



**GREY COLLEGE**

# **ALTERNATIVE HANDBOOK**



**2020**

# WELCOME!

## PRESIDENT SAM DORAN

Welcome Grey Students! I'm Sam, and I'm your Junior Common Room (JCR) President for 2020/21. Congratulations on earning your place at Durham University, and a receiving a place at Grey (undoubtedly the best college in my very unbiased opinion). I have had the most unbelievable 3 years whilst completing my undergraduate degree, so much so that I leaped at the opportunity to have another year here.



Starting university is always a daunting experience, however this year particularly so, due to a certain global pandemic. However, I have been working very hard to ensure that your university and college experience will still be amazing, even if it is a bit different from previous years. This booklet is your Alternative Handbook- a handy bit of guidance on what Durham offers and what to pack. You'll also be introduced to your Freshers' Representatives (Freps). This army of helpers will be on hand to ensure you are able to make the most of your Induction (Freshers') Week. You'll be hearing a lot more from Durham, your academic department and Grey over the coming weeks. Whilst it may seem confusing at times, don't worry!

Please feel free to join the "Official Grey Freshers 2020/21" Group on Facebook! Much useful information both before and during the week will be posted here. It's also a great place to ask questions and get to know the Freps and other freshers! (<https://www.facebook.com/groups/GreyFreshers20/>) or you can email me at [grey.president@durham.ac.uk](mailto:grey.president@durham.ac.uk). I look forward to meeting you all!

# **WELCOME!**

## **SENIOR FREP CHARLIE MOORE**



**Hey guys, I'm Charlie and I'm your Senior Frep, meaning I'll be running your Freshers' Week. Undoubtedly, you will feel trepidation over starting university during these uncertain times but allow me to reassure you that you will be part of an elite group this year.**

**We have assembled the best current members of Grey College to aid your induction into our hallowed ranks. Grey is not simply a college but a family and once you arrive you will be part of it, now and forever. Obviously, this year's Freshers' Week will be a little different what with us having to respect social distancing but we have been working hard to create a new kind of Freshers' Week that will be a whole new experience, still hitting all the right notes to enable you to settle into Grey and have a great time. Whatever you want to get out of the week, we can cater for you as long as you have an open mind. Grey offers as much as you wish to take from it but you don't have to be all about Grey to still always have a home here. Ultimately, don't ask yourself what Grey can do for you but what you can do for Grey, the best college in Durham.**

# GREY COLLEGE JCR: WHAT IS IT?

Grey JCR, or Junior Common Room, is more than just the room within the college. It is a charitable student run organisation that operates within Grey College to supply a student community. Grey JCR is run by students for all the students of Grey. All of the sports and societies, events and facilities fall under the JCR. The membership fee you pay at the start of your time in Grey goes directly towards improving facilities run by the JCR, as well as the day-to-day budgets of all the sports, societies, and events.



The major decision-making regarding how the JCR spends its money, who gets elected to what positions, and any votes/referendums occur during JCR meetings. These are usually around 60 to 90 minutes every few weeks on Sundays. They're quite chilled, where you can turn up with a laptop, have a drink, and buy some snacks. They're open to all JCR members, and you don't have to have any prior experience: getting involved couldn't be easier!



[www.facebook.com/greycollegejcr/](https://www.facebook.com/greycollegejcr/)



Grey College TV



greysabbchat



grey\_sabbs



[www.greyjcr.com/](http://www.greyjcr.com/)

# SPORTS & SOCIETIES

**Most sports and societies within Grey will be at the Sports & Socs Fair during Freshers' Week. You can pick and choose whatever you want to try, as much or as little as you'd like. All you need to do is turn up! Here's what a small selection of them have to say:**



## FOOTBALL

**There are 6 men's teams spanning the divisions, and a women's team, competitive in its own league. There's a great atmosphere around the club with lots of social participation.**

## MIXED LACROSSE

**Whether you have played lacrosse before or not, it's a great sport for all. Join one of our teams and help us to keep the title of the best Mixed Lacrosse Club in Durham!**

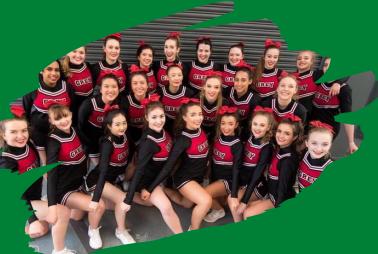


## ROWING

**A great sport for fitness, fun, and socials. All levels are on offer at Grey from complete beginners to competing at national level. We host 3 socials a term including our ball and end of year tour!**

## CHEERLEADING

**Whether winning the intercollege competition or supporting college teams, hopefully you can help build on our successes, whether as a flyer or a base.**



## RUGBY

**One of Grey's oldest clubs, we push hard while maintaining a great club ethos, accepting everyone. There is also a women's rugby team, which see great successes in their own league.**



## SQUASH

**Definitely proven to have the most fun, Grey College Squash has two men's teams and a women's team competing in their own leagues. Join for the great sport, stay for the great company.**



## POOL

**With loads of teams spanning all divisions, pool is a laid back society, giving the perfect excuse to lounge around college bars in the evening with the company of some good banter.**





## DARTS

Spend a chilled evening throwing a few spears with your teammates, what's not to like?

## HOCKEY

We have a men's and a women's team who have both been successful in recent years, with both coming in the top 3 of the league the last 2 years. But we also hold a relaxed training session once a week and have great socials.



## NETBALL

One of Grey's largest and most sociable clubs, there will definitely be a team for you, whether competitive or something more chilled! We also have various socials throughout the year which have proven to be popular.

## RUNNING

One of Grey's newest sports club is open to anyone, regardless of running experience or ability. We have a relaxed midweek run and then go to Durham Parkrun every Saturday.



## CRICKET

Grey's most successful team in recent history, winning the Outdoor Championships for the last three years and the Indoor Championships once in the meantime. But fear not, if you want to get back into the sport or just enjoy playing for fun, there's plenty of opportunity to do so.

## VOLLEYBALL

We are a small but growing club. We're inclusive and have lots of fun while also being consistently among the top teams in the college league.



## CHOIR

We are the largest non-auditioned choir in Durham, singing choral to modern music in venues ranging from Durham Cathedral to Edinburgh and Liverpool. We also have many social events including a tour at the end of the year.

## GREY IN THE COMMUNITY

Grey's volunteering organisation which works throughout the year organising events within and outside of college. These range from tea parties with the elderly to visiting the local care home to a Sports and Arts Day with children from the area.



# AND SO MANY MORE...

|                  |                 |
|------------------|-----------------|
| BASKETBALL       | DISNEY          |
| TENNIS           | DJ              |
| ROUNDERS         | DANCE           |
| ULTIMATE FRISBEE | CHRISTIAN UNION |
| SKIING           | LANGUAGES       |
| TABLE TENNIS     | LAW             |
| BADMINTON        | MEDIA           |
| CROQUET          | EVENTS          |
| SWIMMING         | TEGESTOLOGY     |
| YOGA             | BAD FILMS       |
| ROUNDERS         | DEBATING        |
| CLIMBING         | CHARITIES       |
| DODGEBALL        | ENVIRONMENT     |
| ARTS             | AND ETHICS      |
| MUSIC            | ORCHESTRA       |
| PHOENIX THEATRE  | BIG BAND        |

If you decide this variety isn't enough, then why not establish your own sport or society? This can easily be done during a JCR meeting. Just ask anyone mentioned on the Exec page or any one of the Freps, and they'll point you in the right direction.



Grey offers sports from the super casual level to the quite competitive. However, if you want to regularly play your trade against other universities, then you can sign up to Team Durham before arriving at the university.

# ROOMS IN COLLEGE

There are loads of nooks and crannies around Grey for you to discover.  
Here are some of the main rooms.



The JCR is the centrepiece of Grey, with the largest TV screen in Durham, complete with Sky HD, showing all the sporting events and any TV shows you want. It hosts a pool table and has a wonderful mural. You also collect your post from here.

Is that your stomach rumbling? Damn, that's loud! Why not buy a toastie, or two? It's cheap, affordable, and we also sell chocolates, crisps and drinks. We are open every evening, with service from the friendliest Grey students. Grab a toastie, chill in the JCR and enjoy all it has to offer.



If you don't like what's on the projector, there's also the soon to be refurbished TV Room. It has a large TV with a Wii U. Expect passions to run high over a game of Mario Kart!

Grey Gym has three rooms for cardio and weights. Looked after by our Gym Manager, it's often busy with people making "gains". Last year, membership cost around £55 for the year, with the option to pay for each individual term.



The Conference Room offers a great opportunity to listen to guest speakers covering current and important issues from their field of expertise. If you're lucky enough you'll have seminars or lectures here during the day. In the summer it becomes a study space and is another great place to study in college.



**Not the most rock-and-roll of rooms in Grey, but one of the most important, is the Library. There's a lot of seats available and a few computers and printers available to print off documents. A small but excellent collection of books are available when a librarian is on duty.**

**One of our favourite places to meet and chat is in the Dining Hall. Lunches and dinners led to some of our best conversations and memories.**

**Breakfast, lunch, and dinner are all served for a few hours everyday. We have brunch on the weekends, and beware, it is cordial - loads of people make that mistake (you'll see what we mean).**



**Our very own watering hole, and multiple-winner of 'Best College Bar' in Durham, it's THE GREYHOUND! It's open every day from 20:00 to 23:00 and 'til midnight on Fridays and Saturdays. Beware though, it's packed full when a Formal is on. Drinks are sold at very agreeable prices, especially compared to those in the South (we're talking affordable pints). It's a great place to see your friends, and you'll find many people down there. You can also be employed behind the bar, and the vast majority of people you see working will be students.**



**Fountains Hall is our multi-use building, which has been recently renovated. Inside you can find the art room, media suite, music practice rooms, a chapel with a grand piano, and a large space for both sport and performance. Rooms can be booked out at no cost.**



# JCR FINANCES

## JCR MEMBERSHIP

The JCR is an independent charity from the university which is run by students for the benefit of Grey College students. We have a membership fee which you can pay to join the JCR (over 90% of students do) and costs £55 per year. Whilst JCR membership is optional, we strongly encourage all students to join to make the most of their time at Durham.

For a 3-year undergraduate degree (BA/BSc...) it would cost £165 and most students opt to pay at the start of their degree programme. (If you are doing a 4-year integrated master's degree, you can pay a reduced fee for your last year at the start of your 4th year or £205 when you start your degree).

## THE JCR ORGANISES MOST OF STUDENT LIFE IN COLLEGE AND ALLOWS MEMBERS TO:

- Become a member of the JCR's sports, societies & committees and participate in training/rehearsals/meetings
- Compete for the JCR's sports teams in college sport
- Priority booking and payment of preferential members' rates to events organised by the JCR (including Induction week, Balls, Bops & Formal Dinners)
- Be employed by the JCR as a member of the Toastie Bar or Technical Crew
- Preferential rate on membership of the college gym
- Access JCR equipment (musical instruments, sports, tech);
- Vote at JCR meetings, and stand for elected office;
- Access the JCR-run welfare signposting service
- + More!

## INDUCTION WEEK

Our JCR organised freshers' week has many events organised throughout the week. Past weeks have included inflatables and college parties; however, given the different circumstances this year we are still aiming on creating the best experience. Last year, 91% of freshers' joined the JCR induction week.

The cost of joining the JCR induction week for JCR members is £36.

The JCR Membership and Induction Week are recommended to be purchased in advance of arriving at Grey, details of how to sign-up will be in the College Handbook or Vice Master's Letter.

At Grey, we aim to have everyone participate, but if you have difficulty with paying either of the fees we have a hardship policy that may be able to assist, to find out more email: [grey.president@durham.ac.uk](mailto:grey.president@durham.ac.uk)



## GYM MEMBERSHIP

Grey gym is located in Oswald block. The gym recently got a big upgrade in 2019 with loads of new equipment. There's no need to sign up before you get to Grey. Last year's prices were:

1 year membership: £55 for JCR Members /£75 for non-Members

## EVENTS

The JCR has a wide variety of events well-spaced throughout the year. Each event has a variable cost to attend, with the details given out in advance for you to budget well for the term. Just to note for now, our summer ball (Phoenix Ball) after exams usually costs around £80 for JCR members.

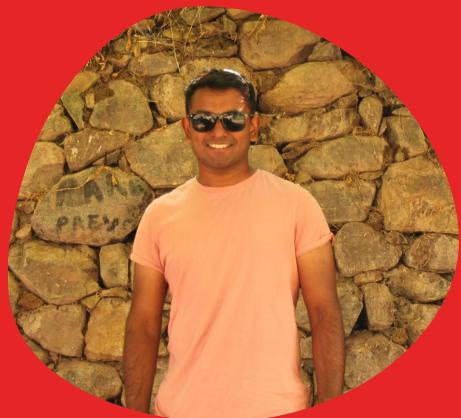
## FINANCE AND COMMERCIAL SERVICES OFFICER (FACSO) - WILL MORRICE, SABBATICAL

Hi, I'm Will and last year I graduated in Chemistry & Physics Natural Sciences. As FACSO I am similar to the JCR treasurer for a year, managing the budgeting, bookkeeping and banking. I also oversee the gym & Toastie Bar. You'll most likely find me in the JCR office alongside Sam. If you'd like to contact me, just email [grey.treasurer@durham.ac.uk](mailto:grey.treasurer@durham.ac.uk)



# JCR POSITIONS

A great advantage of college life is the wealth of opportunities to get stuck into, and make meaningful change to student life. Besides the President (you can find our President at the front of the Handbook), here's a list of a handful of Exec roles that you can adopt for yourself and those currently in them).



## VICE PRESIDENT – KARAN PATEL, 4TH YEAR, ENGINEERING

As Vice President, I get to tell off Exec members when they aren't doing their job and organise formals at Grey. I will also be helping to organise Freshers' Week with Charlie. Find me floating around college, even though I don't live there, I just love Grey that much.

## SPORTS & SOCIETIES OFFICER – GILES BARRON, 3RD YEAR, HISTORY

I deal with all the sports captains and society presidents and make sure they are represented on Exec. If you have any questions or suggestions about any sport or society, or making your own, please let me know, either in person or by emailing [grey.sportssocieties@durham.ac.uk](mailto:grey.sportssocieties@durham.ac.uk)



## COMMUNICATIONS OFFICER - ELLEN KNIGHT, 3RD YEAR, THEOLOGY AND RELIGION



My job is to pretty much design anything that people might require for college publicity, including this handbook, as well as logos and designs for college events such as Grey Day or Phoenix Ball. It's a very busy job as there always seems to be something else to do but it's so much fun getting to be involved in all these different aspects of college.

## JCR CHAIR – JAMES MARSHALL, 2ND YEAR, MUSIC

Surprisingly enough this role does not just consist of sitting on a Chair, I know I was confused too. In this role I run all meetings, this consists of running the Executive meetings, Finance Committee meetings, the ordinary JCR Meetings which occur normally three times per term and occasionally the Representatives meetings. I'm expected to know the Constitution like the back of my hand and be the main person to go to when someone has a question concerning this. Not only this but in this role I run everything election based, so if you decide to run for a role and I hope you do, you'll be talking to me... I know, lucky you! Not only this but I also get to tell the Exec off when they get too chatty... it's a lot of work but has its bonuses.



## EVENTS MANAGER – ELLIE REID, 2ND YEAR, GEOGRAPHY

As events manager, I am ultimately responsible for the organising of all Grey's amazing events. Luckily I have help from Events Committee, and we work to make Grey's events the best. Grey's Events (including the Winter Ball, Phoenix Ball and Grey Day) are all overseen by the events manager, and I have a key role in making sure that these run smoothly and are some of the best memories you'll have from your time at Durham!

I'm looking forward to seeing you on Events Committee and at the Fresher's week event, get excited!

## SECRETARY – AUSTIN SECK, 3RD YEAR, LAW

I write down stuff at every meeting (it's good practice to keep my mouth shut and just listen) and I also handle JCR email related matters and stash. Hit me up if there are any issues with these aforementioned areas at [grey.secretary@durham.ac.uk](mailto:grey.secretary@durham.ac.uk).



## **SENIOR STUDENTS' UNION OFFICER – KATHRYN ELLISON, 2ND YEAR, THEOLOGY AND RELIGION**

I'm your Students' Union Officer and chair of Reps Committee. It's my job to represent the views of Grey College students within the Student Union Assembly and promote both Student Union campaigns and events. I am expected to hold the Student Union to account on behalf of students at Grey and to encourage participation in Student Union elections.



## **REPRESENTATIVES OFFICER – THEO BURMAN, 2ND YEAR, COMBINED HONOURS IN SOCIAL SCIENCES**



I chair meetings of the Representatives Committee, and make sure the JCR is kept up to date with our community's issues and priorities. We have thirteen representatives, covering all aspects of the Grey family, including international students, finalists and our LGBT community. Every so often we'll meet up and talk about any points that students have raised, which I then report to the powers that be (the Exec) – Additionally, I'm responsible for helping the reps with their publicity and highlighting any decisions made concerning representation, ensuring the whole college is on the same page.

## **TECHNICAL MANAGER – COULD BE YOU**

The technical manager oversees the technical side of all of the JCR events, coordinating with external technical hire companies, as well as, running some of Grey's own in-house tech. It's a great role to gain skills in how technical production works with the high-end professional equipment we own/hire. Also, you can apply to be a member of the JCR's own technical crew which work on events with an opportunity to be paid!



## **WEBSITE EDITOR – AMY HUDSPITH, 4TH YEAR, COMPUTER SCIENCE**

As Website Editor I maintain and develop the JCR website, keeping it up to date with everything that is happening in Grey and adding new features to make it even better! The website is on GitHub, so if you want to contribute head over there and make a pull request.

## **BAR MANAGER – ANDY MCDONALD, 3RD YEAR, HISTORY**

**The Greyhound is Grey's very own bar and is the sociable centre of the college. My role as Bar Manager is to ensure the bar is always open, fully stocked and staffed, and to organise BarFest which is a big Epiphany Term 'Oktoberfest' style event that you will not want to miss out on. Beyond being a place where you go to drink, you too have the chance to work on the bar as it is completely managed and staffed by students - and you get paid!.**



## **MCR PRESIDENT – VICTOR SO, POST-GRADUATE, BIOLOGY PHD**



**The MCR stands for the Middle Common Room, and is made up of postgraduates, 4th year and mature students. Essentially, I'm like Sam Dornan, the JCR president, but for older people. We have our own common room and events, but you'll occasionally see us at various JCR events as well! Our events include academic conferences, MCR days out and Inter-MCR formals! We also hold events for providing support to any undergraduate student thinking about doing a postgraduate degree.**

**The above are Exec positions, but there's a huge variety of other roles that you can get into. If you're curious, just email [grey.chair@durham.ac.uk](mailto:grey.chair@durham.ac.uk) to get any answers (James loves the attention).**

**Some of the other non-exec roles include:**

**CHARITIES OFFICER  
ENVIRONMENT AND ETHICS OFFICER  
ASSISTANT TREASURER  
STUDENT TRUSTEE  
ALL THE REPS  
GYM MANAGER  
FINANCE COMM MEMBERS  
CAREERS AND ALUMNI RELATIONS  
OFFICER**

**COMMANDER IN CHIEF  
OF GREY ARMY  
GREY MATTER EDITOR  
GREY DAY SUPREMOS  
FASHION SHOW CHAIRS  
BALL CHAIR  
ARTS CHAIR  
MUSIC CHAIR**

# FORMALS

**Formals are fancy dinners organised by the Vice President (subject to COVID restrictions) that occur every few weeks in term time. During these you'll have to wear your gown (don't worry, you'll get this during Freshers' Week) so it is the perfect chance to look your best in pictures for your family and friends back home.**

**Formals are really popular, with tickets selling out quickly (sometimes in a couple of minutes) - a testament to how fun they are! Even if you miss out, it's worth heading down to the Greyhound afterwards, as it is always packed with loads of people.**

**Last year, formal themes included:**

**DISNEY  
CHRISTMAS  
BURNS' NIGHT  
VALENTINE'S  
SPORTSPERSONS  
STRESS-LESS  
END OF YEAR**



# COURSE FAMILY

An odd concept to most outside the Durham bubble, us having "Course Parents". Nothing beats the pause when relaying an anecdote about their "mum" and quickly having to figure out which "mum" they mean.

**Course Parents are older students who do the same course as you (or share an aspect of your course if either of you do Combined Honours) who are here to help you settle in in any way you can. Easily one of the most helpful resources when you start out at Durham, your course parents should contact you not long after you arrive, and should also tell you who your siblings are. Be sure to ask whatever is on your mind, they'll be the best people to ask! They are on hand to answer any questions about the nuances of your degree, advise on module choices, and any other subject related questions you may have.**

**You'll also probably hear that your Course Parents are "married" outside of this family (we love complicated course families). This is a popular Durham tradition that you can get the chance to join too by proposing to, or being proposed to by, a friend.**



# EVENTS IN GREY



**Events in Grey are organised by students, with a wide variety throughout the year. They're primarily organised by the Events Manager, but everyone can get involved, by being a chair of an event, or just by being a member of Events Committee. Just ask around if you're interested.**



## **IN PREVIOUS YEARS, EVENTS HAVE INCLUDED:**

### **BOPS:**

**These are themed parties in Grey. Primarily in first term, they're a great chance to show off your fancy dress skills. Themes last year included: 'Neon' and 'Halloween'.**

### **INFORMAL/WINTER BALL:**

**The big event in first term, Previous themes have included 'Forever Young', 'Take a Walk on the Wild Side', and 'Out of this World'. This included a three-course meal and a huge range of entertainment afterwards – such as inflatables, arcade games, chocolate fountains, and more.**

### **BARFEST:**

**Run by the Bar Committee in second term, this is a chilled day of drinking in college with a huge variety of drinks and entertainment. The cheese and wine tasting is not to be missed...**

### **CHARITY FASHION SHOW:**

**Widely recognised as one of the most professional student fashion shows in Durham, this is a great night of strutting the catwalk all in aid of charity causes. Previous themes ranged from 'Illuminate' to 'Origins'.**

### **PHOENIX GALA:**

**A black tie showcase of the musical talent Grey has to offer.**

### **GREY DAY:**

**Just after exams, this is Grey's own mini-festival - a great chance to lay on the hill, listening to a variety of acts and enjoying some drinks. There's also a wide range of activities including inflatables, fairground stands, and face painters.**

### **PHOENIX BALL:**

**The self-proclaimed biggest event of the year. This tops off the year with the chance for everyone to pretend they're sophisticated for photos at an external venue.**

### **GEORGE PALMER RUGBY 7s:**

**A touch rugby competition in the summer, remembering a former student. Fancy dress is highly recommended!**

# FREPS

Freshers' Reps, or 'Freps', are here to help you out through Freshers' Week. You'll have two of these lovely people assigned to your corridor!



## Ellen - Theology & Religion

Catch me talking about rowing or religion to anyone who'll listen. Will ask you about your dog.



## James - Music

Your local keen bean. Normally find me doing some crazy moves on the dance floor.



## James - International Relations

Pub?



## Lottie - Marketing

That one with the curly hair. Pro at putting social life before degree. Jimmy's? Okay.



## Amy - Law

Trying to become a lawyer. Will talk for days about being vegetarian or the latest developments in pop culture.



## Theo - Social Sciences

Social sciences student and professional pitcher consumer. Usually arguing with someone.



## Tom - Geography with Education

Everyones favourite local! Extremely chatty, always hungry and a dad dancing pro.



## Emma - English Lit.

Manchester girl but you wouldn't know it. Average lax player. Above - average lax social sec.



## Izzy - Classics

Yorkshire bred with a southern accent. Only personality trait is rowing. Loves a boogie ☺.



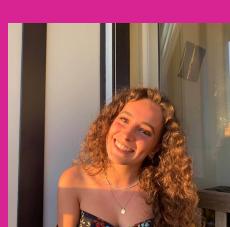
## Yinan - Maths

Masters in Mathematics before 6pm, semi pro pole dancing after.



## Dan - Modern Languages

Jersey boy starting 4th year. Still in his 'keen fresher' phase. Loves a bit of JCR chat.



## Victoria - Health & Human Sciences

Frenchie who loves croissant but sadly doesn't eat frog-legs. Always up for a BOOGIE!



## Kendal - Psychology

American girl who loves food, music, trashy reality TV, and a good night out.



## Philipp - History

A Chinese bloke who plays rugby and reads history. At least I can play piano.



## Luke - English Lit.

Literature. Football. Radio.  
Excited to live. Innocently awful  
jokes? Guilty. Your Honour.



## Amy - Computer Sciences

Geordie Computer Scientist and  
wannabe weightlifter. Never  
seen without a cup of tea.



## Helen - Modern Languages

Yorkshire girl. Can be found  
going on about being northern  
or speaking Spanish badly.



## Ant - Engineering

Sport fanatic that can't decide  
between beer and cider. Always  
down for a party or just anything  
that involves seeing people some  
kinda (post-lockdown trauma).



## James - History

Northern but don't sound it.  
Football benchwarmer,  
woeful Klute dancer, Grey  
Bar regular.



## Georgia - Philosophy

Northern lass, only drinks rum,  
and does a degree in thinking.



## Liv - Modern Languages

Lives Wild. Tall but can get  
on your level.



## Connor - Economics

Love a good chat over a pint of  
taddys. I only play college sport  
for the stash.



## Isaac - PPE

Wanna be pint sinker, really a  
tea drinker. Probably smiling.



## Sophie - Chinese

I originally live in Hong Kong but  
ironically study Chinese at  
Durham. I love a good natter, so  
don't get me talking unless you  
have a couple of hours to spare.



## Charlotte - Law

Lanky lawyer from Birmingham,  
just trying to stay relevant in  
fourth year.



## Henry - Archaeology & Ancient History

Midlands Gang represent.  
Enjoys staying in, studying hard  
and drinking responsibly.



## Ben - Anthropology

When people have a shit shirt  
night, they borrow from my  
everyday wardrobe :)



## Sophie - Maths

Oxford girl rejected by her  
hometown. If I start talking  
about cheer, distract me with  
pints.



## Ellie - Geography

My first year was productivity  
spent finding the best coffee  
and the best night out.



## Luke - Law

Rowing, rugby, relaxing.  
Sometimes with a law degree  
thrown in. You'll find me in the  
JCR.



## Igor - PPE

Loves music, cooking elaborate  
meals, doing his eat pray love:  
will not shut up about Scotland.



## Emily - Geology

"Hi I'm Emily from Peru, I love  
rocks and I play golf" literally  
that's how I introduced myself  
all the time last year. Sad I  
know.

# WELFARE

## What is Welfare?

We're here to provide support to every single student in Grey. You'll get to know the team throughout Freshers' Week (we're the ones in the blue polo shirts). If you ever feel homesick, lonely, need any sexual health supplies, or just want a chat, then please come and find one of us. We are a non-judgemental, confidential, and caring support network. And remember, we are Welfare for the whole year, not just the first week.

## How Do I Get in Touch?

We run drop-in sessions when you can come and talk to a member of the team (these are three times a week). We also have an anonymous online support system ([www.dur.ac.uk/grey.welfare](http://www.dur.ac.uk/grey.welfare)) where you can talk to Luke or Hannah.



### HANNAH - SENIOR WELFARE OFFICER 2020/2021, 3RD YEAR, LIBERAL ARTS

As Senior Welfare officers, Luke and I make sure that the Welfare team are there to listen to, and support Grey students. You will often find me handing out lollipops around college or making tea during our weekly, confidential drop-ins where anyone is welcome to come along for a chat, and no problem is too small.

### LUKE - SENIOR WELFARE OFFICER 2020/2021, 4TH YEAR, GEOGRAPHY

Grey Welfare is simply all about making sure everyone enjoys their time at Durham to the max. It's a non-judgemental, confidential, signposting, listening and support service run by students, for students – a lot of buzz words I know. But it comes down to me being there to listen and support everyone at Grey with tea and biscuits, a cracking role that fills my constantly hungry appetite! Along with Hannah, I lead the Welfare Team and represent the students' welfare to college. I am there to pick you up after a rough day or to chat to after a great day, with a lot of the latter at Durham!



# WELFARE TEAM



## EMILY

Hey, I'm Emily a **THIRD YEAR NATURAL SCIENCES** student and I'm super excited to be part of the Welfare Team this year! You'll most likely see me with a tea or coffee in hand out having a chat but I also enjoy playing hockey and netball for college. I'm really looking forward to this coming year and getting to meet you all!

## JOE

Hi everyone, I'm Joe a **THIRD YEAR ENGINEER**. I'm so excited to be a part of welfare this year and I can't wait to meet you all! When I'm not building bridges (or whatever engineers are supposed to be doing) I'm playing dodgeball for both university and Grey teams.



## OLIVIA

Hey Grey! I'm Olivia, but everyone calls me Lily. I'm a **THIRD YEAR MUSIC** student, and can't wait to be a part of the welfare team again. In my spare time, I love to perform, both with college and the university as a whole, so I'm sure I will see a lot of you around!

## SAM

Hi! I am Sam, a **SECOND YEAR GEOLOGY** student and I am very excited to be a member of the Grey Welfare Team! When I am not looking at rocks, I tend to spend my life at Grey either playing pool or having a midday nap. Apart from that, I like to draw, listen to music and binge Netflix. I am really looking forward to meeting you all very soon!



## LUCY

Hi I'm Lucy, I'm a **SECOND YEAR** studying **PSYCHOLOGY**. You can usually find me in Grey bar with my friends (always with a toastie in hand, of course), playing hockey, or in the Billy B trying to understand statistics. I'm so happy to be on the welfare team this year and look forward to meeting you all!

## FIONA

Hey, my name is Fiona I'm a **SECOND YEAR** studying **HUMAN GEOGRAPHY**. You'll find me playing netball (badly), eating all the college yoghurt or colouring in, I do take geography after all...



## MEGAN

Hello! I'm Megan, a **FOURTH YEAR LIBERAL ARTS** student studying Chinese and History. I've spent the last year abroad but I can't wait to get stuck in with college life again. Find me singing in the choir, playing netball or generally being a keen bean around Grey!

## ESZTER

Hey Grey! I'm Eszter, a **THIRD YEAR** from Hungary and I am studying **PSYCHOLOGY AND ECONOMICS** here in Durham. I am super excited to be on the Welfare team this year and I can't wait to get to know all of you! In my free time I like to take naps, chill in bed binging something on Netflix and going out with my friends. I also like to look at memes and cute puppies on Instagram. I'm so excited to meet you all in person!



# REPS

There are several elected 'reps' to act as points of contact to communicate concerns to the JCR from different perspectives. There are some FAQs on the JCR website. For more information, visit our Facebook page at [www.facebook.com/greycollgerepscomm](https://www.facebook.com/greycollgerepscomm).

## LGBT+ SEXUALITY AND IDENTITY REPS

It's their job to make sure the LGBT+ community is represented and feels at home within Grey. They work to provide support and services to LGBT+ students and students of all identities, as well as raising awareness to their issues.



## DISABILITY REP

The Disabilities Rep ensures that people with disabilities are included in the JCR, and that the JCR is accessible.

## PEOPLE OF COLOUR (PoC) REP

The PoC Rep ensures that the views of people of colour within Grey are represented. This could be through liaising with the Durham People of Colour Association (DPoCA) or putting on events throughout the year.



## STUDENTS' ABROAD REP

The Students Abroad Rep's role is to make sure that people on their year abroad are still represented and know what's going on in the JCR even when they are away from Durham. They also provide information for prospective year abroad students.

## LIVERS' OUT REP

Their job is to help with all things housing related, and will give a talk soon after you arrive to help demystify moving out of college and into rented accommodation for your second and, potentially, third and fourth years at Durham.

## TEIKYO LIAISON REP

Teikyo University has an exchange programme we run in Durham with students from Japan. The Teikyo Liaison Rep's role is to represent the interests of Teikyo University students to the JCR and ensure they're kept up to date on all events in Grey.



# INTERNATIONAL REPS

Hi we're Hia and Andrea, the International Reps for 2020/21. We're the point of contact for all the international students. Our main role is to help internationals settle in during Fresher's Week but we are also around throughout the year to make sure that everyone experiences the best Grey has to offer.

## HIA

Hi! I'm a third year Economics and Political Science student here at Grey. I was born in Mumbai, India and lived in the country till I finished high school. Moving to a different country, away from the life you've known can be extremely overwhelming so Andrea and I would love to help you settle in and enjoy all the experiences that make life at Grey so amazing. I'm heavily involved with Students' Union and it's different initiatives and was part of Grey's annual charity fashion show (GCCFS). Getting involved with the different sports and societies that Grey has to offer is a great way to meet new people and explore new hobbies! We're so excited to meet all of you soon and please feel free to reach out to us if you have any questions at all!



Facebook: Hia Advani  
Instagram: @hiaadvani  
Email: hia.advani@durham.ac.uk



Hi! I'm a 3rd year student studying International Relations. I'm from Madrid, Spain. Since coming to Durham I've been involved in a variety of societies and clubs. I'm part of Durham University Swimming Club and Grey cheerleading. I am also very involved in Grey's Events Committee. I love trying something new every year as Durham is a great place to challenge yourself.

Facebook: Andrea Valdivieso  
Instagram: @andrewa00  
Email: andrea.valdivieso-perez@durham.ac.uk

Add either Yuii or Yinan on WeChat to be added to our Grey Freshers' 2020 WeChat Group.  
Yinan: yinanzhao22      Yuii: YUII\_1014

International students will arrive a few days before Freshers' Week, so you'll have time to get to know each other and get the basics all sorted out before home students' arrival. There will be lots of important checks to go through and things such as setting up a bank account. As well as this there will be fun social activities but you'll hear about this closer to the time! Join our International Freshers' Facebook group:  
<https://www.facebook.com/groups/296176441685659/>

# GREY MCR

**The Middle Common Room. This is our community of post-grad students studying and researching for masters and doctorates. If you're doing a four year course, you'll get to be a member in your final year! We have our own Exec, with regular social activities and our own common room in Elvet.**

**Throughout the year we organise a number of events from casual film nights to bar crawls, day and evening trips, and more scholarly evenings where members have a chance to share their research interests with other members over a glass of wine.**



**Membership of the MCR comes at no additional cost to you provided you have paid your JCR membership levy. You can pick and choose whether you want to spend your time with the MCR or JCR at any point - you'll be a part of both communities! For anyone interested in getting more involved, the committee positions will be open for new members during Michaelmas (first term).**



**One of the main benefits of MCR membership is access to the common room (in addition to the other college facilities). Located in North Elvet block, the MCR has a cosier feel than the Junior Common Room.**

**We have a projector screen hooked to a variety of consoles and a library of DVDs plus a selection of board games. The MCR also has a small kitchenette which members can use to make tea and coffee.**



# GREY SCR

**The Senior Common Room. This is where all the big dogs are members – the Master, Vice-Master, fellows, and so forth. They all sit on High Table during formals.**

**One of the primary aims of the SCR is to support the student body, fostering an environment which allows students to fulfil both their social and academic potential. They do this through their mentorship programme which you will have the opportunity to sign up to during your first year. This is a great way to connect with experts in your field and beyond – as well as attend free formals!**

**Just like the JCR, this is also a (very fancy) room within college as well as a body of people.**

**[www.greyscr.co.uk](http://www.greyscr.co.uk)**



# MAP OF DURHAM

**MARKET SQUARE:** Home to Boots, Tesco, the only sports shop in Durham, a fancy dress shop that must make a killing and more ATMs than you can count. Market Hall is not to be sniffed at either for gifts or nick-nacks.

**NORTH ROAD:** This street is host to the bus station, a few clubs, and another Tesco (open late on a Sunday). Also home to bubble tea, shawarma, sushi, Chinese, milkshakes, and dessert with a new area that's just been built including more food places and an Odeon Deluxe!

**RACECOURSE:** Many football pitches, two squash courts, and a cricket field. Nice for a run or a chill by the river.

**FREEMAN'S QUAY AND THE GALA THEATRE:** You can find a swimming pool (very few flumes disappointingly) and a theatre/cinema here with cheap tickets. Spoons, Nando's and Players Sports Bar are nearby.

**CATHEDRAL:** Well deserving of being the centrepiece of Durham. Free from the scaffolding that has plagued it for years, both Harry Potter and Avengers Endgame were filmed here. You do forget it's there until the sun hits it just right, perfect for the gram. You'll matriculate and graduate here, and Music Durham hosts performances here, as does our own choir. Don't climb the tower until you graduate though; legend has it that you'll fail your degree!

**TRAIN STATION:** If you ever decide you want to get out of the "bubble", then Newcastle is just a 15 minutes, £4 journey away!



**SCIENCE SITE:** The metropolis for the insane, or those who do a science degree. Here you'll find the big library (Billy B) as well as the newly built TLC (Teaching Learning Centre. Not to be confused with Tender Loving Care). This'll be relatively abandoned for the first couple of terms, but it is home to all of Durham in the build up to exams. Literally only 5 minutes from Grey, meaning it's easy to get up at 8:55 for your 9am lecture.

# MAP OF DURHAM

**DUNELM:** A must know location for every hill college student. It's the closest place to acquire snacks and cash.



**GILESGATE:** A veritable urban legend for freshers, but home to many cheap houses. If you decide to make the trek, then you'll be rewarded with a trampolining park and the legendary big Tesco.

**MAIDEN CASTLE:** Team Durham's sports complex. Recently, renovated, it hosts many, many pitches including crumb and water-based pitches. There are also netball courts, tennis courts, squash courts, a fencing gallery, an indoor rowing tank, and indoor sports halls. Get used to the trek out there if you're the sporty type.

**ELVET RIVERSIDE:** Not to be confused with Grey's very own Elvet block, this place is a maze made from science students' nightmares. Host to humanities lectures, with the trip being down a very congested pathway. Allow 15 minutes for a lecture or seminar.

**DURHAM STUDENTS' UNION (DSU):** Brutalist masterpiece designed by the same guy who designed the Sydney Opera House, with a cracking bar and roof terrace. This will host a sports and societies fair during Freshers' Week and is another form of student representation. Anyone who says they don't like the building is wrong.

**BOTANIC GARDENS:** Free entry for students with a cute little coffee shop and loads of space to relax and study. Ideal if you want a little trip away from Grey even if it is next door. Next to it is a bluebell woodland and fields of wheat to run through.

# FOOD AND DRINK

**DISCLAIMER:** This is not the comprehensive list as there are insane amounts of cafés, restaurants, and bars in Durham.

**TANGO:** Wonderful burgers. As honest as that. Plus great veggie food.

**LA SPAGHETTATA:** Spags is truly a Durham student favourite. Excellent food, mediocre wine in large quantities... What more could you ask for? Oh yeah, free salad!

**FAT HIPPO:** More wonderful burgers and veggie and vegan options. They sometimes bring a food van onto the Science Site!

**THE LIBRARY BAR & GRILL:** So many deals and a brilliant drinks selection. Coming with fast free Wi-Fi and £1 bottomless filter coffees, they offer a brilliant place to work.

**FLAT WHITE KITCHEN:** Extremely instagrammable and cracking food with queues often going out the door. Try White Church opposite the Science Site for a great brunch in a convenient location.

**GOLDEN PEARL:** Dirt cheap, amazing food, and still the best Asian supermarket in Durham, A treasure.

**THE SWAN AND THREE CYGNETS:** Cheapest pints you'll find outside of college bars. Great place for a healthy spot of day drinking, and a cracking location next to the river to annoy the boat crews rowing past.

**FABIO'S:** Come for the cheap cocktails, stay for the refreshingly good music and aircon. Right above Spags!

**JIMMY ALLEN'S:** Jimmy's is Grey's local. Seriously, walk into this place on any night and you're guaranteed to find a fellow Grey student.

**KLUTE:** Claims to be the worst club in Europe after No.1 burnt down. Where dignity goes to die. If you love cheesy music though, this will be your home from home.

**PLAYERS:** Players is classic club pricey and has rubbish music. Perfect, See you there on Monday.

**BABYLON:** Durham's newest club, home to overcrowded dance floors and sports clubs from across Durham.

**PADDY'S:** The place to convene at the end of a night or cheesy chips beyond belief.

**PIZZA KING:** The best location to get that North East delicacy: the chicken parmo. Also just a ridiculously large number of cheaper options than Paddy's.

# COLLEGE SONG

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YOU ARE MY SUNSHINE  
MY ONLY SUNSHINE  
YOU MAKE ME HAPPY  
WHEN SKIES ARE GREY  
YOU'LL NEVER KNOW  
DEAR  
HOW MUCH I LOVE  
YOU  
PLEASE DON'T TAKE  
MY SUNSHINE AWAY

