

Caffeinated Foods

<u>Name</u>	<u>Type</u>	<u>Caffeine (mg)</u>	<u>Serving</u>
Baking Chocolate (unsweetened)	Squares	23.2	per square (29g)
Bawls Mints	Mints	5	per mint
Bioplus Booster	Sachet	90	per sachet
Black Black Gum	Gum	5	per piece
Blitz Energy Gum	Gum	55	per piece
Buzz Bites Chocolate Chews	Chocolate	100	per chew
Clif Shot Bloks	Candy	16.7	per piece
Dannon Coffee Yogurt	Yogurt	36	per tub (6oz)
Dexatrim	Pills	200	per pill
Diablo Energy Strips	Strips	25	per strip
Eboost	Tablets	80	per tablet
Engobi	Bag	140	per ounces
EQ Tablets	Tablets	80	per tablet
Foosh Energy Mints	Mints	100	per mint
GU energy Gel	Gel	20	per packet
Häagen-Dazs Coffee Ice Cream	Ice Cream	48	per cup (8oz)
Headshot	Bars	22	per bar
Hershey's Chocolate Bar	Chocolate	9	per chocolate bar
Hershey's Kisses	Chocolate	1	per kiss

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Hershey's Special Dark	Chocolate	18	per chocolate bar (1.45oz)
Hershey's with Almonds	Chocolate	8	per chocolate bar
Jelly Belly Extreme Sports Beans	Jelly Beans	50	per 1 oz bag
Jet Alert	Tablets	100	per tablet
Jolt Gum	Gum	12.7	per piece
Kickbutt Amped Energy Ballz	Balls	40	per ball
Kit Kat	Candy	6	per bar
M-60 Energy Mints	Mints	7	per mint
Mad-Croc Energy Chews	Chews	8	per piece
Mad-Croc Energy Gum	Gum	40	per piece
No-Doz	Pills	100	per pill
No-Doz, Maximum Strength	Pills	200	per pill
NRage Energy Strips	Strips	20	per strip
NRG Potato Chips	Chips	175	per 1.75 oz bag
Oral Fixation Night Light Mints	Mints	1.9	per mint
Penguin Chocolate Mints	Mints	7	per mint
Penguin Mints	Mints	7	per mint
Penguin Reds	Mints	7	per mint
Peppgum	Gum	77	per piece
Reese's Peanut Butter Cups	Candy	4	per butter cup

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Rocket Chocolate	Chocolate	42	per piece
Shock a Lots Chocolate Coffee Beans	Coffee Beans	20	per bean
Stay Alert (U.S. Army)	Gum	100	per piece
Sumseeds	Seeds	120	per bag (3.5oz)
Think Gum	Gum	10	per piece
Turbo Truffle	Chocolate	150	per truffle
Umph	Tablet	99	per tablet
Vivarin	Pills	200	per pill
VoJo Citrus Mints	Mints	2.2	per mint
VoJo Energy Mints	Mints	2.2	per mint
Warp Energy Green Tea Lemon-Lime Mints	Mints	10	per mint
Warp Energy Mints	Mints	10	per mint
XTZ Energy Mints	Mints	15	per mint
Zingos Mints	Mints	15	per mint