

25 minutes

yields 2-3 cups

a classic, creamy veggie dip

INGREDIENTS DIRECTIONS SERVING

## Ingredients

Olive Oil, 2 tbsp

Garlic, 1 clover

Fresh Spinach, 12 oz, chopped

Quarted Artichoke Hearts, 14 oz can, drained and chopped

Cream Cheese, 8 oz, cut into 1-inch pieces

Fresh Mozzarella, 4 oz, torn or shredded

Sour Cream, 4 oz

Parmesan, 1/4 cup, finely grated

Red-Pepper Flakes, to taste

Salt and Pepper, to taste