Point-based predictive index of two-year incident self-neglect

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| **Assessments/Questions** | **Responses** | **Points** |
| 1. Altogether, how many years have you lived in this neighborhood? (years) | ***Write down a number:*** | ≥18 years: 3 point |
| ( ) years |
| 1. How many years have you been living in the U.S.? | ***Write down a number:*** | <10 years: 2 points |
| ( ) years |
| 1. Not including yourself, how many people are there in your household? | ***Write down a number:*** | Living with 1 person only: 1 point |
| ( ) people |
| 1. In general, would you say the quality of your life is: | ***Choose one from:*** |  |
| * Very good | 0 |
| * Good | 0 |
| * Fair | 0 |
| * Poor | 2 points |
| 1. Have you ever been told by a doctor, nurse or therapist that you had diabetes, sugar in the urine, or high blood sugar? | ***Choose one from:*** |  |
| * Yes | 1 point |
| * No | 0 |
| 1. Have you ever checked your breast on your own for abnormalities? | ***Choose one from:*** |  |
| * Yes | 0 |
| * No | 2 points |
| *Colonoscopy is an exam in which a long tube is inserted in the rectum to view the entire colon for signs of cancer, causes of rectal bleeding or other health problems.* | | |
| 1. Have you ever had a colonoscopy? | ***Choose one from:*** |  |
| * Yes | 0 |
| * No | 2 points |
| 1. How many times per year do you use over-the-counter herbal products? | ***Choose one from:*** |  |
| * None | 0 |
| * At least once in the previous year | 1 point |
| * At least once a month | 1 point |
| * At least once a week | 1 point |
| * At least once a day | 1 point |
| 1. How many times have you been hospitalized in the past 2 years? | ***Write down a number:*** | More than once: 1 point |
| ( ) times |
| 1. In the last month, have you been able to control irritations in your life? | ***Choose one from:*** |  |
| * Never | 0 |
| * Almost never | 0 |
| * Sometimes | 3 points |
| * Fairly often | 3 points |
| * Very often | 3 points |
| 1. How well do you think the following statement describes you? “I can look forward to more good times than bad times.” | ***Choose one from:*** |  |
| * Strongly agree | 0 |
| * Moderately agree | 0 |
| * Slightly agree | 0 |
| * Slightly disagree | 2 points |
| * Moderately disagree | 2 points |
| * Strongly disagree | 2 points |
| 1. How well do you think the following statement describes you? “I often feel tense and jittery.” | ***Choose one from:*** |  |
| * Strongly agree | 1 point |
| * Agree | 1 point |
| * Neither disagree nor agree | 0 |
| * Disagree | 0 |
| * Strongly disagree | 0 |
| 1. How well do you think the following statement describes you?   “I strive for excellence in everything I do.” | ***Choose one from:*** |  |
| * Strongly agree | 0 |
| * Agree | 0 |
| * Neither disagree nor agree | 1 point |
| * Disagree | 1 point |
| * Strongly disagree | 1 point |
| 1. How often do you watch television? | ***Choose one from:*** |  |
| * Every day or almost every day | 0 |
| * Several times a week | 1 point |
| * Several times a month | 1 point |
| * Several times a year | 1 point |
| * Once a year or less | 1 point |
| 1. How many of your (biological) children are alive? | ***Write down a number:*** | ≤ 2: 2 points |
| ( ) children |
| 1. Not including a spouse, have any of your close relatives died in the past five years? | ***Choose one from:*** |  |
| * Yes | 2 points |
| * No | 0 |
| 1. How often can you rely on them for help if you have a problem? | ***Choose one from:*** |  |
| * Hardly ever | 2 points |
| * Some of the time | 0 |
| * Often | 0 |
| *I would like to ask you some questions regarding your relationships with the trusted ones around you (e.g., family).* | | |
| 1. Since 60 years old, have you ever been told bring too much trouble? | ***Choose one from:*** |  |
| * Yes | 4 points |
| * No | 0 |
| 1. Since 60 years old, have there been unexplained disappearances of your money or possessions? (Yes/No) | ***Choose one from:*** |  |
| * Yes | 5 points |
| * No | 0 |
| **Total points (Risk score):** | | |
| ***Risk score interpretation: probability of self-neglect*** | | |
| Score 0-9: <10%  Score 10-13: 10-30%  Score 14-17: 31-60%  Score 18-22: 61-90%  Score 23-37: >90% | | |