

**Revised Infant
Temperament Questionnaire**
for 4-to-11-month-old Infants

by William B. Carey, MD, and Sean C. McDevitt, PhD

Infant's Name _____ Gender _____

Infant's Date of Birth _____ / _____ / _____ Present Age _____
Month Day Year

Rater's Name _____

Rater's Relationship to Infant _____

Date of Rating _____ / _____ / _____
Month Day Year

Instructions

1. There are no right or wrong or good or bad answers, only descriptions of your infant.
2. Please base your rating on your infant's recent and current behavior (the last four to six weeks).
3. Rate each question separately. Some items may seem alike but are not the same.
Do not purposely try to present a consistent picture of your infant.
4. Use extreme ratings where appropriate. Try to avoid rating only near the middle of each scale.
5. Rate each item quickly. If you cannot decide, skip the item and come back to it later.
6. Rate every item. Please skip any item that you are unable to answer due to lack of information or any item that does not apply to your infant.
7. Consider only your own impressions and observations of the infant.

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Using the scale below, please darken the circle in the space that tells how often the infant's recent and current behavior has been like the behavior described by each item.

1 = ALMOST NEVER 2 = RARELY 3 = VARIABLE, USUALLY DOES NOT 4 = VARIABLE, USUALLY DOES 5 = FREQUENTLY 6 = ALMOST ALWAYS

		ALMOST NEVER					ALMOST ALWAYS
1. The infant eats about the same amount of solid food (within 1 oz.) from day to day.	1	①	②	③	④	⑤	⑥
2. The infant is fussy on waking up and going to sleep (frowns, cries).	2	①	②	③	④	⑤	⑥
3. The infant plays with a toy for under a minute and then looks for another toy or activity.	3	①	②	③	④	⑤	⑥
4. The infant sits still while watching TV or other nearby activity.	4	①	②	③	④	⑤	⑥
5. The infant accepts right away any change in place or position of feeding or person giving it.	5	①	②	③	④	⑤	⑥
6. The infant accepts nail cutting without protest.	6	①	②	③	④	⑤	⑥
7. The infant's hunger cry can be stopped for over a minute by picking up, pacifier, putting on bib, etc.	7	①	②	③	④	⑤	⑥
8. The infant plays continuously for more than 10 minutes at a time with a favorite toy.	8	①	②	③	④	⑤	⑥
9. The infant accepts his/her bath any time of the day without resisting it.	9	①	②	③	④	⑤	⑥
10. The infant takes feedings quietly with mild expression of likes and dislikes.	10	①	②	③	④	⑤	⑥
11. The infant indicates discomfort (fusses or squirms) when diaper is soiled with bowel movement.	11	①	②	③	④	⑤	⑥
12. The infant lies quietly in the bath.	12	①	②	③	④	⑤	⑥
13. The infant wants and takes milk feedings at about the same times (within one hour) from day to day.	13	①	②	③	④	⑤	⑥
14. The infant is shy (turns away or clings to mother) on meeting another child for the first time.	14	①	②	③	④	⑤	⑥
15. The infant continues to fuss during diaper change in spite of efforts to distract him/her with game, toy or singing, etc.	15	①	②	③	④	⑤	⑥
16. The infant amuses self for 1/2 hour or more in crib or playpen (looking at mobile, playing with toy).	16	①	②	③	④	⑤	⑥
17. The infant moves about much (kicks, grabs, squirms) during diapering and dressing.	17	①	②	③	④	⑤	⑥
18. The infant vigorously resists additional food or milk when full (spits out, clamps mouth closed, bats at spoon, etc.).	18	①	②	③	④	⑤	⑥
19. The infant resists changes in feeding schedule (1 hour or more) even after two tries.	19	①	②	③	④	⑤	⑥
20. The infant's bowel movements come at different times from day to day (over one hour difference).	20	①	②	③	④	⑤	⑥
21. The infant stops play and watches when someone walks by.	21	①	②	③	④	⑤	⑥
22. The infant ignores voices or other ordinary sounds when playing with a favorite toy.	22	①	②	③	④	⑤	⑥
23. The infant makes happy sounds (coos, smiles, laughs) when being diapered or dressed.	23	①	②	③	④	⑤	⑥
24. The infant accepts new foods right away, swallowing them promptly.	24	①	②	③	④	⑤	⑥
25. The infant watches other children playing for under a minute and then looks elsewhere.	25	①	②	③	④	⑤	⑥
26. The infant reacts mildly (just blinks or startles briefly) to bright light such as flash bulb or letting sunlight in by pulling up shade.	26	①	②	③	④	⑤	⑥
27. The infant is pleasant (smiles, laughs) when first arriving in unfamiliar places (friend's house, store, etc.).	27	①	②	③	④	⑤	⑥
28. The infant gets sleepy at about the same time each evening (within 1/2 hour).	28	①	②	③	④	⑤	⑥
29. The infant accepts regular procedures (hair brushing, face washing, etc.) at any time without protest.	29	①	②	③	④	⑤	⑥
30. The infant sits still (little squirming) while traveling in car seat or stroller.	30	①	②	③	④	⑤	⑥
31. The infant's initial reaction to a new baby sitter is rejection (crying, clinging to mother, etc.).	31	①	②	③	④	⑤	⑥
32. The infant keeps at it for many minutes when working on a new skill (rolling over, picking up object, etc.).	32	①	②	③	④	⑤	⑥
33. The infant moves much (squirms, bounces, kicks) while lying awake in crib.	33	①	②	③	④	⑤	⑥
34. The infant objects to being bathed in a different place or by a different person even after 2-3 tries.	34	①	②	③	④	⑤	⑥