**Sexual Health Inventory: Attitudes, Perceptions, and Experiences of College Students**

**Use the following definitions as a reference point when answering the items below:**

**1) Sexually Transmitted Infection (STI):** is an infection that is spread from one person to another through sexual contact and is commonly known as sexually transmitted disease (STD). Examples include HIV, gonorrhea, chlamydia, and Human Papillomavirus (HPV).

**2) Sex:** any physical contact (i.e. oral, anal, vaginal, etc.) with the genitals of another person.

**3) Birth Control:** includes birth control pills or patch, male condom, female condom, NuvaRing,

hormone shots (Depo-Provera), intrauterine device (IUD), spermicide, sponge, diaphragm, and/or cervical cap, emergency contraceptive (Plan B), Implanon, withdrawal.

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***Demographics:*** *The following items are to assess your current demographic information.*

1. How old are you?

A. 17 years old and younger

B. 18 years old

C. 19 years old

D. 20 years old

E. 21 years old and older

1. What is your classification or hours completed at Texas State University?

A. Freshman (0-29 hours)

B. Sophomore (30-59 hours)

C. Junior (60- 89 hours)

D. Senior (90+ hours)

1. What is your sex?

A. Female

B. Male

**Under which race/ethnicity categories do you identify yourself:**

1. Are you American Indian or Alaska Native?

A. Yes B. No

1. Are you Asian?

A. Yes B. No

1. Are you Black or African American?

A. Yes B. No

1. Are you Native Hawaiian or Other Pacific Islander?

A. Yes B. No

1. Are you White or Caucasian?

A. Yes B. No

1. Are you Hispanic or Latino/Latina?

A. Yes B. No

1. Are you of another race/ethnicity that is not listed above?

A. Yes B. No

1. Were you ever a full-time student at another university or college before transferring to Texas State?

A. Yes B. No

1. How many years did you attend public high school in Texas?

A. 1 year

B. 2 years

C. 3 years

D. 4 years

E. I did not attend public high school in Texas

1. Did you graduate from a Texas high school?

A. Yes B. No

1. What is your ***primary*** source of health insurance (mark only one)?

A. Parent(s)/Guardian(s) policy

B. Personal policy

C. Texas State University Student Health Insurance Plan

D. Employer policy

E. None - I have no health insurance at this time

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***Attitudinal Questions***: *The following items assess your current attitudes on sexual health issues.*

1. I would know if I had an STI, even if I had not been tested.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. STIs are annoying, but they do not have any serious health effects.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. There is no point in knowing if I have an STI because there is nothing that can be done about it.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. Even if I had **not** been told, I would know if someone I was sexually active with had an STI.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. Sexually transmitted infections are **uncommon** for people who are in long-term relationships (i.e. 6 months or longer).

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. Unless I have sex with multiple partners, a STI is not something I have to worry about.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. It is possible to be intimate with someone without having sex.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am confident I could talk to a sexual partner about using condoms.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am confident I could make an appointment to be tested for a STI.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am confident I could discuss my sexual health issues with a medical professional.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am confident I could ask a sexual partner to be tested for one or more STIs.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am worried that if I get tested for STIs my parent(s)/guardian(s) would find out.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am concerned about becoming infected with Human Immunodeficiency Virus (HIV).

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. I am concerned about becoming infected with a STI **other than HIV**.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. My religious beliefs have **no** impact on my choice of birth control methods.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. If I wanted to use a condom, a sexual partner would think I didn’t trust him/her.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. If I wanted to use a condom, a sexual partner would be insulted.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. Sex is **not** fun with condoms.

A. Strongly Disagree B. Disagree C. Unsure D. Agree E. Strongly Agree

1. Who has more **influence** over whether male condoms are used?

A. Male B. Female C. Equal

1. Who has more **influence** over whether birth control other than condoms is used?

A. Male B. Female C. Equal

1. Who has more **responsibility** for ensuring male condoms are used?

A. Male B. Female C. Equal

1. Who has more **responsibility** for ensuring birth control other than condoms is used?

A. Male B. Female C. Equal

***Sexual Experience Questions:*** *The following items address sexual experiences.*

1. Have you ever been tested for a STI **other than HIV** by a medical professional?

A. Yes B. No

1. Have you ever **specifically** been tested for HIV?

A. Yes B. No

1. Have you ever been diagnosed with a STI by a medical professional?

A. Yes B. No

1. Have you personally ever been involved in a pregnancy scare (i.e. a missed menstrual period and /or positive home pregnancy test)?

A. Yes B. No

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**Perception Questions:** *The following items address your current perceptions about sexual health issues.*

**For the following questions, please indicate if you personally feel this is a major, minor, or not a reason why *other* college students may not get tested for STIs.**

1. It is too expensive to be tested for STIs.

A. Major reason B. Minor reason C. Not a reason

1. Fear of parent(s)/guardian(s) finding out they are having sex.

A. Major reason B. Minor reason C. Not a reason

1. Embarrassed about being tested for STIs.

A. Major reason B. Minor reason C. Not a reason

1. They do not think they are at risk for STIs.

A. Major reason B. Minor reason C. Not a reason

1. They do not know they have a STI.

A. Major reason B. Minor reason C. Not a reason

1. They are not sure where to be tested for STIs.

A. Major reason B. Minor reason C. Not a reason

**If I were to attend a sexual health education class/program at Texas State University I would like more information about:**

1. Birth control methods.

A. Yes B. No

1. Sexually transmitted infections including HIV/AIDS.

A. Yes B. No

1. How to talk with a girlfriend/boyfriend/partner about birth control methods.

A. Yes B. No

1. Where to get tested for HIV/AIDS and other STIs.

A. Yes B. No

1. How to talk to a physician or health professional about birth control methods, contraception, and STIs.

A. Yes B. No

1. How to properly use latex barriers (i.e. condoms, dental dams).

A. Yes B. No

Please identify any issues not addressed in the survey:

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Thank you for your participation in this study. Your input will assist in making Texas State University a more knowledgeable, informed, and healthier student body. If you would like to receive a copy of the results, please contact Brittany Rosen at br1100@txstate.edu.