

BEN STEPHENS

Melbourne, Victoria, 3152

Phone: 0452188552 | Email: ben_j_stephens@hotmail.com

LinkedIn: www.linkedin.com/in/ben-j-stephens | GitHub: <https://github.com/ben-j-st> |

Portfolio: <https://ben-j-st.github.io/>

SUMMARY

Full stack web developer with a Certificate from Monash University Online Coding Bootcamp, in Full Stack Web Technologies including JavaScript, React.js, MongoDB, Express.js and Node.js, Background in Personal And Group Training. Routinely dealing with large classes, participants of multiple backgrounds and various fitness levels allowing for a demonstrated ability to communicate and lead. Looking forward to a new and challenging career where I can leverage the communication skills I've developed to interact with clients and team members

TECHNICAL SKILLS

Front End: React.js, JavaScript(ES6), HTML5, CSS and Handlebars.js
Backend: Express.js, Node.js, MySQL, MongoDB, Sequelize and Mongoose
Tooling: Git, GitHub and Heroku

PROJECTS

Stream Finder | **GitHub:** <https://github.com/ben-j-st/Stream-Finder> | **Deployed Project:** <https://immense-wildwood-14301.herokuapp.com/>

- **Summary:** Search streaming service API data to see if Netflix etc hosts specific movie
- **Role:** Sole Developer
- **Tools:** MERN, Heroku, MongoDB Atlas, Material UI And Many API's

Book Finder | **GitHub:** <https://github.com/ben-j-st/Book-Finder> | **Deployed Project:** <https://young-badlands-09256.herokuapp.com/>

- **Summary:** Utilise Google Book api to search for and keep track of book data
- **Role:** Interact with API to create search and save functionality through MongoDB Atlas
- **Tools:** MERN, Heroku, MongoDB Atlas, React Bootstrap and Google Books API

Chat App | **GitHub:** <https://github.com/ben-j-st/Chat-App> | **Deployed Project:** <https://chirpgram.herokuapp.com/>

- **Summary:** Socket.io chat application designed so that it does not store a users messages
- **Role:** Team Member - Programed user profile utilising multer for file uploads and work on the database
- **Tools:** jQuery, html, express-handlebars, multer, SQL, passport, sequelize, socket.io

Workout Manager | **GitHub:** <https://github.com/ben-j-st/Workout-Manager> | **Deployed Project:** <https://ben-j-st.github.io/Workout-Manager/index.html>

- **Summary:** Generate basic repeating workout, from user selection of workout type
- **Role:** Team Member - Worked on utilising API's and integration to others Javascript
- **Tools:** Foundation CSS Framework, jQuery, Html, JavaScript, Wger & Quotes API

EXPERIENCE

Head Trainer - F45 Mount Waverley

2017 – Current

- Deliver high energy consistent classes from early morning through to late night to between 10-20 members depending on the time
- Manage the ever changing workday roster factoring in weekends and late nights for a bunch of socially active trainers

Key Accomplishments:

- Helped to continue business success between owner and trainer transition, by utilising motivational and communication skills to encourage members and trainers to stay onboard.
- Helped multiple members to lose between 4-10kg across various challenges by helping clients stay accountable through careful lifestyle planning and constant management

Head Trainer - MC Fitness

2015 – 2017

- Experience inducting new trainers into the existing business, helping to develop and improve their basic skill set into well-rounded seasoned personal trainers.
- Manage, plan and execute 3 new workouts fortnightly and run between 70 - 80 (30 minute) classes a week.

Key Accomplishments:

- Helped to build the Business from 100 members to over 300 by delivering quality sessions where I paid attention to members through remembering things they had said or done in previous classes, and always encouraging them to push themselves and try a little harder each time.

EDUCATION

Full Stack Coding Bootcamp Certificate: Monash, Melbourne, Victoria

A 24-week intensive program focused on gaining technical programming skills in HTML5, CSS3, Javascript, JQuery, Bootstrap, Firebase, Node Js, MySQL, MongoDB, Express, Handelbars.js & ReactJS.

Cert III and IV in fitness: AIF, Wheelers Hill, Victoria