



Lightning Rods **SYNERGY™**



- are a great source of Natural Protein - 6 grams per stick.
- contains the Guarana Fruit - a natural caffeine source that is delivered through the beef into the body for the benefit of long lasting energy.
- contain 90 mg of Natural Ginseng - widely accepted as great for assisting the body in restoring itself to health and for its valuable beneficial effects on sports performance.
- Synergy™ Beef Sticks which combine: Protein/Guarana/Ginseng is the most natural and effective way for the body to gain **Energy and Mental Clarity for a Sustained 5+ Hours!**
- Contains 100% USDA Beef, zero (0) trans fat and is low in carbs and sugar.
- Have a balanced and complete source of Complex B – Vitamins including B - 12 - - - naturally. Other energy products boast about B – Vitamins - - But, they are ¹lab created compounds that are very complicated, lack stability within the body, and are usually unreliable for energy (energy shots) because of the poor absorption rate by the human body.
- contain All of the Amino Acids (20) and the (10) essential amino acids in ideal amounts for energy production in the body. While other energy products boast about containing certain amino acids, ²studies show no benefit to the body of consuming just a few amino acids.

¹ RDI Foods, Verified

² RDI Foods, Researched