



A series of trampoline classes for Vallejo school children of all ages will begin Monday, with former collegiate champion Leigh Allen the instructor. A group of pupils is shown en-

joying a trampoline workout recently at a Vallejo playground. Signups for the lessons now are being taken at the GVRD office.—Recreation District Photo.



LEIGH ALLEN
... to teach trampoline class

Little Leaguers Continue Signups

Signups for Vallejo's five Little Leagues will continue today from 10 a.m. until 5 p.m. at the Greater Vallejo Recreation District office, 395 Amador St. Boys eight to 12 years of age are eligible.

The Little League registration fee is \$5 for the first boy in a family and \$4 for any brothers. Boys should be accompanied by parents and present birth certificates.

GVRD PROGRAM

Trampoline Class To Start Monday

Trampoline classes for children of all ages will be conducted in various Vallejo schools beginning Monday, it was announced yesterday by officials of the Greater Vallejo Recreation District.

Leigh Allen, a former Vallejo school swimmer who has become a professional trampoline instructor, will teach the course. Allen organized the first trampoline classes in Vallejo in 1956 and was California intercollegiate trampoline champion in 1959 while attending Cal Poly in San Luis Obispo. He's conducted classes in several other cities.

A series of eight weekly lessons will be offered, with a reg-

istration fee of \$3. Signups will be taken beginning Saturday at the GVRD office. Class enrollment will be limited in order to assure individual attention and participation. Registration must be paid in advance.

The schedule of classes is as follows, with at least two class periods for each site:

Mondays—Cave School auditorium, 4-7 p.m.

Tuesdays — Steffan Manor School auditorium, 3:30-6:30.

Wednesdays—Federal Terrace School cafeteria, 4:5-30, 7-8:30.

Thursdays — Highlands School auditorium, 4:5-30; Vallejo High Bottari Gym, 7-8:30.

Fridays—McKinley School auditorium, 4-5:30, 7-8:30.

Saturdays—Vallejo High Bottari Gym, 9 a.m.-noon.

Additional classes will be scheduled on Saturdays, if necessary.

Attire for the classes should be clothing that doesn't fit too tightly or too loose and clean socks. "Trampoline is an excellent activity to develop balance and coordination," Allen points out. "The training also has much carry-over into all other sports."

Leigh Allen 1965

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