play outside. | | | | | | |

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|-----|---|---|---|---|---|---|---|
| 31. | I am afraid my child may be harmed by strangers outside. | | | | | | |
| 32. | Spending time outdoors is a meaningful family activity. | | | | | | |
| 33. | I worry that my child will be hurt by gangs if he/she plays outside. | | | | | | |
| 34. | My child's learning can be stimulated by outdoor play. | | | | | | |
| 35. | Playing outdoors is hurts my child's school grades. | | | | | | |
| 36. | Playing outdoors is a good way to improve hand-eye coordination. | | | | | | |

| | | 1 | 2 | 3 | 4 | 5 | 6 |
|-----|--|---|---|---|---|---|---|
| 37. | Other children in my neighborhood are safe for my child to play around. | | | | | | |
| 38. | Road safety is a concern for children in my neighborhood. | | | | | | |
| 39. | Children who play outdoors gain confidence. | | | | | | |
| 40. | I allow my child to have a wide range of recreational outdoor activities from which to choose. | | | | | | |
| 41. | I feel that outdoor play interferes too much with my child's homework time. | | | | | | |
| 42. | My child is easier to manage after spending time outside. | | | | | | |
| 43. | I am afraid my child may be abducted outdoors. | | | | | | |
| 44. | I let my child make mud pies. | | | | | | |
| 45. | Taking part in outdoor recreation improves my child's communication skills. | | | | | | |
| 46. | Outdoor activities over stimulate my child. | | | | | | |

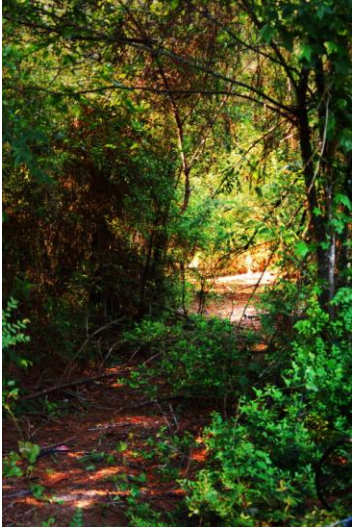

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|-----|---|---|---|---|---|---|---|
| 47. | Taking part in outdoor activities helps to build up my child's level of independence. | | | | | | |
| 48. | I would let my child play in a sand box. | | | | | | |
| 49. | Outdoor activities are a good way for my child to make friends. | | | | | | |
| 50. | Participating in outdoor play is a good way for my child to get exercise. | | | | | | |

| | Part III: Pictures | 1 | 2 | 3 | 4 | 5 | 6 |
|-----|--|---|---|---|---|---|---|
| 51. |  | | | | | | |
| 52. |  | | | | | | |
| | | 1 | 2 | 3 | 4 | 5 | 6 |

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|-----|--|--|--|--|--|--|--|
| 53. |  | | | | | | |
| 54. |  | | | | | | |
| 55. |  | | | | | | |

| | | |
|---|--|-------------------|
| Please circle the most accurate response. | | |
| Part V: Personal Characteristics | | |
| 56. | What is your gender? | |
| | Male | Female |
| | | |
| 57. | What is your child's gender? | |
| | Male | Female |
| | | |
| 58. | What is your child's age? | _____ |
| | | |
| 59. | What is your ethnicity? | |
| | White | Native American |
| | African American | Hispanic |
| | Asian-Pacific Islander | None of the Above |
| | | |
| 60. | What is your current marital status? | |
| | Single, Never Married | Married/Partnered |
| | Separated | Divorced |
| | Widowed | |
| | | |
| 61. | Which of the following most accurately describes the area in which you reside? | |
| | Rural | Urban |
| | Suburban | Inner City |

Please circle the most accurate response.

| | | |
|------------|---|-----------|
| 62. | How many hours per day does your child spend outdoors in free play on average? | |
| | 0-1 hour | 1-2 hours |
| | 3-4 hours | 4+ hours |
| 63. | How many hours per day does your child spend outdoors in organized activities or sports on average? | |
| | 0-1 hour | 1-2 hours |
| | 3-4 hours | 4+ hours |
| 64. | How much time per day does your child spend indoors in organized activities or sports? | |
| | None | < 30 min |
| | 30 min -1 hour | 1-2 hours |
| | 2+ hours | |
| 65. | How much time per day does your child spend indoors on videos games or watching TV? | |
| | None | < 30 min |
| | 30 min -1 hour | 1-2 hours |
| | 2+ hours | |

| | | |
|------------|------------------------------------|-----------------------|
| 66. | What is your education level? | |
| | Less than high school (no degree) | High school graduate |
| | Some college | 4 year college degree |
| | Graduate School | Other |
| 67. | What is your average income level? | |
| | Less than \$9,999 | \$10,000 - \$14,999 |
| | \$15,000 - \$24,999 | \$25,000 - \$34,999 |
| | \$35,000 - \$49,999 | \$50,000 - \$74,999 |
| | \$75,000 - \$99,999 | \$100,000 - \$149,999 |
| | \$150,000 and above | |

Thank You