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(57) **ABSTRACT**

A method of delivering a substance, such as one or more of
 a triptan, a nasal steroid or carbon dioxide gas, to the nasal
 cavity of a subject, in particular for the treatment of head-
 aches, for example, migraine, or rhinosinusitis, for example,
 chronic rhinosinusitis, optionally with polyps, the method
 comprising the steps of fitting a nosepiece to one nostril of
 the subject, delivering the substance through the nosepiece
 to the posterior region of the nasal cavity of the subject.

22 Claims, 42 Drawing Sheets

