Blue Teaming Yo ICS @beLarge NZ ICS Technical Forum July 2020

vi!i WARNING i!i

- This is general advice and your network will be **different** and I don't know how it works so think before making any changes
- The information presented today has not been obtained from any single one of my previous employers* and my views do not represent them
- Please don't sue me
- Please don't

/whois

@beLarge

- Specialist who has worked across IT and OT in Network Engineering and Cyber
 Security roles over the last 10 years
- Bach Eng (Telecomms) and Master Business (Applied Finance) I like spreadsheets!
- GRID, SCF, CCNP/CCDP(Lapsed), Cyber Security Foundation+Practitioner (ALC)
- Currently an Operational Technology Cyber Security Specialist
- Worked as a telecommunications engineer for 7 years
- My aim today is to share things that I have found useful and to help the practitioners connect with the bigger picture
- I would've found this discussion useful a few years ago!

Today's agenda

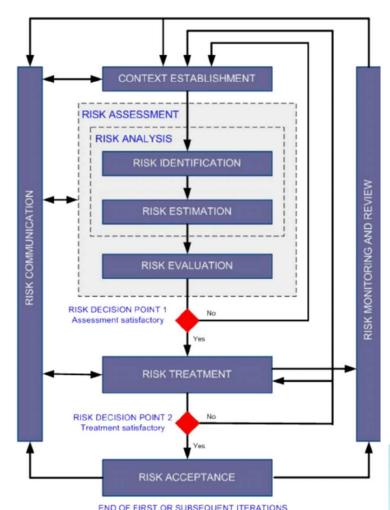
1.Risk Management 2. Threat Modelling 3. Security Architecture (SABSA) 4.Segmentation 5.Frameworks a) NIST CSF b) AESCSF 6.Useful textbooks 7. Online Resources 8. Useful tips

Risk Management

- Cyber Security is a by-product of good risk management
- So WTF is Risk Management?
- ISO 31000 defines risk as the "effect of uncertainty on objectives"
- What?
- Risk management is a way to consider and communicate the "what-if" (uncertainty)
 and identify bad (and good) (effect) stuff that could happen to the business
 (objectives)
- It's important because it enables technology practitioners to:
 - Communicate complexity to people who do not understand the detail
 - Prioritise control selection, manage systems and prioritise remediation if required
- Doing it earlier in the System Development Life Cycle makes life better for everyone
- It also helps you build a consistent and defensible approach to Cyber Security

Risk Management – ISO 27005

- Assets things of value to the business physical or intangible
- Vulnerabilities weaknesses in a system that can be exploited by a threat actor
- Threats the combination of a threat actor and it acting on a vulnerability
- Risk The combination of a Threat using a vulnerability on an asset (maybe with a frequency ...)
- Frequency a method of determining the likelihood of the risk being realised (this one is very <u>tricky</u>)
- Risk Treatment Accept, Modify/Mitigate, Transfer, Avoid (Ignore – not really one but happens)
- 27005 Annex D List of Vulns (useful!)



https://www.researchgate.net/figure/Information-security-risk-management-process-from-ISO-IEC-27005 fig8 265704308

Risk Management – DoE RMP

	TIER 1	TIER 2	TIER 3	
RISK	Section 3.1 Produce a set of organizational policies, governance structure, and guidance that form the basis for the Risk Management Strategy	Section 4.1 Establish risk assessment methodology and define the cybersecurity components of the enterprise architecture	Section 5.1 Develop the cybersecurity plan that identifies the components, systems, hardware, and software of the IT and ICS	
RISK ASSESSMENT	Section 3.2 Determine risk to an organization's operations	Section 4.2 Develop prioritized list of mission and business processes	Section 5.2 Conduct risk assessment and develop cybersecurity risk assessment report	
RESPONSE	Section 3.3 Decide on the appropriate courses of action to accept, avoid, mitigate, share, or transfer risk.	Section 4.3 Using the prioritized list of processes, establish cybersecurity program and architecture	Section 5.3 Develop and implement risk mitigation plan	
RISK MONITORING	Section 3.4 Determine the ongoing effectiveness of risk response measures	Section 4.4 Measure the effectiveness of and level of conformance with the cybersecurity architecture	Section 5.4 Monitor changes and measure effectiveness of cybersecurity controls	

Ref - https://www.energy.gov/ceser/activities/cybersecurity-critical-energy-infrastructure/energy-sector-cybersecurity-1



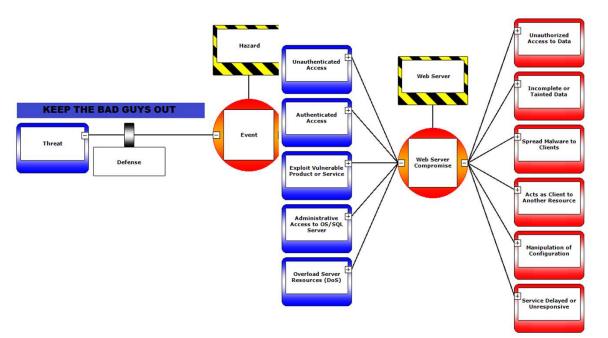
Figure 3: Risk Management Process

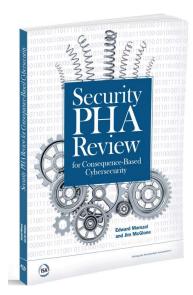




NEW Slide

- Recently I have discovered the world of Process Hazard Analysis (PHA), Security PHA Review (SPR) and other things like BowTie diagrams
- Definitely recommend checking out the S4x19 Presentation Tying bowties: Using Bow Tie Analysis to Secure ICS
- Also I really enjoyed reading Cyber PHA Review for Consequence based Cybersecurity





Ref - https://www.isa.org/store/security-pha-review-for-consequence-based-cybersecurity/65832391

Ref - $\frac{https:}{pisquare.osisoft.com/groups/security/blog/2016/08/02/bow-tie-for-cyber-security-0x01-how-to-tie-a-cyber-bow-tie-for-cyber-bow-tie$



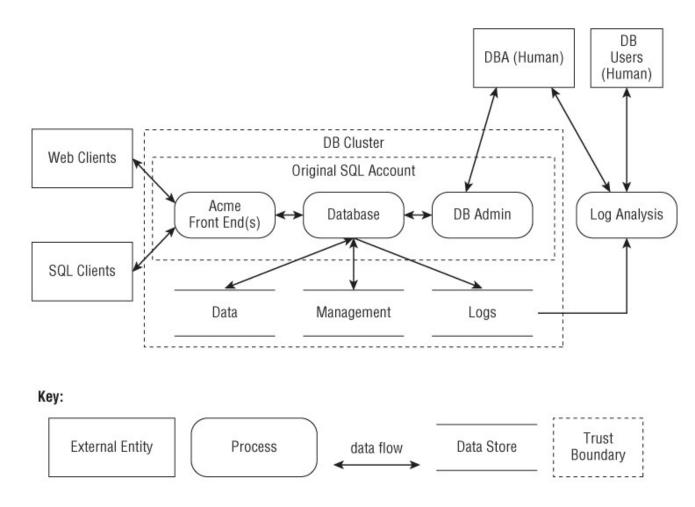
Risk Management

- I wish I knew this so I could communicate better to management why the things were doing were wrong (Think Risk Register and Dashboards)
- Rather than trying to boil the ocean could prioritise remediation where it mattered most

Threat Modelling

- Risk Management is great but can be abstract
- Threat modelling makes it real!
 - Shostacks Threat Modelling Designing for Security, 2014 Discusses Microsoft STRIDE Methodology
 - Data Flow Diagrams
 - Then Enumerate STRIDE across the DFD
- I think this is awesome because
 - ullet It is a simple tool to get everyone on the same page "Oh, you forgot this sneaky backdoor 4G ..."
 - A structured process that drives for coverage

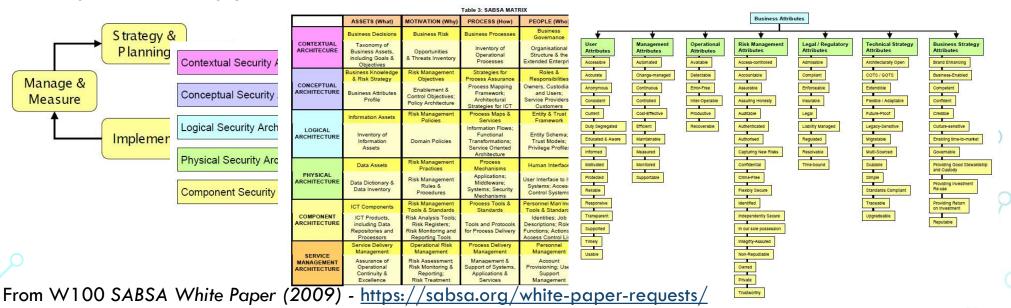
Threat Modelling – Data Flow Diagram



Sourced – Shostack Threat Modelling Designing for Security, 2014 Chapter 2 Fig 2.4



- The Sherwood Applied Business Security Architecture (SABSA) is an Enterprise Security Architecture Framework
- It is the application of system engineering concepts to build a consistent and risk based application of security architecture to enable business objectives
- A great starting point is the SABSA White Paper



Network Segmentation

- Network Segmentation is very important in OT/ICS environments because a lot of the endpoints do not have adequate security capability
 - Limited Authentication
 - Limited platform hardening
 - Legacy network protocols
- Network segmentation can also allow for Proof of Concept (POC) & functional outsourcing – "I don't trust this stuff, you get your own bubble"
- Good network segmentation at its worst can delay breaches (frustrate Red Teamers) and at its best stop* breaches

Network Segmentation + Purdue Model

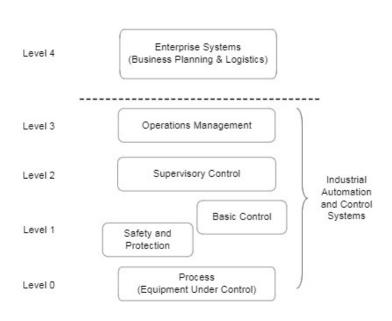
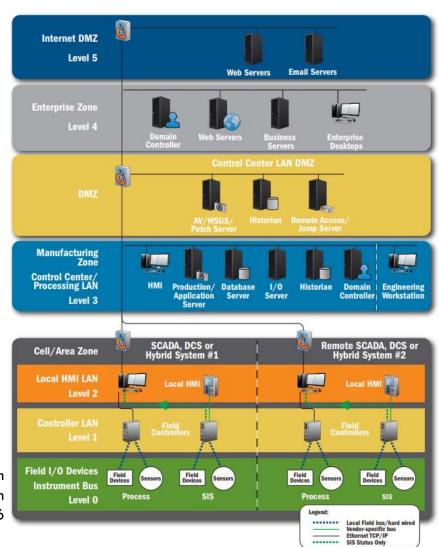


Figure 12 - Reference Model for ISA99 Standards

From ISA 62443-1-1

Ref - Improving Industrial Control System
Cybersecurity with Defense-in-Depth
Strategies - ICS CERT 2016



Frameworks

- Frameworks help you to identify your unknown unknowns it gives you
 coverage & comfort
- Don't mess with the defaults unless you know what you are doing (eventually you should!)
- There are many, many frameworks but today I want to talk about:
- NIST Cyber Security Framework (CSF) (and its informative references)
- The Australian Energy Sector Cyber Security Framework (AESCSF) (derived from US Dept of Energy – Electricity Subsector – Cyber Security Capability Maturity Model (US DoE ES-C2M2)

⊳Frameworks – NIST CSF

- Framework development started by NIST after executive order by US Pres.
 Obama in 2013 to assist Critical Infrastructure Cybersecurity
- Framework structure
 - 5 Functions > 23 Categories > 104 Sub Category
 - Implementation Tiers
 (Partial, Risk Informed, Repeatable, Adaptive)

Framework Profiles



Function Unique Identifier	Function	Category Unique Identifier	Category
ID	Identify	ID.AM	Asset Management
		ID.BE	Business Environment
		ID.GV	Governance
		ID.RA	Risk Assessment
		ID.RM	Risk Management Strategy
		ID.SC	Supply Chain Risk Management
PR	Protect	PR.AC	Identity Management and Access Control
		PR.AT	Awareness and Training
		PR.DS	Data Security
		PR.IP	Information Protection Processes and Procedures
		PR.MA	Maintenance
	-	PR.PT	Protective Technology
DE	Detect	DE.AE	Anomalies and Events
		DE.CM	Security Continuous Monitoring
		DE.DP	Detection Processes
RS	Respond	RS.RP	Response Planning
		RS.CO	Communications
		RS.AN	Analysis
		RS.MI	Mitigation
		RS.IM	Improvements
RC	Recover	RC.RP	Recovery Planning
		RC.IM	Improvements
		RC.CO	Communications

Ref - https://www.nist.gov/cyberframework/framework-resources-0

>Frameworks - NIST CSF

- Informative References
 - CIS CSC (Formally SANS Top 20)
 - COBIT
 - IEC/ISA 62443
 - ISO 27001
 - NIST SP 800-53
- Framework Resources
 - https://www.nist.gov/cyberframework/framework-resources-0

Frameworks – IEC/ISA 62443

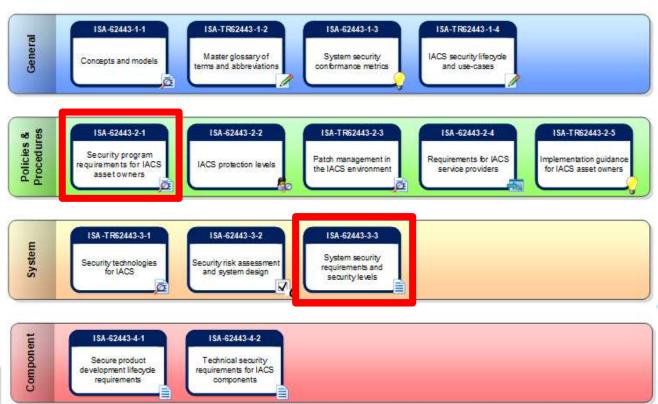
- Previously referred to as NIST/ISA.99, but managed through the ISA 99 Working Group
- Cyber Security specifically for ICS, it is a framework of individual standards

NIST CSF only refers to:

- 62443-2-1
- 62443-3-3

Ref – ISA 99 - https://www.isa.org/isa99/





• Finkel's *Blueprint For the Future* – *Rec* 2.10 "An annual report into the cyber security preparedness of the National Electricity Market should be developed by the Energy Security Board"

The result is the AESCSF

Framework structure

• 11 Domains, 28 Objectives, 282 Practices

 A Practice corresponds with a Maturity Indicator Level (MIL)

 The Assessment results are presented as Donuts



Framework contains 11 Domains

Each Domain contains multiple Objectives

Objectives are numbered and unique to each Domain

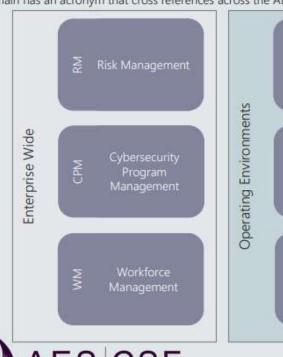
Descriptions of each are above

Objective

>Frameworks — AESCSF - Domains

AESCSF Domains

The AESCSF is divided into 11 domains - 10 C2M2 domains, and the Australia Privacy Management domain. The domains are logical groupings of cyber security Practices. Each domain has an acronym that cross references across the AESCSF Toolkit and Guidance Artefacts.



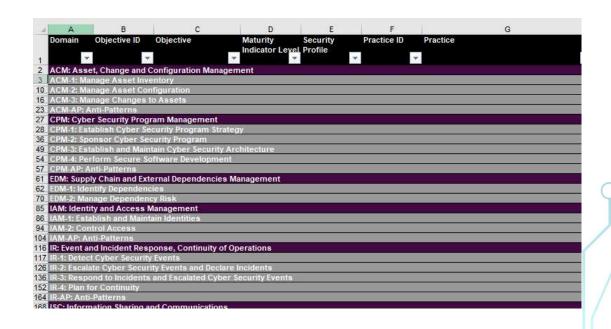






>Frameworks — AESCSF — Resources

- <u>aemo.com.au > Iniatives > Major Programs > Cyber Security > AESCSF</u>
 Framework and Resources
- You can get access to Framework Core, Quick Reference Guide, CAT guidance, Support Videos, FAQ
- Framework Core contains
 - The Practices
 - Anti Patterns (awesome!)
 - Context & Guidance
 - Australian References
 - Informative References

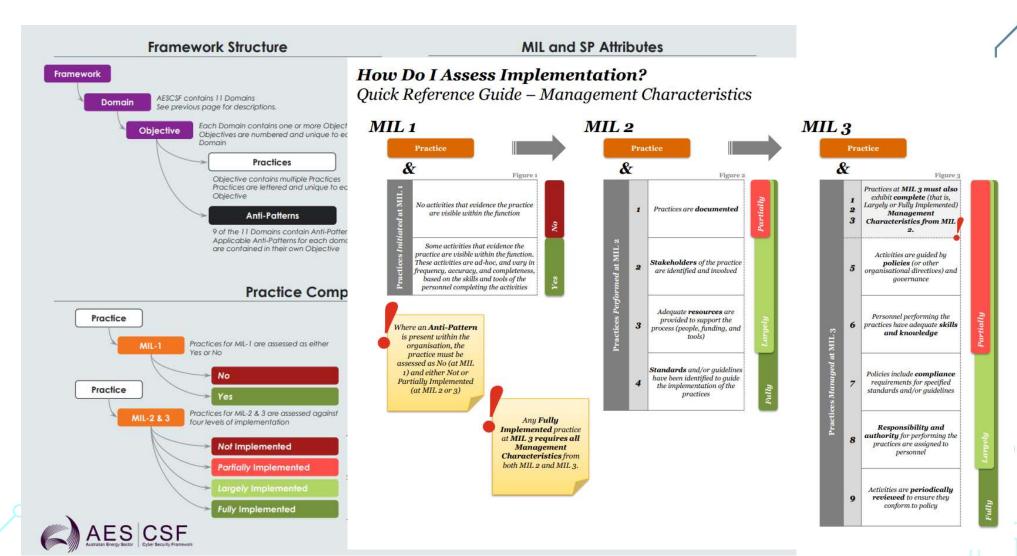


Frameworks – AESCSF – Anti Patterns (examples)

- The organisation has not identified which assets support the delivery of critical functions.
- Asset inventories have not been updated in the past 24 months.
- OT networks can route traffic directly to the Internet
- Remote access or third-party access circumvents your network Security controls. E.g. OT assets with direct 3G/4G connections to enable remote support over the Internet.
- You are unable to isolate critical systems from non-critical systems in the event of a Cyber Security threat or incident
- You cannot individually identify all identities (whether by user identifier or secondary means)
 with access to technology networks or systems.
- People are given administrator access to systems by default. A common example is end users being local administrators on their corporate laptop/workstation.
- Cyber Security risk management activities are not aligned with the corporate risk management strategy/framework.
- Risks remain unresolved for prolonged periods of time awaiting senior management decisionmaking or resource allocation to resolve.
- Logs are not time-synchronised.
- Logging is only used to support operational performance monitoring and not Security monitoring.

Frameworks — AESCSF — How to answer Resources

Ref - AESCSF





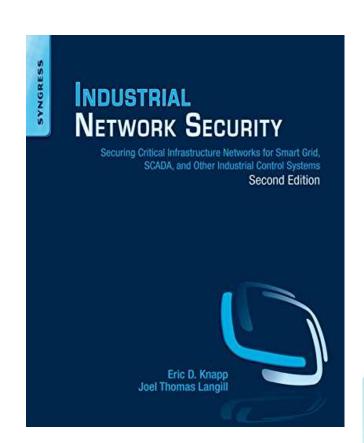
Useful Textbook Resources

- Knapp
 - (and Langill) Industrial Network Security
 - (and Samani) Applied Cyber Security and the Smart Grid
- Shostack Threat Modelling Designing for Security, 2014
- CISM All In One

Knapp & Langill Industrial Network Security

Excellent introduction textbook regarding ICS and cyber security

- Discusses:
 - About Industrial Networks
 - Industrial Cyber Security History and Trends
 - Introduction to Industrial Control Systems and Operations
 - Industrial Network Design and Architecture
 - Industrial Network Protocols
 - Hacking Industrial Control Systems
 - Risk and Vulnerability Analysis
 - Establishing Zones and Conduits
 - Implementing Security and Access Controls
 - Exception, Anomaly and Threat Detection
 - Security Monitoring of Industrial Control Systems
 - Standards and Regulations

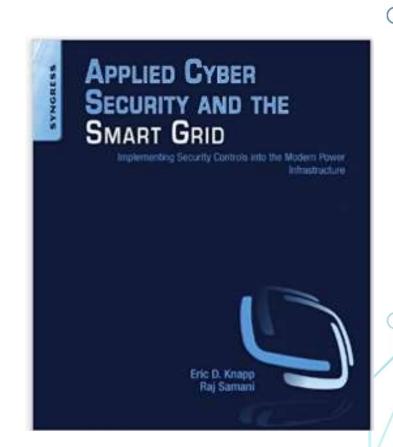


Knapp & Samani Applied Cyber Security and the Smart Grid

I found this book was an excellent supplementary resource for Industrial network

Security regarding the electricity sector

- What is the smart grid
- Smart Grid Network Architecture
- Hacking the Smart Grid
- Privacy concerns with the Smart Grid
- Security models for SCADA, ICS and the Smart Grid
- Securing the Smart Grid
- Security the supply chain

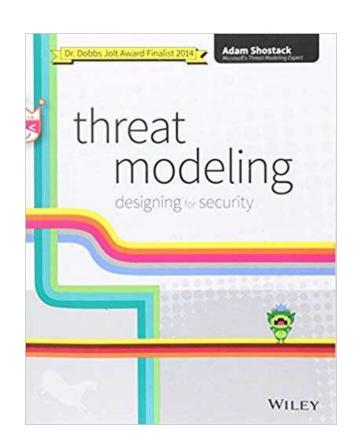


Shostack – Threat Modelling

This book really spoke to me about how to model systems – I am (still :/) only 3

chapters in

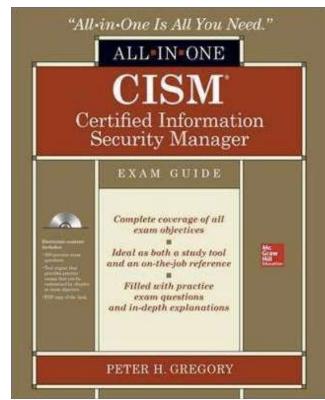
- Strategies for Threat Modelling
- Finding Threats
- Managing and Addressing Threats
- Threat Modelling in Technologies and Tricky Areas



CISM All In One

This book really helped fill in the gaps for my Security Management and Governance knowledge

- Becoming a CISM
- Information Security Governance
- Information Risk Management
- Information Security Program Development and Management
- Information Security Incident Management



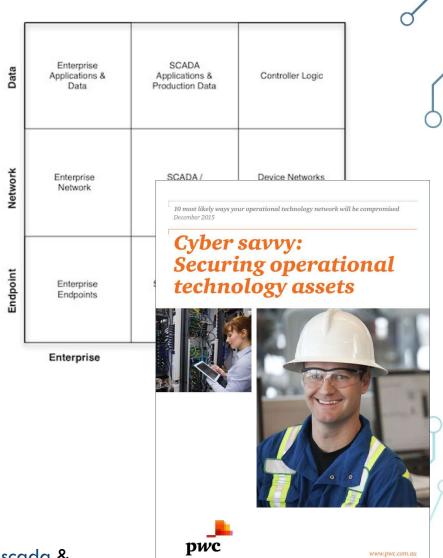


Useful online resources

(In the Appendix of this presentation)

- ICS-CERT
- Dragos
- ACSC
- US Department of Energy and NCCIC
- NIST

- Knapp's 3x3 Model
- PwC's Cyber Savvy
- Security Principles Saltzer and Schroder



Ref - https://www.securityweek.com/new-cyber-security-model-scada & https://www.pwc.com.au/publications/cyber-savvy-securing-operational-technology-assets.html



- There is a lot of material in this deck so I will make it available on my GitHub at https://github.com/belarge/NZ-ICS-Technical-Forum (After the presentation)
- Follow me on Twitter @beLarge
- •Questions?



Appendix (for time)



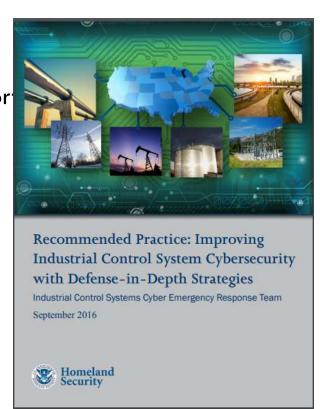
ICS-CERT

- Recommended Practices (https://ics-cert.us-cert.gov/Recommended-Practices)
 - Improving ICS Cyber Security with Defense-In-Depth Strategies
 - Cyber Forensics Plan for Control Systems
 - Developing an ICS Incident Response Plan
 - Patch Management for Control Systems
- Standards And References (https://ics-cert.us-cert.gov/Standards-and-References)
- Virtual Learning Portal (VLP) (https://ics-cert-training.inl.gov/lms/)
 - (still ...) On my To Do List!
 - Hours of Free Training I have heard it's good!
- Vulnerability Updates (https://ics-cert.us-cert.gov/alerts)
 - Email service of vulnerabilities I have a gmail rule to filter now

Improving Industrial Control Systems Cybersecurity with Defense-in-Depth Strategies

An excellent summary resources to given to non cyber security professionals who work with ICS — think Control System Engineers, Project Managers, Management, Support Maintenance/Technicians etc

- Risk Management
- Asset Inventory
- Physical Security
- ICS Network Architectures
- Security architectures
- Host Security
- Security Monitoring
- Vendor Management and Security





In November 2019 I had the pleasure of completing SANS ICS 515 in Sydney with Rob M Lee and Peter Jackson!



<u>Dragos.com > Resources</u>

So many resources!

- Year in Review
- White papers
- Webinars



DISC

All awesome material!

Also definitely check out <u>Sliding Scale of Cyber Security (SANS, 2015)</u> – Rob M Lee



- Strategies to Mitigate Cyber Security Incidents (Top 37, formally Top 35)
- Essential 8 Maturity Model
- Protecting Control Systems
- Remote Access Protocol
- Information Security Manual (ISM)

ACSC - Protecting Control Systems

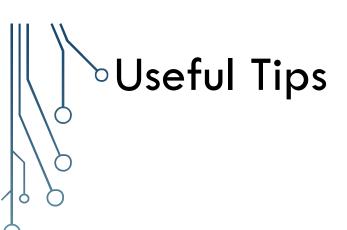
- 1. Tightly control or prevent external access to the control system network; segregate it from other networks such as the corporate network and the Internet.
- 2. Implement two-factor authentication for privileged accounts and access originating from corporate or external networks.
- 3. Disable unused external ports on control system devices.
- 4. Visibly mark authorised devices inside the control system environment with organisation-unique anti-tamper stickers.
- 5. Make regular backups of system configurations and keep them isolated. Test the restoration procedure and validate the backup integrity periodically.
- 6. Regularly review firewall settings are in an expected state.
- 7. Prevent devices inside the control system network from making connections to the corporate network or the Internet.
- **8. Enable logging on control system devices** and store logs in a centralised location. Institute regular monitoring and incident response practices to ensure that anomalies are identified, investigated and managed in a timely fashion.
- **9. Define a process for introducing external software** and patches into the control system. Where necessary (on exceptionally critical components), review code and whitelist approved binaries.
- 10. Use vendor-supported applications and operating systems, and patch associated security vulnerabilities in a timely manner.



- The ES-C2M2 (https://www.energy.gov/ceser/activities/cybersecurity-critical-energy-infrastructure/energy-sector-cybersecurity-0-1)
 - Make sure you look at the Core Framework, Facilitators Guide and the C2M2 Toolkit
- The Risk Management Process (RMP)
 (https://www.energy.gov/ceser/activities/cybersecurity-critical-energy-infrastructure/energy-sector-cybersecurity-1)

NIST

- 800-37 r1 Guide for Conducting Risk Assessments
- 800-61 r2 Computer Security Incident Handling Guide
- 800-82 r2 Guide to Industrial Control Systems (ICS) Security
- 800-100 r1 Information Security Handbook: A Guide for Managers
- 800-53 r4 Security and Privacy Controls for Federal Information Systems and Organizations



- Knapp 3x3 Model
- PwC's Cyber Savvy
- Security Principles Saltzer and Schroder

Useful Tips – Knapp's 3x3 Model

It is not as simple as OT/IT DMZ, or my favourite the 'air gap'!

This is a nice high level model for conversations

Use this to think about where controls are placed and potential blind spots but remember to consider compensating controls

all odbud	Endpoints	Process HMI	Device HMI, IED
ĭ	Enterprise	SCADA Servers,	Process Controllers,
Network	Enterprise Network	SCADA / Operations Network	Device Networks
Data	Enterprise Applications & Data	SCADA Applications & Production Data	Controller Logic

Ref - https://www.securityweek.com/new-cyber-security-model-scada

Useful Tips − PwC's Cyber Savvy

 This is a nice management ready document to share regarding the security of IT/OT Systems

• It also has a Top 10 list of things to consider



Publicly accessible OT systems



OT systems located within corporate IT networks



Insecure remote connectivity to OT networks



Weak protection of the corporate IT network from OT systems



Missing security updates



Lack of segmentation within OT networks



Poor password practices



Unrestricted outbound internet access from OT networks



Insecure firewall configuration and management



Insecure encryption and authentication for wireless OT networks.



https://www.pwc.com.au/publications/cyber-savvy-securing-operational-technology-assets.html

Useful Tips — Saltzer and Schroder

These are an excellent list of design principles.

- Economy of mechanism: Keep the design as simple and small as possible.
- Fail-safe defaults: Base access decisions on permission rather than exclusion.
- Complete mediation: Every access to every object must be checked for authority.
- Open design: The design should not be secret.
- **Separation of privilege:** Where feasible, a protection mechanism that requires two keys to unlock it is more robust and flexible than one that allows access to the presenter of only a single key.
- Least privilege: Every program and every user of the system should operate using the least set of privileges necessary to complete the job.
- Least common mechanism: Minimize the amount of mechanism common to more than one user and depended on by all
 users.
- Psychological acceptability: It is essential that the human interface be designed for ease of use, so that users routinely and automatically apply the protection mechanisms correctly.
- Work factor: Compare the cost of circumventing the mechanism with the resources of a potential attacker.
- Compromise recording: It is sometimes suggested that mechanisms that reliably record that a compromise of information has occurred can be used in place of more elaborate mechanisms that completely prevent loss.

Ref - https://en.wikipedia.org/wiki/Saltzer and Schroeder%27s design principles