

Texas State University-San Marcos Review Board
Letter of Agreement

Project Title: The Role of Basic Psychological Needs in Predicting Exercise Adherence

Principal Investigator: Jennifer Martinez
Associate Investigator(s): Dr. Alexander J. Nagurny, Dr. Crystal D. Oberle, and Dr. Kelly B. Haskard-Zolnierak

Faculty Sponsor: Dr. Alexander J. Nagurny
Program of Study: Health Psychology

Name of Organization or Institution Providing Support: Texas State University - San Marcos Student Recreation Center

Name and Title of Individual Authorizing Support: Glenn Hanley, Director of Campus Recreation

Assistance Requested: Requested permission to access the Student Recreation Center's database. The database records the student's entry times into the student recreation center using the student's student I.D. (PLID). With the consent of the student, this information will be used for the purpose of this study. With the aid of Steve Soukup (System Support Specialist for Campus Recreation), only the student's number of entries into the facility will be used, and all other information will be kept confidential.

Estimated Duration of Study: Fall 2010- Early Spring 2011

Total Number of Anticipated Study Participants Involved: 200

Signature of Approving Authority
Date
September 17, 2010

To the approving authority: If you have comments or specific instructions for the Principal Investigator, please note them below.