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A memo from the desk of Dr. Rody

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**Dr. Rody Hawkins, Ph.D.**

Re: Why eat a meat snack?

In contrast to what some in the popular media would like you to believe, you are not a vegetarian. You are not a rabbit, a cow or a sheep; you are a human being at the top of the animal kingdom. Because of our position in the kingdom, humans are omnivores; which means they eat everything! Unlike vegetarian animals, which have special digestive systems to extract and create the nutrients they need from plants, you need the special nutrients found only in meat and animal products. Your teeth are designed for eating meat and the nutrients in meat are there in just the right proportion to provide you with all the energy you need. These nutrients from meat allow you to operate at your maximum effectiveness.

*Rody*