

#### **FUTURE CORPORATE CLIENTS**

# Q: What is Corporate Massage?

A: *Corporate Massage*: Short/effective sessions that focus primarily on specific problem areas. We use massage table vs using the chair because it obscures the imbalances that occur from heavy workloads, long commutes and everything in between.

# Q: What are the benefits of Corporate Massage?

A: When employees feel energized and comfortable at the office, they are more productive in their work. Our Team of dedicated staff bring massage, yoga, and educational workshops to your office. We educate employees on their body's challenge areas and give them techniques to correct them. We believe employees, and employers are happier, healthier and more productive when corporate and wellness unite!

## Q: Table or Chair Massage?

A: Table! Read why HERE!

#### O: How does the Massage program work?

A: Excellent Question! Each company has a unique contract with set hours with time increments. For example, you can have 15, 20, or 30-minute increments depending on how many employees your company has. We send out an email inviting employees to register for corporate massage sessions by visiting our <u>Website!</u>

### Q: Why choose Be Mobile Wellness?

A: Besides having excellent state licensed and certified Massage therapists, our team provides customized sessions for each employee depending on their problem areas. Employees are encouraged to inform the therapist if they need a specific area worked on.

#### Q: How does our company schedule the employees for massage sessions?

A: Actually, Be Mobile Wellness takes care of scheduling and any details included at no additional cost. Our online system allows us to alert the employee to eliminate no-shows.

#### **MASSAGE PROGRAM QUESTIONS**

# Q: How do I know when to sign up for Massages?

A: Depending on your companies contract, you will receive an email notification to let you know when the schedule is open.

# Q: Why can I not see past a week in the future on the schedule?

A: The massage schedule opens each week on Friday at 9:30 AM for the following week on Monday and Tuesday. There will be an email on Monday morning to alert you that the rest of the week is open. Not receiving these emails? Visit our website to sign-up for our email list

#### Q: How do I sign up for Corporate Massage?

A: Visit www.mindbody.com and register for an account. Please use your company email and physical address. You will also need to sign-up for the weekly emails on our website. Click on Subscribe to receive our weekly email alerts for when the Massage schedule opens.

#### Q: Can we request a certain Therapist?

A: You will be able to choose a therapist of your choice.

# Q: What if the door is closed and it is my turn for a session?

A: This can happen on occasion due to the employee prior to you may need a little extra maintenance. Please wait outside the door and we will be with you shortly.

Not finding the answer to your question? Email Rachel@BeMobileWellness.com. Please allow 24 hours to hear back from us. Thank you!

Interested in enhancing the health of your company? Call us (650) 516-7441 to get started today!

