IRB Synopsis of Proposal

Evaluation and Learning Biases with Instructors who Smoke or Drink

1. The sources of participants will be undergraduate psychology courses. We expect approximately 100 male and 100 female participants, who are between the ages of 18 and 30 years and who represent a variety of diverse ethnic backgrounds. There are no criteria for exclusion from participation.
2. To recruit participants from the undergraduate psychology courses, at an appropriate time during class, Dr. Crystal Oberle will read the information on the consent form. She will then pass around a sign-up sheet, on which the students may volunteer for a particular time slot. When the participants arrive for this study, they will be given a consent form to sign, and a separate consent form that they may keep for their records.
3. Participation will include the following steps. First, participants will watch and listen to a 30-minute lecture on the topic of sleep disorders. Second, participants will complete a survey with 10 questions asking them to rate various aspects of the lecture; 20 multiple choice questions assessing the information that they retained from the lecture; and 10 questions asking for their demographic information (such as their age, sex, and ethnicity) and their prior knowledge about sleep disorders. Participation in this study will take approximately one hour of the participant’s time.

As to the research manipulations, participants may sign up for only one of six lectures. Three of the lectures will be given by a woman, and the other three will be given by a man. For the female lecturer, her clothes will smell like cigarette smoke for the first lecture, her clothes will smell like alcohol for the second lecture, and her clothes will neither smell like smoke nor smell like alcohol for the third lecture. Likewise, for the male lecturer, his clothes will smell like smoke for the first lecture, his clothes will smell like alcohol for the second lecture, and his clothes will neither smell like smoke nor smell like alcohol for the third lecture. To make the clothes smell like smoke, before the lecture, the lecturer will find a secluded spot on campus where smoking is allowed, and he/she will light a cigarette and waft the smoke onto his/her clothes. To make the lecturer smell like alcohol, before the lecture and prior to arriving on campus, the lecturer will use a standard squirt bottle to lightly spray a mist of beer onto his/her clothes. Then, in all conditions, the lecturer will stand by the door to the room in which the lecture will be held, and will hand out consent forms to participants as they arrive to and enter the room. This method will maximize the likelihood that participants perceive the given smells, or lack thereof, and start making their impressions about the lecturer before the lecture begins.

1. This study has no foreseeable risks other than perhaps a very mild and temporary feeling of anxiety associated with participation in any study. As an instructor, I frequently encounter students whose clothes and skin smell of stale cigarette smoke, and on occasion, I unfortunately encounter students who smell like alcohol. Thus, these smells are normal and likely experienced on perhaps a daily basis by all participants. Further, exposure to the smells will be brief, with participants being close to the lecturer only upon entering the room. Plus, at no time will participants be exposed to actual cigarette smoke, nor will they be given any alcohol.
2. To ensure confidentiality and anonymity, each participant’s name will appear only on the consent form, which will be stored in a locked filing cabinet in Dr. Crystal Oberle’s office. The data from the surveys will be kept in a different locked filing cabinet – separate from consent forms – in Dr. Oberle’s office. After five years, all materials will be destroyed with a paper shredder. Although the results of this study may be published, the participants’ names will not be used, and the participants will not be identified in any way.
3. Participation in this study will give participants experience with important research in educational and social psychology, which will benefit instructors and their students, as well as shed more light on our prejudicial biases (whether explicit or implicit) and their impact on learning.
4. With approval of the student’s instructor, participants may receive extra credit points for participating. The exact amount of extra credit will be left to the instructor’s discretion. If the instructor does offer extra credit but the student does not wish to participate, then he or she may earn the same number of points by writing a summary of an assigned article related to the effectiveness of guest lectures. Reading and summarizing this article will take approximately one hour to complete, comparable to participation in the study.
5. The anticipated benefits to the participants and society far outweigh any possible risks of participation.
6. No outside sites or agencies will be used.
7. This study is a faculty research project of Dr. Crystal Oberle.
8. This study is not part of a thesis, dissertation, or other student project.
9. This study has not been reviewed by another IRB.
10. In addition to Dr. Crystal Oberle, the following undergraduate research assistants will have access to the data during the course of the study: Stephanie Engeling (se1081@txstate.edu), Adam Hassan (ah1432@txstate.edu), Chris Lee (cl1200@txstate.edu), and Senecae Ontiberos (so1031@txstate.edu). After completion of the study, only Dr. Crystal Oberle will have access to the data.