

**Toddler
Temperament Scale**
for 1-and-2-year-old children

by William Fullard, PhD, Sean C. McDewitt, PhD, and William B. Carey, MD

Child's Name _____	SAMPLE QUESTIONNAIRE Copyrighted material! Not for use or reproduction by any means.	Gender _____
Child's Date of Birth _____ Month Day Year		Present Age _____
Rater's Name _____		
Rater's Relationship to Child _____		
Date of Rating _____ Month Day Year		

Instructions

1. There are no right or wrong or good or bad answers, only descriptions of your toddler.
2. Please base your rating on your toddler's recent and current behavior (the last four to six weeks).
3. Rate each question separately. Some items may seem alike but are not the same.
Do not purposely try to present a consistent picture of your toddler.
4. Use extreme ratings where appropriate. Try to avoid rating only near the middle of each scale.
5. Rate each item quickly. If you cannot decide, skip the item and come back to it later.
6. Rate every item. Please skip any item that you are unable to answer due to lack of information or any item that does not apply to your toddler.
7. Consider only your own impressions and observations of the toddler.

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Using the scale below, please darken the circle in the space that tells how often the toddler's recent and current behavior has been like the behavior described by each item.

1 = ALMOST NEVER 2 = RARELY 3 = VARIABLE, USUALLY DOES NOT 4 = VARIABLE, USUALLY DOES 5 = FREQUENTLY 6 = ALMOST ALWAYS

ALMOST
NEVER

ALMOST
ALWAYS

- | | | | | | | | |
|---|----|---|---|---|---|---|---|
| 1. The child gets sleepy at about the same time each evening (within 1/2 hour)..... | 1 | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. The child fidgets during quiet activities (story telling, looking at pictures)..... | 2 | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. The child takes feedings quietly with mild expressions of likes and dislikes..... | 3 | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. The child is pleasant (smiles, laughs) when first arriving in unfamiliar places..... | 4 | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. A child's initial reaction to seeing the doctor is acceptance..... | 5 | 1 | 2 | 3 | 4 | 5 | 6 |
| 6. The child pays attention to games with parent for only a minute or so..... | 6 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7. The child's bowel movements come at different times from day to day (over 1-hour difference)..... | 7 | 1 | 2 | 3 | 4 | 5 | 6 |
| 8. The child is fussy on waking up (frowns, complains, cries)..... | 8 | 1 | 2 | 3 | 4 | 5 | 6 |
| 9. The child's initial reaction to a new babysitter is rejection (crying, clinging to mother, etc.)... | 9 | 1 | 2 | 3 | 4 | 5 | 6 |
| 10. The child reacts to a disliked food even if it is mixed with a preferred one..... | 10 | 1 | 2 | 3 | 4 | 5 | 6 |
| 11. The child accepts delays (for several minutes) for desired objects or activities (snacks, treats, gifts)..... | 11 | 1 | 2 | 3 | 4 | 5 | 6 |
| 12. The child moves little (stays still) when being dressed..... | 12 | 1 | 2 | 3 | 4 | 5 | 6 |
| 13. The child continues an activity in spite of noises in the same room..... | 13 | 1 | 2 | 3 | 4 | 5 | 6 |
| 14. The child shows strong reactions (cries, | 14 | 1 | 2 | 3 | 4 | 5 | 6 |
| 15. The child plays continuously for more than | 15 | 1 | 2 | 3 | 4 | 5 | 6 |
| 16. The child ignores the temperature of food | 16 | 1 | 2 | 3 | 4 | 5 | 6 |
| 17. The child varies from day to day in wanting | 17 | 1 | 2 | 3 | 4 | 5 | 6 |
| 18. The child sits still while waiting for food..... | 18 | 1 | 2 | 3 | 4 | 5 | 6 |
| 19. The child is easily excited by praise (laughs, yells, jumps)..... | 19 | 1 | 2 | 3 | 4 | 5 | 6 |
| 20. The child cries after a fall or bump..... | 20 | 1 | 2 | 3 | 4 | 5 | 6 |
| 21. The child approaches and plays with unfamiliar pets (small dogs, cats)..... | 21 | 1 | 2 | 3 | 4 | 5 | 6 |
| 22. The child stops eating and looks up when a person walks by..... | 22 | 1 | 2 | 3 | 4 | 5 | 6 |
| 23. The child seems unaware of differences in taste of familiar liquids (type of milk, different juices)..... | 23 | 1 | 2 | 3 | 4 | 5 | 6 |
| 24. The child moves about actively when he/she explores new places (runs, climbs or jumps)..... | 24 | 1 | 2 | 3 | 4 | 5 | 6 |
| 25. The child fusses or whines when bottom is cleaned after bowel movement..... | 25 | 1 | 2 | 3 | 4 | 5 | 6 |
| 26. The child smiles when played with by unfamiliar adults..... | 26 | 1 | 2 | 3 | 4 | 5 | 6 |
| 27. The child looks up from play when mother enters the room..... | 27 | 1 | 2 | 3 | 4 | 5 | 6 |
| 28. The child spends over an hour reading a book or looking at the pictures..... | 28 | 1 | 2 | 3 | 4 | 5 | 6 |
| 29. The child responds intensely (screams, yells) to frustration..... | 29 | 1 | 2 | 3 | 4 | 5 | 6 |
| 30. The child eats about the same amount of solid food at meals from day to day..... | 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| 31. The child remains pleasant when hungry and waiting for food to be prepared..... | 31 | 1 | 2 | 3 | 4 | 5 | 6 |
| 32. The child allows face washing without protest (squirming, turning away)..... | 32 | 1 | 2 | 3 | 4 | 5 | 6 |
| 33. The amount of milk or juice the child takes at mealtime is unpredictable from meal to meal (over 2 oz. difference)..... | 33 | 1 | 2 | 3 | 4 | 5 | 6 |
| 34. The child practices physical activities (climbing, jumping, pushing objects) for under 5 minutes..... | 34 | 1 | 2 | 3 | 4 | 5 | 6 |
| 35. The child vigorously resists additional food or milk when full (spits out, clamps mouth closed, bats at spoon, etc.)..... | 35 | 1 | 2 | 3 | 4 | 5 | 6 |
| 36. The child plays actively (bangs, throws, runs) with toy indoors..... | 36 | 1 | 2 | 3 | 4 | 5 | 6 |

SAMPLE QUESTIONNAIRE

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