

CAREER DECISION SCALE

THIRD REVISION (1976)

by Samuel H. Osipow, Clarke G. Carney, Jane Winer, Barbara Yanico, and Maryanne Koschier

| NAME | |
|---------------|-----|
| DATE OF BIRTH | ACE |
| DATE OF BIRTH | AOE |
| CLASS/GRADE | SEX |

This questionnaire contains some statements that people commonly make about their educational and occupational plans. Some of the statements may apply to you; others may not. Please read through them and indicate how closely each item describes you in your thinking about a career or an educational choice by *circling* the appropriate number on the answer sheet. An example is given below:

| | Exactly like me | Very much like me | Only slightly like me | Not at all like me |
|--|-----------------|----------------------|-----------------------|--------------------|
| I am excited about graduating and going to work. | 4 | 3 | 2 | 1 |

If you are excited about going to work and feel no hesitation about it you would circle "4" to indicate that the description is exactly the way you feel. If the item is very close, but not exactly the way you feel — for example, you're generally excited about going to work after you graduate, but are experiencing some minor concerns about it — you would circle the number "3." You would circle "2" if the item describes you in some ways, but in general it is more unlike than like your feelings; for example, if you are generally more concerned than excited about work after graduation. Finally, you would circle "1" if the item does not describe your feelings at all; that is, you are experiencing a great deal of concern and no excitement about graduation and work.

Please be sure to give only one response to each item and answer every item.

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REMEMBER — 4 is exactly like me, 3 is very much like me, 2 is only slightly like me, and 1 is not at all like me.

| | | | | ANSWE Not Like | |
|-----|---|---|------------|-------------------|-----|
| 1. | I have decided on a career and feel comfortable with it. I also know how to go about implementing my choice. | 4 | 3 | 2 | 1 - |
| 2. | I have decided on a major and feel comfortable with it. I also know how to go about implementing my choice. | 4 | 3 | 2 | 1- |
| 3. | If I had the skills or the opportunity, I know I would be abut this choice is really not possible for me. I haven't given much consideration to any other alternatives, however. | 4 | 3 | 2 | 1 |
| 4. | Several careers have equal appeal to me. I'm having a difficult time deciding among them. | 4 | 3_ | 2 | 1 |
| 5. | I know I will have to go to work eventually, but none of the careers I know about appeal to me. | 4 | 3 | 2 | 1 |
| 6. | I'd like to be a, but I'd be going against the wishes of someone who is important to me if I did so. Because of this, it's difficult for me to make a career decision right now. I hope I can find a way to please them and myself. | 4 | 3 | 2 | 1 |
| 7. | Until now, I haven't given much thought to choosing a career. I feel lost when I think about it because I haven't had many experiences in making decisions on my own and I don't have enough information to make a career decision right now. | 4 | | 2 | 1 |
| 8. | I feel discouraged because everything about choosing a career seems so "iffy" and uncertain; I feel discouraged, so much so that I'd like to put off making a decision for the time being. | 4 | 3 | 2 | |
| 9. | I thought I knew what I wanted for a career, but recently I found out that it wouldn't be possible for me to pursue it. Now I've got to start looking for other possible careers. | 4 | . 3 | 2 | 1 |
| 10. | I want to be absolutely certain that my career choice is the "right" one, but none of the careers I know about seem ideal for me. | 4 | 3 | 2 | 1 |
| 11. | Having to make a career decision bothers me. I'd like to make a decision quickly and get it over with. I wish I could take a test that would tell me what kind of career I should pursue. | 4 | 3 | 2 | 1 |
| 12. | I know what I'd like to major in, but I don't know what careers it can lead to that would satisfy me. | 4 | 3 | 2 | 1 |

REMEMBER — 4 is exactly like me, 3 is very much like me, 2 is only slightly like me, and 1 is not at all like me.

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|-----|--|----------|----------------|---|---|----------------|---|
| 13. | I can't make a career choice right now because I don't know what my abilities are. | 4 | <u>.</u> | 3 | | 2 | 1 |
| 14. | I don't know what my interests are. A few things "turn me on" but I'm not certain that they are related in any way to my career possibilities. | 4 | | 3 | | 2 | 1 |
| 15. | So many things interest me and I know I have the ability to do well regardless of what career I choose. It's hard for me to find just one thing that I would want as a career. | 4 | | 3 | | 2 | 1 |
| 16. | I have decided on a career, but I'm not certain how to go about implementing my choice. What do I need to become a anyway? | 4 | | 3 | | 2 | 1 |
| 17. | I need more information about what different occupations are like before I can make a career decision. | 4 | | 3 | | 2 | 1 |
| 18. | I think I know what to major in, but I feel I need some additional support for it as a choice for myself. | <u> </u> | | 3 | | 2 | 1 |
| 19. | None of the above items describe me. The following would describe me better: (write your response below). | | | | | | |
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| | Total 1-2 | Total 3-18 | Normative Group | % ile |
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