

## AP United States History

---

### Prison Reform, Transcendentalism, Utopian Societies

- Dorothy Dix Leads Prison Reform
  - Worked as a Sunday school teacher to women in a Boston jail
    - Horrified by finding mentally ill patients locked up with criminals in unsanitary cells
  - Pushed for better rights for mentally ill
  - Others called for jails not to just punish but to also rehabilitate
- Nationalism in American Culture
  - Noah Webster's Dictionary Creates the "American" Form of English
  - Hudson River School was a group of landscapers who portrayed great America
  - Transcendentalism: A spiritual and intellectual movement critical of material direction of the US
    - Spiritual > material. Followers lives in isolation and little reform movement
    - To attain unity with God without the church and connecting with nature
- Henry David Thoreau: Transcendentalist
  - *Civil Disobedience*: Wrote urging others to not submit to unfair government regulations in 1849 against Mexican-American War
  - This inspired Martin Luther King Jr. and Gandhi