LECTURE RATING SURVEY

For 1 through 10, rate your level of agreement with each statement, by circling one of the response options.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

1. The instructor seems to be an effective teacher.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

2. The instructor seems to be a competent teacher.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

3. The instructor seems to be a respectable teacher.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

4. The instructor seems to be a likeable teacher.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

5. The instructor showed excitement about the subject.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

6. The instructor was knowledgable about the subject.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

7. The instructor presented an organized lecture.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

8. The instructor spoke audibly and clearly.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

9. The lecture was interesting.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree

10. I learned a lot from this lecture.

DEMOGRAPHIC SURVEY

1. What is your age? \_\_\_\_\_\_\_

2. What is your overall GPA? \_\_\_\_\_\_\_

3. What is your sex? *(check one)*

\_\_ Female \_\_ Male

4. What is your ethnicity? *(check one)*

\_\_ African American \_\_ Native American \_\_ Caucasian

\_\_ Asian American \_\_ Hispanic or Latino \_\_ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. *For each parasomnia*, use the scale below to rate how much you knew about it before today’s lecture? For example, if you previously heard about sleep talking but didn’t know anything about it before today’s lecture, then you would record a 2 in the blank next to this parasomnia.

1 = Never heard of it

2 = Heard of it

3 = Knew a little about it

4 = Knew a lot about it

\_\_\_\_ Sleep talking \_\_\_\_ Confusional arousals

\_\_\_\_ Sleep walking \_\_\_\_ Hypnagogic hallucinations

\_\_\_\_ Sleep eating \_\_\_\_ Nightmare disorder

\_\_\_\_ Sleep sex \_\_\_\_ Sleep terror disorder

\_\_\_\_ Sleep enuresis \_\_\_\_ Rhythmic movement disorder

\_\_\_\_ Sleep starts \_\_\_\_ Periodic limb movement disorder

\_\_\_\_ Sleep paralysis \_\_\_\_ Restless leg syndrome

\_\_\_\_ Teeth grinding \_\_\_\_ Rapid eye movement behavior disorder

6. On average, how many hours of sleep do you get each night during the school semester? \_\_\_\_\_\_\_

7. How many hours of sleep do you need to feel adequately rested? \_\_\_\_\_\_\_

8. What is your cigarette-smoking status? *(check one)*

\_\_ Never smoked \_\_ Ex-smoker \_\_ Current smoker

9. On average, how many caffeinated beverages do you drink each day during the semester? *(check one)*

\_\_ No beverages at all \_\_ 1 or 2 beverages \_\_ Several beverages

10. What do you think is the true purpose of this study?