# Privacy and Security Analysis

## Current System

The current system provides some level of security and privacy, but has a long way to go. Currently, personal trainers can only see their own clients, and clients can only see their own data, and all users must log in before using either application. Data is encrypted in transit from the server over HTTPS. However, data is not encrypted at rest on the device.

The applications are transparent about the data they collect with a privacy notice available within the app.

## Improvements to be made

While the system follows some security and privacy best practices, there is a lot of room for improvement.

### Encryption

While data is encrypted in transit, it is not encrypted at-rest, meaning a threat actor that is able to access a mobile device’s storage could gain access to the user’s information. Additionally, passwords are stored in clear text on the server (i.e. not encrypted, hashed, or salted – just human-readable text) which leaves the user accounts open to compromise – particularly when coupled with the lack of authentication on the server.

### Authentication

The authentication method implemented is very basic, and only authenticates the user at login. Future API calls are not authenticated in any way – meaning anyone could call the APIs from the server, and potentially steal another user’s data. Similarly, there is no protection against a user modifying the data in the device’s storage to have a different client ID or personal trainer ID, and therefore viewing details of another user in the app.