

# Monash University Healthy Sleep Clinic Clinical Research Internship

## MONASH UNIVERSITY HEALTHY SLEEP CLINIC

Monash University Healthy Sleep Clinic (<https://www.monash.edu/turner-institute/turner-clinics/healthy-sleep-clinic>) provides evidence-based treatments for sleep disorders to the broader community, while also serving as a platform to foster research excellence, professional training, and education. The team includes multi-disciplinary specialists, such as sleep and respiratory physicians, clinical psychologists, registrars, and sleep and circadian physiologists. We share a passion for helping people with sleep disorders regain healthy sleep.

## MONASH UNIVERSITY HEALTHY SLEEP CLINIC RESEARCH INTERNSHIP

- This is a joint Honorary position with Monash University and Monash Health, with a focus on training in clinical research.
- This is a unique and exciting opportunity for rich clinical research experience. The successful candidate will work as an integral part of a multidisciplinary team. Specific experiences offered during this internship include, and are not limited to:
  - Facilitate the delivery of clinical care by assisting with sleep and circadian rhythm assessments;
  - Administer research instruments;
  - Respond to patient inquiries regarding research at the Clinic;
  - Clinical research data management;
  - Attend fortnightly multi-disciplinary team meetings where clinical care of patients is discussed;
  - Attend monthly research meetings where research activities at the Clinic are discussed;
  - Assist with recruitment of research projects based at the Clinic;
  - Scope for developing own research interest.

## REQUIREMENTS

- 0.2 FTE for 12 months preferably on Fridays. Start Nov/Dec 2021, ends Dec 2022.
- We are seeking an enthusiastic intern, who is responsible, reliable, and has excellent communication and interpersonal skills.
- The following aspects of knowledge and experiences are desirable but not required:
  - Background in sleep and circadian rhythm research;
  - Actigraphy setup and analysis;
  - REDCap.

## APPLICATION:

- Please include: (1) a 1-page Cover Letter, (2) CV with 2 references, (3) academic transcript.
- Short-listed candidates will be invited to an interview, and references will be sought.
- Please send the application and inquiries to: Dr Bei Bei ([bei.bei@monash.edu](mailto:bei.bei@monash.edu)).
- Application closes: **5pm Thursday October 21<sup>st</sup>, 2021.**